Bio

Jennifer J. Freyd, PhD, is the Founder and President of the Center for Institutional Courage and Professor Emerit of Psychology at the University of Oregon. At Stanford Freyd is Adjunct Professor of Psychiatry and Behavioral Sciences in the School of Medicine, a Faculty Fellow at the Clayman Institute, and Faculty Affiliate of the VMware Women's Leadership Innovation Lab at Stanford University. Freyd was in 1989-90 and again in 2018-19 a Fellow at the Center for Advanced Study in the Behavioral Sciences at Stanford University. Freyd currently serves as the Editor of The Journal of Trauma & Dissociation. Freyd is also a Member of the Advisory Committee, 2019-2023, for the Action Collaborative on Preventing Sexual Harassment in Higher Education, National Academies of Science, Engineering, and Medicine.

Freyd is known for her theories of betrayal trauma, institutional betrayal, institutional courage, and DARVO. She received her PhD in Psychology from Stanford University. The author or coauthor of over 200 articles and op-eds, Freyd is also the author of the Harvard Press award-winning book Betrayal Trauma: The Logic of Forgetting Childhood Abuse. Her most recent book Blind to Betrayal, co-authored with Pamela J. Birrell, was published by John Wiley, with seven additional translations.

Freyd has been a John Simon Guggenheim Fellow, an Erskine Fellow at The University of Canterbury in New Zealand, and is currently a Fellow of the American Association for the Advancement of Science. In April 2016, Freyd was awarded the Lifetime Achievement Award from the International Society for the Study of Trauma & Dissociation. Freyd was selected for the 2021 Christine Blasey Ford Woman of Courage Award by the Association for Women in Psychology.