



## Michael Ostacher

Professor of Psychiatry and Behavioral Sciences (Public Mental Health and Population Sciences)

### Bio

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#### BIO

Dr. Ostacher is Professor of Psychiatry and Behavioral Sciences. He is the Site Director for the Addiction Medicine Fellowship at the VA Palo Alto Health Care System, where he also serves as the Medical Director of the Pharmacology of Addiction Recovery Clinic, the Director of the Bipolar and Depression Research Program and the Co-Director of the VA/Stanford Exploratory Therapeutics Lab, the Director of Advanced Fellowship Training in Mental Illness Research and Treatment for MDs for the VISN 21 MIRECC, and the Site Director at the VA Palo Alto for Advanced Fellowship Training for Stanford. A graduate of Vanderbilt University School of Medicine, the Harvard School of Public Health, and Harvard Medical School, he completed his training at The Cambridge Health Alliance at Harvard Medical School in Adult Psychiatry, Public Psychiatry, and Geriatric Psychiatry, and is currently board certified in Psychiatry, Addiction Psychiatry, and Addiction Medicine. He is the Digital Content Editor for the journal Evidence-Based Mental Health and is on the editorial boards of Bipolar Disorders, the International Journal of Bipolar Disorders, the Journal of Clinical Psychiatry, Current Psychiatry, and Psychiatric Annals. His current research includes roles as Site Investigator for VA-BRAVE, multicenter, randomized trial comparing long-acting injectable buprenorphine to sublingual buprenorphine/naloxone, and trials of psychedelic drugs in psychiatric disorders in Veterans. With funding from NIDA, he studied, along with Jaimee Heffner, Ph.D. at the Fred Hutchinson Cancer Research Center in Seattle, smoking cessation in people with bipolar disorder using a novel online psychotherapy derived from Acceptance and Commitment Therapy. His work using a Capnometry Guided Respiratory Intervention (CGRI) for PTSD led to the FDA clearance for Freespira, a digital therapeutic, for the treatment of PTSD. His primary research interest is in large clinical trials mental health and addiction, and the implementation of evidence-based mental health practices.

#### ACADEMIC APPOINTMENTS

- Professor - University Medical Line, Psychiatry and Behavioral Sciences
- Member, Wu Tsai Neurosciences Institute

#### ADMINISTRATIVE APPOINTMENTS

- Faculty Senate, Stanford University School of Medicine, (2021-2024)
- Member, Institutional Review Board, Stanford University, (2015- present)
- Site Director, Advanced Fellowship Training in Psychiatry, VA Palo HCS, (2012- present)
- Director of Advanced Fellowship Training in Mental Illness Research and Treatment (MIRECC), VA Palo Alto HCS, (2011- present)
- Site Director, Stanford University Addiction Medicine Fellowship, VA Palo Alto HCS Stanford University School of Medicine, (2020- present)
- Medical Director, Pharmacology of Addiction and Recovery Clinic, VA Palo Alto HCS, (2019- present)
- Director, Bipolar Disorder & Depression Research Program, VA Palo Alto HCS, (2018- present)

## HONORS AND AWARDS

- Chairman's Mentorship Award, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine (2025)
- President's Service Award, Northern California Psychiatric Society (2024)
- Distinguished Life Fellow, American Psychiatric Association (2022-present)
- Best Doctors, Best Doctors in America (2007-present)
- Excellence in Academic Teaching Award, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine (2020)

## BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Corresponding Member, Council on Addictions, American Psychiatric Association (2025 - present)
- Immediate Past Present, Northern California Psychiatric Society (2024 - 2025)
- Distinguished Life Fellow, American Psychiatric Association (2022 - present)
- Editorial Board, Psychiatrists In-Practice Examination (PIPE), American College of Psychiatrists (2014 - present)
- Digital Content Editor, BMJ Mental Health (2015 - present)
- Editorial Board, Journal of Clinical Psychiatry (2013 - present)
- Editorial Board, Bipolar Disorders (2013 - present)
- Editorial Board, International Journal of Bipolar Disorders (2015 - present)
- Editorial Board, Psychiatric Annals (2018 - present)
- Member, Society of Biological Psychiatry (2005 - present)
- Member, American College of Psychiatrists (2011 - present)
- President, Northern California Psychiatric Society (2023 - 2024)
- Section Editor, Bipolar and Related Disorders, DSM-5-TR, American Psychiatric Association (2018 - 2022)
- President-Elect, Northern California Psychiatric Society (2022 - 2023)
- Treasurer, Northern California Psychiatric Society (2020 - 2023)
- Distinguished Fellow, American Psychiatric Association (2016 - 2022)
- Associate Editor, Current Psychiatry (2009 - 2023)

