Stanford

Tope Rude, MD

Clinical Assistant Professor, Urology

CLINICAL OFFICE (PRIMARY)

- **Center for Academic Medicine Urology**

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Bio

BIO

Dr. Rude is a board-certified, fellowship-trained urologist and pelvic reconstructive surgeon with Stanford Health Care Pelvic Health Center and the Stanford Urology Clinic. She is also a clinical assistant professor in the Department of Urology at Stanford University School of Medicine.

Dr. Rude specializes in pelvic medicine and reconstructive surgery. She is skilled in male and female genitourinary (urinary tract and reproductive organ) reconstruction, complex voiding dysfunction (issues with urinating), and neurourology (bladder problems related to spinal injuries and neurological disorders). She offers the full spectrum of care for pelvic organ prolapse, customized for the individual patient, and including vaginal surgery, robot assisted surgery, mesh augmented repairs, hysterectomy and obliterative procedures. She also offers broad surgical options for urethral reconstruction, including novel minimally invasive techniques, open repair with graft augmentation, and robot assisted repairs. Robotic approaches to care for distal ureteral stricture disease, neurogenic bladder and urinary fistula allow her to provide excellent outcomes for patients.

Her research interests include improving patient-reported outcomes after pelvic organ prolapse surgery, as well as the medical and surgical management of neurogenic (nervous system based) bladder and complex voiding dysfunction. She has also studied the interaction between race and prostate cancer treatment among the veteran population. Her active research endeavors include clinical trial of a novel implanted peripheral neuromodulation device for urgency incontinence and multi-center studies of voiding dysfunction.

Dr. Rude has received numerous awards, including winning first place in the socioeconomic category of the American Urologic Association's (AUA) New York Section Annual Valentine Essay Contest. She also won best presentation at AUA's Veteran Affairs Forum. Dr. Rude received the Society of Urodynamics, Female Pelvic Medicine & Urogenital Reconstruction (SUFU) Chemodenervation Grant and the National Institutes of Health/National Medical Association Travel Award.

Dr. Rude has published in several peer-reviewed journals, including Cancer, The Journal of Urology, and Urology. She has delivered presentations at the annual meetings of AUA and SUFU. In addition, she has presented at the World Congress of Endourology and Uro-Technology.

Dr. Rude is a member of AUA and SUFU. She is awas an inaugural fellow of the Well Black Woman Institute, which is part of The Foundation for Black Women's Wellness in Madison, Wisconsin.

CLINICAL FOCUS

- Urogynecology and Reconstructive Pelvic Surgery

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Urology

PROFESSIONAL EDUCATION

- Board Certification: Urogynecology and Reconstructive Pelvic Surgery, American Board of Urology (2023)
- Board Certification: Urology, American Board of Urology (2022)
- Fellowship: USC Female Pelvic Medicine and Reconstructive Surgery Fellowship (2020) CA
- Residency: NYU Langone Medical Center GME Programs (2018) NY
- Internship: NYU Langone Medical Center GME Programs (2014) NY
- Medical Education: Stanford University School of Medicine (2013) CA

Publications

PUBLICATIONS

- **Editorial Comment.** *The Journal of urology*
  Rude, T.
  2025: 101097JU0000000000004693

- **Self-identification of Pelvic Floor Disorder Symptoms Among Latina Women: The Roles of Knowledge, Attitude, Behaviors, Beliefs, and Psychosocial Factors** *JOURNAL OF RACIAL AND ETHNIC HEALTH DISPARITIES*
  Rude, T., Sevilla, C., Chen, N., Marin, P., Chavez, A., Yosufi, N., Unger, J. B., Baezconde-Garbanati, L., Dancz, C. E., Ginsberg, D., Rodriguez, L. V., Stern, M. C.
  2025

- **Interaction between race and prostate cancer treatment benefit in the Veterans Health Administration.** *Cancer*
  Rude, T., Walter, D., Ciprut, S., Kelly, M. D., Wang, C., Fagerlin, A., Langford, A. T., Lepor, H., Becker, D. J., Li, H., Loeb, S., Ravenell, J., Leppert, et al
  2021

