



Adrien Specht

Ph.D. Student in Computational and Mathematical Engineering, admitted Spring 2024

Bio

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I'm a PhD student in the Institute for Computational and Mathematical Engineering (ICME) at Stanford University, mentored by Prof. Mignot. My research is at the intersection of artificial intelligence and sleep medicine, focusing on developing predictive models for circadian rhythms and sleep debt from proteomics data. I adopt a problem-oriented approach, selecting methods based on the data and research questions at hand. My techniques range from linear regression to sophisticated deep learning frameworks, aiming to extract maximal insights from the data. I also explore the use of unsupervised and semi-supervised learning, and am interested in the applications of multimodal and foundation models in biology.

Publications

PUBLICATIONS

- **CIRCADIAN PROTEINS AND CIRCADIAN PHASE ESTIMATION IN HEALTHY ADULTS**

Specht, A., Saha, P., Cederberg, K., Bueno, F., Arrona-Palacios, A., Pardilla-Delgado, E., Ruiz-Herrera, N., Zitting, K., Kramer, A., Zeitzer, J., Czeisler, C., Duffy, J., Mignot, et al
OXFORD UNIV PRESS INC.2024

- **Circadian protein expression patterns in healthy young adults.** *Sleep health*

Specht, A., Kolosov, G., Cederberg, K. L., Bueno, F., Arrona-Palacios, A., Pardilla-Delgado, E., Ruiz-Herrera, N., Zitting, K. M., Kramer, A., Zeitzer, J. M., Czeisler, C. A., Duffy, J. F., Mignot, et al
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