



Maria Alexandrovna Aleshin, MD

Clinical Associate Professor, Dermatology

CLINICAL OFFICE (PRIMARY)

- **Dermatology**

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Bio

BIO

Maria Aleshin, M.D., is Clinical Associate Professor of Dermatology, Director of the Hidradenitis Suppurativa Clinic, and Co-Director of the Inpatient Dermatology Consult Service at Stanford Medicine. Her clinical interests include hidradenitis suppurativa, complex medical dermatology, and inpatient dermatology. Dr. Aleshin received her B.A. from the University of California, Berkeley and her M.D. from the David Geffen School of Medicine at UCLA. She completed her dermatology residency at UCLA, where she also served as Chief Resident in her final year.

CLINICAL FOCUS

- Dermatology
- Hidradenitis Suppurativa (HS)

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Dermatology

PROFESSIONAL EDUCATION

- Medical Education: UCLA David Geffen School Of Medicine (2014) CA
- Board Certification: Dermatology, American Board of Dermatology (2018)
- Residency: UCLA Dermatology Residency (2018) CA
- Internship: Kaiser Permanente Los Angeles Internal Medicine Residency (2015) CA

Teaching

STANFORD ADVISEES

Med Scholar Project Advisor

Tiffani Johnson

Publications

PUBLICATIONS

- **Innovations in Hidradenitis Suppurativa.** *Dermatologic clinics*
Park, S. E., Hsiao, J. L., Aleshin, M. A.
2025; 43 (1): 35-53
- **Antibiotic, hormonal/metabolic, and retinoid therapies for hidradenitis suppurativa.** *Journal of the American Academy of Dermatology*
Fonjungo, F. E., Barnes, L. A., Aleshin, M. A.
2024; 91 (6S): S37-S41
- **Diagnostic stewardship and dermatology consultation in cellulitis management: a systematic literature review and meta-analysis.** *Archives of dermatological research*
Lin, V., Callado, G. Y., Pardo, I., Gutfreund, M., Hsieh, M. K., Pereira, A. M., Kwong, B. Y., Aleshin, M., Holubar, M., Salinas, J. L., Diekema, D. J., Marra, A. R.
2024; 317 (1): 61
- **In-office Procedures for Dermatologists Managing Hidradenitis Suppurativa** *CURRENT DERMATOLOGY REPORTS*
Gomez, J., Fonjungo, F., Chen, S. X., Aleshin, M. A., Naik, H. B., Wadhera, A., Sayed, C. J., Barnes, L. A.
2024
- **Management of Hidradenitis Suppurativa during Pregnancy and Lactation** *CURRENT DERMATOLOGY REPORTS*
Park, S. E., Hsiao, J. L., Aleshin, M. A.
2024
- **Analysing common topics of secure patient messages in hidradenitis suppurativa: a text-embedding and natural language-processing approach.** *The British journal of dermatology*
Chen, M. L., Kim, J., Naik, H. B., Aleshin, M. A., Sarin, K. Y., Barnes, L. A., Linos, E.
2024
- **Expert Practices in Hidradenitis Suppurativa Flare Management: A Cross-Sectional Survey Study.** *Skin appendage disorders*
Masson, R., Park, S., Shi, V. Y., Hsiao, J. L., Aleshin, M. A.
2024; 10 (3): 224-228
- **Expert Practices in Hidradenitis Suppurativa Flare Management: A Cross-Sectional Survey Study** *SKIN APPENDAGE DISORDERS*
Masson, R., Park, S., Shi, V. Y., Hsiao, J. L., Aleshin, M. A.
2024
- **Patient practices in hidradenitis suppurativa flare management: a cross-sectional survey study.** *Archives of dermatological research*
Park, S. E., Masson, R., Shih, T., Shi, V. Y., Hsiao, J. L., Aleshin, M. A.
2023; 316 (1): 13
- **Longitudinal remote monitoring of hidradenitis suppurativa: a pilot study.** *The British journal of dermatology*
Fonjungo, F. E., Barnes, L. A., Cai, Z. R., Naik, H. B., Eid, E. S., Aleshin, M. A., Nava, V., Johnson, T., Chren, M., Linos, E.
2023
- **Hidradenitis suppurativa and Ehlers-Danlos syndrome: A case-control study.** *JAAD international*
Hua, V. J., Li, S., Sarin, K. Y., Aleshin, M.
2023; 12: 70-71
- **A practical guide to starting a hidradenitis suppurativa specialty clinic.** *JAAD international*
