



Ann Ming Yeh, MD

Clinical Professor, Pediatrics - Gastroenterology

CLINICAL OFFICE (PRIMARY)

- **Stanford Childrens Health**

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Bio

BIO

Dr. Ann Ming Yeh is a Clinical Professor at Stanford University in Pediatric Gastroenterology and practices at Stanford Medicine Children's Health. She completed her residency and peds GI fellowship at Stanford University.

She completed a two-year distance learning fellowship through the Andrew Weil Center for Integrative Medicine where she gained additional expertise in mind-body therapies, botanicals, and nutritional supplements. She is also a formally trained and board-certified medical acupuncturist. She is currently the program director for the in person clinical fellowship for Pediatric Integrative Medicine at Stanford. With skill and compassion, Dr. Yeh treats her patients with a comprehensive, evidence-based, holistic approach.

Dr. Yeh's research interests include diet therapies for inflammatory bowel disease, nutrition, integrative medicine for pediatric gastroenterology and medical education for pediatric integrative medicine. She is also the author of the book: Constipation Conquered: A Holistic Guide to Treating Your Child's Constipation.

Outside of medicine, she enjoys yoga, gardening, hiking, and traveling with her family.

CLINICAL FOCUS

- Pediatric Gastroenterology
- Integrative Medicine
- Inflammatory Bowel Diseases
- Child Nutrition Disorders
- Food as Medicine
- Medical Acupuncture

ACADEMIC APPOINTMENTS

- Clinical Professor, Pediatrics - Gastroenterology

- Member, Maternal & Child Health Research Institute (MCHRI)

HONORS AND AWARDS

- Bechtel Fellow in Pediatric Translational Medicine Research Award, Lucile Packard Children's Hospital (June 2012)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- member, NASPGHAN (2010 - present)

PROFESSIONAL EDUCATION

- Fellowship: Stanford University Dept of Pediatric Gastroenterology (2011) CA
- Board Certification: Acupuncture, American Board of Medical Acupuncture (2013)
- Residency: Stanford Health Care at Lucile Packard Children's Hospital (2009) CA
- Fellowship: University of Arizona Center for Integrative Medicine (2014) AZ
- Medical Education: Albert Einstein College of Medicine (2006) NY
- Board Certification: Pediatric Gastroenterology, American Board of Pediatrics (2013)
- Board Certification, American Board of Pediatrics, Gastroenterology , Pediatric Gastroenterology (2013)
- Professional Education: Helms Medical Institute (2010) CA
- Board Certification: Pediatrics, American Board of Pediatrics (2009)

Research & Scholarship

CLINICAL TRIALS

- The Utility of Virtual Reality in the Management of Pediatric Functional Constipation With Pelvic Floor Dysfunction., Not Recruiting
- Yoga for Youth With IBD: a Pilot Feasibility Study, Not Recruiting

Publications

PUBLICATIONS

- **Integrative medicine consults in a pediatric hospital: A case series.** *Explore (New York, N.Y.)*
Kaul, I., Busby, K., Yeh, A. M.
2025; 21 (6): 103259
- **Self-Compassion in Adolescents and Young Adults With Inflammatory Bowel Disease: Relationship of Self-Compassion to Psychosocial and Physical Outcomes.** *Inflammatory bowel diseases*
Neiman, N., Boothroyd, D., Anjur, K., Bensen, R., Yeh, A. M., Wren, A. V.
2024
- **A Specific Carbohydrate Diet Virtual Teaching Kitchen Curriculum Promotes Knowledge and Confidence in Caregivers of Pediatric Patients with Inflammatory Bowel Disease.** *Nutrients*
Rivera, N., Nguyen, K., Kalami, V., Qin, F., Mathur, M. B., Blankenburg, R., Yeh, A. M.
2023; 15 (18)
- **Clinical Hypnosis for Pediatric Gastrointestinal Disorders: A Practical Guide for Clinicians.** *Journal of pediatric gastroenterology and nutrition*
Chogle, A., Lee, A., Santucci, N., Yeh, A. M., Prozialeck, J. D., Borlack, R., van Tilburg, M. A.
2022
- **Small Intestinal Bacterial Overgrowth in Children: Clinical Features and Treatment Response.** *JPGN reports*
Peinado Fabregat, M. I., Gardner, R. M., Hassan, M. A., Kapphahn, K., Yeh, A. M.
2022; 3 (2): e185
- **Personalized Research on Diet in Ulcerative Colitis and Crohn's Disease (PRODUCE): A Series of N-of-1 Diet Trials.** *The American journal of gastroenterology*

