

Stephen R. Viess, MD

Clinical Assistant Professor, Orthopaedic Surgery

CLINICAL OFFICE (PRIMARY)

- **Stanford Orthopedic Surgery at Pleasanton**

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ACADEMIC CONTACT INFORMATION

- **Alternate Contact**

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Bio

BIO

Dr. Viess is a board-certified orthopaedic surgeon with subspecialty board certification in sports medicine. He delivers care at Stanford Health Care – ValleyCare in Pleasanton. Dr. Viess focuses on arthroscopic surgery and sports medicine, with a special interest in arthroscopic reconstruction of the shoulder and knee.

Topics include the biomechanics of pitching, and shoulder and elbow injuries in the throwing athlete. Dr. Viess is a fellow of the American Academy of Orthopaedic Surgery and a member of the California Orthopaedic Association.

He strives to offer his patients the most advanced, least invasive surgical procedures, including ACL reconstruction, meniscal surgery, and arthroscopic rotator cuff and labral repairs. Dr. Viess has extensive experience in the management and treatment of sports-related orthopedic injuries. He served as Assistant Team Physician

for Major League Baseball's Oakland As, providing game coverage and conducting pre- and post-season physical exams. For six years, Dr. Viess directed the Stanford Health Care – ValleyCare Sports Medicine Program. He also served as the team physician for Granada High School in Livermore, California.

In addition to his clinical practice, Dr. Viess has conducted research, including a 10-year review of clinical satisfaction, revision rates, and radiographic evidence of stem fixation associated with the Ultimate-C femoral stem. He also led a study evaluating capsular sling repair during total hip arthroplasty.

Dr. Viess has made numerous presentations to peers and to the community. Peer-targeted topics include graft selection in ACL reconstruction, concussion

management, and on-field management of spine injuries. At the Lake Tahoe Sports Medicine Conference, he has presented lectures on PCL ruptures, multi-ligament knee injuries, and AC joint sprains. He also has delivered lectures for family practitioners on the evaluation and physical examination of orthopaedic patients. For the community, Dr. Viess has made presentations at health fairs and schools. Topics include the biomechanics of pitching, and shoulder and elbow injuries in the throwing athlete.

Dr. Viess is a fellow of the American Academy of Orthopaedic Surgery and a member of the California Orthopaedic Association.

CLINICAL FOCUS

- Orthopaedic Sports Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Orthopaedic Surgery

PROFESSIONAL EDUCATION

- Board Certification: Orthopaedic Sports Medicine, American Board of Orthopaedic Surgery (2010)
- Board Certification: Orthopaedic Surgery, American Board of Orthopaedic Surgery (2007)
- Fellowship: Tahoe Orthopedics Sports Medicine Fellowship (2005) NV
- Residency: St Marys Medical Center Orthopedic Residency (2004) CA
- Residency: UCSF Dept of General Surgery (2000) CA
- Medical Education: Rosalind Franklin University The Chicago Medical School (1998) IL