Stanford



Tavish Spargo, MPAP, PA-C

Professional Overview

BIO

Tavish Spargo is a board-certified physician assistant practicing plastic surgery at Stanford Health Care, where he has been contributing his expertise since 2019. His medical journey began as an EMT in East Los Angeles. This role inspired him to further his education by attending PA school at the University of Southern California in Los Angeles. At Stanford, Tavish's clinical focus areas are breast reconstruction, body contouring, facial reconstruction, limb reconstruction, and abdominal wall reconstruction. He also oversees the scar clinic, showcasing his commitment to comprehensive patient care.

Outside of his professional life, Tavish enjoys spending time outdoors with his dogs, hiking, and camping. He also volunteers with the San Mateo County Search and Rescue Team, where he volunteers his medical expertise in remote environments.

CLINICAL FOCUS

- Plastic and Reconstructive Surgery
- Physician Assistant
- Breast reconstruction
- Abdominal wall reconstruction
- Limb reconstruction
- Facial plastics/reconstruction
- Body contouring

PROFESSIONAL EDUCATION

- Board Certification: Physician Assistant, National Commission on Certification of Physician Assistants (2019)
- Professional Education: USC Keck School of Medicine Physician Assistant Program (2019) CA

Scientific Focus

PUBLICATIONS

- **Dress to Impress: Public Perception of Plastic Surgeon Attire.** *Aesthetic surgery journal*
  Dayani, F., Thawanyarat, K., Mirmanesh, M., Spargo, T., Saia, W., Nazerali, R.
  2021
- **Patient and surgeon experiences with video visits in plastic surgery-toward a data-informed scheduling triage tool.** *Surgery*
  Brown-Johnson, C. G., Spargo, T., Kling, S. M., Saliba-Gustafsson, E. A., Lestoquoy, A. S., Garvert, D. W., Vilendrer, S., Winget, M., Asch, S. M., Maggio, P., Nazerali, R. S.

2021

- **Phase resetting behavior in human gait is influenced by treadmill walking speed.** *Gait & posture*
  Nessler, J. A., Spargo, T., Craig-Jones, A., Milton, J. G.
  2016; 43: 187-91