## PROFESSIONAL EDUCATION

- MMSc, Harvard Medical School (2010)
- MPH, Harvard School of Public Health (1994)
- MD, Vanderbilt University School of Medicine (1988)

## COMMUNITY AND INTERNATIONAL WORK

- President of the Board of Trustees, Key Recovery and Seadrumar Recycling, Seattle, Washington

## LINKS

- Stanford/VA Bipolar and Depression Research Program: <https://med.stanford.edu/bipolarresearch.html>
- Stanford Medicine Exploratory Therapeutics Laboratory: <https://med.stanford.edu/exploratorytherapeutics.html>

## Research & Scholarship

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### CLINICAL TRIALS

- A Study Comparing Oral Buprenorphine and Injectable Buprenorphine for the Treatment of Opioid Use Disorder, Recruiting

- Investigation of the Freespira Breathing System in the Treatment of Post Traumatic Stress Disorder (PTSD), Not Recruiting
- Lithium for Suicidal Behavior in Mood Disorders, Not Recruiting
- PRIME Care (PRrecision Medicine In MEntal Health Care), Not Recruiting
- Web-Delivered Acceptance & Commitment Therapy for Smokers With Bipolar Disorder, Not Recruiting

## Teaching

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### COURSES

#### 2025-26

- Addictions in our World: From Physiology to Human Behavior: PSYC 183 (Aut)
- The Opioid Epidemic: Using Neuroscience to Inform Policy and Law: HUMBIO 163 (Spr)

#### 2024-25

- Addictions in our World: From Physiology to Human Behavior: PSYC 83 (Aut)
- The Opioid Epidemic: Using Neuroscience to Inform Policy and Law: HUMBIO 163 (Win)

#### 2023-24

- Addictions in our World: From Physiology to Human Behavior: PSYC 83 (Aut)
- The Opioid Epidemic: Using Neuroscience to Inform Policy and Law: HUMBIO 163 (Spr)

#### 2022-23

- Addictions in our World: From Physiology to Human Behavior: PSYC 83 (Aut)
- The Opioid Epidemic: Using Neuroscience to Inform Policy and Law: HUMBIO 163 (Spr)

### STANFORD ADVISEES

#### Undergraduate Major Advisor

Saif Ali, Benjamin Lawson

### GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Psychiatry and Behavioral Science (Fellowship Program)

## Publications

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### PUBLICATIONS

- **The American Society of Clinical Psychopharmacology (ASCP) task force on the deprescribing of psychotropic medications for mood disorders: Delphi expert consensus.** *The British journal of psychiatry : the journal of mental science*  
Goldberg, J. F., Swartz, H. A., McIntyre, R. S., Mago, R., Malhi, G. S., Jha, M. K., Berk, M., Kasper, S., Freeman, M. P., Gitlin, M. J., Sajatovic, M., Ostacher, M. J., Citrome, et al  
2026: 1-9
- **Recommendations for the Deprescribing of Psychotropic Medications: A Consensus Statement From the American Society of Clinical Psychopharmacology Task Force.** *JAMA network open*  
Goldberg, J. F., McIntyre, R. S., Swartz, H. A., Freeman, M. P., Mago, R., Citrome, L., Rosenblat, J. D., Thase, M. E., Tohen, M., Vieta, E., Malhi, G. S., Sajatovic, M., Shelton, et al  
2026; 9 (2): e260043
- **Making Progress in Clinical Trials for Suicide Prevention: A Review.** *JAMA psychiatry*  
Wilkinson, S. T., Bryan, C. J., Alphas, L. D., Canuso, C. M., Ostacher, M. J., Price, R. B., Bloch, M. H., Zarate, C. A., Rhee, T. G.  
2025

