

Chantal Nguyen

Clinical Assistant Professor, Orthopaedic Surgery

CLINICAL OFFICE (PRIMARY)

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Bio

CLINICAL FOCUS

- Sports Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Orthopaedic Surgery

PROFESSIONAL EDUCATION

- Board Certification: Physical Medicine and Rehab, American Board of Physical Medicine and Rehabilitation (2026)
- Fellowship: Stanford University Sports Physical Med and Rehab Fellowship (2026) CA
- Residency: Stanford University Physical Medicine and Rehabilitation (2025) CA
- Internship: Santa Clara Valley Medical Center Dept of Medicine (2022) CA
- Medical Education: George Washington University School of Medicine and Health Sciences (2021) DC

Publications

PUBLICATIONS

- **Effects of Supplementation in Masters Athletes and Older Adults: A Narrative Review.** *Current sports medicine reports*
Nguyen, C., Allen, M. R., Hornburg, K., Fredericson, M.
2026; 25 (7): 216-223
- **Investigating the effectiveness of an artificial intelligence-enhanced physical therapy and home exercise program on knee pain: a pilot study** *JOURNAL OF MEDICAL ARTIFICIAL INTELLIGENCE*
Roh, E. Y., Kaufman, M. W., Nguyen, C., Clark, H., Kwon, S.
2026
- **International Analysis of Para Versus Able-Bodied Sport Medical and Executive Governing Boards: Exploring the Impact of Physiatry.** *American journal of physical medicine & rehabilitation*
Nguyen, C., Kim, K., Kaufman, M., Agaibi, M., Kathardekar, V., Johnson, F., Luu, S., Tinney, M.
2026; 105 (5): 439-447
- **Pickleball-related injuries treated at a tertiary academic center over five years: a cross-sectional study.** *Injury epidemiology*
Meng, Y., Chen, A., Nguyen, C., Kaufman, M., Li, D., Pham, N., Chou, R., Roh, E.
2026
- **A Rock Climber's Encounter With Gravity Causing a Real Pain in the Butt.** *American journal of physical medicine & rehabilitation*
Nguyen, C., Dykowski, S., Fredericson, M.
2026; 105 (2): 184-187

- **Clinical Recommendations for Female Para and Adaptive Athletes: Perspectives from Current Literature.** *Physical medicine and rehabilitation clinics of North America*
Nguyen, C., Tinney, M. J.
2026; 37 (1): 117-136
- **Increasing Access to Physical Activity Opportunities for Patients: A Review.** *American journal of lifestyle medicine*
Nguyen, C., Abbott-Frey, A., Anaya Gallegos, A. D., Kaufman, M., Noordsy, D., Oppezzo, M., Fredericson, M.
2025: 15598276251348174
- **Focused Review of Sleep Wearable Technology and Its Application in Sports Performance.** *Current sports medicine reports*
Kaufman, M. W., Shetty, M., Nguyen, C., Abas, J., Fredericson, M., Zeitzer, J.
2025; 24 (6): 171-176
- **Chronic Low Back Pain in a Trapeze Artist-No More "Mousing" Around.** *American journal of physical medicine & rehabilitation*
Nguyen, C., Oh, R. C.
2025; 104 (4): e61-e62
- **Diagnostic ultrasonography of upper extremity dynamic compressive neuropathies in athletes: A narrative review.** *International orthopaedics*
Nguyen, C., Chou, R.
2025
- **Minimally invasive needle tenotomy vs. platelet rich plasma injection in the treatment of chronic elbow epicondylitis.** *JSES international*
Nguyen, C. T., Lee, M. H., Kaufman, M. W., Meng, Y., Koduri, J. A., Abrams, G., Cheung, E. V., Freehill, M. T., Roh, E. Y.
2025; 9 (1): 231-236
- **Supporting a lifetime of fitness for the military veteran athlete: a narrative review.** *Frontiers in sports and active living*
Tinney, M. J., Nguyen, C.
2024; 6: 1510422
- **Accuracy of ultrasound-guided iliopsoas tendon injection after total hip arthroplasty: a retrospective observational study.** *Journal of ultrasound*
Kaufman, M. W., Nguyen, C., Meng, Y., Roh, E.
2024
- **Analysis of Common Exercise Modalities in Improving Athletic Performance in Older Adults: A Narrative Review.** *Current sports medicine reports*
Nguyen, C., Kaufman, M., Vallejo, A., DeParis, S., Friedlander, A., Frehlich, L., Fredericson, M.
2024; 23 (6): 245-252
- **Analysis of Common Exercise Modalities in Improving Athletic Performance in Older Adults: A Narrative Review** *CURRENT SPORTS MEDICINE REPORTS*
Nguyen, C., Kaufman, M., Vallejo, A., DeParis, S., Friedlander, A., Frehlich, L., Fredericson, M.
2024; 23 (6): 245-252
- **Subscapularis Recess Ganglion Cyst: An Uncommon Cause for Anterior Shoulder Pain in a Recreational Tennis Player.** *American journal of physical medicine & rehabilitation*
Nguyen, C., Lumetta, K., Chou, R.
2024
- **Evaluation of range of motion using vision artificial intelligence (AI) in musculoskeletal medicine** *JOURNAL OF MEDICAL ARTIFICIAL INTELLIGENCE*
Meng, Y., Lee, M., Clark, H., Nguyen, C., Kwon, S., Schultz, S., Pham, N., Schirmer, D., Roh, E. Y.
2024; 7
- **Posterior intra-articular hip injections: a pilot study investigating a new approach.** *Journal of ultrasound*
Kaufman, M. W., Nguyen, C., Meng, Y., Roh, E.
2024
- **Popular Dietary Trends' Impact on Athletic Performance: A Critical Analysis Review.** *Nutrients*
Kaufman, M., Nguyen, C., Shetty, M., Oppezzo, M., Barrack, M., Fredericson, M.

2023; 15 (16)

- **Sternomanubrial Joint Pain Secondary to Ulcerative Colitis Treated with Ultrasound-Guided Injection.** *PM & R : the journal of injury, function, and rehabilitation*
Nguyen, C., Stanek, J. L.
2023
- **Artificial Intelligence System for Automatic Quantitative Analysis and Radiology Reporting of Leg Length Radiographs.** *Journal of digital imaging*
Larson, N., Nguyen, C., Do, B., Kaul, A., Larson, A., Wang, S., Wang, E., Bultman, E., Stevens, K., Pai, J., Ha, A., Boutin, R., Fredericson, et al
2022