



## Axel Valle, PsyD

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

### CLINICAL OFFICE (PRIMARY)

- **Dept of Psychiatry and Behavioral Sciences**

401 Quarry Rd

Stanford, CA 94305

Tel (650) 498-9111

Fax (650) 724-9900

### Bio

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#### BIO

Dr. Axel Valle is a licensed clinical psychologist providing individual psychotherapy in English and Spanish. He specializes in cognitive behavioral therapy (CBT) for obsessive-compulsive disorder (OCD) and anxiety disorders, with additional expertise in working with high-performance athletes.

Dr. Valle brings a distinctive international clinical background to his practice. He completed his postdoctoral fellowship at Stanford University School of Medicine's Department of Psychiatry and Behavioral Sciences and earned his doctorate in clinical psychology from The Wright Institute in Berkeley. He also holds a Master's degree in crisis and trauma from Tel Aviv University and is a licensed clinical psychologist in Mexico City, his place of origin.

#### CLINICAL FOCUS

- Obsessive-Compulsive Disorder
- Clinical Psychology
- Anxiety Disorders
- High Performance Athletes

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

#### PROFESSIONAL EDUCATION

- Fellowship: Department of Psychiatry, School of Medicine, Stanford University Hospital (2021)
- Internship: Marin Behavioral Health and Recovery Services (2020) CA
- PhD Training: The Wright Institute (2020) CA