



Heather Gotham

Clinical Professor, Psychiatry and Behavioral Sciences

 Curriculum Vitae available Online

Bio

BIO

Dr. Heather J. Gotham is a Clinical Professor in the Department of Psychiatry & Behavioral Sciences, and member of the Center for Dissemination and Implementation in the Division of Public Mental Health & Population Sciences.

She is PI/Director of the SAMHSA-funded Center for Mental Health Implementation Support (CMHIS), which works through five bi-regional Hubs to provide implementation support to mental health organizations in how to prepare for, implement, and sustain effective mental health practices.

Dr. Gotham is also Co-Director of the National Institute on Drug Abuse (NIDA)-funded Helping End Addiction Long-Term Data 2 Action (HD2A) Research Adoption Support Center (RASC) that aims to improve the dissemination and implementation (D&I) research capacity of a cadre of HD2A Innovation Projects and leverage this work to enhance the impact of D&I in research beyond HD2A. The overarching goal of the HD2A Program is to increase the chances for anyone, anywhere to receive the best possible treatment for addiction and pain-related conditions.

Dr. Gotham led and served on several SAMHSA-funded national and regional mental health and addiction-related technical assistance and training grants, including as Director of the Network Coordinating Office of the national Mental Health Technology Transfer Center (MHTTC) Network and at a regional center for the Addiction Technology Transfer Center Network. In addition, she served as a consultant on two NIDA-funded projects studying the implementation of substance use disorder screening and treatment approaches in HIV care settings.

In addition, she is a multiple PI on an NIAAA funded hybrid 1 implementation trial to embed screening, brief intervention, and referral to treatment in sexual and reproductive health clinics.

Dr. Gotham has served as principal investigator, co-investigator or evaluator on SAMHSA, NIH, HRSA, and CDC grants. Her research focuses on implementation science, including factors affecting implementation, training and education of health care providers, and longitudinal course of implementation. Topics include substance use and mental health treatments for adolescents and adults, co-occurring mental health and substance use disorders, and screening, brief intervention, and referral to treatment (SBIRT).

Dr. Gotham assisted in the development of the Dual Diagnosis Capability in Addiction Treatment (DDCAT) index with Mark McGovern, and led the development of the Dual Diagnosis Capability in Mental Health Treatment (DDCMHT) index. She led or evaluated several state-level co-occurring disorders initiatives, and served on national and state-level expert panels.

Paired with her work in assisting providers to implement clinical protocols, Dr. Gotham has significant experience in clinical teaching and training behavioral health and health care students and professionals. This work includes serving as the supervisor of a clinical research rotation in an APA-approved psychology internship, and designing curricula and providing training and technical assistance to behavioral health and health professionals on treatments for adult and adolescent substance use disorders (including opioid use disorder), implementing EBPs into behavioral health settings, co-occurring mental health and substance use disorders and treatment, integrating behavioral and primary health, and SBIRT.

ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences

PROFESSIONAL EDUCATION

- Psychological Resident, St. Louis VA Medical Center , Medical/Health Psychology (2000)
- PhD, University of Missouri-Columbia , Clinical Psychology (1999)
- Internship, St. Louis VA Medical Center , Clinical Psychology (1999)
- MA, New School for Social Research , General Psychology (1993)
- BA, University of Wisconsin-Stevens Point , Psychology (1991)

LINKS

- Center for Dissemination and Implementation: <https://med.stanford.edu/cdi>
- CMHIS: <https://www.cmhisupport.org/>
- HD2A RASC: <https://www.hd2arasc.org/>

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Dr. Gotham's research focuses on implementation science, including factors affecting implementation, and training and education of health care providers, across a range of evidence-based practices for adolescent and adult substance use and mental health disorders, co-occurring mental health and substance use disorders, and screening, brief intervention, and referral to treatment (SBIRT).

