

# Stanford

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## Flora Ma

Clinical Associate Professor, Psychiatry and Behavioral Sciences

### CLINICAL OFFICE (PRIMARY)

- **General Psychiatry Clinic**

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### Bio

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#### CLINICAL FOCUS

- Clinical Psychology

#### ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Psychiatry and Behavioral Sciences
- Member, Maternal & Child Health Research Institute (MCHRI)

#### PROFESSIONAL EDUCATION

- Fellowship, Long Island Jewish Medical Center , NY (2021)
- Internship, Providence Medical Group , OR (2020)
- PhD Training: Palo Alto University Pacific Graduate School of Psychology (2020) CA

### Publications

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#### PUBLICATIONS

- **BUILDING BRIDGES TOWARD WORKFORCE DIVERSITY: STRATEGIES TO SUPPORT RESILIENT LEARNERS**

Allen, R., Ly, T., Ma, F., Carpenter, B., Moye, J.  
OXFORD UNIV PRESS.2024: 101

- **INCLUSIVE MENTORSHIP IN GEROPSYCHOLOGY: CULTIVATING SAFETY, TRUST, HUMILITY, AUTHENTICITY, AND COMMUNICATION**

Yenko, I., Ma, F., Blanken, A., Son, C., Chin, L.  
OXFORD UNIV PRESS.2024: 100

- **Building the Geropsychology Workforce: A National Survey and Virtual Conference Define Critical Obstacles and Steps Forward. *Professional psychology, research and practice***

Ma, F., Heintz, H. L., Schmidt, N. E., Carpenter, B. D., Allen, R. S., Dzierzewski, J. M., Mlinac, M. E., Montepare, J. M., Moye, J.  
2023; 54 (5): 361-371

- **DIVERSIFYING THE PATHWAY: A MULTIFACETED APPROACH WITHIN GEROPSYCHOLOGY**

Carpenter, B., Ma, F., Hiroto, K.

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OXFORD UNIV PRESS.2022: 217

● **PERCEPTIONS OF THE GEROPSYCHOLOGY WORKFORCE**

Moye, J., Ma, F., Schmidt, N., Heintz, H., Allen, R., Carpenter, B.

OXFORD UNIV PRESS.2022: 74-75

● **Older Veterans' Treatment Preferences: Psychotherapy and Self-Management Treatment Modalities.** *Clinical gerontologist*

Ma, F., Carlson, C., Gomez, R., Gould, C. E.

2022: 1-11

● **Effects of Mobile App-Based Intervention for Depression in Middle-Aged and Older Adults: Mixed Methods Feasibility Study.** *JMIR formative research*

Gould, C. E., Carlson, C., Ma, F., Forman-Hoffman, V., Ranta, K., Kuhn, E.

2021; 5 (6): e25808

● **Development and Refinement of Educational Materials to Help Older Veterans Use VA Mental Health Mobile Apps.** *Professional psychology, research and practice*

Gould, C. E., Loup, J., Scales, A. N., Juang, C., Carlson, C., Ma, F., Sakai, E. Y.

2020; 51 (4): 414-423

● **Guided self-management targeting anxiety and activity participation in older Veterans.** *Aging & mental health*

Gould, C. E., Carlson, C., Wetherell, J. L., O'Hara, R., Goldstein, M. K., Loup, J. R., Ma, F., Beaudreau, S. A.

2020: 1-10

● **Technology Use and Preferences for Mental Health Self-Management Interventions among Older Veterans.** *International journal of geriatric psychiatry*

Gould, C. E., Loup, J., Kuhn, E., Beaudreau, S. A., Ma, F., Goldstein, M. K., Wetherell, J. L., Zapata, A. M., Choe, P., O'Hara, R.

2019

● **Relations of religion with depression and loneliness in older sexual and gender minority adults** *CLINICAL GERONTOLOGIST*

Escher, C., Gomez, R., Paulraj, S., Ma, F., Spies-Upton, S., Cummings, C., Brown, L. M., Tormala, T., Goldblum, P.

2019; 42 (2): 150-161