- **Synopsis of the 2023 US Department of Veterans Affairs and US Department of Defense Clinical Practice Guideline for the Management of Bipolar Disorder.** *The Journal of clinical psychiatry*  
Ostacher, M. J., Miller, C. J., Edwards-Stewart, A., Cazares, P. T., Owen, R. R., Fuller, M. A., Osser, D., Abrams, T. E., Mangal, J. P., Katz, I., Ballard-Hernandez, J. M., Davis-Arnold, S. D., Alvarez, et al  
2025; 86 (1)
- **SINGLE-DOSE PSILOCYBIN FOR US MILITARY VETERANS WITH SEVERE TREATMENT-RESISTANT DEPRESSION: SHORT AND LONG-TERM FOLLOW-UP OUTCOMES**  
Fradet, M., Ellis, S., Donnelly, A., Ostacher, M., Aaronson, S., Suppes, T.  
SPRINGER NATURE.2024: 464-465
- **Clinical decision support for bipolar depression using large language models.** *Neuropsychopharmacology : official publication of the American College of Neuropsychopharmacology*  
Perlis, R. H., Goldberg, J. F., Ostacher, M. J., Schneck, C. D.  
2024
- **COVID-19 and substance use disorders: a review of international guidelines for frontline healthcare workers of addiction services.** *BMC psychiatry*  
Ostinelli, E. G., Smith, K., Zangani, C., Ostacher, M. J., Lingford-Hughes, A. R., Hong, J. S., Macdonald, O., Cipriani, A.  
2022; 22 (1): 228
- **Lithium Treatment in the Prevention of Repeat Suicide-Related Outcomes in Veterans With Major Depression or Bipolar Disorder: A Randomized Clinical Trial.** *JAMA psychiatry*  
Katz, I. R., Rogers, M. P., Lew, R., Thwin, S. S., Doros, G., Ahearn, E., Ostacher, M. J., DeLisi, L. E., Smith, E. G., Ringer, R. J., Ferguson, R., Hoffman, B., Kaufman, et al  
2021
- **Incorporating clinical research into recommendations for addressing global mental health needs: Updating the World Health Organization's Essential Medicines List.** *Comprehensive psychiatry*  
Machado, I. K., Lippert, C., Ostacher, M. J.  
2021; 109: 152245
- **Investigation of a Capnometry Guided Respiratory Intervention in the Treatment of Posttraumatic Stress Disorder.** *Applied psychophysiology and biofeedback*  
Ostacher, M. J., Fischer, E., Bowen, E. R., Lyu, J., Robbins, D. J., Suppes, T.  
2021
- **Using big data to advance mental health research.** *Evidence-based mental health*  
Duffy, A., Faurholt-Jepsen, M., Ostacher, M.  
2020
- **A Simple Suggestion: Make Follow-Up Appointments for All Patients After Discharge, Especially Those With Co-Occurring Addictions.** *The Journal of clinical psychiatry*  
Ostacher, M. J.  
2020; 81 (5)
- **How genome-wide association studies (GWAS) made traditional candidate gene studies obsolete** *NEUROPSYCHOPHARMACOLOGY*  
Duncan, L. E., Ostacher, M., Ballon, J.  
2019; 44 (9): 1518–23
- **How genome-wide association studies (GWAS) made traditional candidate gene studies obsolete.** *Neuropsychopharmacology : official publication of the American College of Neuropsychopharmacology*  
Duncan, L. E., Ostacher, M., Ballon, J.  
2019
- **Management of Posttraumatic Stress Disorder** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*  
Ostacher, M. J., Cifu, A. S.  
2019; 321 (2): 200-201
- **Pilot Randomized Controlled Trial of Web-Delivered Acceptance and Commitment Therapy Versus Smokefree.gov for Smokers With Bipolar Disorder.** *Nicotine & tobacco research : official journal of the Society for Research on Nicotine and Tobacco*

