



## Kate Corcoran, PhD

Clinical Professor, Psychiatry and Behavioral Sciences

### CLINICAL OFFICE (PRIMARY)

- **Psychiatry Clinic**

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### Bio

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#### BIO

Dr. Corcoran is a Clinical Professor in the Department of Psychiatry and Behavioral Sciences, where she is actively involved in teaching psychotherapy to graduate students, psychiatry residents, and postdoctoral fellows. She is the Curriculum Director of CBT Training for the Psychiatry Residency program, and she teaches CBT to first year graduate students in the Psy.D. Consortium program. She is also a supervisor in the ADAPT Clinic, where she supervises postdoctoral fellows and PGY3 residents in the provision of CBT. In her clinical practice, Dr. Corcoran specializes in cognitive-behavioral therapy (CBT), mindfulness-based interventions, and compassion-focused approaches for adults experiencing anxiety, stress, and depression.

#### CLINICAL FOCUS

- Cognitive Behavior Therapy
- Mindfulness-Based Therapies
- Depression
- Anxiety Disorders
- Clinical Psychology

#### ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences

#### ADMINISTRATIVE APPOINTMENTS

- Director of Training, Postdoctoral Fellowship in Adult Clinical Psychology, Stanford School of Medicine, (2011- present)

#### PROFESSIONAL EDUCATION

- Internship: VA Medical Center Palo Alto (2006) CA
- PhD Training: University of British Columbia (2006) Canada
- Fellowship: Stanford University Medical Center (2007) CA

## Teaching

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### GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Psychiatry and Behavioral Science (Fellowship Program)

## Publications

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### PUBLICATIONS

- **DeGolia SG, Corcoran KM (eds). Supervision in Psychiatric Practice Practical Approaches Across Venues and Providers.**  
DeGolia, S. G., Corcoran, K. M.  
American Psychiatric Association Publishing..2019
- **Mindfulness Practice, Rumination and Clinical Outcome in Mindfulness-Based Treatment** *COGNITIVE THERAPY AND RESEARCH*  
Hawley, L. L., Schwartz, D., Bieling, P. J., Irving, J., Corcoran, K., Farb, N. A., Anderson, A. K., Segal, Z. V.  
2014; 38 (1): 1-9
- **Treatment-Specific Changes in Decentering Following Mindfulness-Based Cognitive Therapy Versus Antidepressant Medication or Placebo for Prevention of Depressive Relapse** *JOURNAL OF CONSULTING AND CLINICAL PSYCHOLOGY*  
Bieling, P. J., Hawley, L. L., Bloch, R. T., Corcoran, K. M., Levitan, R. D., Young, L. T., MacQueen, G. M., Segal, Z. V.  
2012; 80 (3): 365-372
- **Mindfulness and emotion regulation: Outcomes and possible mediating mechanisms.** *Emotion regulation and psychopathology: A transdiagnostic approach to etiology and treatment.*  
Corcoran KM, Farb N, Anderson A, Segal ZV  
2010: 339-355
- **Effects of suppression and appraisals on thought frequency and distress** *BEHAVIOUR RESEARCH AND THERAPY*  
Corcoran, K. M., Woody, S. R.  
2009; 47 (12): 1024-1031
- **Metacognition in depressive and anxiety disorders: Current directions.** *International Journal of Cognitive Therapy*  
Corcoran KM, Segal ZV  
2008; 1 (1): 33-44
- **CBT for dysthymia and chronic major depression** *Cognitive Behavioral Therapy: A Complete Reference Guide,*  
Arnow, B., Corcoran, K, Thase, M
- **Psychotherapy Supervision by a Psychologist Benefits and Potential Challenges** *SUPERVISION IN PSYCHIATRIC PRACTICE: PRACTICAL APPROACHES ACROSS VENUES AND PROVIDERS*  
Luce, K. H., Corcoran, K. M.  
edited by DeGolia, S. G., Corcoran, K. M.  
2019: 285-91
- **Supervision Formats** *SUPERVISION IN PSYCHIATRIC PRACTICE: PRACTICAL APPROACHES ACROSS VENUES AND PROVIDERS*  
Gibbs, E., Corcoran, K. M.  
edited by DeGolia, S. G., Corcoran, K. M.  
2019: 37-44
- **Appraisals of obsessional thoughts in normal samples** *BEHAVIOUR RESEARCH AND THERAPY*  
Corcoran, K. M., Woody, S. R.  
2008; 46 (1): 71-83
- **Recognition of facial expressions in obsessive-compulsive disorder** *JOURNAL OF ANXIETY DISORDERS*  
Corcoran, K. M., Woody, S. R., Tolin, D. F.  
2008; 22 (1): 56-66
- **Telephone-administered cognitive behavior therapy for obsessive-compulsive disorder.** *Cognitive behaviour therapy*  
Taylor, S., Thordarson, D. S., Spring, T., Yeh, A. H., Corcoran, K. M., Eugster, K., Tisshaw, C.

2003; 32 (1): 13-25

- **Efficacy of telephone-administered cognitive behaviour therapy for obsessive-compulsive spectrum disorders: case studies.** *Cognitive behaviour therapy*

Yeh, A. H., Taylor, S., Thordarson, D. S., Corcoran, K. M.

2003; 32 (2): 75-81