



## Angela Primbas, MD

Clinical Assistant Professor, Medicine - Primary Care and Population Health

### CLINICAL OFFICE (PRIMARY)

- **Stanford Concierge and Executive Medicine**

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### Bio

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#### BIO

Dr. Angela Primbas is a board-certified, fellowship-trained internal medicine doctor with Stanford Health Care. She is also a clinical assistant professor in the Department of Medicine, Division of Primary Care and Population Health at Stanford University School of Medicine.

As part of Stanford Concierge Medicine, Dr. Primbas provides individualized primary care built on a strong patient-provider relationship. She specializes in geriatric medicine and is experienced in both inpatient and outpatient primary care settings. She is especially interested in providing preventive care and treating health concerns related to healthy aging, longevity, bone health, and postmenopausal aging.

In every aspect of her practice, Dr. Primbas emphasizes compassionate care, taking the time to listen to and understand each person's needs. She is also passionate about working with medically underserved populations, including individuals in the LGBTQ+ community.

Dr. Primbas studies how health systems can improve their approach and training to serve marginalized groups better. She also focuses on enhancing medical education for students and residents. Dr. Primbas cofounded Stanford Ambulatory Care Excellence, a program that supports internal medicine residents with opportunities to improve the skills needed to provide excellent primary care. She has also created and taught curricula on geriatrics, healthy aging, osteoporosis, and LGBTQ+ health.

Dr. Primbas has published her research in peer-reviewed journals, including *AIDS Care*, *Journal of the American Geriatrics Society*, and *Journal of Investigative Medicine*. She has also written book chapters about LGBTQ+ health in older adults, published in *Clinics in Geriatric Medicine and Geriatric Review Syllabus*, and on the diagnosis and management of headaches in older patients. As an advocate and collaborator, Dr. Primbas has shared her research and medical expertise around the world, including at meetings of the American Geriatrics Society, the American College of Physicians, and the International Association of Providers of AIDS Care.

Dr. Primbas is a member of the American College of Physicians and American Geriatrics Society.

## CLINICAL FOCUS

- Internal Medicine
- Geriatric Medicine

## ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

## HONORS AND AWARDS

- Endowed Scholarship Recipient, Durward A. Huckabay, M.D. (2014, 2015, 2016)
- Inductee, Alpha Omega Alpha Medical Honor Society
- Medical Student Research Training Program Grant Recipient, University of Washington School of Medicine
- Resident Leader, Ambulatory Care Excellence Program, Stanford University School of Medicine
- Resident Leader, LGBTQ+ Health Curriculum, Stanford University School of Medicine
- Student Professionalism Award, University of Washington
- Service Award Recipient, University of Washington (2014, 2015, 2016)

## BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, American College of Physicians (2021 - present)
- Member, American Geriatrics Society (2021 - present)

## PROFESSIONAL EDUCATION

- Board Certification: Geriatric Medicine, American Board of Internal Medicine (2023)
- Board Certification: Internal Medicine, American Board of Internal Medicine (2022)
- Fellowship: UCSF Geriatric Medicine Fellowship (2022) CA
- Residency: Stanford University Internal Medicine Residency (2021) CA
- Medical Education: University of Washington School of Medicine (2018) WA
- Bachelor of Arts, Harvard University (2012)

## Publications

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### PUBLICATIONS

- **Lesbian gay bisexual transgender queer intersex+ (LGBTQI+) health** *Geriatrics Review Syllabus: A Core Curriculum in Geriatric Medicine*  
Burton, C. H., Primbas, A. D.  
American Geriatrics Society.2025; 12
- **Lesbian, Gay, Bisexual, Transgender and Queer Health**  
Burton , C., Primbas , A.  
Geriatric Review Syllabus.  
2025
- **Medical Issues Affecting Older Lesbian and Bisexual Women** *CLINICS IN GERIATRIC MEDICINE*  
Primbas, A. D., Ogawa, A.  
2024; 40 (2): 251-260
- **Special Considerations for Headache Diagnosis and Treatment in the Geriatric Patient** *Comorbid Conditions in the Treatment of Headache*  
Primbas, A. D.  
2024: 19

- **Sexual and gender minority health-related content in geriatric fellowships** *JOURNAL OF THE AMERICAN GERIATRICS SOCIETY*  
Burton, C., van Zuilen, M. H., Primbas, A., Young, M. E., Swartz, K., Colburn, J., Kumar, C., Klomhaus, A., Chippendale, R., Streed Jr, C. G.  
2024; 72 (3): 866-874
- **Linkage to care after HIV diagnosis among men who have sex with men and transgender women in Lima, Peru.** *AIDS care*  
Primbas, A. D., White, E., Long, J. E., Wilson, J., Pasalar, S., Sanchez, H., Cabello, R. L., Sanchez, J., Meneses, G., Villaran, M. V., Lama, J. R., Duerr, A.  
2021: 1-5
- **Impact of pre-diagnosis awareness of HIV-related stigma and dispositional coping on linkage to HIV care among newly diagnosed HIV plus Peruvian patients** *AIDS CARE-PSYCHOLOGICAL AND SOCIO-MEDICAL ASPECTS OF AIDS/HIV*  
Molina, Y., Ulrich, A., Greer, A. C., Primbas, A., Wandell, G., Sanchez, H., Bain, C., Konda, K. A., Clark, J. L., De la Grecca, R., Villaran, M. V., Pasalar, S., Lama, et al  
2019; 31 (7): 848–56
- **Impact of pre-diagnosis awareness of HIV-related stigma and dispositional coping on linkage to HIV care among newly diagnosed HIV+ Peruvian patients.** *AIDS care*  
Molina, Y., Ulrich, A., Greer, A. C., Primbas, A., Wandell, G., Sanchez, H., Bain, C., Konda, K. A., Clark, J. L., De la Grecca, R., Villaran, M. V., Pasalar, S., Lama, et al  
2019: 1–9
- **IDENTIFYING MEN WHO HAVE SEX WITH MEN AND TRANSGENDER WOMEN WHO HAVE POOR LINKAGE TO HIV CARE IN LIMA, PERU**  
Primbas, A., Villaran, M., Duerr, A.  
LIPPINCOTT WILLIAMS & WILKINS.2016: 278-279