



Kathryne Sanserino MD, FACOG, MSCP

Clinical Assistant Professor, Obstetrics & Gynecology - General

CLINICAL OFFICE (PRIMARY)

- **Stanford Gynecology Clinic**

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Bio

BIO

Dr. Sanserino is a gynecologist whose work focuses on providing gynecologic care for cancer survivors, patients living with cancer, and at-risk women. She recognizes that patients who have faced cancer have unique gynecologic needs and she works closely with her colleagues in the Women's Cancer Center to provide sensitive, comprehensive gynecologic care for these women.

Some of the specific gynecologic symptoms that cancer survivors often experience include:

- Chemotherapy induced menopause
- Surgery induced menopause
- Management of menopausal symptoms with a history of hormone sensitive cancers
- Treatment of genitourinary symptoms of hormone blocking medications
- Decisions about decisions about oophorectomy (ovary removal) for breast cancer patients and women at high risk for breast cancer
- Discussions about family planning (fertility preservation, contraception, pregnancy) after cancer
- Sexual side effects such as lower libido, decreased arousal, and pain with intercourse
- Complications from Tamoxifen or Aromatase Inhibitor therapy

She is also a physician in the Menopause & Healthy Aging Program and works to help patients manage the symptoms of menopause and perimenopause, diagnose and treat female sexual dysfunction, and utilize lifestyle medicine to treat and decrease the risk of chronic conditions associated with aging. She is a Menopause Society Certified Practitioner (MSCP).

She has been recognized as an outstanding medical educator, winning several awards for resident education. She is currently one of the assistant residency program directors for the OB/GYN residency. In addition to her office clinic work, she performs gynecologic surgeries and works with the OB/GYN residents to provide inpatient gynecologic care and perform emergency surgeries.

She has a background in community health work and quality improvement. She is committed to safe, equitable health care and has a patient-centered, evidence-based practice approach.

Dr. Sanserino speaks fluent Spanish.

CLINICAL FOCUS

- Breast Cancer Survivorship
- Gynecologic Cancer Survivorship
- Menopause
- BRCA 1/2 Carriers
- LGBTQ+
- Maternal and Fetal Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Obstetrics & Gynecology - General

ADMINISTRATIVE APPOINTMENTS

- Director, Stanford Gynecology Survivorship and High-Risk Program, Stanford University, (2025- present)
- Assistant Residency Program Director, Stanford OB/GYN Residency, (2024- present)
- Gynecology Resident Rotation Director, Stanford OB/GYN Residency, (2023- present)
- Member, Clinical Competency Committee, OB/GYN, Stanford University, (2022- present)
- Residency Quality Improvement Curriculum Director, Stanford University School of Medicine, (2020-2024)
- Stanford Obstetrics Rotation Director, Stanford OB/GYN Residency, (2020-2023)

HONORS AND AWARDS

- 2024 Society of Academic Specialists in Obstetrics in Gynecology Faculty Award, Society of Academic Specialists in Obstetrics and Gynecology (SASGOG) (2024)
- ACOG/CREOG National Faculty Award for Excellence in Resident Education, Stanford University (2023)
- ACOG/CREOG National Faculty Award for Excellence in Resident Education, Temple University School of Medicine (2020)
- Administrative Chief Resident, Temple University Hospital (2017-2018)
- Resident Award for Excellence in Obstetrics, Society for Maternal Fetal Medicine (2017)
- CREOG In-Service Exam Award, Temple University Hospital (2015, 2017, 2018)
- Isador P. Forman Award for Excellence in Resident Research, Temple University (2018)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, Society of Academic Specialists in General Obstetrics and Gynecologists (SASGOG) (2020 - 2024)
- Member, American College of Lifestyle Medicine (2024 - present)
- Member, American Association of Gynecologic Laparoscopists (2020 - present)
- Member, The Menopause Society (formerly North American Menopause Society) (2024 - present)
- Fellow, American College of Obstetrics and Gynecology (2020 - present)
- Diplomat, American Board of Obstetrics and Gynecology (2020 - present)
- Member, ACOG District IX Patient Safety Quality Improvement Subcommittee (2022 - present)
- Member, Quality and Safety Committee, Society of OB/GYN Hospitalists (2023 - present)

PROFESSIONAL EDUCATION

- MSCP, The Menopause Society , Certified Menopause Practitioner (2024)
- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (2020)
- Residency: Temple University Obstetrics and Gynecology Residency (2018) PA
- Medical Education: Southern Illinois University School of Medicine Registrar (2014) IL
- BA, University of Chicago , English (2005)

Publications

PUBLICATIONS

- **Rethinking the routine: Preoperative laboratory testing among American Society of Anesthesiologists class 1 and 2 patients before low-risk ambulatory surgery in the 2017 National Surgical Quality Improvement Program cohort.** *Surgery*
Taylor, G. A., Oresanya, L. B., Kling, S. M., Saxena, V., Mutter, O., Raman, S., Cho, E. Y., Deitrick, P., Philp, M. M., Sanserino, K., Kuo, L. E.
2021
- **Utility of Routine Preoperative Laboratory Testing for Low-risk Patients in Ambulatory Gynecologic Surgery.** *Journal of minimally invasive gynecology*
Mutter, O., Taylor, G. A., Grebenyuk, E., Kuo, L. E., Sanserino, K. A.
2021
- **Novel biomarkers to assess in utero effects of maternal opioid use: First steps toward understanding short- and long-term neurodevelopmental sequelae.** *Genes, brain, and behavior*
Goetzl, L., Thompson-Felix, T., Darbinian, N., Merabova, N., Merali, S., Merali, C., Sanserino, K., Tatevosian, T., Fant, B., Wimmer, M. E.
2019; 18 (6): e12583