Stanford



Kavita Mishra

Clinical Associate Professor, Obstetrics & Gynecology

CLINICAL OFFICE (PRIMARY)

- **Stanford Pelvic Health Center**

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Bio

BIO

Dr. Kavita Mishra is a board-certified urogynecologist who specializes in transgender surgery and the treatment of pelvic floor disorders. She has specific training in gender-affirming vaginoplasty, pelvic organ prolapse, and urinary and fecal incontinence. She has expertise in vaginal and minimally invasive reconstructive pelvic surgery, including laparoscopic and robotic approaches.

CLINICAL FOCUS

- Urogynecology & Pelvic Reconstructive Surgery
- Urogynecology and Reconstructive Pelvic Surgery

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Obstetrics & Gynecology

HONORS AND AWARDS

- Outstanding Faculty Award in Medical Student Teaching, University of California, San Francisco (2017)
- Top Fellow Teacher of the Year - Resident Teaching, Brown University, Dept. of Ob-Gyn (2016)
- Top Fellow Teacher of the Year - Medical Student Teaching, Brown University, Dept. of Ob-Gyn (2015)
- Excellence in Female Pelvic Medicine & Reconstructive Surgery (Resident), American Urogynecologic Society (2012)
- Julie Baker Splendid Torch Award (in honor of former resident), Brown University, Dept. of Ob-Gyn (2012)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, American Urogynecologic Society (2011 - present)
- Associate Member, Society of Gynecologic Surgeons (2014 - present)

PROFESSIONAL EDUCATION

- Board Certification: Urogynecology and Reconstructive Pelvic Surgery, American Board of Obstetrics and Gynecology (2018)

- Fellowship: Cleveland Clinic Foundation (2021) OH
- Fellowship, Cleveland Clinic Foundation , Transgender Surgery and Medicine (2021)
- Fellowship, Brown University, Women & Infants Hospital , Female Pelvic Medicine and Reconstructive Surgery (Urogynecology) (2016)
- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (2014)
- Residency, Brown University, Women & Infants Hospital , Obstetrics and Gynecology (2013)
- Medical Education: University of California at San Francisco School of Medicine (2009) CA

Teaching

COURSES

2026-27

- Science of Medicine II-B: INDE 222B (Aut)

2025-26

- Science of Medicine II-B: INDE 222B (Aut)

2024-25

- Science of Medicine II-B: INDE 222B (Aut)

2023-24

- Science of Medicine II-B: INDE 222B (Aut)

STANFORD ADVISEES

Med Scholar Project Advisor

Michael Johnson

Publications

PUBLICATIONS

- **Cost-effectiveness and patient-reported outcomes of combined versus isolated robotic rectal and pelvic organ prolapse repair: A multicentre prospective cohort study.** *Colorectal disease : the official journal of the Association of Coloproctology of Great Britain and Ireland*
  Wallace, S. L., Ogilvie, J. W., Bordeianou, L., Earley, M., Platte, R., Weinstein, M. M., Sokol, E. R., Enemchukwu, E. A., Mishra, K., Gurland, B. H.
  2026; 28 (8): e70570
- **Overview of Feminizing Genital Gender-Affirming Surgery.** *Obstetrics and gynecology clinics of North America*
  McCracken, M., Mishra, K.
  2026; 53 (2): 233-259
- **Clinician and Patient Stakeholders Prioritize Rectal Prolapse Research Themes Through an International Delphi Process.** *Diseases of the colon and rectum*
  Gurland, B. H., Au Hoy, S., Bordeianou, L., Hainsworth, A., Thorsen, A. J., Ratto, C., Basilio, P., Oliveira, L., Murphy, M., Ding, S., King, J., Olson, C.
  2026
- **Incorporating Pelvic Floor Physical Therapy in the Treatment of Obstructed Defecation Syndrome and Posterior Compartment Pelvic Organ and Rectal Prolapse: Proceedings of the Consensus Meeting of the Pelvic Floor Consortium of the American Society of Colon and Rectal Surgeons, the International Continence Society, the International Urogynecological Association, the American Urogynecologic Society, and the American Physical Therapy Association.** *Diseases of the colon and rectum*
  Traugott, A. L., Barten, J., Bordeianou, L., Carboni, C., Carver, D. J., Cucchiara, M. M., Gallo, G., Grimes, C. L., Knoepp, L. R., McClure, A. M., Mellgren, A., Olson, C. H., Paquette, et al
  2026; 69 (3): 346-359
- **Perception of rectal prolapse symptoms in patients with psychiatric disorders** *WORLD JOURNAL OF GASTROINTESTINAL SURGERY*
  Akeel, N., Rajasingh, C., Earley, M., Hoy, S., Neshatian, L., Enemchukwu, E., Mishra, K., Gurland, B.

