



Edith Ho

Clinical Professor, Medicine - Gastroenterology & Hepatology

CLINICAL OFFICE (PRIMARY)

- **Gastroenterology**

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ACADEMIC CONTACT INFORMATION

- **Administrative Contact**

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Bio

BIO

Dr. Edith Ho is a Clinical Professor of Medicine in the Division of Gastroenterology and Hepatology and the Director of the Inflammatory Bowel Disease (IBD) Program at the Palo Alto VA Medical Center. She specializes in the diagnosis and treatment of inflammatory bowel disease while also practicing general gastroenterology.

Previously, Dr. Ho was a faculty member at Case Western Reserve University School of Medicine and served as the Director of the Inflammatory Bowel Disease Program at the Cleveland Veterans Affairs Medical Center. Additionally, she was the Co-Director of the Fecal Microbiota Transplantation Program at the VA, where she pioneered the first fecal transplant program in the U.S. Veterans Affairs healthcare system.

Dr. Ho is a Diplomate of the American Board of Internal Medicine (ABIM) and the American Board of Gastroenterology. She is also a Fellow of the American College of Gastroenterology (FACG) and the American Gastroenterological Association (AGAF). She actively contributes to the national American College of Gastroenterology Research Committee and Educational Affairs Committee, where she has chaired multiple abstract committees, directed regional postgraduate courses, and developed CME content for the American Journal of Gastroenterology. Dr. Ho has also served on the American Gastroenterological Association Institute Clinical Guidelines Committee as a guideline author for the medical management of moderate to severe Crohn's disease.

CLINICAL FOCUS

- Gastroenterology
- Inflammatory Bowel Disease
- Ulcerative colitis
- Crohn's Disease
- Pouchitis

ACADEMIC APPOINTMENTS

- Clinical Professor, Medicine - Gastroenterology & Hepatology

ADMINISTRATIVE APPOINTMENTS

- Clinical Associate Professor of Medicine, Stanford University, (2020- present)
- Director, Inflammatory Bowel Disease Program, Palo Alto Veterans Affairs Medical Center, (2024- present)

HONORS AND AWARDS

- Franklin G. Ebaugh Jr. Resident Research Award, Stanford University Hospital and Clinics
- Gordeon Cressy Award for Outstanding Leadership, University of Toronto, Canada
- Honorary Clinical Associate, University of Hong Kong, Department of Gastroenterology and Hepatology
- International Health Research Scholarship, University of Toronto, Canada
- Ontario Medical Association Leadership Award, Medical Association in the Province of Ontario, Canada
- Outstanding Poster Presentation Award, American College of Gastroenterology Annual Scientific Meeting
- Research Initiative Program Grant, U.S. Veterans Integrated Service Network (VISN 10)
- Research Travel Grant, Asian-Pacific Association for the Study of the Liver (APASL)
- Travel Grant, American Association of Study of Liver Disease (AASLD)
- Undergraduate Research Grant, Stanford University

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Fellow, American Gastroenterological Association (AGAF) (2021 - present)
- Member, National Research Committee, American College of Gastroenterology (ACG) (2021 - present)
- Chair, Inflammatory Bowel Disease Section of Annual Meeting Planning Committee, American College of Gastroenterology (ACG) (2021 - 2022)
- Faculty Member, Faculty Opinions (2020 - present)
- Chair, Inflammatory Bowel Disease Abstract Selection Committee, American College of Gastroenterology (ACG) (2020 - 2020)
- Member, Guidelines Author Panel, American Gastroenterological Association (AGA) (2019 - 2021)
- Fellow, American College of Gastroenterology (FACG) (2017 - present)
- Faculty Member, Faculty of 1000 Prime Peer Review (2017 - 2020)
- Member, Educational Affairs Committee, American College of Gastroenterology (ACG) (2014 - present)
- Fellow and Physician Advisor, Doximity (2013 - 2018)
- Member, American Gastroenterological Association (AGA) (2011 - 2021)
- Member, American College of Gastroenterology (ACG) (2011 - 2017)
- Resident Advisor, New England Journal of Medicine (NEJM) (2008 - 2008)

