



## Prerak Juthani

Clinical Assistant Professor, Medicine

### CLINICAL OFFICE (PRIMARY)

- **Medicine**

300 Pasteur Dr Rm JC007

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### Bio

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#### BIO

Prerak Juthani is a Bay Area native and completed his undergraduate studies at UC Berkeley, where he graduated summa cum laude and double-majored in Molecular Biology and Public Health. He then went on to Yale where he was able to bridge his love of medicine and entrepreneurship by completing the joint MD-MBA program. Afterward, he was lucky enough to come back home to complete his Internal Medicine residency at Stanford.

He is fascinated by medicine and how all the organ systems come together to create the human experience. He conducts research related to clinical outcomes in patients with Diabetic Foot Infections and also participates in various quality improvement initiatives in the hospital. Specifically, he is the co-founder of "The Kindness Coalition," which works to foster kindness among healthcare workers in order to create a more inclusive and collaborative healthcare environment.

Outside of the hospital, Prerak has a Youtube channel where he creates videos to increase transparency of what it's like to be a medical student and resident; he also has a podcast called Red, White & Brown, which provides an insight into the novel immigrant experiences of first-generation South Asian immigrants. He is an active runner/marathoner, avid reader, and proud dog dad.

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine

#### ADMINISTRATIVE APPOINTMENTS

- Triage Director, Department of Hospital Medicine, (2025- present)
- Patient Safety Director, Stanford Department of Medicine, (2025- present)
- Co-Chair of Fostering GME Community Subcommittee, Graduate Medical Education (GME) Wellbeing Committee, (2025- present)
- Faculty Advisor for Resident Safety Champions, Stanford Resident Safety Council, (2025- present)

#### HONORS AND AWARDS

- Brick Builder Grant Awardee, ScholarRx: Digital Learning Platform for Medical Schools (2025)

- Quality Improvement Symposium Winner (Gaps in Follow-Up Among Patients w/ Diabetic Foot Infections), Stanford Medicine Center for Improvement (2025)
- Regional Teaching Award Winner, Society of General Internal Medicine (2024)
- Quality Improvement Symposium Winner (The Kindness Coalition), Stanford Medicine Center for Improvement (2024)
- Well-Being Grant Awardee, Stanford Graduate Medical Education (2023)
- The Morris & Miriam Pozen Entrepreneur Award, Yale School of Management (2022)
- Farr Scholar Award, Yale School of Medicine (2022)
- Rita Wilson Seed Grant for Innovation Award, Yale School of Public Health (2022)
- Sim Family Foundation and Dean's Scholarship Award, Yale School of Management (2020-2022)
- John Kenly Bacon Scholarship Award, Yale School of Medicine (2017-2022)
- Catalyst Grant Award, Yale-Tsai Center for Innovative Thinking (2021)
- Connecticut Game Pitch Competition Runner-Up, REACT! - The Organic Chemistry Game (2022)
- Young Achiever Award in Internal Medicine, American College of Physicians (2019)
- Rudd Family Foundation Big Ideas Winner, REACT! - The Organic Chemistry Game (2017)
- University Medal Candidate (Top 1% of Class), UC Berkeley (2016)
- I.L. Chaikoff Memorial Award, UC Berkeley (2016)
- Jeffery A. Winer Memorial Award, UC Berkeley (2016)
- Alumni Association Leadership Award, UC Berkeley (2014)
- Edward Kraft Award, UC Berkeley (2013)

## **BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS**

- The Hospitalist Editorial Board, Society of Hospital Medicine (2025 - present)
- Faculty Mentor, Resident Safety Council (2025 - present)
- User Advisory Board Member, UpToDate (2023 - present)
- Executive Team Member (Resident Safety Champions), Resident Safety Council (2024 - 2025)

## **PROFESSIONAL EDUCATION**

- Board Certification: Internal Medicine, American Board of Internal Medicine (2025)
- Residency: Stanford University Internal Medicine Residency (2025) CA
- Medical Education: Yale School Of Medicine (2022) CT
- MD, Yale School of Medicine (2022)
- MBA, Yale School of Management (2022)
- BA, UC Berkeley , Double Major in Molecular & Cell Biology (Honors) and Public Health (2016)

## **LINKS**

- YouTube: <https://www.youtube.com/@PrerakJuthani>
- LinkedIn: <https://www.linkedin.com/in/prerakjuthani>
- Twitter: [https://twitter.com/PJuthani?ref\\_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor](https://twitter.com/PJuthani?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor)
- ORCID: <https://orcid.org/0000-0002-8760-3124>

## Research & Scholarship

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### PROJECTS

- The Kindness Coalition - Stanford University
- Movement Disorder Modules - Yale School of Medicine
- Intern 101 Curriculum - Stanford University

