



## Celeste Birkhofer, PhD, PsyD

Adjunct Clinical Instructor, Psychiatry and Behavioral Sciences

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### Bio

#### BIO

Dr. Celeste Birkhofer is a licensed Clinical Psychologist and Adjunct Clinical Faculty member at Stanford School of Medicine, Department of Psychiatry & Behavioral Sciences. Dr. Birkhofer teaches didactics and provides clinical supervision to the psychiatry residents, and she has a private practice in Portola Valley. Dr. Birkhofer's interests and special training include contemporary relational psychoanalysis, grief counseling, dialectic behavior therapy (DBT), life coaching, mindfulness, and couples counseling.