Stanford



Eric Stice

Professor of Psychiatry and Behavioral Sciences (Public Mental Health and Population Sciences)

Curriculum Vitae available Online

Bio

BIO

Dr. Stice served as an assistant professor and associate professor at the University of Texas at Austin and as a Senior Research Scientist at Oregon Research Institute before joining the faculty at Stanford University. His research focuses on identifying risk factors that predict onset of eating disorders, obesity, substance abuse, and depression to advance knowledge regarding etiologic processes, including the use of functional neural imaging. He also designs, evaluates, and disseminates prevention and treatment interventions for eating disorders, obesity, and depression. For instance, he developed a dissonance-based eating disorder prevention program that has been implemented with over 6 million young girls in 140 countries. He has published 335 articles in high-impact outlets, including Science, Psychological Bulletin, Archives of General Biological Psychiatry, American Journal of Clinical Nutrition, and Journal of Neuroscience.

ACADEMIC APPOINTMENTS

- Professor-Univ Med Line, Psychiatry and Behavioral Sciences
- Member, Bio-X
- Member, Maternal & Child Health Research Institute (MCHRI)
- Member, Wu Tsai Neurosciences Institute

HONORS AND AWARDS

- Christina Barz Award, World Psychiatric Association (2017)
- Lori Irving Award for Excellence in Eating Disorder Prevention and Awareness, National Eating Disorder Association (2012)
- Nan Tobler Award for Review of the Prevention Science Literature, Society for Prevention Research (2008)
- Distinguished Scientific Award for Early Career Contributions to Psychopathology, American Psychological Association (2004)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Statistics Advisory Board, Cell Press (2019 - present)
- Statistical Review Board, Behaviour Research and Therapy (2016 - present)
- Associate Editor, Journal of Consulting and Clinical Psychology (2016 - present)

PROFESSIONAL EDUCATION

- B.S., University of Oregon , Psychology (1989)
- M.A., Arizona State University , Clinical Psychology (1992)
- Ph.D., Arizona State University , Clinical Psychology (1996)

Research & Scholarship

CLINICAL TRIALS

- AN/BN Risk Factors Study, Recruiting
- Overvaluation of Weight and Shape Intervention vs The Body Project, Not Recruiting
- Peer-Led Dissonance Eating Disorder Prevention: Virtual Delivery, Not Recruiting
- The Body Project: Comparing the Effectiveness of an In-person and Virtually Delivered Intervention., Not Recruiting

Publications

PUBLICATIONS

- **Risk factors that predict future onset of overvaluation of weight and shape in adolescent girls.** *Body image*
  Yamamiya, Y., Shah, S., Rohde, P., Stice, E.
  2026; 59: 102224
- **Risk and Maintenance Factors for Future Onset and Persistence of Binge-Eating and Purging Symptoms: A Prospective Study of the Gut Microbiome.** *The International journal of eating disorders*
  Chen, X., Li, W., Stice, E., Qiu, J., Feng, T., He, Q., Lei, X., Chen, H.
  2026
- **Feasibility, Acceptability, and Preliminary Efficacy of a Peer-Delivered Group Intervention to Mitigate Risk of Disordered Eating Among Pregnant Individuals: A Pilot Randomized Controlled Trial.** *The International journal of eating disorders*
  Vanderkruik, R., Nowicki, G. P., Frisch, C. M., Scoggins, S. E., Hamlett, G. E., Woodworth, E. C., Scharner, S., Puri, N., Freeman, M. P., Cohen, L. S., Bartels, S. J., Stice, E.
  2026
- **Prospective Predictors of Eating Disorder Duration and Transition to a Second Distinct Eating-Disorder Family in Adolescent Girls and Young Women.** *The International journal of eating disorders*
  Imahori, K., Yamamiya, Y., Stice, E.
  2026
- **Prospective predictors of eating disorder duration and transition to a second distinct eating-disorder family in adolescent girls and young women** *International Journal of Eating Disorders*
  Imahori, K., Yamamiya, Y., Stice, E.
  2026: 1–8
- **Bulimia nervosa.** *Nature reviews. Disease primers*
  Hay, P., Appolinario, J. C., Giel, K. E., Keshen, A., Mitchison, D., Schmidt, U., Steward, T., Stice, E.
  2026; 12 (1)
- **Evaluating Priorities, a novel eating disorder prevention program targeting overvaluation of weight and shape.** *Body image*
  Stice, E., Shah, S., Aquino, A., Rohde, P., Shaw, H., Yokum, S.
  2026; 58: 102145
- **Racial and Ethnic Differences in Risk Factors and Prodromal Symptoms That Predict Eating Disorder Onset: A 3-Year Prospective Study of Adolescent Girls and Young Women.** *Journal of clinical medicine*
  Yamamiya, Y., Stice, E.
  2026; 15 (10)
- **A Randomized Effectiveness Trial of a Dissonance-Based Dual Obesity and Eating Disorder Prevention Program.** *Diabetes, obesity & metabolism*
  Stice, E., Rohde, P., Gau, J. M., Shaw, H.
  2026
- **Evaluation of a novel eating disorder prevention programme (Australian diabetes body project) for young women with type 1 diabetes in a clinic setting: A randomized controlled trial protocol.** *Diabetic medicine : a journal of the British Diabetic Association*

