



Ryan Christopher Padrez

Clinical Professor, Pediatrics - General Pediatrics

CLINICAL OFFICE (PRIMARY)

- **Gardner Packard Childrens Health Center**

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Bio

BIO

Ryan is a Clinical Associate Professor of Pediatrics at Stanford University's Division of General Pediatrics. His primary clinical practices are at Gardner Packard Children's Health Center and Lucile Packard Children's Hospital. In addition to his work at Stanford, Ryan also serves as the Medical Director for The Primary School, a new integrated health and education model that serves low income children and families in East Palo Alto, CA. His work and leadership focuses on the intersection and reform of primary pediatric care and early childhood education. He works to integrate systems and promote models that ensure high quality care is accessible to all children.

Ryan graduated from Stanford University with a BA in Human Biology and earned his MD at University of California, San Francisco (UCSF). He completed his pediatric residency at UCSF and participated in UCSF's Pediatric Leadership for the Underserved (PLUS) program. He went on to complete a chief resident year at The San Francisco General Hospital and Trauma Center.

CLINICAL FOCUS

- Pediatrics

ACADEMIC APPOINTMENTS

- Clinical Professor, Pediatrics - General Pediatrics
- Member, Maternal & Child Health Research Institute (MCHRI)

PROFESSIONAL EDUCATION

- Residency: UCSF Pediatric Department (2015) CA
- Chief Resident, University of California, San Francisco , San Francisco General Hospital (2015)
- Board Certification: Pediatrics, American Board of Pediatrics (2015)
- Pediatric Residency, University of California, San Francisco , Pediatric Leadership for the Underserved Program (PLUS) (2014)
- MD, University of California, San Francisco (2011)
- BA, Stanford University , Human Biology (2002)

COMMUNITY AND INTERNATIONAL WORK

- Medical Director of The Primary School

Teaching

COURSES

2025-26

- Reducing Health Disparities and Closing the Achievement Gap through Health Integration in Schools: HUMBIO 122E, PEDS 229 (Win)

2024-25

- Reducing Health Disparities and Closing the Achievement Gap through Health Integration in Schools: HUMBIO 122E, PEDS 229 (Win)

2023-24

- Reducing Health Disparities and Closing the Achievement Gap through Health Integration in Schools: EDUC 429, HUMBIO 122E, PEDS 229 (Win)

2022-23

- Reducing Health Disparities and Closing the Achievement Gap through Health Integration in Schools: EDUC 429, HUMBIO 122E, PEDS 229 (Win)

Publications

PUBLICATIONS

- **School Suspension and Expulsion: Policy Statement.** *Pediatrics*
Jain, S. K., Beers, N., Padrez, R.
2024; 154 (4)
- **Beyond mortality: early childhood development and COVID's impact.** *Pediatric research*
Zahedivash, A., Padrez, R., Chamberlain, L. J.
2023
- **A Lost Pandemic Generation: Only If We Do Not Act Now.** *JAMA network open*
Padrez, R. C., Chamberlain, L. J., Wise, P. H.
2023; 6 (1): e2249267
- **Fostering Enhanced Integration Between Early Education and Pediatric Primary Care to Support Whole-Child Health** *NEJM Catalyst Innovations in Care Delivery*
Padrez, R. C., Iyer, N., Espinas, P., Dhingra, K. R.
2023; 4 (5)
- **Keeping Time: Implementing Appointment-based Family-centered Rounds.** *Pediatric quality & safety*
Bekmezian, A., Fiore, D. M., Long, M., Monash, B. J., Padrez, R., Rosenbluth, G., Sun, K. I.
2019; 4 (4): e182
- **Stepping Out of the Walls of the Clinic: Integrating Health and Education** *Journal of the San Francisco Marin Medical Society*
Padrez, R.
2018; 91 (8): 23-24
- **Developing the PedsValue Modules - A National Pediatric High Value Care Curriculum.** *Academic pediatrics*
Avery, C. S., Beck, J., Padrez, R., LaRue Walker, L., Herrmann, L. E., Woods, S., Schroeder, A. R., Schickedanz, A.
2017
- **R-SCAN: Imaging for Pediatric Minor Head Trauma.** *Journal of the American College of Radiology*
Lee, S., Grant, G. A., Fisher, P. G., Imler, D., Padrez, R., Avery, C., Sharp, A. L., Wintermark, M.
2017; 14 (2): 294-297
- **The impact of moderate-vigorous intensity physical education class immediately prior to standardized testing on student test-taking behaviors** *MENTAL HEALTH AND PHYSICAL ACTIVITY*

Thompson, H. R., Duvall, J., Padrez, R., Rosekrans, N., Madsen, K. A.
2016; 11: 7–12

- **Using Your Voice Effectively: Advocacy as a Resident** *Journal of the San Francisco Medical Society*
Padrez, R.
2011; 84 (10)
- **Better evidence for real healthcare reform.** *Expert review of pharmacoeconomics & outcomes research*
Redberg, R., Padrez, R.
2007; 7 (5): 423-426
- **The Medicare Drug Benefit: Implications for California**
White, C., Blum, J., Padrez, R.
The California Healthcare Foundation. www.chcf.org.
2005 ; Issue Brief
- **The Medicare Drug Benefit: Implications for Chronic Disease Care**
White, C., Blum, J., Padrez, R., Gustafsson, L.
The California Healthcare Foundation. www.chcf.org.
2005 ; Issue Brief
- **The Use of Oregon's Evidence-based Reviews for Medicaid Pharmacy Policies: The Experiences in Four States**
Padrez, R., Carino, T., Blum, J., Mendelson, D.
The Kaiser Family Foundation. www.kff.org.
2005
- **Oregon's Medicaid PDL: Will an Evidence-based Formulary with Voluntary Compliance set a Precedent for Medicaid?**
Bernasek, C., Mendelson, D., Padrez, R., Harrington, C.
The Kaiser Family Foundation. www.kff.org.
2004