2026; 18 (1)

- **Perception of rectal prolapse symptoms in patients with psychiatric disorders.** *World journal of gastrointestinal surgery*
  Akeel, N., Rajasingh, C. M., Earley, M., Au Hoy, S., Neshatian, L., Enemchukwu, E., Mishra, K., Gurland, B.
  2026; 18 (1): 114452

- **Multidisciplinary conferences to enhance care for pelvic floor dysfunction: A descriptive study at a tertiary center** *CONTINENCE REPORTS*
  Akeel, N., Neshatian, L., Sheth, V., Enemchukwu, E., Hoy, S., Gurland, B. H., Atashroo, D., Chodakiewitz, Y., Dinh, J., Elisha, H., Garcia, P. A., Hah, J. M., Hicks, et al
  2025; 16

- **Removing Myself from Gynecology: A Qualitative Study of the Lifelong Experiences of Transmasculine Patients in Gynecology Who Have Undergone Gender-Affirming Hysterectomy** *WOMENS REPRODUCTIVE HEALTH*
  Grimstad, F. W., Tewari, S., Mishra, K., Kant, J., Ferrando, C. A.
  2025

- **Evaluating anti-LGBTQIA+ medical bias in large language models.** *PLOS digital health*
  Chang, C. T., Srivathsa, N., Bou-Khalil, C., Swaminathan, A., Lunn, M. R., Mishra, K., Koyejo, S., Daneshjou, R.
  2025; 4 (9): e0001001

- **Recommended Standardized Terminology Related to the Clitoris and Vestibular Bulbs Based on a Structured Medical Literature Review.** *American journal of obstetrics and gynecology*
  Shinnick, J. K., Jeppson, P. C., Mazloomdoost, D., Balgobin, S., Hill, A. J., Mishra, K., Bochenska, K., Mama, S. T., Wheeler, T. 2., Balk, E. M., Corton, M. M., Delancey, J.
  2025

- **An update on surgical management for stress urinary incontinence.** *Current opinion in obstetrics & gynecology*
  Gallo, K., Weiner, H., Mishra, K.
  2024

- **Identifying Current Barriers in Patient Educational Content Surrounding Rectal Prolapse and Rectocele: Using Animation to Bridge the Gaps.** *Diseases of the colon and rectum*
  Bungo, C. P., Kimura, C., Adel, H., Au Hoy, S. L., Mishra, K., Gurland, B.
  2024

- **A randomized trial comparing perioperative pelvic FLOor physical therapy to current standard of care in transgender Women undergoing vaginoplasty for gendER affirmation: the FLOWER Trial.** *International urogynecology journal*
  Ferrando, C. A., Mishra, K., Grimstad, F. W., Weigand, N. W., Pikula, C.
  2023

- **Postoperative adverse events following gender-affirming vaginoplasty: an ACS NSQIP Study.** *American journal of obstetrics and gynecology*
  Mishra, K., Ferrando, C. A.
  2023

- **Editorial introductions** *CURRENT OPINION IN OBSTETRICS & GYNECOLOGY*
  Blumenthal, P. D., Mishra, K.
  2022; 34 (6)

- **Gender Affirmation: Individual writing group members are noted in the Acknowledgment section.The following position statement is meant to iterate our support for gender inclusion of both patients and health care providers. Our goal in writing this document is to be as all-encompassing as possible. Acknowledging the plethora and range of gender-related terminology, we will use "transgender and gender diverse."** *Urogynecology (Hagerstown, Md.)*
  Ferrando, C., Tucker, L., Harroche, J., Mishra, K., Knoepp, L. R., Grimes, C. L.
  2022; 28 (11): 735-737

- **Pharmacologic therapeutic options for sexual dysfunction.** *Current opinion in obstetrics & gynecology*
  Burton, C. S., Mishra, K.
  2022

- **Health inequities within the field of urogynecology.** *Current opinion in obstetrics & gynecology*
  Boyd, B., Guaderrama, N., Mishra, K., Whitcomb, E.