D'Silva, N., Gillespie, K. M., Hendrieckx, C., Wisting, L., Ewais, T., Phillips, L., Denny, S., Bartlett, S., White, M., Mackay, H., Vitanza, M., Magee, I., Griffin, et al
2026: e70302

- **IMPLEMENTATION AND PRELIMINARY EFFECTIVENESS OF AN ADAPTED VIRTUAL PEER-DELIVERED GROUP INTERVENTION TARGETING DISORDERED EATING IN PREGNANCY: INITIAL FINDINGS FROM A PILOT RCT**
  Frisch, C. M., Scoggins, S., Woodworth, E. C., Freeman, M. P., Cohen, L. S., Stice, E., Bartels, S. J., Vanderkruik, R.
  OXFORD UNIV PRESS INC.2026: S468

- **SMILE body project: protocol for a randomized controlled trial of an online eating disorder prevention program in young women with psychiatric disorders.** *Eating and weight disorders : EWD*
  Abild, C. B., Stice, E., Byrial, P., Telléus, G. K., Clausen, L.
  2026

- **The Body Project: Comparing the effectiveness of in-person versus virtual delivery of this group intervention.** *Eating behaviors*
  Fitzpatrick, J. A., Tickle, J. J., Rubino, L. G., Franco, V., Stice, E.
  2026; 60: 102073

- **Testing whether established risk factors for future eating disorder onset predict future overweight/obesity onset: A prospective study.** *Behaviour research and therapy*
  Stice, E., Yamamiya, Y.
  2026; 199: 104984

- **Can the Diabetes Eating Problem Survey-Revised (DEPS-R) reliably identify eating disorder diagnosis in women with type 1 diabetes?** *Diabetic medicine : a journal of the British Diabetic Association*
  Haugvik, S., Hennekes, M. H., de Wit, M., Toschi, E., Desjardins, C. D., Skrivarhaug, T., Dahl-Jørgensen, K., Stice, E., Wisting, L.
  2026: e70207

- **Implementing the Body Project eating disorder prevention program in high schools, colleges, and universities: An implementation guide.** *Eating behaviors*
  Shah, S., Ramakrishnan, R., Nayak, S., Krish, S., Xi, S., Stice, E.
  2026; 60: 102069

- **Efficacy of interventions to prevent eating disorders in people with type 1 diabetes: a systematic review.** *Journal of eating disorders*
  D'Silva, N., Sandoval, N. S., Gillespie, K. M., Wisting, L., Hendrieckx, C., Stice, E., Jones, L., Gannon, S. N., Ward, W., White, M., Bartlett, S. E.
  2026; 14 (1): 2

- **A randomized trial of adapted versus standard versions the transdiagnostic intervention for sleep and circadian dysfunction (TSC) implemented via facilitation and delivered by community mental health providers using train-the-trainer.** *Implementation science : IS*
  Harvey, A. G., Agnew, E. R., Esteva Hache, R., Callaway, C. A., Ovalle Patino, E., Milner, A., Spencer, J. M., Diaz, M., Dong, L., Kilbourne, A. M., Buysse, D. J., Stice, E., Sarfan, et al
  2025