PROFESSIONAL EDUCATION

- Fellowship: UCSF Dept of Gastroenterology (2013) CA
- Board Certification: Gastroenterology, American Board of Internal Medicine (2013)
- Board Certification: Internal Medicine, American Board of Internal Medicine (2010)
- Residency: Stanford University Internal Medicine Residency (2010) CA
- Internship: Stanford University Internal Medicine Residency (2008) CA
- Medical Education: University of Toronto MD Program (2007) Canada

LINKS

- GI Division website: <http://www.gastrohep.stanford.edu>
- My Twitter: <https://x.com/EdithHoMD>
- LinkedIn: <http://www.linkedin.com/in/edithhomd>
- Doximity: <https://www.doximity.com/pub/edith-ho-md>

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Dr. Ho plays an active role in the American College of Gastroenterology (ACG) Educational Affairs committee, where she chairs several abstract committees, directs regional post-graduate courses, regularly reviews physician course content, and develops CME content for the American Journal of Gastroenterology. She is also involved in the ACG Research Committee, which plays a critical role in setting the direction of scientific advancement, education, and distribution of grant funding. Dr. Ho has also served as a guideline author for the American Gastroenterological Association on endoscopic therapies for weight loss and the medical management of luminal and perianal Crohn's disease. These guidelines shed new knowledge and set new standards of care for clinical practice here and abroad.

Publications

PUBLICATIONS

- **Prevalence Rates of Pneumococcal Vaccination in IBD and 30-Day Clinical Outcomes in Patients With IBD and Pneumococcal Disease Stratified by Receipt of Pneumococcal Vaccination: A Multi-Network Study.** *Crohn's & colitis* 360
Ford, A., Chittajallu, V., Abraham Perez, J., Martin, S., Alkhayyat, M., Dave, M., Ho, E. Y., Sinh, P., Nguyen, V., Cooper, G., Katz, J., Cominelli, F., Regueiro, et al
2023; 5 (4): otad048
- **Continuing Medical Education Questions: August 2021.** *The American journal of gastroenterology*
Ho, E. Y.
2021; 116 (8): 1585
- **AGA Clinical Practice Guidelines on the Medical Management of Moderate to Severe Luminal and Perianal Fistulizing Crohn's Disease.** *Gastroenterology*
Feuerstein, J. D., Ho, E. Y., Shmidt, E., Singh, H., Falck-Ytter, Y., Sultan, S., Terdiman, J. P., American Gastroenterological Association Institute Clinical Guidelines Committee, Sultan, S., Cohen, B. L., Chachu, K., Day, L., Davitkov, P., et al
2021; 160 (7): 2496-2508
- **Providing the Best Care for Patients With Crohn's Disease: An Examination of the New AGA Clinical Practice Guidelines on the Medical Management of Moderate to Severe Luminal and Perianal Fistulizing Crohn's Disease.** *Gastroenterology*
Ho, E. Y., Singh, S., Terdiman, J. P.
2021; 160 (7): 2557-2562
- **Spotlight: Medical Management of Moderate to Severe Luminal and Perianal Fistulizing Crohn's Disease.** *Gastroenterology*
Shmidt, E., Ho, E. Y., Feuerstein, J. D., Singh, S., Terdiman, J. P.
2021; 160 (7): 2511
- **AGA Clinical Practice Guidelines on Intra-gastric Balloons in the Management of Obesity.** *Gastroenterology*
Muniraj, T., Day, L. W., Teigen, L. M., Ho, E. Y., Sultan, S., Davitkov, P., Shah, R., Murad, M. H.
2021; 160 (5): 1799-1808
- **Continuing Medical Education Questions: June 2020.** *The American journal of gastroenterology*
Ho, E. Y.
2020; 115 (6): 812

