Stanford



Roy Collins, MD, MPH

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICE (PRIMARY)

- **Psychiatry and Behavioral Sciences**

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Bio

BIO

Dr. Roy Collins, MD is a board-certified psychiatrist and Clinical Assistant Professor in the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine. He serves as an Attending Sports Psychiatrist and conducts mental performance research with the Wu Tsai Human Performance Alliance, supporting athletes across collegiate, professional, and international levels. Dr. Collins is the founder of the nation's first Sports and Performance Psychiatry Fellowship, a pioneering program that provides advanced training in athlete mental health and performance psychiatry. His work bridges clinical expertise, lived experience, elite athletic background, and a commitment to advancing science in service of mental wellness and human performance.

CLINICAL FOCUS

- Psychiatry
- Sports and Performance Psychiatry
- Disordered Eating

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

PROFESSIONAL EDUCATION

- Fellowship: Stanford Department of Psychiatry and Behavioral Sciences (2025)
- Postgraduate Training, Wu Tsai Human Performance Alliance Clinician-Scientist Program , Mental Performance (2025)
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2023)
- Residency: Department of Psychiatry, School of Medicine, Stanford University Hospital (2023)
- Medical Education: St Louis University School of Medicine (2019) MO

Teaching

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Psychiatry and Behavioral Science (Fellowship Program)