- **Randomized target engagement trial of a dissonance-based transdiagnostic eating disorder treatment versus transdiagnostic interpersonal psychotherapy.** *Psychological medicine*
  Stice, E., Yokum, S., Rohde, P., Bohon, C., Shaw, H.
  2025; 55: e337

- **Risk factors that predict future onset of restricting versus binge/purge anorexia nervosa in women: an exploratory study.** *Eating disorders*
  Gil, M., Weinbach, N., Desjardins, C. D., Stice, E.
  2025: 1-17

- **Efficacy of a Web-Based Executive Function Training Program to Induce Healthier Food Choices and Increase Valuation of Fruits and Vegetables in Adults: Protocol for a Randomized Controlled Trial.** *JMIR research protocols*
  Roemmich, J. N., Nelson, A. M., Stice, E., Hess, J. M., Palmer, D. G., Casperson, S. L.
  2025; 14: e66394

- **The Effect of Gymnema Sylvestre on Motivation to Consume Sweet Foods-A Qualitative Investigation.** *Nutrients*
  Nelson, I., Kruger, R., Hsiao, D., Stice, E., Ali, A.
  2025; 17 (17)

- **Testing Whether Established Risk Factors for Future Eating Disorder Onset Predict Future Overweight/Obesity Onset: A Prospective Study.** *Research square*
  Stice, E., Yamamiya, Y.
  2025
- **The pregnant body project pilot RCT protocol: Preventing disordered eating behaviors in high-risk pregnant individuals.** *Contemporary clinical trials*
  Vanderkruik, R., Frisch, C. M., Woodworth, E. C., Scharner, S., Bartels, S. J., Freeman, M. P., Cohen, L. S., Stice, E.
  2025: 108039
- **Diabetes body project eating disorder prevention program-Descriptive content analysis of participant and facilitator feedback in a multinational randomized controlled trial.** *Diabetic medicine : a journal of the British Diabetic Association*
  Haugvik, S., Harel, S., Shaw, H., de Wit, M., Toschi, E., Hennekes, M. H., Skrivarhaug, T., Dahl-Jørgensen, K., Stice, E., Wisting, L.
  2025: e70108
- **Prevention of eating disorders: recent advances.** *Current opinion in psychiatry*
  Stice, E., Malott, C., Shah, S.
  2025
- **Energy expenditure and obesity across the economic spectrum.** *Proceedings of the National Academy of Sciences of the United States of America*
  McGrosky, A., Luke, A., Arab, L., Bedu-Addo, K., Bonomi, A. G., Bovet, P., Brage, S., Buchowski, M. S., Butte, N., Camps, S. G., Casper, R., Cummings, D. K., Krupa Das, et al
  2025; 122 (29): e2420902122
- **A randomized trial of Adapted versus Standard versions the Transdiagnostic Intervention for Sleep and Circadian Dysfunction (TSC) implemented via facilitation and delivered by community mental health providers using train-the-trainer.** *Research square*
  Harvey, A., Agnew, E. R., Hache, R. E., Callaway, C. A., Patino, E. O., Milner, A., Spencer, J. M., Diaz, M., Dong, L., Kilbourne, A. M., Buysse, D. J., Stice, E., Sarfan, et al
  2025
- **Energy expenditure and obesity across the economic spectrum** *PROCEEDINGS OF THE NATIONAL ACADEMY OF SCIENCES OF THE UNITED STATES OF AMERICA*
  McGrosky, A., Luke, A., Arab, L., Bedu-Addo, K., Bonomi, A. G., Bovet, P., Brage, S., Buchowski, M. S., Butte, N., Camps, S. G., Casper, R., Cummings, D. K., Das, et al
  2025; 122 (29): e2420902122
- **Food addiction severity is associated with decreased functional connectivity and responses to palatable food pictures in brain areas involved in emotion and cognitive control.** *Clinical nutrition (Edinburgh, Scotland)*
  Coquery, N., Som, M., Serrand, Y., Guittière, M. O., Bannier, E., Lainé, F., Constant, A., Moirand, R., Stice, E., Val-Laillet, D., Thibault, R.
  2025; 51: 115-125
- **Comparative Efficacy and Acceptability of Interventions for Universal, Selective, and Indicated Prevention of Eating Disorders: A Systematic Review and Tripartite Network Meta-Analysis**
  Schlegl, S., Hirler, F., Gerich, A., Hojlund, M., Stice, E., Wade, T., Wilfley, D., Downs, J., Voderholzer, U., Perry, J.
  WILEY.2025
- **A qualitative study of modifications and adaptations to an evidence-based prevention intervention during implementation on college campuses.** *Eating disorders*
  Duru, C., Bearman, S. K., Rohde, P., Shaw, H., Stice, E.
  2025: 1-17
- **Comparative efficacy and acceptability of interventions for universal, selective and indicated prevention of eating disorders: study protocol for a systematic review and network meta-analysis.** *Journal of eating disorders*
  Schlegl, S., Hirler, F., Gerich, A., Højlund, M., Stice, E., Wade, T., Wilfley, D., Downs, J., Voderholzer, U., Perry, J., Haas, V., Solmi, M., Correll, et al
  2025; 13 (1): 72
- **Author Correction: Predictive equation derived from 6,497 doubly labelled water measurements enables the detection of erroneous self-reported energy intake.** *Nature food*
  Bajunaid, R., Niu, C., Hambly, C., Liu, Z., Yamada, Y., Aleman-Mateo, H., Anderson, L. J., Arab, L., Baddou, I., Bandini, L., Bedu-Addo, K., Blaak, E. E., Bouten, et al