CLINICAL TRIALS

- Improving Alcohol and Substance Use Care Access, Outcome, Equity During the Reproductive Years, Recruiting

PROJECTS

- Center for Mental Health Implementation Support - Stanford University School of Medicine (9/30/2024 - 9/29/2029)
- HD2A Research Adoption Support Center (RASC) - Stanford University School of Medicine
- Improving alcohol and substance use care access, outcomes, and equity during the reproductive years: A Type 1 Hybrid Trial in Family Planning Clinics - Columbia University/Emory University
- : Identifying and Disseminating Substance, Treatment, Strategy (STS) recommendations to AIDS Service Organizations - The Ohio State University

Publications

PUBLICATIONS

- **Enduring contributions to implementation science: Honoring the legacy of Bryan R. Garner** *FRONTIERS IN HEALTH SERVICES*
Becker, S. J., Ford li, J. H., Glass, J. E., Gotham, H. J., Knudsen, H. K., Quanbeck, A., Roosa, M., Williams, E. C.
2025; 5: 1698749

- **Dissemination of an evidence-based motivational interviewing brief intervention for substance use disorders to HIV service organizations across the United States: protocol for a national-level cluster-randomized adaptive parallel-groups superiority experiment.** *Addiction science & clinical practice*
Knudsen, H. K., Gotham, H. J., Solinger, E., Swan, E., Brinker, J., Patel, S. V., Tueller, S. J., Bradshaw, M., Mungo, J., Philbrick, S., Donohoe, T., Freese, T. E., Rutkowski, et al
2025; 20 (1): 85
- **What is necessary for implementation science to actually improve the STATE of addiction treatment and research?** *Journal of substance use and addiction treatment*
McGovern, M. P., Garneau, H. C., Gotham, H. J., Rossi, F. S.
2025: 209753
- **Supporting integration of substance use interventions in HIV service organizations: Assessing the fit of 10 strategies for AIDS Education and Training Centers to use.** *Implementation research and practice*
Patel, S. V., Philbrick, S., Bradshaw, M., Gotham, H. J., Knudsen, H. K., Donohoe, T., Tueller, S., Garner, B. R.
2025; 6: 26334895251343647
- **The 2024 Addiction Health Services Research Conference: From the Streets of San Francisco.** *Substance use & addiction journal*
Gotham, H. J., Chokron Garneau, H., McGovern, M.
2025: 29767342251339959
- **K-12 Behavioral Threat Assessment Outcomes and Their Intersection with Youth Mental Health: A Scoping Review** *SCHOOL MENTAL HEALTH*
Canelo, R., Parson, R. D., Gonzalez, J. E., Magid, M., Wilairat, S. K., Gotham, H. J.
2025
- **Supporting integration of substance use interventions in HIV service organizations: Assessing the fit of 10 strategies for AIDS Education and Training Centers to use** *IMPLEMENTATION RESEARCH AND PRACTICE*
Patel, S. V., Philbrick, S., Bradshaw, M., Gotham, H. J., Knudsen, H. K., Donohoe, T., Tueller, S., Garner, B. R.
2025; 6
- **Evaluation of an Educator Mental Health Literacy Online Training Package** *PSYCHOLOGY IN THE SCHOOLS*
Gotham, H. J., Lever, N., Gonzalez, J., Macias, M., Canelo, R., McCullough, S., Hoover, S.
2024
- **A National Snapshot of Training and Technical Assistance Needs Within the Mental Health Workforce.** *Psychiatric services (Washington, D.C.)*
Gotham, H. J., Benson, F., Canelo, R., Walker, E. R., Navarro, M., Clayton, C. N., Orobítz-Brenes, D., Carrión-González, I., Tomlin, K., Olson, J. R.
2024: appips20230602
- **Levels of Telehealth Use, Perceived Usefulness, and Ease of Use in Behavioral Healthcare Organizations After the COVID-19 Pandemic.** *The journal of behavioral health services & research*
Fleddermann, K., Chwastiak, L., Fortier, A., Gotham, H., Murphy, A., Navarro, R., Tapscott, S., Molfenter, T.
2024
- **Assessing the purveyor-strategy fit of strategies to support the integration of evidence-based substance use disorder interventions within hiv service settings: results of a national stakeholder-engaged real-time delphi**
Patel, S., Gotham, H., Donohoe, T., Knudsen, H., Tueller, S., Bradshaw, M., McDaniel, S., Garner, B.
BMC.2023
- **Correction to: Learning Collaboratives: a Strategy for Quality Improvement and Implementation in Behavioral Health.** *The journal of behavioral health services & research*
Gotham, H. J., Paris, M., Hoge, M. A.
2023
- **Educator-Informed Development of a Mental Health Literacy Course for School Staff: Classroom Well-Being Information and Strategies for Educators (Classroom WISE).** *International journal of environmental research and public health*
Semchuk, J. C., McCullough, S. L., Lever, N. A., Gotham, H. J., Gonzalez, J. E., Hoover, S. A.
2022; 20 (1)
- **Learning Collaboratives: a Strategy for Quality Improvement and Implementation in Behavioral Health.** *The journal of behavioral health services & research*