- Heffner, J. L., Kelly, M. M., Waxmonsky, J. n., Mattocks, K. n., Serfozo, E. n., Bricker, J. B., Mull, K. E., Watson, N. L., Ostacher, M. n.  
2019
- **Bipolar and Related Disorders** *AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING TEXTBOOK OF PSYCHIATRY, 7TH EDITION*  
Miller, S., Ostacher, M., Suppes, T.  
edited by Roberts, L. W.  
2019: 279–306
  - **Ethical Issues in the Diagnosis and Treatment of Bipolar Disorders.** *Focus (American Psychiatric Publishing)*  
Ostacher, M. J.  
2019; 17 (3): 265–68
  - **Management of Posttraumatic Stress Disorder.** *JAMA*  
Ostacher, M. J., Cifu, A. S.  
2018
  - **Comparative efficacy and acceptability of psychosocial interventions for individuals with cocaine and amphetamine addiction: A systematic review and network meta-analysis** *PLOS MEDICINE*  
De Crescenzo, F., Ciabattini, M., D'Alo, G., De Giorgi, R., Del Giovane, C., Cassar, C., Janiri, L., Clark, N., Ostacher, M., Cipriani, A.  
2018; 15 (12)
  - **A Novel Study Design to Systematically Explore the Impact of Trial Methodology on Psychopharmacological Treatment Outcome in Patients with Depression.** *Pharmacopsychiatry*  
Severus, E. n., Sauer, C. n., Bauer, M. n., Ostacher, M. n., Angheliescu, I. G.  
2018
  - **Florida Best Practice Psychotherapeutic Medication Guidelines for Adults With Major Depressive Disorder** *JOURNAL OF CLINICAL PSYCHIATRY*  
McIntyre, R. S., Suppes, T., Tandon, R., Ostacher, M.  
2017; 78 (6): 703–13
  - **Florida Best Practice Psychotherapeutic Medication Guidelines for Adults With Bipolar Disorder: A Novel, Practical, Patient-Centered Guide for Clinicians.** *journal of clinical psychiatry*  
Ostacher, M. J., Tandon, R., Suppes, T.  
2016; 77 (7): 920-926
  - **A randomized, placebo-controlled proof-of-concept trial of adjunctive topiramate for alcohol use disorders in bipolar disorder.** *American journal on addictions*  
Sylvia, L. G., Gold, A. K., Stange, J. P., Peckham, A. D., Deckersbach, T., Calabrese, J. R., Weiss, R. D., Perlis, R. H., Nierenberg, A. A., Ostacher, M. J.  
2016; 25 (2): 94-98
  - **A clinical measure of suicidal ideation, suicidal behavior, and associated symptoms in bipolar disorder: Psychometric properties of the Concise Health Risk Tracking Self-Report (CHRT-SR)** *JOURNAL OF PSYCHIATRIC RESEARCH*  
Ostacher, M. J., Nierenberg, A. A., Rabideau, D., Reilly-Harrington, N. A., Sylvia, L. G., Gold, A. K., Shesler, L. W., Ketter, T. A., Bowden, C. L., Calabrese, J. R., Friedman, E. S., Iosifescu, D. V., Thase, et al  
2015; 71: 126-133
  - **Pilot investigation of isradipine in the treatment of bipolar depression motivated by genome-wide association.** *Bipolar disorders*  
Ostacher, M. J., Iosifescu, D. V., Hay, A., Blumenthal, S. R., Sklar, P., Perlis, R. H.  
2014; 16 (2): 199-203
  - **Practical Suggestions for the Improvement of Ambulatory Assessment of Behavior Addictions: There Is No Time Like the Present** *CLINICAL PSYCHOLOGY-SCIENCE AND PRACTICE*  
Ostacher, M. J.  
2026; 33 (1): 71-72
  - **Opioid use disorder of any severity is associated with increased suicidality.** *Journal of psychiatric research*  
Craft, W. H., Humphreys, K., Ostacher, M. J., Padula, C. B.  
2026; 195: 177-180

