



Paula Muñoz Rodríguez

Postdoctoral Scholar, Psychiatry

Bio

HONORS AND AWARDS

- ASHP 2026 Travel Award, American Society of Hispanic Psychiatry (2026)
- Don Quixote Award, American Society of Hispanic Psychiatry (2026)
- The Stanford Health Professions Education and Scholarship (SHaPES) Honors Program, Stanford University (2025-2026)
- ACNP Travel Award, American College of Neuropsychopharmacology (2025)
- Pathways to Neurosciences Fellowship, Wu Tsai Neurosciences Institute (2024-2026)
- Yale Ciencia Academy Fellowship, Yale University (2024-2025)
- NEURAL Travel Award, University of Alabama at Birmingham (2023)
- Stanford Office of Graduate Education Travel Award, Stanford University (2023)
- Good Citizen and Academic Excellence of the Faculty of Natural Sciences Award, University of Puerto Rico, Río Piedras Campus (2022)
- Julio García Díaz Award, University of Puerto Rico, Río Piedras Campus (2022)
- NIH Blueprint ENDURE Fellowship, National Institutes of Health (2020-2021)
- NIH Research Enhancement Award (R15), University of Puerto Rico, Río Piedras Campus (2019-2020)
- Recognition of Academic Excellence in the Capitol of Puerto Rico: High honor medal recipient, House of Representatives of Puerto Rico (2017)
- Recognition of Academic Excellence in the Capitol of Puerto Rico: High honor medal recipient, House of Representatives of Puerto Rico (2014)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Co-president, Colombian Student Association, Stanford University International Student Organization (2023 - 2025)
- Co-president, HERMANAS in STEM, Stanford Graduate Student Organization (2023 - 2025)
- Committee member, Mental Health Committee, Stanford Neurosciences Ph.D. Program (2023 - 2025)
- Committee member, Neuro Student Network, Stanford Neurosciences Ph.D. Program (2023 - 2024)
- Thesis committee mentor, NeuroGRAD Mentoring Committee, University of Puerto Rico, Rio-Piedras Campus (2023 - 2024)
- Committee member, NeuroROOTS Committee, Stanford Neurosciences PhD program (2022 - 2025)
- Committee member, Outreach Committee, Stanford Neurosciences Ph.D. Program (2022 - 2023)
- Committee member, Admissions Committee, Stanford Neurosciences Ph.D. Program (2022 - 2023)
- Vice president, Colombian Student Association, Stanford University International Student Organization (2022 - 2023)
- Chair of the Development and Mentorship Committee, National Neuroscience Student Association, University of Puerto Rico, Rio-Piedras Campus (2019 - 2021)

PROFESSIONAL EDUCATION

- Doctor of Philosophy, Stanford University , NEURS-PHD (2025)
- B.S, University of Puerto Rico, Río Piedras Campus , Molecular and Cellular Biology (2021)

STANFORD ADVISORS

- Carolyn Rodriguez, Postdoctoral Faculty Sponsor

Research & Scholarship

LAB AFFILIATIONS

- Carolyn Rodriguez, Rodriguez Lab (Translational Therapeutics Lab) (8/1/2022)

Teaching

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Neurosciences (Phd Program)

Publications

PUBLICATIONS

- **Exploring the effects of cognitive behavioral therapy on cognitive control circuit and behavioral task performance in hoarding disorder.** *Journal of psychiatric research*
Muñoz Rodríguez, P. A., Pines, A., Zhang, X., van Roessel, P. J., Mukunda, P., McCarthy, E., Williams, L. M., Rodríguez, C. I.
2025; 186: 423-433
- **Randomized waitlist-controlled trial of buried in treasures facilitated support groups and in-home uncluttering (BIT+) for hoarding disorder.** *Journal of psychiatric research*
Wheaton, M. G., Varias, A. D., Sandhu, T., Munoz Rodriguez, P. A., Mukunda, P., Filippou-Frye, M., Millen, A., Lombardi, A., van Roessel, P., Raila, H., Anderson, K., Linkovski, O., Mahnke, et al
2024; 176: 58-67
- **Augmenting group hoarding disorder treatment with virtual reality discarding: A pilot study in older adults.** *Journal of psychiatric research*
Raila, H., Avanesyan, T., Valentine, K. E., Koo, B., Huang, C., Tsutsumi, Y., Andreeff, E., Qiu, T., Muñoz Rodríguez, P. A., Varias, A., Filippou-Frye, M., van Roessel, P., Bullock, et al
2023; 166: 25-31
- **Augmenting group hoarding disorder treatment with virtual reality discarding: A pilot study in older adults** *Augmenting group hoarding disorder treatment with virtual reality discarding: A pilot study in older adults*
Raila, H.
2023