Gotham, H. J., Paris, M., Hoge, M. A.
2022

- **Virtual training and technical assistance: a shift in behavioral health workforce access and perceptions of services during emergency restrictions.** *BMC medical education*
Powell, K. G., Chaple, M. J., Henry, M., Morton, C., Becker, S. J., Gotham, H. J., Hagle, H. N., Helle, A. C., Krom, L. J., Martin, R., Molfenter, T. D., Roget, N., Rutkowski, et al
2022; 22 (1): 575
- **The Setting-Intervention Fit of Nine Evidence-Based Interventions for Substance Use Disorders Within HIV Service Organizations Across the United States: Results of a National Stakeholder-Engaged Real-Time Delphi Study.** *Journal of acquired immune deficiency syndromes (1999)*
Garner, B. R., Knudsen, H. K., Zulkiewicz, B. A., Tueller, S. J., Gotham, H. J., Martin, E. G., Donohoe, T., Toro, A. K., Loyd, K., Gordon, T.
2022; 90 (S1): S206-S214
- **Applying implementation science in mental health services: Technical assistance cases from the Mental Health Technology Transfer Center (MHTTC) network.** *General hospital psychiatry*
Gotham, H. J., Cummings, J. R., Dolce, J. N., Druss, B., Gill, K. J., Kopelovich, S. L., Molfenter, T., Olson, J. R., Benson, F., Chwastiak, L.
1800; 75: 1-9
- **Health Facts Medication Adherence in Transplantation (H-MAT) Study: A Secondary Analysis of Determinants and Outcomes of Medication Nonadherence in Adult Kidney Transplant Recipients.** *International journal of nephrology*
Russell, C. L., Gotham, H. J., Cheng, A., Sahil, S., Yerram, P.
2022; 2022: 9653847
- **Rural mental health care during a global health pandemic: Addressing and supporting the rapid transition to tele-mental health** *Journal of Rural Mental Health*
Schroeder, S., Roberts, H., Heitkamp, T., Clarke, B., Gotham, H. J., Franta, E.
2021; 45 (1): 1-13
- **Resilience-Focused HIV Care to Promote Psychological Well-Being During COVID-19 and Other Catastrophes.** *Frontiers in public health*
Brown, L. L., Martin, E. G., Knudsen, H. K., Gotham, H. J., Garner, B. R.
2021; 9: 705573
- **The Prevalence and Negative Impacts of Substance Use Disorders among People with HIV in the United States: A Real-Time Delphi Survey of Key Stakeholders.** *AIDS and behavior*
Garner, B. R., Gotham, H. J., Knudsen, H. K., Zulkiewicz, B. A., Tueller, S. J., Berzofsky, M., Donohoe, T., Martin, E. G., Brown, L. L., Gordon, T.
2021
- **Barriers and Challenges to Making Referrals for Treatment and Services for Opioid Misuse in Family Planning Settings.** *Journal of women's health (2002)*
Viera, A. n., Gotham, H. n., Cheng, A. L., Carlson, K. n., Witt, J. n.
2021
- **Main findings from the substance abuse treatment to HIV care (SAT2HIV) project: a type 2 effectiveness-implementation hybrid trial**
Garner, B., Tueller, S., Martino, S., Gotham, H., Speck, K., Chaple, M., Vandersloot, D., Bradshaw, M., Ball, E., Toro, A., Kluckmann, M., Roosa, M., Ford, et al
BMC.2020
- **The implementation and sustainment facilitation strategy improved implementation effectiveness and intervention effectiveness: Results from a cluster-randomized, type 2 hybrid trial.** *Implementation research and practice*
Garner, B. R., Gotham, H. J., Chaple, M., Martino, S., Ford li, J. H., Roosa, M. R., Speck, K. J., Vandersloot, D., Bradshaw, M., Ball, E. L., Toro, A. K., Griggs, C., Tueller, et al
2020; 1
- **INTEGRATED BEHAVIORAL HEALTH: PATIENT AND PROVIDER PERSPECTIVES FROM TWO PRIMARY CARE CLINICS**
Garneau, H., Chen, I. Q., Gotham, H., Dent, K., Mahoney, M. R., Seay-Morrison, T., Filipowicz, H., McGovern, M.
OXFORD UNIV PRESS INC.2020: S599
- **Implementing Substance Use Screening in Family Planning** *JNP-JOURNAL FOR NURSE PRACTITIONERS*
Gotham, H. J., Wilson, K., Carlson, K., Rodriguez, G., Kuofie, A., Witt, J.