- **The Association of Veterans' PSA Screening Rates With Changes in USPSTF Recommendations.** *Journal of the National Cancer Institute*
  Becker, D. J., Rude, T., Walter, D., Wang, C., Loeb, S., Li, H., Ciprut, S., Kelly, M., Zeliadt, S. B., Fagerlin, A., Lepor, H., Sherman, S., Ravenell, et al
  2021; 113 (5): 626-631

- **Transvaginal Paravaginal Native Tissue Anterior Repair Technique: Initial Outcomes.** *Urology*
  Rude, T., Sanford, M., Cai, J., Sevilla, C., Ginsberg, D., Rodriguez, L. V.
  2021; 150: 125-129

- **The Role of Health Insurance in Patient Reported Satisfaction with Bladder Management in Neurogenic Lower Urinary Tract Dysfunction Due to Spinal Cord Injury.** *The Journal of urology*
  Rude, T., Moghalu, O., Stoffel, J., Lenherr, S., Myers, J. B., Elliott, S., Welk, B., Herrick, J. S., Presson, A. P., Ginsberg, D. A.
  2021; 205 (1): 213-218

- **Mirabegron versus solifenacin in multiple sclerosis patients with overactive bladder symptoms: a prospective comparative non-randomized study.** *Urology*
  Brucker, B. M., Jericevic, D., Rude, T., Enemchukwu, E., Pape, D., Rosenblum, N., Charlson, E. R., Zhovtis-Ryerson, L., Howard, J., Krupp, L., Peyronnet, B.
  2020

- **The Role of Urodynamics in the Pre-transplant Evaluation of Renal Transplant.** *Current urology reports*
  Rude, T., Nassiri, N., Naser-Tavakolian, A., Ginsberg, D.
  2019; 20 (5): 26

- **Exploring the bowel and bladder dysfunction relationship in a multiple sclerosis population**
  Jericevic, D. K., Peyronnet, B., Rude, T., Enemchukwu, E., Palmerola, R., Sussman, R., Pape, D., Rosenblum, N., Sammarco, C., Zhovtis-Ryerson, L., Kister, I., Howard, J., Krupp, et al
  WILEY.2019: S125–S126

- **Analysis of National Trends in Hospital Acquired Conditions Following Major Urologic Surgery Before and After Implementation of the Hospital Acquired Condition Reduction Program.** *Urology*
  Rude, T. L., Donin, N. M., Cohn, M. R., Meeks, W., Gulig, S., Patel, S. N., Wysock, J. S., Makarov, D. V., Bjurlin, M. A.
  2018; 119: 79-84

- **Burden of Disease for Urethral Stricture Managed by Repeat Endoscopic Treatment vs Single Endoscopic Treatment or Urethroplasty in the Veterans Affairs Population.** *Urology practice*
  Rude, T. L., Khurana, K., Yamaguchi, Y., Walter, D., Makarov, D., Zhao, L. C.
  2018; 5 (4): 299-304

- **3D printed renal cancer models derived from MRI data: application in pre-surgical planning.** *Abdominal radiology (New York)*
  Wake, N., Rude, T., Kang, S. K., Stifelman, M. D., Borin, J. F., Sodickson, D. K., Huang, W. C., Chandarana, H.
  2017; 42 (5): 1501-1509

- **EFFICACY AND TOLERABILITY OF MIRABEGRON IN MULTIPLE SCLEROSIS: A PROSPECTIVE**
  Rude, T. L., Enemchukwu, E., Sammarco, C., Nitti, V., Brucker, B.
  WILEY-BLACKWELL.2016: S49

- **Optogenetic disruption of sleep continuity impairs memory consolidation** *PROCEEDINGS OF THE NATIONAL ACADEMY OF SCIENCES OF THE UNITED STATES OF AMERICA*
  Rolls, A., Colas, D., Adamantidis, A., Carter, M., Lanre-Amos, T., Heller, H. C., de Lecea, L.
  2011; 108 (32): 13305-13310

- **Association Between Cerebral Shape and Social Use of Language in Williams Syndrome** *AMERICAN JOURNAL OF MEDICAL GENETICS PART A*
  Gothelf, D., Searcy, Y. M., Reilly, J., Lai, P. T., Lanre-Amos, T., Mills, D., Korenberg, J. R., Galaburda, A., Bellugi, U., Reiss, A. L.
  2008; 146A (21): 2753-2761