Shih, T., Lee, K., Aleshin, M., Bennett, R., Mayo, T., Okoye, G. A., Villa, N., Sayed, C. J., Shi, V. Y., Hsiao, J. L.
2023; 11: 117-120
- **Evolution of a Project to Improve Inpatient-to-Outpatient Dermatology Care Transitions: Mixed Methods Evaluation.** *JMIR dermatology*
Kling, S. M., Aleshin, M. A., Saliba-Gustafsson, E. A., Garvert, D. W., Brown-Johnson, C. G., Amano, A., Kwong, B. Y., Calugar, A., Shaw, J. G., Ko, J. M., Winget, M.
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- **Erythema Gyrratum Repens Secondary to Pulmonary Tuberculosis.** *Annals of internal medicine*
Contag, C. A., Maloney, N., Tayyar, R., Aleshin, M. A., Novoa, R. A., Ho, D. Y.
2023
- **Addition of intravenous immunoglobulin therapy to facilitate resolution of steroid-refractory DRESS syndrome**
Kumar, A. M., Besen, J., Aleshin, M.
MOSBY-ELSEVIER.2022: AB13
- **Teledermatology to Facilitate Patient Care Transitions From Inpatient to Outpatient Dermatology: Mixed Methods Evaluation.** *Journal of medical Internet research*
Kling, S. M., Saliba-Gustafsson, E. A., Winget, M., Aleshin, M. A., Garvert, D. W., Amano, A., Brown-Johnson, C. G., Kwong, B. Y., Calugar, A., El-Banna, G., Shaw, J. G., Asch, S. M., Ko, et al
2022; 24 (8): e38792
- **Acanthosis nigricans in the setting of severe pulmonary disease exacerbated by COVID-19 infection.** *JAAD case reports*
Hirotsu, K. E., Chiang, A., Bahrani, E., Cloutier, J. M., Rieger, K. E., Kwong, B. Y., Aleshin, M.
2022
- **Hidradenitis Suppurativa in Sexual and Gender Minorities: A Review and Considerations for Providers.** *Journal of the American Academy of Dermatology*
Gomez, J., Barnes, L. A., Yost, J. M., Gordon, J., Ginsberg, B. A., Aleshin, M.
2022
- **Pyoderma Gangrenosum After Bilateral Total Knee Arthroplasty.** *Arthroplasty today*
Loomis, R., Merrit, M., Aleshin, M. A., Graw, G., Lee, G., Graw, B.
2021; 11: 73-79
- **Hemophagocytic lymphohistiocytosis secondary to progressive disseminated histoplasmosis presenting as cellulitis.** *Medical mycology case reports*
Puing, A. G., Raghavan, S. S., Aleshin, M. A., Ho, D. Y.
2021; 33: 18-20
- **Histopathologic correlation of skin manifestations of multisystemic inflammatory syndrome in adults (MIS-A) associated with SARS-CoV-2 infection.** *JAAD case reports*
So, N. A., So, J., Centkowski, S., Rana, J., Aleshin, M., Kwong, B. Y., Rieger, K., Zaba, L. C., Chiou, A. S.
2021
- **Phenotypic characteristics of T cells co-expressing SOX2, OCT3/4, and NANOG**
Cerniglia, M., Escuin-Ordinas, H., Porter, C., Aleshin, M., Cheung-Lau, G., Galic, Z., Abraham-Davidi, I., Shin, D., Rosenblatt-Rosen, O., Ribas, A., Comin-Anduix, B.
AMER ASSOC CANCER RESEARCH.2021
- **Efficacy of Etanercept in the Treatment of Stevens-Johnson Syndrome and Toxic Epidermal Necrolysis.** *Cutis*
Dreyer, S. D., Torres, J., Stoddard, M., Leavitt, E., Sutton, A., Aleshin, M., Crew, A., Worswick, S.
2021; 107 (6): E22-E28
- **Stevens-Johnson Syndrome/Toxic Epidermal Necrolysis: A Multicenter Retrospective Study of 377 Adult Patients from the United States (vol 138, pg 2315, 2018)** *JOURNAL OF INVESTIGATIVE DERMATOLOGY*
Micheletti, R. G., Chiesa-Fuxench, Z., Noe, M. H., Stephen, S., Aleshin, M., Agarwal, A., Boggs, J., Cardones, A. R., Chen, J. K., Cotliar, J., Davis, M. D. P., Dominguez, A., Fox, et al
2019; 139 (2): 495–96
- **Stevens-Johnson Syndrome/Toxic Epidermal Necrolysis: A Multicenter Retrospective Study of 377 Adult Patients from the United States** *JOURNAL OF INVESTIGATIVE DERMATOLOGY*
Micheletti, R. G., Chiesa-Fuxench, Z., Noe, M. H., Stephen, S., Aleshin, M., Agarwal, A., Boggs, J., Cardones, A. R., Chen, J. K., Cotliar, J., Davis, M. D. P., Dominguez, A., Fox, et al
2018; 138 (11): 2315–21