I am interested in investigating the role of stress and emotion regulatory system in chronic pain and substance use. Ultimately, I want to develop mechanisms-based psychological interventions for patients suffering from chronic pain to optimize pain management strategies with less medications and substances and to help patients live meaningful life.

**CLINICAL FOCUS**
- Psychologist
- Chronic Pain
- Pain Management

**ACADEMIC APPOINTMENTS**
- Clinical Assistant Professor, Anesthesiology, Perioperative and Pain Medicine

**PROFESSIONAL EDUCATION**
- Fellowship: Stanford University Division of Pain Medicine (2019) CA
- Internship: Wright State University School of Psychology (2017) OH
- BSN, Hanyang University , Nursing (1997)
- BA, Case Western Reserve University , Psychology (2007)
- MS, Texas A&M University , Clinical Psychology (2012)
- PhD, Texas A&M University , Clinical Psychology (2017)
LINKS

- Google Scholar: https://scholar.google.com/citations?user=73WWeCQAAAAJ&hl=en
- Research Gate: https://www.researchgate.net/profile/Dokyoung-You/research

Research & Scholarship

CLINICAL TRIALS

- Pain Catastrophizing and Prescription Opioid Craving, Recruiting
- Virtual Empowered Relief for Chronic Pain, Recruiting

Publications

PUBLICATIONS

- "My Surgical Success": Feasibility and Impact of a Single-Session Digital Behavioral Pain Medicine Intervention on Pain Intensity, Pain Catastrophizing, and Time to Opioid Cessation After Orthopedic Trauma Surgery—A Randomized Trial. Anesthesia and analgesia
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