### Publications

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### PUBLICATIONS

- **Implementing Oral Antibiotics for Bone and Joint Infections: Lessons Learned and Opportunities for Improvement.** *Open forum infectious diseases*  
Hawkins, M. R., Thottacherry, E., Juthani, P., Aronson, J., Chang, A., Amanatullah, D. F., Markovits, J., Shen, S., Holubar, M., Andrews, J. R., Parsonnet, J., Furukawa, D.  
2024; 11 (12): ofae683
- **Hospital leadership training should start in medical school.** *Medical education*  
Luo, A. D., Juthani, P. V., Rens, N., Ryu, J.  
2024
- **Severe breakthrough COVID-19 cases in the SARS-CoV-2 delta (B.1.617.2) variant era.** *The Lancet. Microbe*  
Wang, S. Y., Juthani, P. V., Borges, K. A., Shallow, M. K., Gupta, A., Price, C., Won, C. H., Chun, H. J.  
2022; 3 (1): e4-e5
- **Documenting The Clinical Course Of Breakthrough Covid-19 Infections Among Fully Vaccinated Patients** *Yale Medicine Thesis Digital Library*  
Juthani, P.  
2022
- **Hospitalisation among vaccine breakthrough COVID-19 infections.** *The Lancet. Infectious diseases*  
Juthani, P. V., Gupta, A., Borges, K. A., Price, C. C., Lee, A. I., Won, C. H., Chun, H. J.  
2021; 21 (11): 1485-1486
- **Optimizing preclinical learning with retrieval practice: A call to action.** *Medical teacher*  
Ahmed, O. M., Juthani, P. V., Green, M. L., Moeller, J. J.  
2021; 43 (6): 718-720
- **PRICE VARIABILITY OF HEART TRANSPLANT AND VENTRICULAR ASSIST PROCEDURES ACROSS THE UNITED STATES**  
Paranjpe, I., Wei, C., Sharma, P., Juthani, P., Lan, R., Sahu, M., Heidenreich, P. A., Dieleman, J., Schulman, K., Sandhu, A.  
ELSEVIER SCIENCE INC.2024: 282
- **PRICE VARIABILITY OF HEART TRANSPLANT AND VENTRICULAR ASSIST PROCEDURES ACROSS THE UNITED STATES**  
Paranjpe, I., Wei, C., Sharma, P., Juthani, P., Lan, R., Sahu, M., Heidenreich, P. A., Dieleman, J., Schulman, K., Sandhu, A.  
ELSEVIER SCIENCE INC.2024: 282
- **The Emotional Impact of Educational Productivity Videos on YouTube: A Global, Cross-Sectional Survey.** *Cureus*  
Andersen, S., Patel, D., Nguyen, A., Juthani, P., Hussain, K., Chen, J., Rutkowski, M.  
2023; 15 (8): e43989
- **Lange Flashcards: Pharmacology**  
Baron, S. J., Lee, C., Juthani, P., Tyagi, S.  
McGraw-Hill. In Press.  
2023 (5th Edition):
- **Psychological Attachment Orientation and Long-Term Posttraumatic Stress Symptoms Among Family Members of ICU Patients.** *Critical care explorations*  
Zhang, Q., Knies, A. K., Pach, J., Kimbrough, T., Martinez, A., Juthani, P., Tu, S., Monin, J. K., Vranceanu, A. M., Hwang, D. Y.

2022; 4 (9): e0753

- **A Needs Assessment and Patient and Physician Guided Development of Video-Based Diabetic Retinopathy Patient Education**  
Ahmed, O., Applebaum, S., Ahmad, M., Ahmed, D., Juthani, P., Nwanyanwu, K.  
Social Science Research Network.  
2022
- **Proteomic Profiles in Patients with Thrombosis Due to COVID-19 Are Distinct from Non-COVID-19 Thrombosis**  
Madeeva, D. V., Borges, K., Shallow, M., Juthani, P. V., Wang, S. Y., Gupta, A., Chun, H. J., Lee, A., Pine, A. B.  
AMER SOC HEMATOLOGY.2021
- **PCSK9 Inhibiting Monoclonal Antibodies** *Stroke Revisited: Dyslipidemia in Stroke*  
Ahmed, Z., Juthani, P., Lee, M., Desai, N.  
Springer Singapore.2021; 1: 125-133
- **Factors associated with health-related quality of life in patients with cirrhosis: a systematic review.** *Liver international : official journal of the International Association for the Study of the Liver*  
Rabiee, A., Ximenes, R. O., Nikayin, S., Hickner, A., Juthani, P., Rosen, R. H., Garcia-Tsao, G.  
2021; 41 (1): 6-15
- **Coronavirus Disease 2019 (COVID-19) Manifestation as Acute Myocardial Infarction in a Young, Healthy Male.** *Case reports in infectious diseases*  
Juthani, P., Bhojwani, R., Gupta, N.  
2020; 2020: 8864985
- **Psychological Attachment Orientations of Surrogate Decision-Makers and Goals-of-Care Decisions for Brain Injury Patients in ICUs.** *Critical care explorations*  
Knies, A. K., Zhang, Q., Juthani, P., Tu, S., Pach, J., Martinez, A., Monin, J. K., Hwang, D. Y.  
2020; 2 (7): e0151
- **An online curriculum in movement disorders for neurology housestaff.** *Clinical parkinsonism & related disorders*  
Schaefer, S. M., Vadlamani, L., Juthani, P., Louis, E. D., Patel, A., Tinaz, S., Rodriguez, A. V., Moeller, J. J.  
2020; 3: 100035
- **A Needs Assessment and Development of Video-based Diabetic Retinopathy Patient Education** *The Association for Research in Vision and Ophthalmology Annual Conference*  
Ahmed, O., Ahmed, M., Juthani, P., Nwanyanwu, K.  
2020
- **PSYCHOLOGICAL ATTACHMENT STYLES OF SURROGATE DECISION-MAKERS AND ICU GOALS-OF-CARE DECISIONS**  
Martinez, A., Knies, A., Juthani, P., Kimbrough, T., Pach, J., Hwang, D.  
LIPPINCOTT WILLIAMS & WILKINS.2019
- **Venous Thromboembolism (VTE) Education Preferences Amongst Physicians and Patients: A Qualitative Needs Assessment** *The American Society of Hematology Conference*  
Juthani, P., Ahmed, D., Ahmed, O., Bona, R., Neparidze, N., Lee, A.  
2018
- **PqqD is a novel peptide chaperone that forms a ternary complex with the radical S-adenosylmethionine protein PqqE in the pyrroloquinoline quinone biosynthetic pathway.** *The Journal of biological chemistry*  
Latham, J. A., Iavarone, A. T., Barr, I., Juthani, P. V., Klinman, J. P.  
2015; 290 (20): 12908-18