Stanford



Mariam Rahil Sarwary

Clinical Assistant Professor, Anesthesiology, Perioperative and Pain Medicine

CLINICAL OFFICE (PRIMARY)

- **Anesthesia**

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Bio

BIO

Mariam Rahil Sarwary, MD is a Clinical Assistant Professor in the Department of Anesthesiology, Perioperative and Pain Medicine at Stanford University School of Medicine. She is a board-certified anesthesiologist specializing in regional anesthesiology, acute pain medicine, and perioperative care. Dr. Sarwary earned her medical degree from the George Washington University School of Medicine and Health Sciences, completed her residency in Anesthesiology and Perioperative Medicine at the University of California, Los Angeles, and completed a fellowship in Regional Anesthesiology and Acute Pain Medicine at Stanford University. She serves as the Program Director for Stanford's Regional Anesthesiology and Acute Pain Medicine Fellowship.

Dr. Sarwary's academic interests focus on ethics, health policy, medical education, and physician leadership. Her work seeks to advance equitable, patient-centered perioperative care while promoting excellence in clinical education and mentorship. She is committed to preparing the next generation of anesthesiologists through innovative teaching, thoughtful leadership development, and multidisciplinary collaboration. Her clinical interests include regional anesthesia and multimodal pain management, with a focus on improving patient outcomes through evidence-based practice.

CLINICAL FOCUS

- Anesthesia
- Regional Anesthesia
- Acute Pain Medicine
- Graduate Medical Education

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Anesthesiology, Perioperative and Pain Medicine

ADMINISTRATIVE APPOINTMENTS

- Program Director - Regional Anesthesia & Acute Pain Medicine Fellowship, Stanford University, (2026- present)
- Associate Program Director - Regional Anesthesia & Acute Pain Medicine Fellowship, Stanford University, (2024-2026)

- Fellowship Site Director - Regional Anesthesia & Acute Pain Medicine Fellowship, Stanford University, (2022-2026)

HONORS AND AWARDS

- Teacher of the Year Award, Regional Anesthesia & Acute Pain Medicine Fellowship - Stanford University (2024)
- Rising Star Award, California Society of Anesthesiologists (CSA) (2024)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Early Career Forum Director - Board of Directors, California Society of Anesthesiologists (CSA) (2021 - present)

PROFESSIONAL EDUCATION

- Board Certification: Anesthesia, American Board of Anesthesiology (2022)
- Fellowship: Stanford University Anesthesiology Fellowships (2022) CA
- Residency: UCLA Anesthesiology and Perioperative Medicine Residency (2021) CA
- Medical Education: George Washington University School of Medicine and Health Sciences (2017) DC