Stanford



Fernanda Rossi, Ph.D.

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICE (PRIMARY)

- **Stanford Dept of Psychiatry and Behavioral Sciences**

  401 Quarry Rd

  MC 5718

  Stanford, CA 94305

  Tel (650) 723-2542 **Fax** (650) 498-4960

Bio

BIO

Fernanda S. Rossi, PhD is a licensed clinical psychologist and Clinical Assistant Professor in the Stanford University School of Medicine, Department of Psychiatry and Behavioral Sciences, Center for Dissemination and Implementation. She received her Ph.D. in clinical psychology from Indiana University and completed her clinical psychology predoctoral internship at the Veterans Affairs Palo Alto Health Care System (VAPAHCS). She completed a postdoctoral research fellowship in medical informatics and health services research at VAPAHCS and Stanford University. She also completed a fellowship in addiction dissemination and implementation science through the Center for Dissemination and Implementation at Stanford (C-DIAS).

Research Focus: Dr. Rossi's research focuses on developing, evaluating, and implementing assessment tools and interventions to improve the safety and mental health of individuals at risk of intimate partner violence, suicide, and drug overdose. She is particularly interested in using technology and clinical decision support tools to enhance the quality and implementation of intimate partner violence-, suicide-, and substance use-related care.

Clinical Focus: Dr. Rossi has clinical expertise working with individuals who have experienced trauma, particularly those with a history of intimate partner violence.

CLINICAL FOCUS

- Clinical Psychology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

HONORS AND AWARDS

- Diversity Supplement Scholar, National Institute on Drug Abuse (2024-2025)
- Center for Dissemination and Implementation at Stanford (C-DIAS) Fellow, C-DIAS Fellowship on Addiction Dissemination and Implementation Science (2023-2025)
- Peter J. Sawires Memorial Conference Scholarship, Futures Without Violence's National Health Resource Center on Domestic Violence (2020)

- Heller Summer Research Award for Underrepresented Minorities, Indiana University (2013, 2015)
- National Science Foundation Graduate Student Research Fellowship Honorable Mention, National Science Foundation (2012)
- Richard D. Young Summer Research Award, Indiana University (2012)
- Indiana University Underrepresented Student Top-up Fellowship, Indiana University (2011-2016)

PROFESSIONAL EDUCATION

- Fellowship: Stanford University Addiction Medicine Fellowship (2025) CA
- Fellowship: VA Palo Alto HSRandD / Stanford University CHP/PCOR CA
- Internship: VA Palo Alto Health Care Psychology Training (2018) CA
- PhD Training: Indiana University - Bloomington IN
- BA, University of North Carolina at Chapel Hill , Psychology; Romance Languages and Literature (2011)

Research & Scholarship

RESEARCH INTERESTS

- Psychology

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Dr. Rossi's research focuses on developing, evaluating, and implementing assessment tools and interventions to improve the safety and mental health of individuals at risk of intimate partner violence, suicide, and drug overdose. She is particularly interested in using technology and clinical decision support tools to enhance the quality and implementation of intimate partner violence-, suicide-, and substance use-related care.

Publications

PUBLICATIONS

- **From glitter to gold: recommendations for effective dashboards from design through sustainment.** *Implementation science : IS*
  Rossi, F. S., Adams, M. C., Aarons, G., McGovern, M. P.
  2025; 20 (1): 16
- **A Clinical Decision Support Tool for Intimate Partner Violence Screening Among Women Veterans: Development and Qualitative Evaluation of Provider Perspectives.** *JMIR formative research*
  Rossi, F. S., Wu, J., Timko, C., Nevedal, A. L., Wiltsey Stirman, S.
  2024; 8: e57633
- **The association between lifetime trauma exposure typologies and mental health outcomes among veterans.** *Psychiatry research*
  Rossi, F. S., Nillni, Y., Fox, A. B., Galovski, T. E.
  2023; 326: 115321
- **Screening for Intimate Partner Violence in Family Mediation: An Examination of Multiple Methodological Approaches Using Item Response Theory.** *Assessment*
  Rossi, F. S., Applegate, A. G., Beck, C. J., Timko, C., Holtzworth-Munroe, A.
  2021: 10731911211022843
- **BARRIERS AND FACILITATORS TO IMPLEMENTATION OF THE WOMEN VETERANS' RECOVERY AND WELLNESS GROUP IN THE VETERANS' HEALTH ADMINISTRATION**
  Rossi, F., Stein, M., Timko, C., Smelson, D., Wittleder, S., Cucciare, M., Sorges, S., Holzhauer, C., Epstein, B.
  WILEY.2026: 281
- **A FEMALE-VETERAN-SPECIFIC COGNITIVE BEHAVIORAL/MOTIVATIONAL ENHANCEMENT THERAPY GROUP FOR ALCOHOL USE DISORDER IN VA: ENGAGEMENT AND 3-MONTH DRINKING OUTCOME**
  Epstein, B., Stein, M., Smelson, D., Holzhauer, C., Wittleder, S., Grigorian, H., Starratt, E., McCrady, B., Hallgren, K., Sorges, S., Cucciare, M., Jalloh, J., Bickar, et al

