Anda Gershon
Instructor, Psychiatry and Behavioral Sciences - Child and Adolescent Psychiatry

Bio

ACADEMIC APPOINTMENTS
• Instructor, Psychiatry and Behavioral Sciences - Child and Adolescent Psychiatry

PROFESSIONAL EDUCATION
• Ph.D., Stanford University, Psychology

Publications

PUBLICATIONS

• Daytime midpoint as a digital biomarker for chronotype in bipolar disorder. *Journal of Affective Disorders*
  2018; 241: 586–91

• Differential prevalence and demographic and clinical correlates of antidepressant use in American bipolar I versus bipolar II disorder patients. *Journal of affective disorders*
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• Longer-Term Effectiveness and Tolerability of Adjunctive Open Lurasidone in Patients With Bipolar Disorder. *Journal of clinical psychopharmacology*
  2018; 38 (3): 207–11

• Subjective versus objective evening chronotypes in bipolar disorder *Journal of Affective Disorders*
  2018; 225: 342–349

• Victimization and traumatic stress: Pathways to depressive symptoms among low-income, African-American girls. *Child abuse & neglect*
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• Double trouble: weekend sleep changes are associated with increased impulsivity among adolescents with bipolar I disorder. *Bipolar disorders*
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• Abnormal sleep duration associated with hastened depressive recurrence in bipolar disorder. *Journal of affective disorders*
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• ADAPTIVE COPING MEDIATES THE RELATION BETWEEN MOTHERS’ AND DAUGHTERS’ DEPRESSIVE SYMPTOMS: A MODERATED MEDIATION STUDY *Journal of social and clinical psychology*
  Thompson, R. J., Mata, J., Gershon, A., Gotlib, I. H.
Environmental risk and protective factors in bipolar disorder. The Oxford Handbook of Mood Disorders
Johnson, S. L., Gershon, A., McMaster, K. R.
Oxford University Press. 2017: 132–141

Sleep in Adolescents With Bipolar I Disorder: Stability and Relation to Symptom Change. Journal of Clinical Child and Adolescent Psychology
Gershon, A., Singh, M. K.
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Kaufmann, C. N., Gershon, A., Eyler, L. T., Depp, C. A.
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Johnson, S. L., Cuellar, A. K., Gershon, A.
2016; 39 (1): 87-94

Individuals with Autism Spectrum Disorders Have Equal Success Rate But Require Longer Periods of Systematic Desensitization than Control Patients to Complete Ambulatory Polysomnography. Journal of Clinical Sleep Medicine
Primeau, M., Gershon, A., Talbot, L., Cotto, I., Lotspeich, L., Hardan, A., Hallmayer, J., O'Hara, R.
2016; 12 (3): 357-362

Is energy a stronger indicator of mood for those with bipolar disorder compared to those without bipolar disorder? Psychiatry Research
Johnson, S. L., Gershon, A., Starov, V.
2015; 230 (1): 1-4

Hypersomnia subtypes, sleep and relapse in bipolar disorder. Psychosomatic Medicine
2015; 45 (8): 1751-1763

Inter-episode affective intensity and instability: Predictors of depression and functional impairment in bipolar disorder. Journal of Behavior Therapy and Experimental Psychiatry
Gershon, A., Eidelman, P.
2015; 46: 14-18

The prediction of study-emergent suicidal ideation in bipolar disorder: a pilot study using ecological momentary assessment data. Bipolar Disorders
Thompson, W. K., Gershon, A., O'Hara, R., Bernert, R. A., Depp, C. A.
2014; 16 (7): 669-677

Physical activity and sleep: Day-to-day associations among individuals with and without bipolar disorder. Mental Health and Physical Activity
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Isaacowitz, D. M., Gershon, A., Allard, E. S., Johnson, S. L.
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• The long-term impact of early adversity on late-life psychiatric disorders. *Current psychiatry reports*
  Gershon, A., Sudheimer, K., Tirouvanziam, R., Williams, L. M., O'Hara, R.

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  Sudheimer, K., Flournoy, J., Gershon, A., DeMuth, B., Schatzberg, A., Ruth, O.
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• Life stress and first onset of psychiatric disorders in daughters of depressed mothers *JOURNAL OF PSYCHIATRIC RESEARCH*
  Gershon, A., Hayward, C., Schraedley-Desmond, P., Rudolph, K. D., Booster, G. D., Gotlib, I. H.
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• Sleep disturbance in bipolar disorder across the lifespan *Clinical Psychology: Science and Practice*
  Harvey A, Talbot L, Gershon A
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• Special considerations for treatment of insomnia *Handbook of Sleep Disorders*
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• Gender, victimization, and psychiatric outcomes *PSYCHOLOGICAL MEDICINE*
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• Sleep and anxiety *Oxford Handbook of Anxiety and Related Disorders*
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• Gender-stereotyped imagined dates and weight concerns in sixth-grade girls *SEX ROLES*
  Gershon, A., Gowen, L. K., Compian, L., Hayward, C.
  2004; 50 (7-8): 515-523