- Kaplan, H. C., Opiari-Arrigan, L., Yang, J., Schmid, C. H., Schuler, C. L., Saeed, S. A., Braly, K. L., Chang, F., Murphy, L., Dodds, C. M., Nuding, M., Liu, H., Pilley, et al
2022
- **Stemming the Tide of Gastrointestinal Chronic Granulomatous Disease.** *Digestive diseases and sciences*
Cagil, Y., Tong, E., Guimaraes, C., Andrews, J., Abu El Haija, M., Triadafilopoulos, G., Yeh, A. M., Shah, A.
2022
 - **Non-pharmacologic Approach to Pediatric Constipation.** *Complementary therapies in medicine*
Santucci, N. R., Chogle, A., Mascarenhas, M., Leiby, A., Borlack, R. E., Lee, A., Perez, M., Russell, A., Yeh, A. M.
2021: 102711
 - **Integrative Medicine in Child Neurology: What Do Physicians Know and What Do They Want to Learn?** *Journal of child neurology*
Sandoval Karamian, A. G., Yeh, A. M., Wusthoff, C. J.
2020: 883073820925285
 - **Intraoperative Liver Biopsy During Adolescent Bariatric Surgery: Is It Really Necessary?** *Obesity surgery*
Jones, R. E., Yeh, A. M., Kambham, N., El Haija, M. A., Pratt, J., Bruzoni, M.
2019
 - **Integrative Approach to Pediatric Nausea** *PEDIATRIC ANNALS*
Arruda, J., Yeh, A.
2019; 48 (6): E236–E242
 - **Pediatric Integrative Medicine in Academia: Stanford Children's Experience** *CHILDREN-BASEL*
Ramesh, G., Gerstbacher, D., Arruda, J., Golianu, B., Mark, J., Yeh, A.
2018; 5 (12)
 - **Yoga as adjunct therapy for adolescents with inflammatory bowel disease: A pilot clinical trial** *COMPLEMENTARY THERAPIES IN MEDICINE*
Arruda, J. M., Bogetz, A. L., Vellanki, S., Wren, A., Yeh, A.
2018; 41: 99–104
 - **Wired for Threat: Clinical Features of Nervous System Dysregulation in 80 Children.** *Pediatric neurology*
Elbers, J., Jaradeh, S., Yeh, A. M., Golianu, B.
2018
 - **Mindful Moments: A Text Message Based Wellness Curriculum**
Rubin, A., Desai, A., Yeh, A.
AMER ACAD PEDIATRICS.2018
 - **Integrative Medicine in Child Neurology: what do providers think and what do they need to learn?**
Karamian, A., Yeh, A., Wusthoff, C.
LIPPINCOTT WILLIAMS & WILKINS.2018
 - **Pediatric Integrative Medicine in Residency Program: Relationship between Lifestyle Behaviors and Burnout and Wellbeing Measures in First-Year Residents** *CHILDREN-BASEL*
McClafferty, H., Brooks, A. J., Chen, M., Brenner, M., Brown, M., Esparham, A., Gerstbacher, D., Golianu, B., Mark, J., Weydert, J., Yeh, A., Maizes, V.
2018; 5 (4)
 - **Pediatric Integrative Medicine in Academia: Stanford Children's Experience.** *Children (Basel, Switzerland)*
Ramesh, G. n., Gerstbacher, D. n., Arruda, J. n., Golianu, B. n., Mark, J. n., Yeh, A. M.
2018; 5 (12)
 - **Pediatric Integrative Medicine** *PEDIATRICS*
McClafferty, H., Vohra, S., Bailey, M., Brown, M., Esparham, A., Gerstbacher, D., Golianu, B., Niemi, A., Sibinga, E., Weydert, J., Yeh, A., Sect Integrative Med
2017; 140 (3)
 - **Mind-Body Interventions for Pediatric Inflammatory Bowel Disease.** *Children (Basel, Switzerland)*

Yeh, A. M., Wren, A., Golianu, B.
2017; 4 (4)

- **Spanish and English Language Symposia to Enhance Activation in Pediatric Inflammatory Bowel Disease.** *Journal of pediatric gastroenterology and nutrition*

Martin, M., Garcia, M., Christofferson, M., Bensen, R., Yeh, A. M., Park, K. T.
2016; 63 (5): 508-511

- **Bugs and Guts: Practical Applications of Probiotics for Gastrointestinal Disorders in Children** *NUTRITION IN CLINICAL PRACTICE*

Barnes, D., Yeh, A. M.
2015; 30 (6): 747-759

- **Acupuncture and Integrative Medicine for Pediatric Gastroesophageal Reflux and Functional Dyspepsia** *MEDICAL ACUPUNCTURE*

Kanak, M., Park, K. T., Yeh, A.
2015; 27 (6): 467-74

- **Integrative Treatment of Reflux and Functional Dyspepsia in Children.** *Children (Basel, Switzerland)*

Yeh, A. M., Golianu, B.
2014; 1 (2): 119-133

- **Acupuncture for Pediatric Pain.** *Children (Basel, Switzerland)*

Golianu, B., Yeh, A. M., Brooks, M.
2014; 1 (2): 134-148

- **Infliximab for the treatment of granulomatous peritonitis.** *Digestive diseases and sciences*

Yeh, A. M., Kerner, J., Hillard, P., Bass, D.
2013; 58 (12): 3397-3399

- **Acute Liver Failure and Aplastic Anemia in an 11-Year-Old Girl** *DIGESTIVE DISEASES AND SCIENCES*

Yeh, A. M., Mojtahed, A., Bass, D.
2011; 56 (8): 2237-2240