WILEY.2026: 145

- **The mental health of US veterans before and after the COVID-19 pandemic: examining the demographic and environmental correlates of courses of distress in the LIGHT cohort.** *Social psychiatry and psychiatric epidemiology*
  Fox, A. B., Nillni, Y. I., Rossi, F. S., Duke, C. C., Galovski, T. E.
  2025

- **Design of a cluster-randomized, hybrid type 1 effectiveness-implementation trial of a care navigation intervention to increase substance use disorder treatment engagement: study protocol.** *Addiction science & clinical practice*
  Matson, T. E., Navarro, M. A., Idu, A., Bobb, J. F., Patrick, B. M., Phillips, R., Barrett, T. D., Rossi, F. S., Krawczyk, N., Doud, R., Rogers, K., Davis, C. J., Caldeiro, et al
  2025; 20 (1): 78

- **What is necessary for implementation science to actually improve the STATE of addiction treatment and research?** *Journal of substance use and addiction treatment*
  McGovern, M. P., Garneau, H. C., Gotham, H. J., Rossi, F. S.
  2025: 209753

- **Gender and ethnoracial disparities in Veterans' trauma exposure prevalence across differing life phases.** *Injury epidemiology*
  Rossi, F. S., Nillni, Y. I., Miller, A. N., Fox, A. B., Eliacin, J., Schnurr, P. P., Duke, C. C., Gradus, J. L., Galovski, T. E.
  2025; 12 (1): 8

- **Evaluation of Intimate Partner Violence Screening Administration Formats in a Court-Affiliated Family Mediation Program** *PSYCHOLOGY PUBLIC POLICY AND LAW*
  Gifford, H., Jiang, L. J., Applegate, A. G., Walsh, A. M., Rossi, F. S., Lott, K., Gillenwater, L. A., Holtzworth-Munroe, A.
  2024

- **Intimate partner violence screening for separating or divorcing parents: An introduction to the mediator's assessment of safety issues and concerns-short (MASIC-S)** *FAMILY COURT REVIEW*
  Rossi, F. S., Applegate, A. G., Tomlinson, C., Holtzworth-Munroe, A.
  2023

- **Improving depression management with support from close others: A thematic analysis of individuals with depression and their partners in care.** *Chronic illness*
  Javier, S. J., Risbud, R., Rossi, F. S., Slightam, C., Aikens, J., Guetterman, T., Piette, J. D., Trivedi, R.
  2023: 17423953231175690

- **Parents reporting partner violence: Reaching or not reaching agreement in mediation or litigating without mediation** *CONFLICT RESOLUTION QUARTERLY*
  Jiang, L. J., Applegate, A. G., Tomlinson, C. S., Rossi, F. S., Beck, C. J., Adams, J. M., Holtzworth-Munroe, A.
  2023

- **Relationship of perceived neighborhood danger with depression and PTSD among veterans: The moderating role of social support and neighborhood cohesion.** *American journal of community psychology*
  Galovski, T. E., Rossi, F. S., Fox, A. B., Vogt, D., Duke, C. C., Nillni, Y. I.
  2023

- **Intimate partner violence predicting outcomes in specialized mediation and traditional litigation** *Journal of Family Violence*
  Huber Gifford, H., Jiang, L. J., Beck, C. J., Applegate, A. G., Adams, J. M., Rossi, F. S., Tomlinson, C. S., Holtzworth-Munroe, A.
  2023

- **Caregivers of people with substance use or mental health disorders in the US.** *Substance abuse*
  Timko, C., Lor, M. C., Rossi, F., Peake, A., Cucciare, M. A.
  2022; 43 (1): 1268-1276

- **PTSD and Depression Symptoms Increase Women's Risk for Experiencing Future Intimate Partner Violence.** *International journal of environmental research and public health*
  Iverson, K. M., Rossi, F. S., Nillni, Y. I., Fox, A. B., Galovski, T. E.
  2022; 19 (19)

