Stanford



Filza Hussain MD, FACLP

- Clinical Professor, Psychiatry and Behavioral Sciences - Medical Psychiatry
- Clinical Associate Professor (By courtesy), Surgery - Abdominal Transplantation

CLINICAL OFFICE (PRIMARY)

- **Psychiatry Clinic**

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Bio

BIO

Dr. Filza Hussain completed her medical education at Aga Khan University in Karachi, Pakistan, and pursued psychiatry training at the Mayo Clinic in Rochester, Minnesota, where she was awarded the MJ Martin Award for Excellence in Consultation-Liaison Psychiatry and served as Chief Resident. She completed her fellowship in Consultation-Liaison Psychiatry at Columbia University in New York City and is a Fellow of the Academy of Consultation-Liaison Psychiatry.

Before joining Stanford, she served rural communities across eleven counties in Northwest Wisconsin as the sole outpatient psychiatric provider for a Mayo Clinic satellite practice, while also serving on the board of the National Alliance on Mental Illness and teaching psychopathology as part of Crisis Intervention Training for local law enforcement.

Dr. Hussain joined Stanford University School of Medicine in 2017. She serves as Lead Psychiatrist for the Liver and Kidney Transplant Programs at Stanford Health Care and holds a courtesy appointment in Abdominal Transplant Surgery. Her clinical work centers on expanding access to transplantation for patients with alcohol-associated liver disease. She contributed to the Stanford Limited Sobriety Pathway and led the development of FRAME-ALD (Fair and Risk-Aligned Model for Evaluation in Alcohol-Associated Liver Disease), a psychosocial risk stratification protocol now in active implementation at Stanford Health Care, built on the principle that all patients with alcohol-associated liver disease deserve individualized, evidence-based evaluation.

She developed the Immersion Series, an award-winning program bringing specialists from across medicine and surgery to teach Consultation-Liaison Psychiatry fellows, and served as Chair of the Education Committee and Associate Program Director of the fellowship, during which time she grew the program from two to four fellows and helped establish a Psycho-Oncology training track.

Her scholarly work spans transplant psychiatry, substance use in solid organ transplantation, and medical education. She has presented at national and international meetings and contributed chapters to major texts in transplant psychiatry and neuropsychiatry.

Dr. Hussain's interests include the role of psychiatric care in promoting equity in transplantation and the relationship between physician identity, wellbeing, and patient care.

CLINICAL FOCUS

- Transplantation

- Psychosomatic Medicine

ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences - Medical Psychiatry
- Clinical Associate Professor (By courtesy), Surgery - Abdominal Transplantation

ADMINISTRATIVE APPOINTMENTS

- Associate Program Director- CLP fellowship, Stanford University, (2022- present)

PROFESSIONAL EDUCATION

- Medical Education: Aga Khan University Medical College (2005) Pakistan
- Board Certification: Psychosomatic Medicine, American Board of Psychiatry and Neurology (2013)
- Fellowship: New York Presbyterian Hospital - Columbia University (2012) NY
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2011)
- Residency: Mayo Clinic School of Medicine (2011) MN

Publications

PUBLICATIONS

- **Designing a Physician Identity Through Disruption, Loss, and Care.** *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*
  Hussain, F.
  2026

- **Early liver transplant for alcohol-associated liver disease: Current state and future directions.** *World journal of transplantation*
  Jung, J., Hasjim, B. J., Chen, A., Hussain, F., Rohan, V., Ladner, D. P., Cheung, A.
  2025; 15 (4): 104589

- **Heart Transplant Outcomes in Patients with Substance Use Disorder History: A Nationwide Cohort Study Using High-Dimensional Propensity Score Matching.** *European heart journal. Quality of care & clinical outcomes*
  Elkrief, K., Lavin, P., Greenway, K. T., Tate, S., Hussain, F., Pike, W., Trepanier, A., Gavin, H., Lespérance, P., Kudrina, I., Dubreucq, S., Ostacher, M., Jutras-Aswad, et al
  2025

