



Zainab Hosseini

Postdoctoral Scholar, Psychology

Bio

BIO

Dr. Hosseini focuses on building evidence-based psychological interventions for youth impacted by chronic adversities, with a special interest in supporting forcibly displaced youth (refugees, IDPs, etc.). She has over a decade of experience in addressing issues of cultural and contextual fit in behavioral intervention science. Through a decolonial lens, Dr. Hosseini has developed the framework of responsiveness in psychological interventions to guide researchers and practitioners in building programs that systemically prioritize community wisdom, particularly when determining the core psychological and behavioral components of interventions. In addition to their design, she uses mixed methods approaches in longitudinal field experiments to rigorously test the effectiveness of interventions.

Dr. Hosseini holds a PhD in Developmental and Psychological Sciences from Stanford University. She completed a Master of Education at Harvard University where she collaborated with the United Nations High Commissioner for Refugees, and she also holds a Master of Social Work from the University of Michigan. Dr. Hosseini completed her clinical fellowship at the Boston Children's Hospital where she worked as a psychotherapist in the Division of Adolescent Medicine.

Currently, Dr. Hosseini is a National Institute of Mental Health T32 Postdoctoral Fellow in the Stanford Department of Psychology and Department of Psychiatry and Behavioral Sciences. She is a consultant with the World Bank and a licensed mental health provider.

HONORS AND AWARDS

- Stanford Global Health Seed Grant, Center for Innovation in Global Health (06/2023)
- Spectrum Community Engagement Pilot Award, Stanford University School of Medicine (06/2022)
- Dissertation Fellowship, National Academy of Education / Spencer Foundation (06/2022)
- Graduate Summer Fellowship for Community Engaged Research, Haas Center for Public Service (06/2020)
- Graduate Public Service Fellowship, Haas Center for Public Service (09/2019)
- Hub Foundation Scholarship, Hub Foundation (10/2019)
- AERA Division E Seed Grant, American Educational Research Association (6/2021)

STANFORD ADVISORS

- Greg Walton, Postdoctoral Faculty Sponsor
- Nilam Ram, Postdoctoral Research Mentor

Research & Scholarship

RESEARCH INTERESTS

- Adolescence
- Immigrants and Immigration
- Psychology
- Research Methods
- Social and Emotional Learning

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Culturally - contextually responsive psychosocial support services for refugees

LAB AFFILIATIONS

- Jeanne Tsai, Culture and Emotion Lab (9/1/2020)
- Rania Awaad, Muslim Mental Health and Islamic Psychology (9/1/2019)
- Teresa LaFromboise (9/1/2017)

Publications

PUBLICATIONS

- **Caring for the mental health of Afghan refugee youth through a decolonial paradigm: A qualitative analysis of distress, coping mechanisms, and priorities for treatment.** *American journal of community psychology*
Hosseini, Z., Alucozai, D., Ahmad, S., Omid, M., Khatib, Z., Mansouri, M., Awaad, R.
2025
- **Towards a Strength-Based Lens for Understanding Refugee Parenting: Emotion Socialization Across Displacement Contexts** *Journal of Child and Family Studies*
Hosseini, Z., Alkhani, L., Alucozai, D.
2025
- **Home, School, and Community-based Services for Forcibly Displaced Youth and Their Families.** *Child and adolescent psychiatric clinics of North America*
Hosseini, Z., Motamedi, M.
2024; 33 (4): 677-692
- **Ethnic Racial Identity Development and Self-Esteem among Native American Adolescents: The Mediating Role of Peer Belonging.** *American Indian and Alaska native mental health research (Online)*
Hosseini, Z., LaFromboise, T.
2024; 31 (1): 1-30
- **Effects of bicultural competence and racial identity on intrinsic motivation: The mediating role of belonging to Native American tribal colleges** *CONTEMPORARY EDUCATIONAL PSYCHOLOGY*
LaFromboise, T., Rosales, O., Hosseini, Z.
2023; 74
- **Islam and Suicide: An Interdisciplinary Scoping Review** *SPIRITUALITY IN CLINICAL PRACTICE*
Awaad, R., Quadri, Y., Suleiman, K., Husain, A., Hosseini, Z., Rehman, O., Elzamzamy, K., Abdelrehim, A., Rushdi, R., Hill, T., Koenig, H.
2023; 10 (1): 32-51
- **Predictors of depression among Syrian refugee women: A socio-culturally relevant analysis.** *The International journal of social psychiatry*
Hosseini, Z., Bakdash, T., Ahmad, S., Awaad, R.
2023: 207640231155810

- **A Systematic Review of Evidence-Based Interventions for Afghan Refugee Mental Health: A Cultural Adaptation Analysis** *Journal of Cross-Cultural Psychology*
Hosseini, Z., Syed, H., Raza, Z., Mansouri, M., Magan, I., Awaad, R.
2023
- **Ethnic Identity and self-esteem development among young adult refugee Teachers in Greece: A Collaborative Teaching Model** *Teachers in crisis contexts: Promising practices in teacher well-being, management, and school leadership*
Hosseini, Z., Serra, M.
Inter-agency Network for Education in Emergencies.2022: 9-12

PRESENTATIONS

- How Trauma-Informed Education Can Mitigate the Impact of War and Displacement - Comparative International Education Society (4/2019)
- Social and Emotional Competencies in the Eyes of Refugee Caregivers - Comparative International Education Society (4/2021)
- Building Interventions that Work: Trauma-Informed Social Emotional Learning - Fordham University (9/2019)
- Refugee Mental Health and Trauma Informed Care - University of San Diego School of Medicine (11/2020)