- **Association Between Mental Health Conditions and Outpatient Care Fragmentation: a National Study of Older High-Risk Veterans.** *Journal of general internal medicine*

Trivedi, R. B., Rossi, F. S., Javier, S. J., Greene, L., Singer, S. J., Vanneman, M. E., Goldstein, M., Zulman, D. M.
2022

- **Systematic Review of Dyadic Interventions for Ambulatory Care Sensitive Conditions: Current Evidence and Key Gaps.** *Clinical gerontologist*
  Wooldridge, J. S., Rossi, F. S., Anderson, C., Yarish, N. M., Pukhraj, A., Trivedi, R. B.
  2022: 1-29

- **Patterns of Adverse Childhood Experiences and Cardiovascular Risk Factors in U.S. Adults.** *Stress and health : journal of the International Society for the Investigation of Stress*
  Wooldridge, J. S., Tynan, M., Rossi, F. S., Gasperi, M., McLean, C. L., Bosch, J., Trivedi, R. B., Herbert, M. S., Afari, N.
  2022

- **Latent Class Patterns of Adverse Childhood Experiences and Their Relationship to Veteran Status and Sex in the National Epidemiologic Survey of Alcohol and Related Conditions Wave III.** *Military medicine*
  Tynan, M., Wooldridge, J. S., Rossi, F., McLean, C. L., Gasperi, M., Bosch, J., Timko, C., Herbert, M., Afari, N.
  1800

- **Predictors of attendance at court-referred shuttle or videoconferencing mediation among separating or divorcing parents reporting high levels of intimate partner violence** *FAMILY COURT REVIEW*
  Jiang, L. J., Rossi, F. S., Beck, C. J., Applegate, A. G., Adams, J. M., Holtzworth-Munroe, A.
  2021

- **Substance Use, PTSD Symptoms, and Suicidal Ideation Among Veteran Psychiatry Inpatients:A Latent Class Trajectory Analysis.** *Journal of studies on alcohol and drugs*
  Vest, N. A., Rossi, F. S., Ilgen, M., Humphreys, K., Timko, C.
  2021; 82 (6): 792-800

- **PREPARING MEDIATORS TO MEDIATE CASES REPORTING HIGH IPV IN A RANDOMIZED CONTROLLED TRIAL: THE IMPORTANCE OF A MEDIATION MANUAL, TRAINING, AND CONSULTATION** *FAMILY COURT REVIEW*
  Applegate, A. G., Beck, C. J., Adams, J. M., Rossi, F. S., Holtzworth-Munroe, A.
  2021

- **Concerned others' help utilization and patients' alcohol treatment outcomes.** *Drug and alcohol dependence*
  Timko, C., Rossi, F. S., Grant, K. M., Lor, M. C., Cucciare, M. A.
  2021; 228: 108983

- **Patients With Alcohol Use Disorders and Their Concerned Others: Concordance of Lived Experience as a Moderator of Treatment Outcomes** *JOURNAL OF STUDIES ON ALCOHOL AND DRUGS*
  Timko, C., Cucciare, M. A., Grant, K. M., Young, L., Rossi, F. S., Lor, M., Woodhead, E.
  2021; 82 (3): 395-400

- **ASSOCIATION BETWEEN SUBSTANCE USE DISORDER AND HEALTHCARE FRAGMENTATION PATTERNS IN VETERANS AT HIGH RISK FOR HOSPITALIZATION**
  Rossi, F., Timko, C., Javier, S., Zulman, D. M., Greene, L., Singer, S., Vanneman, M., Trivedi, R. B.
  OXFORD UNIV PRESS INC.2021: S61

- **ASSOCIATION BETWEEN MENTAL HEALTH CONDITIONS AND CARE FRAGMENTATION AMONG A NATIONAL SAMPLE OF VETERANS 65 YEARS AND OLDER**
  Trivedi, R. B., Rossi, F., Javier, S., Greene, L., Singer, S., Vanneman, M., Zulman, D. M.
  OXFORD UNIV PRESS INC.2021: S60

- **Intimate Partner Violence (IPV) and Family Dispute Resolution: A Randomized Controlled Trial Comparing Shuttle Mediation, Videoconferencing Mediation, and Litigation** *PSYCHOLOGY PUBLIC POLICY AND LAW*
  Holtzworth-Munroe, A., Beck, C. J., Applegate, A. G., Adams, J. M., Rossi, F. S., Jiang, L. J., Tomlinson, C. S., Hale, D. F.
  2021; 27 (1): 45–64