2025

- **Response to "Considerations in selecting comparison conditions in psychotherapy trials: Recommendations for future research".** *Journal of consulting and clinical psychology*
  Stice, E., Rohde, P., Yokum, S., Bohon, C., Shaw, H.
  2025
- **The effect of a 14-day Gymnema sylvestre intervention to reduce sugar intake in people self-identifying with a sweet tooth** *APPETITE*
  Hsiao, W. H., Kruger, R., Diako, C., Nelson, Stice, E., Ali, A.
  2025; 207: 107871
- **Application of implementation science frameworks to inform the adaptation process of an evidence-based eating disorder prevention program for high-risk perinatal individuals.** *Implementation research and practice*
  Vanderkruik, R., Woodworth, E. C., Frisch, C. M., Nelson, S., Dunk, M. M., Freeman, M. P., Cohen, L. S., Stice, E., Bartels, S. J.
  2025; 6: 26334895251319811
- **Neural risk factors that predict the future onset of binge eating or compensatory weight control behaviors: A prospective 4-year fMRI study.** *Psychological medicine*
  Stice, E., Yokum, S., Gau, J., Shaw, H.
  2025; 55: e48
- **Prospective reciprocal relations between psychosocial impairment and eating disorder symptoms in a high-risk sample.** *Eating behaviors*
  Stern, M., Rohde, P., Desjardins, C. D., Perry, J. S., Stice, E.
  2025; 57: 101958
- **Predictive equation derived from 6,497 doubly labelled water measurements enables the detection of erroneous self-reported energy intake.** *Nature food*
  Bajunaid, R., Niu, C., Hambly, C., Liu, Z., Yamada, Y., Aleman-Mateo, H., Anderson, L. J., Arab, L., Baddou, I., Bandini, L., Bedu-Addo, K., Blaak, E. E., Bouten, et al
  2025
- **A preliminary randomized trial of a brief dissonance-based type 2 diabetes prevention programme for adults with pre-diabetes.** *Diabetes, obesity & metabolism*
  Stice, E., Rohde, P., Desjardins, C. D., Gee, K., Shaw, H., Kim, S.
  2025
- **Diabetes Body Project: Acute Effects of an Eating Disorder Prevention Program for Young Women With Type 1 Diabetes: A Multinational Randomized Controlled Trial.** *Diabetes care*
  Hennekes, M. H., Haugvik, S., de Wit, M., Toschi, E., Desjardins, C. D., Skrivarhaug, T., Dahl-Jørgensen, K., Stice, E., Wisting, L.
  2024
- **Prevalence, incidence, impairment, course, and diagnostic progression and transition of eating disorders, overweight, and obesity in a large prospective study of high-risk young women.** *Journal of psychopathology and clinical science*
  Stice, E., Desjardins, C., Shaw, H., Siegel, S., Gee, K., Rohde, P.
  2024
- **Isotope Dilution Space Ratio Declines Above the Age of 60 Years, Potentially Impacting Estimates of Total Energy Expenditure by the Doubly Labeled Water Method1-3, *, ˆ.** *The Journal of nutrition*
  Wong, W. W., Speakman, J. R., Ainslie, P. N., Anderson, L. J., Arab, L., Baddou, I., Bedu-Addo, K., Blaak, E. E., Blanc, S., Bonomi, A. G., Bouten, C. V., Bovet, P., Buchowski, et al
  2024
- **Predictors of the sustainability for an evidence-based eating disorder prevention program delivered by college peer educators.** *Implementation science : IS*
  Bearman, S. K., Rohde, P., Pauling, S., Gau, J. M., Shaw, H., Stice, E.
  2024; 19 (1): 47
- **Risk Factors That Predict Future Onset of Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder, and Purging Disorder in Adolescent Girls.** *Behavior therapy*
  Yamamiya, Y., Stice, E.
  2024; 55 (4): 712-723