- **From embedded interprofessional clinics to expanded alcohol-associated liver disease programs.** *Liver transplantation : official publication of the American Association for the Study of Liver Diseases and the International Liver Transplantation Society*
  Winder, G. S., Arab, J. P., Goswami Banerjee, A., Bryce, K., Fipps, D. C., Hussain, F., Im, G., Omary, L., Patel, A. A., Patel, S., Rubman, S., Serper, M., Shenoy, et al
  2025

- **Wishing That Your Patient Would Die: Reasons and Reactions.** *The primary care companion for CNS disorders*
  Sher, Y., Hussain, F., Hoover, B. J., Gunther, M., Fishman, D. O., Zein, M., Maldonado, J. R., Stern, T. A.
  2025; 27 (1)

- **2023 Academy of Consultation-Liaison Psychiatry guidance statement about depression in solid organ transplant recipients-recommendations for practice and lessons learned from the consensus process**
  Paula, Z., Andrews, S., Hussain, F., Fireman, M., Kuntz, K., Niazi, S., Simpson, S., Soeprono, T., Winder, S., Jowsey-Gregoire, S.
  PERGAMON-ELSEVIER SCIENCE LTD.2024

- **Alcohol Use in Liver Transplant Recipients With Alcohol-related Liver Disease: A Comparative Assessment of Relapse Prediction Models.** *Transplantation*
  Sedki, M., Kwong, A., Bhargava, M., Ahmed, A., Daugherty, T., Kwo, P., Dronamraju, D., Kumari, R., Kim, W. R., Esquivel, C., Melcher, M., Bonham, C. A., Gallo, et al
  2023

- **ACLP Best Practice Guidance: Evaluation and Treatment of Depression in Solid Organ Transplant Recipients.** *Journal of the Academy of Consultation-Liaison Psychiatry*
  Zimbrean, P. C., Andrews, S. R., Hussain, F., Fireman, M., Kuntz, K., Niazi, S. K., Simpson, S. A., Soeprono, T., Winder, G. S., Jowsey-Gregoire, S. G.
  2023

- **OUTCOMES OF PATIENTS EVALUATED FOR LIVER TRANSPLANT WITH LESS THAN 6 MONTHS OF ABSTINENCE FROM ALCOHOL**
  Judge, G., Wu, W., Goel, A., Hussain, F., Daugherty, T., Kwong, A. J.
  WILEY.2022: S979-S980

- **Cannabinoids and solid organ transplantation: Psychiatric perspectives and recommendations.** *Transplantation reviews (Orlando, Fla.)*
  Winder, G. S., Andrews, S. R., Banerjee, A. G., Hussain, F., Ivkovic, A., Kuntz, K., Omary, L., Shenoy, A., Thant, T., VandenBerg, A., Zimbrean, P.
  2022; 36 (4): 100715

- **Substance use screening in transplant populations: Recommendations from a consensus workgroup.** *Transplantation reviews (Orlando, Fla.)*
  Jowsey-Gregoire, S., Jannetto, P. J., Jesse, M. T., Fleming, J., Winder, G. S., Balliet, W., Kuntz, K., Vasquez, A., Weinland, S., Hussain, F., Weinrieb, R., Fireman, M., Nickels, et al
  2022; 36 (2): 100694

- **PSYCHOSOCIAL PREDICTORS OF ALCOHOL RELAPSE AMONG LIVER TRANSPLANT CANDIDATES WITH ALCOHOL-RELATED LIVER DISEASE**
  Sedki, M., Kwo, P., Ahmed, A., Hussain, F., Kwong, A. J., Goel, A.
  WILEY.2021: 246A-247A

- **STANFORD INTEGRATED PSYCHOSOCIAL ASSESSMENT FOR TRANSPLANT (SIPAT) IS SUPERIOR TO SALT AND HRAR IN IDENTIFYING LT CANDIDATES WITH ALD AT LOW RISK OF RELAPSE**
  Sedki, M., Kwo, P., Ahmed, A., Hussain, F., Kwong, A. J., Goel, A.
  WILEY.2021: 253A-254A

- **The Stanford integrated psychosocial assessment for transplantation (SIPAT) is an effective tool at identifying limited sobriety candidates with alcohol-related liver disease and low risk of relapse**
  Sedki, M., Ahmed, A., Hussain, F., Maldonado, J., Goel, A.
  ELSEVIER.2020: S187