2022

- **Editorial introductions** *CURRENT OPINION IN OBSTETRICS & GYNECOLOGY*
  Blumenthal, P. D., Mishra, K.
  2021; 33 (6)

- **Consensus Definitions and Interpretation Templates for Magnetic Resonance Imaging of Defecatory Pelvic Floor Disorders: Proceedings of the Consensus Meeting of the Pelvic Floor Disorders Consortium of the American Society of Colon and Rectal Surgeons, the Society of Abdominal Radiology, the International Continence Society, the American Urogynecologic Society, the International Urogynecological Association, and the Society of Gynecologic Surgeons.** *AJR. American journal of roentgenology*
  Gurland, B. H., Khatri, G., Ram, R., Hull, T. L., Kocjancic, E., Quiroz, L. H., Sayed, R. F., Jambhekar, K. R., Chernyak, V., Paspulati, R. M., Sheth, V. R., Steiner, A. M., Kamath, et al
  2021: 1-13

- **Racial and Ethnic Differences in Reconstructive Surgery for Apical Vaginal Prolapse.** *American journal of obstetrics and gynecology*
  Boyd, B. A., Winkelman, W. D., Mishra, K., Vittinghoff, E., Jacoby, V. L.
  2021

- **Recommended standardized anatomic terminology of the posterior female pelvis and vulva based on a structured medical literature review.** *American journal of obstetrics and gynecology*
  Jolyn Hill, A., Balgobin, S., Mishra, K., Jeppson, P. C., Wheeler, T. 2., Mazloomdoost, D., Anand, M., Ninivaggio, C., Hamner, J., Bochenska, K., Mama, S. T., Balk, E. M., Corton, et al
  2021

- **A Collaborative Approach to Multicompartment Pelvic Organ Prolapse.** *Clinics in colon and rectal surgery*
  Gurland, B., Mishra, K.
  2021; 34 (1): 69-76

- **Consensus Definitions and Interpretation Templates for Magnetic Resonance Imaging of Defecatory Pelvic Floor Disorders: Proceedings of the Consensus Meeting of the Pelvic Floor Disorders Consortium of the American Society of Colon and Rectal Surgeons, the Society of Abdominal Radiology, the International Continence Society, the American Urogynecologic Society, the International Urogynecological Association, and the Society of Gynecologic Surgeons.** *Diseases of the colon and rectum*
  Gurland, B. H., Khatri, G., Ram, R., Hull, T. L., Kocjancic, E., Quiroz, L. H., El Sayed, R. F., Jambhekar, K. R., Chernyak, V., Mohan Paspulati, R., Sheth, V. R., Steiner, A. M., Kamath, et al
  2021; 64 (10): 1184-1197

- **Consensus definitions and interpretation templates for magnetic resonance imaging of Defecatory pelvic floor disorders : Proceedings of the consensus meeting of the pelvic floor disorders consortium of the American Society of Colon and Rectal Surgeons, the Society of Abdominal Radiology, the international continence society, the American Urogynecologic Society, the international Urogynecological association, and the Society of Gynecologic Surgeons.** *International urogynecology journal*
  Gurland, B. H., Khatri, G., Ram, R., Hull, T. L., Kocjancic, E., Quiroz, L. H., El Sayed, R. F., Jambhekar, K. R., Chernyak, V., Paspulati, R. M., Sheth, V. R., Steiner, A. M., Kamath, et al
  2021

- **Postoperative complications and recurrence rates after rectal prolapse surgery versus combined rectal prolapse and pelvic organ prolapse surgery.** *International urogynecology journal*
  Wallace, S. L., Enemchukwu, E. A., Mishra, K. n., Neshatian, L. n., Chen, B. n., Rogo-Gupta, L. n., Sokol, E. R., Gurland, B. H.
  2021

- **Surgical Options for Patients Seeking Gender-Affirming Surgery** *CURRENT OBSTETRICS AND GYNECOLOGY REPORTS*
  Mishra, K., Wallace, S. L.
  2020

- **A Collaborative Approach to Multicompartment Pelvic Organ Prolapse** *CLINICS IN COLON AND RECTAL SURGERY*
  Gurland, B., Mishra, K.
  2020

- **Delay in Seeking Care for Pelvic Floor Disorders Among Caregivers** *FEMALE PELVIC MEDICINE AND RECONSTRUCTIVE SURGERY*
  Mishra, K., Locci-Molina, N. C., Chauhan, B., Raker, C. A., Sung, V. W.
  2020; 26 (7): 458–63

- **What to do after a mid-urethral sling fails.** *Current opinion in obstetrics & gynecology*