- **The diabetes body project: Study protocol of a multi-site trial of a virtually delivered eating disorder prevention program for young women with type 1 diabetes.** *Diabetic medicine : a journal of the British Diabetic Association*
  Haugvik, S., Hennekes, M., Stice, E., de Wit, M., Toschi, E., Wisting, L.
  2024: e15334

- **A pilot study of a virtually delivered dissonance-based eating disorder prevention program for young women with type 1 diabetes: within-subject changes over 6-month follow-up.** *Eating disorders*
  Wisting, L., Haugvik, S., Wennersberg, A. L., Hage, T. W., Stice, E., Olmsted, M. P., Ghaderi, A., Brunborg, C., Skrivarhaug, T., Dahl-Jørgensen, K., Rø, Ø.
  2024: 1-17

- **Cost-effectiveness of Intervention Implementation Support for Reducing Eating Disorder Symptoms Among College Students.** *Prevention science : the official journal of the Society for Prevention Research*
  Akers, L., Rohde, P., Shaw, H., Stice, E.
  2024

- **The "Young Athlete Body Project"-A pilot study evaluating the acceptability of and results from an eating disorder prevention program for adolescent athletes.** *The International journal of eating disorders*
  Sundgot-Borgen, C., Wisting, L., Sundgot-Borgen, J., Steenbuch, K., Skrede, J. V., Nilsen, K., Stice, E., Mathisen, T. F.
  2024

- **A randomized trial of two group-delivered transdiagnostic eating disorder treatments: Dissonance-based treatment versus interpersonal psychotherapy.** *Journal of consulting and clinical psychology*
  Stice, E., Rohde, P., Yokum, S., Gau, J. M., Bohon, C., Shaw, H.
  2023; 91 (12): 683-693

- **Effectiveness of virtually delivered Body Project groups to prevent eating disorders in young women at risk: a protocol for a randomized controlled trial.** *Journal of eating disorders*
  Wisting, L., Stice, E., Ghaderi, A., Dahlgren, C. L.
  2023; 11 (1): 209

- **Evaluation of a Novel Eating Disorder Prevention Program for Young Women with Type 1 Diabetes: A Preliminary Randomized Trial.** *Diabetes research and clinical practice*
  Stice, E., Wisting, L., David Desjardins, C., Hood, K. K., Hanes, S., Rubino, L., Shaw, H.
  2023: 110997

- **Prospective reciprocal relations between social support and eating disorder symptoms.** *Journal of psychopathology and clinical science*
  Stern, M., Rubino, L., Desjardins, C., Stice, E.
  2023; 132 (8): 1043-1050

- **Greater male variability in daily energy expenditure develops through puberty.** *Biology letters*
  Halsey, L. G., Careau, V., Ainslie, P. N., Alemán-Mateo, H., Andersen, L. F., Anderson, L. J., Arab, L., Baddou, I., Bandini, L., Bedu-Addo, K., Blaak, E. E., Blanc, S., Bonomi, et al
  2023; 19 (9): 20230152