2019; 15 (4): 306–10

- **Distance Versus On-Site Educational Strategies for Competency-Based Screening, Brief Intervention, and Referral to Treatment Education** *JOURNAL OF ADDICTIONS NURSING*
Kelly, P., Gotham, H. J., Knopf-Amelung, S., Kohnle, K., Kuofie, A.
2018; 29 (4): E1–E8
- **Comparison of Instructional Methods for Screening, Brief Intervention, and Referral to Treatment for Substance Use in Nursing Education** *NURSE EDUCATOR*
Knopf-Amelung, S., Gotham, H., Kuofie, A., Young, P., Stinson, R., Lynn, J., Barker, K., Hildreth, J.
2018; 43 (3): 123–27
- **The relationship between several staff-reported mechanism of change measures and an independently rated measure of implementation integrity**
Garner, B., Kaiser, D., Bradshaw, M., Ball, L., Wolfe, A., Ford, J., Zehner, M., Gotham, H., Rieckmann, T., Chaple, M., Speck, K., Vandersloot, D., Roosa, et al
BIOMED CENTRAL LTD.2018
- **Testing the effectiveness of a motivational interviewing-based brief intervention for substance use as an adjunct to usual care in community-based AIDS service organizations: study protocol for a multisite randomized controlled trial** *ADDICTION SCIENCE & CLINICAL PRACTICE*
Garner, B. R., Gotham, H. J., Tueller, S. J., Ball, E. L., Kaiser, D., Stilen, P., Speck, K., Vandersloot, D., Rieckmann, T. R., Chaple, M., Martin, E. G., Martino, S.
2017; 12: 31
- **Testing the implementation and sustainment facilitation (ISF) strategy as an effective adjunct to the Addiction Technology Transfer Center (ATTC) strategy: study protocol for a cluster randomized trial** *ADDICTION SCIENCE & CLINICAL PRACTICE*
Garner, B. R., Zehner, M., Roosa, M. R., Martino, S., Gotham, H. J., Ball, E. L., Stilen, P., Speck, K., Vandersloot, D., Rieckmann, T. R., Chaple, M., Martin, E. G., Kaiser, et al
2017; 12: 32
- **Reflecting on care: Using reflective journaling to evaluate interprofessional education and clinical practicum experiences in two urban primary care clinics** *Journal of Interprofessional Education & Practice*
Bzowycy, A. S., Brommelsiek, M., Lofgreen, M., Gotham, H. J., Lindsey, C. C.
2017; 8: 6-9
- **Consider the setting: Challenges in integrating Screening, Brief Intervention, and Referral to Treatment into nursing and social work students' clinical practice** *Journal of Addictive Behaviors, Therapy & Rehabilitation*
Knopf-Amelung, S., Gotham, H., Kuofie, A.
2017; 6
- **Evoking a reciprocity of caring: Integration of a humanities-based content into an interprofessional education immersion course for advanced practice nursing and health professions students** *Journal of Nursing Education and Practice*
Brommelsiek, M., Gotham, H. J., Peterson, J. A.
2016; 6: 10-121
- **Integrating substance use disorder and health care services in an era of health reform: Models, interventions, and implementation strategies** *American Journal of Medical Research*
Sacks, S., Gotham, H. J., Johnson, K., Padwa, H., Murphy, D., Krom, L.
2016; 3: 75-124
- **Nursing Students' Experiences With Screening, Brief Intervention, and Referral to Treatment for Substance Use in the Clinical/Hospital Setting** *JOURNAL OF ADDICTIONS NURSING*
Braxter, B. J., Puskar, K., Mitchell, A. M., Hagle, H., Gotham, H., Terry, M.
2014; 25 (3): 122–29
- **Dual Diagnosis Capability in Mental Health and Addiction Treatment Services: An Assessment of Programs Across Multiple State Systems** *ADMINISTRATION AND POLICY IN MENTAL HEALTH AND MENTAL HEALTH SERVICES RESEARCH*
McGovern, M. P., Lambert-Harris, C., Gotham, H. J., Claus, R. E., Xie, H.
2014; 41 (2): 205-214

