Stanford



Julia Burrows

Undergraduate Advising Director, Academic Advising Operations

Bio

BIO

Julia Burrows is an Undergraduate Advising Director in the Office of the Vice Provost for Undergraduate Education (VPUE) at Stanford University. In this role, she meets one on one with undergraduate students to discuss a variety of academic and co-curricular subjects such as: choosing a major, course planning, academic progress, connecting with faculty, getting started with research, finding, and applying to fellowships, grants, and service opportunities, navigating university policies and procedures, improving study skills, and planning for graduate and professional school.

In addition to advising, Julia serves in multiple additional capacities. She is an active member of the FLIERS team, a group of advising professionals focused on best supporting first generation and low income (FLI) students at Stanford. She is also a strong supporter of Diversity, Equity, Inclusion, and Belonging (DEIB) at Stanford (and beyond) and is constantly seeking to educate herself and improve her practice in this regard. Julia acts as Academic Advising's liaison for the Doerr School of Sustainability and Hopkins Marine Station and collaborates with Undergraduate Research as the main advisor for the Goldwater Scholarship, where she presents information sessions and supports students in the application process.

Prior to joining Stanford, Julia was the STEM and pre-health Career Advisor at Reed College in Portland, Oregon where she provided career advice to students individually and collaborated with colleagues to implement professional development programs and events. Julia also worked at Portland State University (PSU), where she served as a Career Mentor and Enrichment Lead for BUILD EXITO, an undergraduate research training program that supports students on their pathway to becoming scientific researchers. At PSU, Julia also worked as a Program Coordinator and Education Research Assistant for a summer bridge program supporting high-achieving, low-income transfer students in their transition to a 4-year University.

Julia earned a Certificate in College Teaching from Duke University, and has taught in the Departments of Biology at both PSU and Washington State University (WSU) Vancouver. Julia holds a PhD in Marine Science and Conservation from Duke University, and a Master's in Marine Science from Moss Landing Marine Laboratories (San Jose State University) where her research focused on the ecology and behavior of marine mammals.

CURRENT ROLE AT STANFORD

Undergraduate Advising Director, Academic Advising, Vice Provost for Undergraduate Education (VPUE)

EDUCATION AND CERTIFICATIONS

- PhD, Duke University , Marine Science & Conservation (2017)
- MS, San Jose State University (Moss Landing Marine Laboratories) , Marine Science (2009)
- BS, University of Florida , Zoology with Honors (2000)

Teaching

COURSES

2026-27

- Academic Advising's Peer Mentor Training: Supporting Stanford Students Through Their First Year: UAR 195 (Spr)

2025-26

- Academic Advising's Peer Mentor Training: Supporting Stanford Students Through Their First Year: UAR 195 (Spr)