



Meng Chen, MD

Clinical Assistant Professor, Medicine - Pulmonary, Allergy & Critical Care
Medicine

CLINICAL OFFICE (PRIMARY)

- **Atherton Allergy, Asthma, and Immunodeficiency Clinic**

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Bio

BIO

Dr. Chen is a double board-certified, fellowship-trained specialist in allergy and immunology and internal medicine. She is a clinical assistant professor in the Department of Internal Medicine, Division of Pulmonary, Allergy, and Critical Care Medicine at Stanford University School of Medicine.

With training in pediatric and adult allergy/immunology, Dr. Chen provides expertise in chronic urticaria, angioedema, drug allergy, severe asthma, food allergy and allergic rhinitis. She excels at addressing the impact of allergies on quality of life and productivity. Driven by a desire to help people and deliver exceptional care, Dr. Chen takes great pride in the effectiveness and efficiency of her services, her attention to detail, and the excellent patient satisfaction scores she earns. She has trained and worked in a broad range of clinical care settings, including private practice, the Veterans Administration, major health systems, and academic medical centers, like Stanford Health Care.

Dr. Chen has extensive research experience, from study start-up to manuscript preparation. Dr. Chen has authored numerous scholarly publications on topics including urticaria, angioedema and food allergies. She has presented the findings of her research to the American Academy of Allergy, Asthma, and Immunology Annual Scientific Meeting and other conferences. Her work has appeared in the journals *Pediatric Allergy; the Annals of Allergy, Asthma, and Immunology; JAMA*; as well as book chapters on immunology. Dr. Chen has received honors and awards for her scholarship. She is a member of the American Academy of Allergy, Asthma, and Immunology; the American College of Allergy, Asthma, and Immunology; and, the Allergy, Asthma, and Immunology Foundation of Northern California.

Dr. Chen's academic passion is medical education and fostering the growth of medical trainees. She is particularly interested in harnessing the power of coaching to promote self-efficacy and wellness in medicine. She serves as the Well-Being Director for the Division of Pulmonary, Allergy, and Critical Care Medicine and also as a Faculty Coach in the School of Medicine's Student Guidance Program.

CLINICAL FOCUS

- Allergy and Immunology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Pulmonary, Allergy & Critical Care Medicine

PROFESSIONAL EDUCATION

- Board Certification: Allergy and Immunology, American Board of Allergy and Immunology (2018)
- Fellowship: UCSD Allergy and Immunology Fellowship (2018) CA
- Board Certification: Internal Medicine, American Board of Internal Medicine (2016)
- Residency: UCLA Medical Center Internal Medicine (2016) CA
- Medical Education: University of California at San Francisco School of Medicine (2013) CA

Publications

PUBLICATIONS

- **Allergic disease prevalence among Asian American children in Northern California.** *The journal of allergy and clinical immunology. In practice*
Feng, C., Mudiganti, S., Yan, X. S., Mitchell, D., Chen, M., Liu, A. Y., Palaniappan, L., Arroyo, A. C.
2024
- **Folliculocentric Mycosis Fungoides Masquerading as Angioedema and Allergic Contact Dermatitis.** *The journal of allergy and clinical immunology. In practice*
Jiang, S. Y., Yeh, J., Novoa, R., Wang, E., Chen, M.
2024
- **Social Determinants of Health and Allergic Disease Prevalence Among Asian American Children.** *Journal of racial and ethnic health disparities*
Le, A., Bui, V., Chu, R., Arroyo, A. C., Chen, M., Bacong, A. M.
2024
- **Prevalence of allergic diseases among Asian American children in a Northern California healthcare system**
Feng, C., Mudiganti, S., Yan, X., Mitchell, D., Chen, M., Liu, A., Palaniappan, L., Arroyo, A.
MOSBY-ELSEVIER.2024: AB250
- **Asthma heterogeneity amongst Asian American children: the California Health Interview Survey.** *Annals of allergy, asthma & immunology : official publication of the American College of Allergy, Asthma, & Immunology*
Chen, M., Bacong, A. M., Feng, C., Kikuta, N. T., Datir, R. R., Chen, S., Srinivasan, M., Camargo, C. A., Palaniappan, L., Arroyo, A. C.
2023
- **Artificial Intelligence: Exploring the Future of Innovation in Allergy Immunology.** *Current allergy and asthma reports*
MacMath, D., Chen, M., Khoury, P.
2023
- **Asthma heterogeneity amongst Asian American children: the California Health Interview Survey**
Chen, M., Bacong, A., Kikuta, N., Datir, R., Chen, S., Camargo, C., Srinivasan, M., Palaniappan, L., Arroyo, A.
MOSBY-ELSEVIER.2023: AB75
- **Asian American Patients With Allergic Diseases: Considerations for Research and Clinical Care.** *The journal of allergy and clinical immunology. In practice*
Chen, M., Feng, C., Liu, A. Y., Zhu, L., Camargo, C. A., Arroyo, A. C.
2022; 10 (4): 950-952
- **Increased duration of pollen and mold exposure are linked to climate change.** *Scientific reports*
Paudel, B., Chu, T., Chen, M., Sampath, V., Prunicki, M., Nadeau, K. C.
2021; 11 (1): 12816
- **Homologies between SARS-CoV-2 and allergen proteins may direct T cell-mediated heterologous immune responses.** *Scientific reports*
Balz, K., Kaushik, A., Chen, M., Cemic, F., Heger, V., Renz, H., Nadeau, K., Skevaki, C.

