Stanford



Patrick Ahearn, MD, MAS

Clinical Assistant Professor, Medicine - Nephrology

CLINICAL OFFICE (PRIMARY)

- **Nephrology**

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Bio

BIO

Dr. Ahearn is a board-certified nephrologist. He is also a clinical assistant professor in the Stanford University School of Medicine Division of Nephrology.

He specializes in providing innovative care to kidney disease and transplant patients. He develops a comprehensive, compassionate care plan personalized to each patient in his care.

In addition to his clinical practice, Dr. Ahearn has conducted research on barriers to transplantation for patients with extended dialysis exposure, disparities in living kidney donation, and disparities in access to kidney transplant. He also has researched kidney transplant outcomes as they relate to the timing of dialysis initiation plus new pharmaceuticals for the kidney transplant population.

Dr. Ahearn has made presentations on these and other topics to the American Transplant Congress and Society of General Internal Medicine Meeting. He has published peer-reviewed articles on his research topics in the Clinical Journal of the American Society of Nephrology, JAMA Network Open, American Journal of Kidney Diseases, American Journal of Surgery, and elsewhere. He has published abstracts in the Journal of the American Society of Nephrology.

Dr. Ahearn has earned honors for his research and scholarship. He has received research funding from the National Institute of Diabetes and Digestive and Kidney Diseases.
Among his honors, Dr. Ahearn was on the kidney transplant team that earned the Stanford Health Care Integrated Strategic Plan Star Award. The team was recognized for delivering excellence in patient care as well as for identifying opportunities to improve care.

He is a member of the American Society of Nephrology and American Society of Transplantation.

He has volunteered his time and expertise as a board member of the Village of Hope, a transitional housing program for homeless men, women, and children in Orange County, California. Dr. Ahearn has served as a volunteer and proctor at the free clinic providing medical services to the uninsured.

CLINICAL FOCUS

- Nephrology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Nephrology

PROFESSIONAL EDUCATION

- Board Certification: Internal Medicine, American Board of Internal Medicine (2026)
- Board Certification: Nephrology, American Board of Internal Medicine (2026)
- Medical Education: University of California at Irvine School of Medicine (2012) CA
- Fellowship: UCSF Dept of Nephrology (2018) CA
- Residency: UCLA Medical Center Internal Medicine (2015) CA
- Internship: UCLA Medical Center Internal Medicine (2013) CA

Publications

PUBLICATIONS

- **Inpatient Utilization of Therapeutic Plasma Exchange in the United States: 2016-2021.** *Kidney medicine*
  Tao, J., Zheng, S., Agolli, L., Alvarez, L., Ahearn, P., Rehkopf, D. H., Chertow, G. M., Kamdar, N. S.
  2025; 7 (11): 101105

- **Variations in Center-level Practices Across US Transplant Centers Are Associated With Time to Relisting and Retransplantation in Patients With Graft Failure.** *Kidney medicine*
  Ku, E., Adey, D. B., Lopez, I., Lee, B. K., Lin, F., Whelan, A. M., McCulloch, C. E., Weir, M. R., Chen, L. X., Ahearn, P., Gill, J., Kim, S. J., Johansen, et al
  2025; 7 (9): 101072

- **Estimating the Benefit of Transplant Over Dialysis in Candidates Over 55 Years.** *Kidney360*
  Stedman, M. R., Ahearn, P. C., Liu, C. K., Chertow, G. M., Tan, J. C.
  2025

- **Immunologic Benefits of 0-antigen Mismatched Transplants: No Added Boost for Racial and Ethnic Minorities.** *Transplantation direct*
  Caldwell, J. S., Parvathinathan, G., Stedman, M. R., Ahearn, P., Tan, J. C., Cheng, X. S.
  2024; 10 (7): e1653

- **0-ABDR Mismatch Transplants Do Not Confer Additional Immunologic Protection in Non-White Recipients**
  Caldwell, J., Parvathinathan, G., Stedman, M. R., Ahearn, P., Tan, J. C., Cheng, X. S.
  AMER SOC NEPHROLOGY.2023: 329

- **Clinical Course of a Kidney Transplant Recipient With BK Polyomavirus Treated With Posoleucel (PSL) Multivirus-Specific T-Cells**
  Taiwo, A. A., Busque, S., Cardarelli, F., Ahearn, P.
  AMER SOC NEPHROLOGY.2022: 838-839

- **Analysis of Cross-sectional and Longitudinal HLA and Anti-viral Responses After COVID Infection in Renal Allograft Recipients: Differences and Correlates.** *Transplantation*
  Girnita, A. L., Wang, L., Colovai, A. I., Ahearn, P., Azzi, Y., Menon, M. C., Fernandez-Vina, M., Gebel, H. M., Steve Woodle, E., Cravedi, P., Maltzman, J. S., Akalin, E.
  2022

- **Sex Disparity in Deceased-Donor Kidney Transplant Access by Cause of Kidney Disease.** *Clinical journal of the American Society of Nephrology : CJASN*
  Ahearn, P. n., Johansen, K. L., Tan, J. C., McCulloch, C. E., Grimes, B. A., Ku, E. n.

2021

- **Delayed Kinetics of IgG, but not IgA, Anti-spike Antibodies in Transplant Recipients following SARS-CoV-2 Infection.** *J Am Soc Nephrol.*
  Cravedi, P.
  2021

- **Trends in Cardiovascular Mortality Among a Cohort of Children and Young Adults Starting Dialysis in 1995 to 2015.** *JAMA network open*
  Ku, E., McCulloch, C. E., Ahearn, P., Grimes, B. A., Mitsnefes, M. M.
  2020; 3 (9): e2016197