- **Trustworthiness issues in Yari-Renani and Zari's (2025) study "Advancing depression treatment: a multi-center randomized controlled trial of dynamic interpersonal therapy versus CBT and pharmacotherapy on symptoms, sleep, and cognition".** *Psychiatry research*  
Plöderl, M., Hussey, I., Ostacher, M.  
2026; 359: 116985
- **There and back again: Continuing efforts via regional partnership to promote workforce awareness of scientific advancements in addiction care.** *Journal of substance use and addiction treatment*  
Hartzler, B., Brunner, M., Fokuo, J. K., Ostacher, M. J., Pagano, A., Rutkowski, B. A., Vest, R. A., Masson, C. L.  
2026: 209905
- **A missed opportunity: a retrospective cohort study of alcohol use disorder pharmacotherapy in hospitalized patients.** *Alcohol and alcoholism (Oxford, Oxfordshire)*  
Nazon, M., Lavin, P., Pike, C. W., Greenway, K. T., Richard, J., L'Espérance, P., Ostacher, M., Jutras-Aswad, D., Tate, S., Lembke, A., Garel, N.  
2026; 61 (2)
- **Innovation in Psychiatric Drug Development: A Quantitative Analysis of FDA-Approved Psychiatric Drugs, 2012-2024.** *The Journal of clinical psychiatry*  
Havlik, J., Isaac, S., Radovan, C., Ostacher, M. J., Smith, D., Rhee, T. G.  
2026; 87 (1)
- **Clinical decision support for pharmacologic management of treatment-resistant depression with augmented large language models.** *Journal of mood and anxiety disorders*  
Perlis, R. H., Verhaak, P. F., Goldberg, J., Cusin, C., Ostacher, M., Malhi, G. S., Zarate, C. A., Shelton, R. C., Iosifescu, D. V., Tohen, M., Jha, M. K., Sajatovic, M., Berk, et al  
2025; 12: 100142
- **Heart Transplant Outcomes in Patients with Substance Use Disorder History: A Nationwide Cohort Study Using High-Dimensional Propensity Score Matching.** *European heart journal. Quality of care & clinical outcomes*  
Elkrief, K., Lavin, P., Greenway, K. T., Tate, S., Hussain, F., Pike, W., Trepanier, A., Gavin, H., Lespérance, P., Kudrina, I., Dubreucq, S., Ostacher, M., Jutras-Aswad, et al  
2025
- **Adverse childhood experiences and cardiometabolic risk factors in people with bipolar disorder.** *Journal of affective disorders*  
Turner, A., Kuperberg, M., McGovern, H., Wrobel, A., Dean, O. M., Berk, M., Sylvia, L., McElroy, S. L., Tohen, M., Shelton, R. C., Iosifescu, D. V., Thase, M., Kocsis, et al  
2025: 120270
- **The Influence of Depressive and Manic Symptoms on Suicidal Ideation in Mixed Mood States**  
Kelly, C. M., Macellaro, M., Cafaro, R., Ostacher, M. J., Dell'Osso, B., Lyu, J., Frye, M. A., Kupka, R. W., McElroy, S. L., Nolen, W. A., Keck, P. E., Post, R. M., Grunze, et al  
WILEY.2025: S147
- **Treating Substance Use Disorders in Bipolar Disorder as a Moral Imperative**  
Ostacher, M.  
WILEY.2025: S40
- **Considerations in the development of learning health networks for mood disorders.** *Journal of affective disorders*  
Lipschitz, J. M., Adler, C., Almeida, J., Assari, S., Bond, D., Breitzig, M., DePaulo, R., El-Mallakh, R., Fiedorowicz, J., Freshley, J., Fries, G., Frye, M., Goes, et al  
2025: 119904
- **The influence of depressive and manic symptoms on suicidal ideation in mixed mood states.** *International journal of bipolar disorders*  
Macellaro, M., Cafaro, R., Kelly, C. M., Ostacher, M. J., Dell'Osso, B., Lyu, J., Frye, M. A., Kupka, R. W., McElroy, S. L., Nolen, W. A., Jr Keck, P. E., Post, R. M., Grunze, et al  
2025; 13 (1): 23
- **Short- and Long-Term Outcomes among a National Cohort of U.S. Veterans Hospitalized for Alcohol-Associated Hepatitis.** *The American journal of gastroenterology*  
Yang, Z., Kupferman, J., Zhang, W., Singal, A. K., Ostacher, M., Cheung, R., Wong, R. J.  
2025