- **The Transdiagnostic Intervention for Sleep and Circadian Dysfunction (TranS-C) for serious mental illness in community mental health part 2: study protocol for a hybrid type 2 effectiveness-implementation cluster-randomized trial using train-the-trainer.** *Trials*
  Callaway, C. A., Sarfan, L. D., Agnew, E. R., Dong, L., Spencer, J. M., Hache, R. E., Diaz, M., Howlett, S. A., Fisher, K. R., Yates, H. E., Stice, E., Kilbourne, A. M., Buysse, et al
  2023; 24 (1): 503

- **Elevated reward, emotion, and memory region response to thin models predicts eating disorder symptom persistence: A prospective functional magnetic resonance imaging study.** *Journal of psychopathology and clinical science*
  Stice, E., Yokum, S.
  2023; 132 (6): 716-724

- **Setting and Provider Predictors of Implementation Success for an Eating Disorder Prevention Program Delivered by College Peer Educators.** *Administration and policy in mental health*
  Rohde, P., Bearman, S. K., Pauling, S., Gau, J. M., Shaw, H., Stice, E.
  2023

- **Sequencing of symptom emergence in anorexia nervosa, bulimia nervosa, binge eating disorder, and purging disorder in adolescent girls and relations of prodromal symptoms to future onset of these eating disorders.** *Psychological medicine*
  Yamamiya, Y., Desjardins, C. D., Stice, E.
  2023; 53 (10): 4657-4665

- **Contextualizing the Neural Vulnerabilities Model of Obesity.** *Nutrients*
  Nelson, T. D., Stice, E.
  2023; 15 (13)

- **Automatic pro-thin/anti-fat biases can develop without previous visual exposure to body shapes.** *Body image*
  Weinbach, N., Govier, S., Stice, E.
  2023; 46: 238-245

- **The Transdiagnostic Intervention for Sleep and Circadian Dysfunction (TranS-C) for serious mental illness in community mental health part 2: Study protocol for a hybrid type 2 effectiveness-implementation cluster- randomized trial using train-the-trainer.** *Research square*
  Callaway, C. A., Sarfan, L. D., Agnew, E. R., Dong, L., Spencer, J. M., Hache, R. E., Diaz, M., Howlett, S. A., Fisher, K. R., Yates, H. E., Stice, E., Kilbourne, A. M., Buysse, et al
  2023

- **Relation of Overweight/Obesity to Reward Region Response to Food Reward and the Moderating Effects of Parental History of Eating Pathology in Adolescent Females.** *Nutrients*
  Yokum, S., Stice, E.
  2023; 15 (11)

- **Relation of BOLD response to food-specific and generic motor response inhibition tasks to body fat gain in adults with overweight and obesity.** *Physiology & behavior*
  Yokum, S., Stice, E.
  2023: 114206

- **Evaluating whether a peer-led dissonance-based eating disorder prevention program prevents onset of each eating disorder type.** *Psychological medicine*
  D'Adamo, L., Ghaderi, A., Rohde, P., Gau, J. M., Shaw, H., Stice, E.
  2023: 1-8

- **Total daily energy expenditure has declined over the past three decades due to declining basal expenditure, not reduced activity expenditure.** *Nature metabolism*
  Speakman, J. R., de Jong, J. M., Sinha, S., Westerterp, K. R., Yamada, Y., Sagayama, H., Ainslie, P. N., Anderson, L. J., Arab, L., Bedu-Addo, K., Blanc, S., Bonomi, A. G., Bovet, et al
  2023; 5 (4): 579-588

- **An experimental test of increasing implementation support for college peer educators delivering an evidence-based prevention program.** *Journal of consulting and clinical psychology*
  Stice, E., Rohde, P., Gau, J. M., Bearman, S. K., Shaw, H.
  2023

- **COVID-19 risk perception, cognitive dissonance, and vaccine hesitancy.** *Human vaccines & immunotherapeutics*
  Equils, O., Bakaj Berishaj, A., Stice, E., da Costa, C.
  2023: 2180217

- **Implementation factors that predict larger effects from a peer educator delivered eating disorder prevention program at universities.** *Journal of consulting and clinical psychology*
  Stice, E., Rohde, P., Gau, J. M., Shaw, H.
  2023