- **Screening, Brief Intervention, and Referral to Treatment Overview of and Student Satisfaction with an Undergraduate Addiction Training Program for Nurses** *JOURNAL OF PSYCHOSOCIAL NURSING AND MENTAL HEALTH SERVICES*
Mitchell, A. M., Puskar, K., Hagle, H., Gotham, H. J., Talcott, K. S., Terhorst, L., Fioravanti, M., Kane, I., Hulse, E., Luongo, P., Burns, H. K.
2013; 51 (10): 29–37
- **Confirming the factor structure of the alcohol and alcohol problems questionnaire (AAPPQ) in a sample of baccalaureate nursing students** *RESEARCH IN NURSING & HEALTH*
Terhorst, L., Gotham, H. J., Puskar, K. R., Mitchell, A. M., Talcott, K. S., Braxter, B., Hagle, H., Fioravanti, M., Woome, G. R.
2013; 36 (4): 412–22
- **Effects of Screening, Brief Intervention, and Referral to Treatment (SBIRT) Education and Training on Nursing Students' Attitudes Toward Working With Patients Who Use Alcohol and Drugs** *SUBSTANCE ABUSE*
Puskar, K., Gotham, H. J., Terhorst, L., Hagle, H., Mitchell, A. M., Braxter, B., Fioravanti, M., Kane, I., Talcott, K. S., Woome, G. R., Burns, H. K.
2013; 34 (2): 122–28
- **Assessing the Co-occurring Capability of Mental Health Treatment Programs: the Dual Diagnosis Capability in Mental Health Treatment (DDCMHT) Index** *JOURNAL OF BEHAVIORAL HEALTH SERVICES & RESEARCH*
Gotham, H. J., Brown, J. L., Comaty, J. E., McGovern, M. P., Claus, R. E.
2013; 40 (2): 234-241
- **Curriculum Infusion of SBIRT into a Baccalaureate Nursing School**
Puskar, K., Burns, H. K., Terhorst, L., Gotham, H. J., Hagle, H., Mitchell, A., Braxter, B., Fioravanti, M., Kane, I., Talcott, K. S., Woome, G. R.
ROUTLEDGE JOURNALS, TAYLOR & FRANCIS LTD.2012: 218
- **Addiction training for undergraduate nurses using screening, brief intervention, and referral to treatment** *Journal of Nursing Education and Practice*
Burns, H., Puskar, K., Flaherty, M. T., Mitchell, A. M., Hagle, H., Braxter, B., Fioravanti, M., Gotham, H. J., Kane, I., Talcott, K. S., Terhorst, L., Woome, G.
2012; 2 (4): 167-177
- **Research to practice in addiction treatment: key terms and a field-driven model of technology transfer.** *Journal of substance abuse treatment*
2011; 41 (2): 169–78
- **Increasing program capability to provide treatment for co-occurring substance use and mental disorders: Organizational characteristics** *JOURNAL OF SUBSTANCE ABUSE TREATMENT*
Gotham, H. J., Claus, R. E., Selig, K., Homer, A. L.
2010; 38 (2): 160–69
- **Victimization among African-American adolescents in substance abuse treatment** *JOURNAL OF PSYCHOACTIVE DRUGS*
Perron, B. E., Gotham, H. J., Cho, D.
2008; 40 (1): 67–75
- **An implementation story: Moving the GAIN from pilot project to statewide use** *JOURNAL OF PSYCHOACTIVE DRUGS*
Gotham, H. J., White, M. K., Bergethon, H. S., Feeney, T., Cho, D. W., Keehn, B.
2008; 40 (1): 97–107
- **Advancing the implementation of evidence-based practices into clinical practice: How do we get there from here?** *PROFESSIONAL PSYCHOLOGY-RESEARCH AND PRACTICE*
Gotham, H. J.
2006; 37 (6): 606–13
- **Trajectories of dynamic predictors of disorder: Their meanings and implications**
Sher, K. J., Gotham, H. J., Watson, A. L.
CAMBRIDGE UNIV PRESS.2004: 825–56
- **Diffusion of mental health and substance abuse treatments: Development, dissemination, and implementation** *CLINICAL PSYCHOLOGY-SCIENCE AND PRACTICE*
Gotham, H. J.
2004; 11 (2): 160–76
- **Alcohol involvement and developmental task completion during young adulthood.** *Journal of studies on alcohol*