Speed, J. M., Mishra, K. n.
2020

- **Surgical approach, complications, and reoperation rates of combined rectal and pelvic organ prolapse surgery.** *International urogynecology journal*
  Wallace, S. L., Syan, R. n., Enemchukwu, E. A., Mishra, K. n., Sokol, E. R., Gurland, B. n.
  2020
- **Pelvic floor physical therapy in the treatment of pelvic floor dysfunction in women.** *Current opinion in obstetrics & gynecology*
  Wallace, S. L., Miller, L. D., Mishra, K.
  2019
- **The impact of frailty on treatment for overactive bladder in older adults.** *Neurourology and urodynamics*
  Suskind, A. M., Kowalik, C. n., Quanstrom, K. n., Boscardin, J. n., Zhao, S. n., Reynolds, W. S., Mishra, K. n., Finlayson, E. n.
  2019
- **Standardized Terminology of Apical Structures in the Female Pelvis Based on a Structured Medical Literature Review.** *American journal of obstetrics and gynecology*
  Balgobin, S. n., Jeppson, P. C., Wheeler, T. n., Jolyn Hill, A. n., Mishra, K. n., Mazloomdoost, D. n., Dunivan, G. C., Anand, M. n., Mama, S. T., Bochenska, K. n., Lewicky-Gaupp, C. n., Balk, E. M., Lancey, et al
  2019
- **Evaluation and management of defecatory dysfunction in women** *CURRENT OPINION IN OBSTETRICS & GYNECOLOGY*
  Pratt, T., Mishra, K.
  2018; 30 (6): 451-457
- **Evaluation and management of defecatory dysfunction in women.** *Current opinion in obstetrics & gynecology*
  Pratt, T. S., Mishra, K.
  2018
- **Fungal Lumbosacral Osteomyelitis After Robotic-assisted Laparoscopic Sacrocolpopexy.** *Female pelvic medicine & reconstructive surgery*
  Boyd, B., Pratt, T., Mishra, K.
  2018
- **Delay in Seeking Care for Pelvic Floor Disorders Among Caregivers.** *Female pelvic medicine & reconstructive surgery*
  Mishra, K., Locci-Molina, N. C., Chauhan, B., Raker, C. A., Sung, V. W.
  2018
- **Prevalence of occult pre-malignant or malignant pathology at the time of uterine morcellation for benign disease** *INTERNATIONAL JOURNAL OF GYNECOLOGY & OBSTETRICS*
  Von Bargen, E. C., Grimes, C. L., Mishra, K., Wang, R., Haviland, M. J., Hacker, M. R., Carnevale, J. A., Estes, A. J., Elkadry, E. A.
  2017; 137 (2): 123–28
- **Global Health Interest Among Female Pelvic Medicine and Reconstructive Surgery Fellows** *JOURNAL OF REPRODUCTIVE MEDICINE*
  Mishra, K., Lopes, V. V., Hampton, B. S.
  2015; 60 (11-12): 501-506
- **Outcomes following treatment for pelvic floor mesh complications** *INTERNATIONAL UROGYNECOLOGY JOURNAL*
  Unger, C. A., Abbott, S., Evans, J. M., Jallad, K., Mishra, K., Karram, M. M., Iglesia, C. B., Rardin, C. R., Barber, M. D.
  2014; 25 (6): 745–49
- **Evaluation and management of complications from synthetic mesh after pelvic reconstructive surgery: a multicenter study**
  Abbott, S., Unger, C. A., Evans, J. M., Jallad, K., Mishra, K., Karram, M. M., Iglesia, C. B., Rardin, C. R., Barber, M. D.
  MOSBY-ELSEVIER.2014: 163.e1–8
- **Variables Impacting Care-Seeking for Pelvic Floor Disorders Among African American Women** *FEMALE PELVIC MEDICINE AND RECONSTRUCTIVE SURGERY*
  Washington, B. B., Raker, C. A., Mishra, K., Sung, V. W.
  2013; 19 (2): 98–102

- **Providers' Perspectives on Provision of Family Planning to HIV-Positive Individuals in HIV Care in Nyanza Province, Kenya** *AIDS RESEARCH AND TREATMENT*
  Newmann, S. J., Mishra, K., Onono, M., Bukusi, E. A., Cohen, C. R., Gage, O., Odeny, R., Schwartz, K. D., Grossman, D.
  2013: 915923

- **Analgesia/Pain Management in First Trimester Surgical Abortion** *CLINICAL OBSTETRICS AND GYNECOLOGY*
  Meckstroth, K. R., Mishra, K.
  2009; 52 (2): 160–70