Stanford



Helen Shih, MSN, NP

Professional Overview

BIO

Helen Shih is an endocrine oncology NP who works with patients with benign and malignant neuroendocrine tumors, bridging the gaps between medical, surgical and endocrine oncology. She manages endocrinology immunotherapy adverse related events, and sees patients on clinical trials with neuroendocrine tumors including adrenal cortical carcinomas and thyroid cancers which require immunotherapy or targeted therapies. In addition, she has started her own thyroid nodule clinic.

Helen has been an NP since 2009, but her journey into hematology/oncology world, started in 2014, when working with a hematology/oncology practice in SF. From there, she worked at UCSF for 5 years in thoracic and sarcoma oncology. Helen was the primary NP in clinical trials investigating new treatment strategies for thoracic and sarcoma malignancies.

Prior to 2014, Helen worked as a primary care nurse practitioner for the San Francisco Department of Public Health and as a registered nurse in Weill Cornell Medicine's pulmonary step-down unit.

Shih graduated as an adult nurse practitioner from the Columbia University School of Nursing. Previously, she had received a bachelor's degree in molecular cell biology from the University of California, Berkeley, followed by a master of public health degree in epidemiology from the University of California, Los Angeles.

Her interests and hobbies include nature, dogs, dance classes, cooking, and creative endeavors.

PROFESSIONAL EDUCATION

- Board Certification: Nurse Practitioner, American Academy of Nurse Practitioners (2009)
- Professional Education: Columbia University School of Nursing (2009) NY