- Gotham, H. J., Sher, K. J., Wood, P. K.
2003; 64 (1): 32–42
- **Older adults, substance use, and HIV/AIDS: Preparing for a future crisis** *Journal of Mental Health and Aging*
Topolski, J. M., Gotham, H. J., Klinkenberg, W. D., O'Neill, D. L., Brooks, A.
2002; 8: 349-363
 - **The problem of college drinking: insights from a developmental perspective.** *Alcoholism, clinical and experimental research*
Schulenberg, J. n., Maggs, J. L., Long, S. W., Sher, K. J., Gotham, H. J., Baer, J. S., Kivlahan, D. R., Marlatt, G. A., Zucker, R. A.
2001; 25 (3): 473–77
 - **Transitioning into and out of large-effect drinking in young adulthood.** *Journal of abnormal psychology*
Jackson, K. M., Sher, K. J., Gotham, H. J., Wood, P. K.
2001; 110 (3): 378–91
 - **Pathological alcohol involvement: a developmental disorder of young adulthood.** *Development and psychopathology*
Sher, K. J., Gotham, H. J.
1999; 11 (4): 933–56
 - **Determinants of exercise among children. II. A longitudinal analysis** *PREVENTIVE MEDICINE*
DiLorenzo, T. M., Stucky-Ropp, R. C., Vander Wal, J. S., Gotham, H. J.
1998; 27 (3): 470–77
 - **Predicting stability and change in frequency of intoxication from the college years to beyond: Individual-difference and role transition variables** *JOURNAL OF ABNORMAL PSYCHOLOGY*
Gotham, H. J., Sher, K. J., Wood, P. K.
1997; 106 (4): 619–29
 - **Risperidone in the management of violent, treatment-resistant schizophrenics hospitalized in a maximum security forensic facility** *JOURNAL OF THE AMERICAN ACADEMY OF PSYCHIATRY AND THE LAW*
Beck, N. C., Greenfield, Gotham, H., Menditto, A. A., Stuve, P., Hemme, C. A.
1997; 25 (4): 461–68
 - **A prospective, high-risk study of the relationship between tobacco dependence and alcohol use disorders** *ALCOHOLISM-CLINICAL AND EXPERIMENTAL RESEARCH*
Sher, K. J., Gotham, H. J., Erickson, D. J., Wood, P. K.
1996; 20 (3): 485–92
 - **Do codependent traits involve more than basic dimensions of personality and psychopathology?** *JOURNAL OF STUDIES ON ALCOHOL*
Gotham, H. J., Sher, K. J.
1996; 57 (1): 34–39
 - **The course of psychological distress in college: A prospective high-risk study** *Journal of College Student Development*
Sher, K. J., Wood, P. K., Gotham, H. J.
1996; 37: 42-51