- **Long-term outcomes of single-dose psilocybin for U.S. military Veterans with severe treatment-resistant depression - 12-month data from an open-label pilot study.** *Journal of affective disorders*  
Ellis, S., Bostian, C., Donnelly, A., Feng, W., Eisen, K., Lean, M., Conlan, E., Ostacher, M., Aaronson, S., Suppes, T.  
2025: 119655
- **Stepped treatment to reduce unhealthy alcohol use among hepatology clinic patients with chronic liver disease: A randomized controlled trial**  
Satre, D., Hua, W., Parekh, P., Batki, S., Ostacher, M., Snyder, H., Wong, R., Monto, A., Cheung, R., Shui, A., Khalili, M.  
WILEY.2025
- **COVID-19 Pandemic-Related Disruptions in Routine Cirrhosis Care and Associated Clinical Outcomes among San Francisco Bay Area Veterans.** *Gastro hep advances*  
Rubin, J. B., Loeb, R., Monto, A., Wong, R. J., Cheung, R., Batki, S. L., Ostacher, M. J., Shen, H., Hoggatt, K. J., Satre, D. D., Khalili, M.  
2025; 4 (9): 100711
- **Prevalence and predictors of early re-hospitalization or death among a national cohort of veterans hospitalized for alcohol-associated hepatitis in the United States**  
Yang, Z., Cheung, R. C., Zhang, W., Singal, A. K., Ostacher, M., Wong, R.  
ELSEVIER.2025
- **Demographic and clinical characteristics associated with utilization of alcohol use disorder treatment in a multicenter study of patients with alcohol-associated cirrhosis.** *Alcohol, clinical & experimental research*  
Luk, J. W., Ha, N. B., Shui, A. M., Snyder, H. R., Batki, S. L., Ostacher, M. J., Monto, A., Wong, R. J., Cheung, R., Parekh, P., Hua, W., Tompkins, D. A., Fakadej, et al  
2024
- **Telehepatology Use and Satisfaction Among Vulnerable Cirrhosis Patients Across Three Healthcare Systems in the Coronavirus Disease Pandemic Era.** *Gastro hep advances*  
Athavale, P., Wong, R. J., Satre, D. D., Monto, A., Cheung, R., Chen, J. Y., Batki, S. L., Ostacher, M. J., Snyder, H. R., Widiarto, B. D., Oh, S. Y., Liao, M., Viviani, et al  
2024; 3 (2): 201-209
- **Factors Associated With Motivation to Reduce Alcohol Use Among Patients With Chronic Liver Disease.** *Alimentary pharmacology & therapeutics*  
Satre, D. D., Dasarathy, D., Batki, S. L., Ostacher, M. J., Snyder, H. R., Hua, W., Parekh, P., Shui, A. M., Cheung, R., Monto, A., Wong, R. J., Chen, J. Y., Liao, et al  
2024
- **Single-dose psilocybin for U.S. military Veterans with severe treatment-resistant depression - A first-in-kind open-label pilot study.** *Journal of affective disorders*  
Ellis, S., Bostian, C., Feng, W., Fischer, E., Schwartz, G., Eisen, K., Lean, M., Conlan, E., Ostacher, M., Aaronson, S., Suppes, T.  
2024
- **Understanding the relationship between childhood abuse and affective symptoms in bipolar disorder: New insights from a network analysis.** *Psychiatry research*  
Wrobel, A. L., Turner, M., Dean, O. M., Berk, M., Sylvia, L. G., Thase, M. E., Deckersbach, T., Tohen, M., McClinnis, M. G., Kocsis, J. H., Shelton, R. C., Ostacher, M. J., Iosifescu, et al  
2024; 342: 116197
- **Long-term outcomes of single-dose psilocybin in veterans with severe treatment-resistant depression: 12 month follow-up**  
Donnelly, A., Ellis, S., Bostian, C., Fischer, E., Feng, W., Schwartz, G., Kelly, C. M., Eisen, K., Lean, M., Conlan, B., Lyu, J., Ostacher, M., Aaronson, et al  
WILEY.2024: 62
- **Single-Dose psilocybin for veterans with severe treatment-resistant depression: Effects on anxiety, functioning, and quality of life**  
Ellis, S., Kelly, C. M., Bostian, C., Donnelly, A., Fischer, E., Feng, W., Schwartz, G., Eisen, K., Lean, M., Conlan, B., Lyu, J., Ostacher, M., Aaronson, et al  
WILEY.2024: 96
- **Alcohol Use and Substance Use Treatment Engagement Among Patients With Alcohol-Associated Cirrhosis in Three Hospital-Based Hepatology Practices**

Snyder, H., Satre, D., Shumway, M., Batki, S., Ostacher, M., Tompkins, D., Monto, A., Wong, R., Cheung, R., Parekh, P., Hua, W., Widiarto, D., Oh, et al  
ELSEVIER IRELAND LTD.2024