- **Opportunistic Infections Are More Prevalent in Crohn's Disease and Ulcerative Colitis: A Large Population-Based Study** *INFLAMMATORY BOWEL DISEASES*
Sheriff, M., Mansoor, E., Luther, J., Ananthakrishnan, A. N., Abou Saleh, M., Ho, E., Briggs, F. B. S., Dave, M.
2020; 26 (2): 291–300
- **Inflammatory Bowel Disease Patients Prior to Starting on Anti-TNF Are Over 5 Times More Likely to Be Screened for Hepatitis B Infection Compared to Those Starting High Dose Corticosteroids**
Ho, E. Y., Marshall, V., Alsamman, Y., Chung, G., Burant, C., Dave, M., Falck-Ytter, Y.
LIPPINCOTT WILLIAMS & WILKINS.2019: S447
- **Continuing Medical Education Questions: April 2019.** *The American journal of gastroenterology*
Ho, E. Y.
2019; 114 (4): 552
- **Continuing Medical Education Questions: September 2019.** *The American journal of gastroenterology*
Ho, E. Y.
2019; 114 (9): 1417
- **Continuing Medical Education Questions: June 2018.** *The American journal of gastroenterology*
Ho, E. Y.
2018; 113 (6): 802
- **Hepatitis B Virus Screening and Reactivation in a National VA Cohort of Patients with Inflammatory Bowel Disease Treated with Tumor Necrosis Factor Antagonists.** *Digestive diseases and sciences*
Shah, R. n., Ho, E. Y., Kramer, J. R., Richardson, P. n., Sansgiry, S. n., El-Serag, H. B., Hou, J. K.
2018; 63 (6): 1551–57
- **Continuing Medical Education Questions: October 2018.** *The American journal of gastroenterology*
Ho, E. Y.
2018; 113 (10): 1430
- **Continuing Medical Education Questions: January 2018: Prophylactic Therapy of Cyclic Vomiting Syndrome in Children: Comparison of Amitriptyline and Cyproheptadine: A Randomized Clinical Trial.** *The American journal of gastroenterology*
Ho, E. Y.
2018; 113 (1): 141
- **Differences in Drug Treatment Practices Among Younger and Older Veterans With Inflammatory Bowel Disease**
Ho, E. Y., Marshall, V. J., Alsamman, Y., Chung, G., Burant, C. J., Dave, M., Falck-Ytter, Y. T.
NATURE PUBLISHING GROUP.2017: S407
- **IgM Nephropathy After Treatment with Oral 5-Aminosalicylic Acid Derivatives in a Young Patient with Ulcerative Colitis**
Ho, E.
LIPPINCOTT WILLIAMS & WILKINS.2017: S57
- **Fear of Failure: Engaging Patients in Antimicrobial Stewardship after Fecal Transplantation for Recurrent Clostridium difficile Infection.** *Infection control and hospital epidemiology*
Hecker, M. T., Ho, E. n., Donskey, C. J.
2017; 38 (1): 127–29
- **Continuing Medical Education Questions: September 2017: Fecal Incontinence Is Associated With Mortality Among Older Adults With Complex Needs: An Observational Cohort Study.** *The American journal of gastroenterology*
Ho, E. Y.
2017; 112 (9): 1438
- **Continuing Medical Education Questions: April 2017.** *The American journal of gastroenterology*
Ho, E. Y.
2017; 112 (5): 703
- **Medical management of Crohn's Disease** *Current Therapy in Colon and Rectal Surgery.*
Ho, E. Y., Katz, J. Z., Cominelli, F.