- **Enhancing Efficacy of a Brief Obesity and Eating Disorder Prevention Program: Long-Term Results from an Experimental Therapeutics Trial.** *Nutrients*
  Stice, E., Rohde, P., Butryn, M. L., Desjardins, C., Shaw, H.
  2023; 15 (4)

- **Efficacy of virtual delivery of a dissonance-based eating disorder prevention program and evaluation of a donation model to support sustained implementation.** *Journal of consulting and clinical psychology*

Stice, E., Bohon, C., Shaw, H., Desjardins, C. D.
2023

- **The Effect of a 14-Day gymnema sylvestre Intervention to Reduce Sugar Cravings in Adults.** *Nutrients*
  Turner, S., Diako, C., Kruger, R., Wong, M., Wood, W., Rutherfurd-Markwick, K., Stice, E., Ali, A.
  2022; 14 (24)

- **Variation in human water turnover associated with environmental and lifestyle factors.** *Science (New York, N.Y.)*
  Yamada, Y., Zhang, X., Henderson, M. E., Sagayama, H., Pontzer, H., Watanabe, D., Yoshida, T., Kimura, M., Ainslie, P. N., Andersen, L. F., Anderson, L. J., Arab, L., Baddou, et al
  2022; 378 (6622): 909-915

- **Introduction to the special issue of the Journal of Consulting and Clinical Psychology: "Best practices" in prevention and treatment for racial and ethnic minority people.** *Journal of consulting and clinical psychology*
  Stice, E., Davila, J.
  2022; 90 (10): 715-716

- **Variability in energy expenditure is much greater in males than females.** *Journal of human evolution*
  Halsey, L. G., Careau, V., Pontzer, H., Ainslie, P. N., Andersen, L. F., Anderson, L. J., Arab, L., Baddou, I., Bedu-Addo, K., Blaak, E. E., Blanc, S., Bonomi, A. G., Bouten, et al
  2022; 171: 103229

- **Efficacy of a food response and attention training treatment for obesity: A randomized placebo controlled trial.** *Behaviour research and therapy*
  Stice, E., Yokum, S., Gau, J., Veling, H., Lawrence, N., Kemps, E.
  2022; 158: 104183

- **Human total, basal and activity energy expenditures are independent of ambient environmental temperature.** *iScience*
  Zhang, X., Yamada, Y., Sagayama, H., Ainslie, P. N., Blaak, E. E., Buchowski, M. S., Close, G. L., Cooper, J. A., Das, S. K., Dugas, L. R., Gurven, M., El Hamdouchi, A., Hu, et al
  2022; 25 (8): 104682

- **Efficacy of a combined food-response inhibition and attention training for weight loss** *CURRENT OPINION IN BEHAVIORAL SCIENCES*
  Stice, E., Yokum, S., Nelson, T. D., Berkman, E., Veling, H., Lawrence, N.
  2022; 46

- **Efficacy of a combined food-response inhibition and attention training for weight loss.** *Current opinion in behavioral sciences*
  Stice, E., Yokum, S., Nelson, T. D., Berkman, E., Veling, H., Lawrence, N.
  2022; 46

- **Young women who develop anorexia nervosa exhibit a persistently low premorbid body weight on average: A longitudinal investigation of an important etiologic clue.** *Journal of psychopathology and clinical science*
  Stice, E., Desjardins, C. D., Rohde, P.
  2022

- **Sequencing of symptom emergence in anorexia nervosa, bulimia nervosa, binge eating disorder, and purging disorder in adolescent girls and relations of prodromal symptoms to future onset of these eating disorders** *PSYCHOLOGICAL MEDICINE*
  Yamamiya, Y., Desjardins, C., Stice, E.
  2022

- **Body dissatisfaction and disordered eating in the perinatal period: an underrecognized high-risk timeframe and the opportunity to intervene.** *Archives of women's mental health*
  Vanderkruik, R., Ellison, K., Kanamori, M., Freeman, M. P., Cohen, L. S., Stice, E.
  2022

- **ADAPTING A BODY IMAGE AND DISORDERED EATING PREVENTION PROGRAM FOR THE PERINATAL PERIOD**
  Vanderkruik, R., Ellison, K., Kanamori, M., Freeman, M., Cohen, L. S., Stice, E.
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