- **Patients With Alcohol Use Disorders and Their Concerned Others: Concordance of Lived Experience as a Moderator of Treatment Outcomes.** *Journal of studies on alcohol and drugs*
  Timko, C., Cucciare, M. A., Grant, K. M., Young, L. B., Rossi, F. S., Lor, M. C., Woodhead, E.
  2021; 82 (3): 395-400

- **"Relationship between substance use disorder (SUD) and healthcare fragmentation patterns in veterans at high-risk for hospitalization" (SW19)**
  Rossi, F., Timko, C., Javier, S. J., Zulman, D. M., Greene, L., Singer, S., Vanneman, M. E., Goldstein, M., Trivedi, R.
  BMC.2020
- **Psychotherapy Utilization, Preferences, and Retention among Women Veterans with Post-traumatic Stress Disorder.** *Women's health issues : official publication of the Jacobs Institute of Women's Health*
  Farmer, C. C., Rossi, F. S., Michael, E. M., Kimerling, R.
  2020
- **Subtypes of Violent Separating or Divorcing Couples Seeking Family Mediation and Their Association With Personality and Criminality Characteristics** *PSYCHOLOGY OF VIOLENCE*
  Rossi, F. S., Holtzworth-Munroe, A., Applegate, A. G., Beck, C. J.
  2020; 10 (4): 390–99
- **Trying Times and Trying Out Solutions: Intimate Partner Violence Screening and Support for Women Veterans During COVID-19.** *Journal of general internal medicine*
  Rossi, F. S., Shankar, M., Buckholdt, K., Bailey, Y., Israni, S. T., Iverson, K. M.
  2020
- **An Examination of the Association Between Patient Experience and Quality of Mental Health Care Among Women Veterans.** *Administration and policy in mental health*
  Rossi, F. S., Javier, S. J., Kimerling, R. n.
  2020
- **SHUTTLE AND ONLINE MEDIATION: A REVIEW OF AVAILABLE RESEARCH AND IMPLICATIONS FOR SEPARATING COUPLES REPORTING INTIMATE PARTNER VIOLENCE OR ABUSE** *FAMILY COURT REVIEW*
  Rossi, F. S., Holtzworth-Munroe, A., Applegate, A. G., Beck, C. J., Adams, J. M., Hale, D. F.
  2017; 55 (3): 390-403
- **Family mediation for divorce and parental separation** *Foundations for couples' therapy: Research for the real world*
  Poladian, A. R., Rossi, F. S., Rudd, B. N., Holtzworth-Munroe, A.
  edited by Fitzgerald, J.
  Routledge/Taylor & Francis Group.2017: 256-267
- **Intimate partner violence and child custody** *Parenting Plan Evaluations: Applied Research for the Family Court*
  Rossi, F. S., Holtzworth-Munroe, A., Rudd, B. N., Olesen, N.
  edited by Drozd, L. M., Saini, M.
  Oxford University Press.2016; 2: 346-373
- **Divorce and Parental Separation** *Encyclopedia of Mental Health*
  Rudd, B. N., Holtzworth-Munroe, A., Rossi, F. S.
  edited by Friedman, H. S.
  Academic Press.2016; 2: 79-87
- **Detection of Intimate Partner Violence and Recommendation for Joint Family Mediation: A Randomized Controlled Trial of Two Screening Measures** *PSYCHOLOGY PUBLIC POLICY AND LAW*
  Rossi, F. S., Holtzworth-Munroe, A., Applegate, A. G., Beck, C. J. A., Adams, J. M., Hale, D. F.
  2015; 21 (3): 239-251
- **DOES LEVEL OF INTIMATE PARTNER VIOLENCE AND ABUSE PREDICT THE CONTENT OF FAMILY MEDIATION AGREEMENTS?** *FAMILY COURT REVIEW*
  Rossi, F. S., Holtzworth-Munroe, A., Applegate, A. G.
  2015; 53 (1): 134-161
- **Mediator's Assessment of Safety Issues and Concerns (MASIC): Reliability and Validity of a New Intimate Partner Violence Screen** *ASSESSMENT*
  Pokman, V., Rossi, F. S., Holtzworth-Munroe, A., Applegate, A. G., Beck, C. J. A., D'Onofrio, B. M.
  2014; 21 (5): 529-542

- **Intimate Partner Violence and Parenting Arrangements** *In Parenting Plan Evaluations: Applied Research for the Family Court*
  Tomlinson, C. S., Huber, H., Jiang, L. J., Rossi, F. S., Rudd, B. N., Holtzworth-Munroe, A.
  0000; 3