Philadelphia Elsevier.2017; 3: 213–216

- **Nivolumab-associated nausea and vomiting as an immune adverse event.** *European journal of cancer (Oxford, England : 1990)*
Shi, Y. n., Lin, P. n., Ho, E. Y., Nock, C. J.
2017; 84: 367–69
- **Continuing Medical Education Questions: April 2016.** *The American journal of gastroenterology*
Ho, E. Y.
2016; 111 (4): 492
- **Fecal Microbiota Transplantation by Freeze-Dried Oral Capsules for Recurrent Clostridium difficile Infection.** *Open forum infectious diseases*
Hecker, M. T., Obrenovich, M. E., Cadnum, J. L., Jencson, A. L., Jain, A. K., Ho, E. n., Donskey, C. J.
2016; 3 (2): ofw091
- **Ulcerative Colitis: What is the Optimal Treatment Goal and How Do We Achieve It?** *Current treatment options in gastroenterology*
Ho, E. Y., Cominelli, F. n., Katz, J. n.
2015; 13 (1): 130–42
- **Preemptive adefovir versus lamivudine for prevention of hepatitis B reactivation in chronic hepatitis B patients undergoing chemotherapy.** *Hepatology international*
Ho, E. Y., Yau, T. n., Rousseau, F. n., Heathcote, E. J., Lau, G. K.
2015; 9 (2): 224–30
- **Expanded use of aggressive therapies improves survival in early and intermediate hepatocellular carcinoma HPB**
Ho, E. Y., Cozen, M. L., Shen, H., Lerrigo, R., Trimble, E., Ryan, J. C., Corvera, C. U., Monto, A.
2014; 16 (8): 758-767
- **Functional abdominal pain causing Scurvy, Pellagra, and Hypovitaminosis A.** *F1000Research*
Ho, E. Y., Mathy, C. n.
2014; 3: 35
- **A 13 year-old boy with post-transplantation lymphoproliferative disorder presenting with obscure gastrointestinal bleeding: a case report.** *F1000Research*
Ho, E. Y., George, V. n., McCracken, M. n., Ostroff, J. W.
2014; 3: 88
- **Prospective study of risk factors for hepatitis C virus acquisition by Caucasian, Hispanic, and Asian American patients** *JOURNAL OF VIRAL HEPATITIS*
Ho, E. Y., Ha, N. B., Ahmed, A., Ayoub, W., Daugherty, T., Garcia, G., Cooper, A., Keeffe, E. B., Nguyen, M. H.
2012; 19 (2): E105-E111
- **Epidemiology of Hepatitis A Virus and Hepatitis B Virus Infection in the United States.** *Year in Hepatitis Vaccinations.*
Ho, E. Y., Cheung, R.
2009; 3
- **Community and Population Health.** *The Toronto Notes 2007: Comprehensive Medical Reference.*
Ho, E. Y., Lee, S.
Toronto Notes for Medical Students, Inc..2007; 23rd ed.
- **Cultural Barriers to Initiating Insulin Therapy in Chinese Individuals with Type 2 Diabetes Living in Canada.** *Canadian Journal of Diabetes*
Ho, E. Y., James, J.
2006; 30 (3): 390-396
- **Lymphatic System and Lymph Nodes Exam.** *Essentials of Clinical Examination Handbook.*
Ho, E. Y., Young, K.
The Medical Society, University of Toronto, Canada.2006; 5th ed.: 115–122
- **HIV/AIDS-Related Knowledge, Attitudes, and Practices of a Rural Community in Kep, Kingdom of Cambodia.** *University of Toronto Medical Journal*
Ho, E. Y., Grewal, S.
2005; 82 (2): 82-87

- **Estimating DNA repair by sequential evaluation of head and neck tumor radiation sensitivity using the comet assay** *5th International Conference on Head and Neck Cancer of the International-Society-of-Head-Neck-Cancer*
Terris, D. J., Ho, E. Y., Ibrahim, H. Z., Dorie, M. J., Kovacs, M. S., Le, Q. T., Koong, A. C., Pinto, H. A., Brown, J. M.
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