Bio

Dr. Andrea S. Mendoza-Vasconez’ research has primarily focused on the promotion and maintenance of physical activity among Latino populations, using both quantitative and qualitative research methods. Dr. Mendoza-Vasconez is interested in citizen science as a means of empowering and mobilizing underserved communities, and in the use of technology to tailor interventions in a behavioral precision medicine approach.

Outside of research, Dr. Mendoza-Vasconez loves spending time with her family (especially her baby daughter Olivia), biking, learning new and challenging things (like surfing!), and traveling to new places (which will unfortunately be done sparingly in the future in an effort to reduce her ecological footprint).

Professional Education

- Doctor of Philosophy, San Diego State University (2019)
- Bachelor of Arts, Connecticut College (2008)
- Master of Public Health, Claremont Graduate School (2014)
- BA, Connecticut College , Film Studies/Computer Science (2008)
- MPH, Claremont Graduate University , Public Health (2014)
- PhD, University of California San Diego , Public Health (2019)

Stanford Advisors

- Christopher Gardner, Postdoctoral Faculty Sponsor
- Abby King, Postdoctoral Research Mentor

Publications

Publications

- Association Between Physical Activity Intervention Website Use and Physical Activity Levels Among Spanish-Speaking Latinas: Randomized Controlled Trial JOURNAL OF MEDICAL INTERNET RESEARCH
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- Effect of physical activity on depression symptoms and perceived stress in Latinas: A mediation analysis MENTAL HEALTH AND PHYSICAL ACTIVITY
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- Psychometrics of the self-efficacy for physical activity scale among a Latina women sample BMC PUBLIC HEALTH
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