Bio

BIO

Maria Yefimova PhD RN is a nurse researcher working to address disability, social and palliative needs of older patients and support their caregivers in the home and community-based settings. Her research focuses on emergent technological solutions, such as remote health monitoring and predictive analytics.

She is a health services researcher with the HSR&D Center for Innovation to Implementation (Ci2i) at VA Palo Alto Healthcare System. She also has a position with the Office of Research, Patient Care Services at Stanford Healthcare. Dr. Yefimova earned her Bachelor’s, Master’s and PhD degrees in Nursing from the University of California, Los Angeles (UCLA). She completed her post-doctoral fellowship in the National Clinician Scholars Program at UCLA, among the first nurses to receive health services research training alongside physicians in the legacy of Robert Wood Johnson Foundation (RWJF) Clinical Scholars Program.

ACADEMIC APPOINTMENTS

• Instructor, Medicine - Primary Care and Population Health

Publications

PUBLICATIONS

• Next of Kin Perceptions of End of Life Care: An Investigation of Open-Ended Survey Responses to the VA’s Bereaved Family Survey
  Gray, C., Yefimova, M., Mccaa, M., Goebel, J., Shreve, S., Giannitrapani, K., Lorenz, K. ELSEVIER SCIENCE INC.2020: 268

• One-year outcomes from pilot providing home-based primary care services to homebound older adults
  Yefimova, M., Lestoquoy, A., Sheffrin, M., Martin, M. WILEY.2020: S37

• Palliative Care and End of Life Outcomes Following High Risk Surgery

• Palliative Care and End-of-Life Outcomes Following High-Risk Surgery. JAMA surgery

• Home Telehealth Technologies for Heart Failure: An Examination of Adherence Among Veterans. Journal of gerontological nursing

• Developing Unique Insights from Narrative Responses to Bereaved Family Surveys. Journal of pain and symptom management
• Daily Context for Abusive and Neglectful Behavior in Family Caregiving for Dementia. *The Gerontologist*
  Pickering, C. E., Yefimova, M., Maxwell, C., Puga, F., Sullivan, T.
  2019

• Exploratory analysis of older adults’ sedentary behavior in the primary living area using kinect depth data *JOURNAL OF AMBIENT INTELLIGENCE AND SMART ENVIRONMENTS*
  Banerjee, T., Yefimova, M., Keller, J. M., Skubic, M., Woods, D., Rantz, M.
  2017; 9 (2): 163–79

• Detecting and Characterizing Patterns of Behavioral Symptoms of Dementia *DISCOVERING HIDDEN TEMPORAL PATTERNS IN BEHAVIOR AND INTERACTION: T-PATTERN DETECTION AND ANALYSIS WITH THEME(TM)*
  Woods, D., Yefimova, M., Kim, H., Phillips, L. R., Magnusson, M. S., Burgoon, J. K., Casarrubea, M.
  2016; 111: 125–42

• A Method for Measuring Person-Centered Interventions: Detecting and Characterizing Complex Behavioral Symptoms of Persons With Dementia *CLINICAL GERONTOLOGIST*
  Woods, D., Yefimova, M., Brecht, M.
  2014; 37 (2): 139–50

• Detecting Daily Routines of Older Adults Using Sensor Time Series Clustering
  Hajihashemi, Z., Yefimova, M., Popescu, M., IEEE
  IEEE.2014: 5912–15

• To Nap or Not to Nap: Excessive Daytime Napping Is Associated With Elevated Evening Cortisol in Nursing Home Residents With Dementia *BIOLOGICAL RESEARCH FOR NURSING*
  Woods, D., Kim, H., Yefimova, M.
  2013; 15 (2): 185–90

• Evening Cortisol Is Associated With Intra-Individual Instability in Daytime Napping in Nursing Home Residents With Dementia: An Allostatic Load Perspective *BIOLOGICAL RESEARCH FOR NURSING*
  Woods, D., Yefimova, M.
  2012; 14 (4): 387–95