- **A Double-blind, Randomized, Placebo-controlled plus Open Trial of Adjunctive Suvorexant for Treatment-resistant Insomnia in Patients with Bipolar Disorder.** *CNS spectrums*  
Cafaro, R., Macellaro, M., Suppes, T., Dell'Osso, B., Ketter, T., Ostacher, M., Miller, S., Chang, L., Lyu, J., Wang, P. W.  
2024: 1-26
- **Advancing research: a commentary on the untapped potential of acceptance and commitment therapy in alcohol use disorder treatment.** *Alcohol and alcoholism (Oxford, Oxfordshire)*  
Garel, N., Brodsky, K. L., Ostacher, M. J.  
2024; 59 (4)
- **What Does a Systematic Review of Cannabis and PTSD Tell Us? That We Need to Learn More.** *The Journal of clinical psychiatry*  
Ostacher, M. J.  
2024; 85 (1)
- **Problematic alcohol use and its impact on liver disease quality of life in a multicenter study of patients with cirrhosis.** *Hepatology communications*  
Luk, J. W., Satre, D. D., Cheung, R., Wong, R. J., Monto, A., Chen, J. Y., Batki, S. L., Ostacher, M. J., Snyder, H. R., Shui, A. M., Liao, M., Haight, C. G., Khalili, et al  
2024; 8 (2)
- **Alcohol Use Patterns During and After the COVID-19 Pandemic Among Veterans in the United States.** *The American journal of medicine*  
Wong, R. J., Yang, Z., Ostacher, M., Zhang, W., Satre, D., Monto, A., Khalili, M., Singal, A. K., Cheung, R.  
2023
- **An open label study of the safety and efficacy of psilocybin in veterans with severe treatment-resistant depression**  
Ellis, S., Suppes, T., Fischer, E., Feng, W., Eisen, K., Lean, M., Conlan, B., Lyu, J., Ostacher, M., Aaronson, S.  
WILEY.2023: 90
- **Mixed states and suicidality in bipolar disorder: Does mixity really matter?**  
Macellaro, M., Cafaro, R., Suppes, T., Ostacher, M. J., Dell'Osso, B., Lyu, J., Frye, M. A., Kupka, R. W., McElroy, S. L., Nolen, W. A., Keck, P. E., Post, R. M., Grunze, et al  
WILEY.2023: 116-117
- **HIGH ENGAGEMENT AND SATISFACTION WITH TELEHEALTH SERVICES AMONG UNDERSERVED CIRRHOSIS PATIENTS ACROSS THREE HEALTHCARE SYSTEMS DURING THE COVID-19 PANDEMIC**  
Wong, R. J., Satre, D. D., Shumway, M., Monto, A., Cheung, R., Chen, J. Y., Batki, S. L., Ostacher, M. J., Snyder, H., Parekh, P., Hua, W., Widiarto, B. D., Oh, et al  
WILEY.2022: S1072-S1073
- **Childhood trauma and treatment outcomes during mood-stabilising treatment with lithium or quetiapine among outpatients with bipolar disorder.** *Acta psychiatrica Scandinavica*  
Wrobel, A. L., Kohler-Forsberg, O., Sylvia, L. G., Russell, S. E., Dean, O. M., Cotton, S. M., Thase, M., Calabrese, J. R., Deckersbach, T., Tohen, M., Bowden, C. L., McInnis, M., Kocsis, et al  
2022
- **A pilot trial of quetiapine, lithium, or placebo added to divalproex sodium for hypomanic or manic episodes in ambulatory adults with bipolar I disorder.** *International journal of bipolar disorders*  
Cosgrove, V. E., Allende, S., Gwizdowski, I., Grace Fischer, E., Ostacher, M., Suppes, T.  
2022; 10 (1): 7
- **Lithium plus antipsychotics or anticonvulsants for bipolar disorder: Comparing clinical response and metabolic changes.** *The Australian and New Zealand journal of psychiatry*  
Kohler-Forsberg, O., Sylvia, L. G., Thase, M., Calabrese, J. R., Tohen, M., Bowden, C. L., McInnis, M., Iosifescu, D. V., Kocsis, J. H., Friedman, E. S., Ketter, T. A., McElroy, S. L., Shelton, et al  
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