

# Stanford

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## Grace Mitchell, DO

Clinical Instructor (Affiliated), School of Medicine - Student Affairs

### CLINICAL OFFICE (PRIMARY)

- **SMP Family Medicine Pleasanton**

4256 Hacienda Dr Ste 100

Pleasanton, CA 94588

Tel (925) 264-6510 Fax (925) 263-0291

### Professional Overview

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#### BIO

Dr. Grace Mitchell was a ballet dancer before college and went into medicine after studying Nutritional Biochemistry and Metabolism. She partners with patients to include nutrition, exercise, and medication recommendations for individualized care. Osteopathic training has given her an extra set of tools for treating musculoskeletal pain and other structural problems. She enjoys every aspect of Family Medicine, especially maternity care, diabetes, and pediatrics. For fun, she enjoys Spanish conversation, salsa and swing dancing, board games, and trying new cuisines.

#### CLINICAL FOCUS

- Family Medicine

#### PROFESSIONAL EDUCATION

- Medical Education: Ohio University Heritage College Of Osteopathic Medicine (2017) OH
- Board Certification: Family Medicine, American Osteopathic Board of Family Physicians (2024)
- Board Certification: Family Medicine, American Board of Family Medicine (2020)
- Residency: Long Beach Memorial Medical Center Family Medicine Residency Program (2020) CA