Stanford



James Armontrout

Clinical Associate Professor, Psychiatry and Behavioral Sciences

Curriculum Vitae available Online

CLINICAL OFFICE (PRIMARY)

- **Stanford Dept of Psychiatry and Behavioral Sciences**

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Bio

BIO

Dr. Armontrout is the Program Director of the Stanford Forensic Psychiatry Fellowship. He completed residency training at the Harvard Longwood Psychiatry Residency Training Program, followed by forensic psychiatry fellowship at the University of California, San Francisco. He is board certified in Psychiatry, Forensic Psychiatry, and Addiction Medicine.

Before coming to Stanford Dr. Armontrout worked as a staff psychiatrist for the Palo Alto VA Healthcare System at the Trauma Recovery Program, a residential treatment program focusing on PTSD, other trauma-related disorders, and substance use disorders. For a portion of Dr. Armontrout's time with the VA he served as the Medical Director for the Trauma Recovery Program.

In addition to his forensic fellowship activities, Dr. Armontrout currently serves as an attending in the Stanford PTSD clinic and the dual diagnosis clinic.

CLINICAL FOCUS

- Forensic Psychiatry
- Substance Use Disorders
- Trauma- and Stressor-Related Disorders
- Addiction Psychiatry

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Psychiatry and Behavioral Sciences

PROFESSIONAL EDUCATION

- Board Certification: Addiction Medicine, American Board of Preventive Medicine (2022)
- Board Certification: Forensic Psychiatry, American Board of Psychiatry and Neurology (2017)
- Fellowship: UCSF Forensic Psychiatry Fellowship Program (2017) CA

- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2016)
- Residency: Brigham and Women's Hospital and Harvard Psychiatry Residency (2016) MA
- Medical Education: University of Virgina School of Medicine (2012) VA

Publications

PUBLICATIONS

- **Providing Gender-Affirming Care to Minors** *JOURNAL OF THE AMERICAN ACADEMY OF PSYCHIATRY AND THE LAW*
  Benjamin, T., Armontrout, J.
  2026; 54 (1): 103-105
- **Addressing Mental States in Expert Witness Testimony** *JOURNAL OF THE AMERICAN ACADEMY OF PSYCHIATRY AND THE LAW*
  Dinh, M., Armontrout, J.
  2025; 53 (1): 111-112