2021; 11 (1): 4792

- **Biologic therapy for food allergy.** *Journal of food allergy*
Chen, M., Zhang, W., Lee, L., Saxena, J., Sindher, S., Chinthrajah, R. S., Dant, C., Nadeau, K.
2020; 2 (1): 86-90
- **Radiation Recall Dermatitis Triggered by Prednisone** *CUTIS*
Galant-Swofford, J., Chen, M., Christiansen, S. C.
2020; 105 (6): E16-E18
- **Oral immunotherapy for peanut allergy: The pro argument.** *The World Allergy Organization journal*
Chinthrajah, R. S., Cao, S. n., Dunham, T. n., Sampath, V. n., Chandra, S. n., Chen, M. n., Sindher, S. n., Nadeau, K. n.
2020; 13 (8): 100455
- **Homologies between SARS-CoV-2 and allergen proteins may direct T cell-mediated heterologous immune responses.** *Research square*
Balz, K. n., Chen, M. n., Kaushik, A. n., Cemic, F. n., Heger, V. n., Renz, H. n., Nadeau, K. n., Skevaki, C. n.
2020
- **Radiation recall dermatitis triggered by prednisone.** *Cutis*
Galant-Swofford, J. n., Chen, M. n., Christiansen, S. C.
2020; 105 (6): E16–E18
- **Conflicting verdicts on peanut OIT from the ICER and FDA Advisory Committee; where do we go from here?** *The Journal of allergy and clinical immunology*
Eiwegger, T., Anagnostou, K., Arasi, S., Begin, P., Ben-Shoshan, M., Beyer, K., Blumchen, K., Brough, H., Caubet, J., Chan, E. S., Chen, M., Chinthrajah, S., Davis, et al
2019
- **Analysis of Allergen-Specific T Cell and IgE Reactivity to Different Preparations of Cow's Milk-Containing Food Extracts** *CELLS*
Chen, M., Sutherland, A., Birrueta, G., Laubach, S., Leonard, S., Peters, B., Schulten, V.
2019; 8 (7)
- **Acquired Donor Peanut Allergy From Lung Transplantation Resulting in Respiratory Failure: A Case Report** *TRANSPLANTATION PROCEEDINGS*
Odish, M., Chen, M., Kim, A., Floreth, T.
2018; 50 (10): 4085–86
- **Mast cell disorders Protean manifestations and treatment responses** *ANNALS OF ALLERGY ASTHMA & IMMUNOLOGY*
Chen, M., Kim, A., Zuraw, B., Doherty, T. A., Christiansen, S.
2018; 121 (1): 128–30
- **Marijuana and stoned fruit** *ANNALS OF ALLERGY ASTHMA & IMMUNOLOGY*
Bhatia, P., Chen, M., Christiansen, S.
2018; 120 (5): 536–37
- **Preventing Peanut Allergy** *PEDIATRIC ALLERGY IMMUNOLOGY AND PULMONOLOGY*
Chen, M., Welch, M., Laubach, S.
2018; 31 (1): 2–8
- **Baked milk and baked egg oral immunotherapy** *IMMUNOTHERAPY*
Chen, M., Land, M.
2017; 9 (15): 1201–4
- **Emerging Therapies in Hereditary Angioedema** *IMMUNOLOGY AND ALLERGY CLINICS OF NORTH AMERICA*
Chen, M., Riedl, M. A.
2017; 37 (3): 585+
- **The current state of food allergy therapeutics** *HUMAN VACCINES & IMMUNOTHERAPEUTICS*
Chen, M., Land, M.
2017; 13 (10): 2434–42

- **Elevated Lactate Levels in a Non-Critically Ill Patient** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*
Chen, M., Kim, T. Y., Pessegueiro, A. M.
2015; 313 (8): 849–50
- **Voriconazole Antifungal Prophylaxis After Lung Transplantation And Risk Of Squamous Cell Carcinoma Of The Skin**
Kolaitis, N. A., Zhang, A., Lo, M., Barba, D., Chen, M., Soriano, T., Hu, J., Nabili, V., Saggar, R., Ross, D., Belperio, J. A., Saggar, R., Weigt, et al
AMER THORACIC SOC.2015