



Erica P. Cahill MD, MSCP

Clinical Associate Professor, Obstetrics & Gynecology

CLINICAL OFFICE (PRIMARY)

- **Stanford Gynecology Clinic**

900 Blake Wilbur Dr

Garden Level

Palo Alto, CA 94304

Tel (650) 725-6079

Fax (650) 723-7737

Bio

BIO

Dr. Erica P. Cahill, MD, MS(c), is a Clinical Associate Professor of Obstetrics and Gynecology and Complex Family Planning at Stanford University School of Medicine, where she also serves as the Associate Chair of Education. She leads the department's educational strategy, prioritizing excellence, equity, and innovation. A clinical expert in gynecology, Dr. Cahill's practice is trauma-informed and resilience-based. She is board certified in Complex Family Planning and is a Menopause Society Certified Provider. She specializes in sexual health, vaginismus, complex contraception, pregnancy loss, abortion care, abnormal uterine bleeding, polycystic ovarian syndrome and menopause.

A medical education champion, Dr. Cahill is the Associate Chair of Education for the Department of Ob-Gyn, the Fellowship Director for the Complex Family Planning Fellowship and the Reproductive Health Block Director for pre-clinical medical students. Her scholarly work aims to advance trauma-informed care in obstetrics and gynecology, enhancing patient experiences and outcomes through innovative educational practices, communication tools and integration of new technologies. Dr. Cahill is also a member of the Stanford School of Medicine Curriculum Committee and the Stanford Medicine Children's Hospital Ethics Committee.

CLINICAL FOCUS

- Complex Family Planning
- Preconception Care
- LGBTQ plus Reproductive Care
- Menopause Transition Care
- Sexual Health Care
- Trauma Informed Care

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Obstetrics & Gynecology
- Member, Maternal & Child Health Research Institute (MCHRI)

ADMINISTRATIVE APPOINTMENTS

- Assistant Program Director, Stanford OB-GYN Clerkship Rotation, (2022- present)
- Block Director, Reproductive Health Block, Stanford School of Medicine, (2020- present)
- Assistant Fellowship Director, Fellowship in Complex Family Planning, (2020- present)
- Ryan Program Director, Stanford University, (2020- present)
- Gynecology Rotation Director, Stanford Residency in Obstetrics and Gynecology, (2020- present)
- Complex Family Planning Elective, Stanford Gynecology, (2021- present)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, District IX Committee for Underserved Women (starting 2021), American College of Obstetricians and Gynecologists (2013 - present)
- Member, Education Committee, Society of Family Planning (SFP) (2016 - present)
- Member, American Society of Reproductive Medicine (ASRM) (2018 - present)
- Fellow, American Board of Obstetrics and Gynecology (ABOG) (2020 - present)

PROFESSIONAL EDUCATION

- Board Certification: Complex Family Planning, American Board of Obstetrics and Gynecology (2023)
- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (2020)
- MS, Stanford University , Clinical Epidemiology (2019)
- Fellowship: Stanford University Family Planning Fellowship (2019) CA
- Residency: George Washington University School of Medicine and Health Sciences (2017) DC
- Medical Education: University of Vermont College of Medicine (2013) VT

COMMUNITY AND INTERNATIONAL WORK

- Reproductive Health Education with Loom

Research & Scholarship

RESEARCH INTERESTS

- Assessment, Testing and Measurement
- Gender Issues
- Parents and Family Issues
- Poverty and Inequality
- Race and Ethnicity
- Science Education

CURRENT RESEARCH AND SCHOLARLY INTERESTS

reproductive and sexual health care and education

CLINICAL TRIALS

- On Demand Contraception: Ulipristal Acetate Plus a COX-2 Inhibitor at Peak Fertility, Not Recruiting

Teaching

COURSES

2025-26

- Science of Medicine II-B: INDE 222B (Aut)

2024-25

- Science of Medicine II-B: INDE 222B (Aut)

2023-24

- Science of Medicine II-B: INDE 222B (Aut)

2022-23

- Science of Medicine II-B: INDE 222B (Aut)

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Epidemiology (Masters Program)

Publications

PUBLICATIONS

- **Digital and Data Security for Abortion Research in a Post-Dobbs Era: A Primer for Qualitative Researchers.** *Contraception*
Madera, M., Bennet, A., Bertash, K., Cahill, E. P., Benson, L. S.
2025: 111208
- **#Birth control: contraception conversations on social media.** *Current opinion in obstetrics & gynecology*
Caron, J., Cahill, E. P.
2025
- **Transcutaneous electrical nerve stimulation (TENS) for pain control during first-trimester procedural abortion: a blinded randomized controlled trial.** *Contraception*
Henkel, A., Cahill, E. P., Chavez, S., Shorter, J. M., Liu, S. M., Amaya, S. I., Kaur, S., Shaw, K. A.
2025: 110955
- **Unanswered Questions from Abortion Seekers: An application of the Research Prioritization by the Affected Community (RPAC) protocol in the Central Valley, California.** *Contraception*
Bane, S., Rivera, M., Soh, J. S., Yakzan, A., Lopez, K., Henkel, A., Cahill, E., Espinosa, P. R., Carmichael, S., Mastey, N.
2024: 110803
- **Rh sensitization in abortion care: where we've been and where we're going.** *Current opinion in obstetrics & gynecology*
Amaya, S. I., Cahill, E., Blumenthal, P. D.
2024
- **Comparing Transcervical Balloon with Osmotic Dilators for Cervical Preparation Prior to Procedural Abortion: a Non-Inferiority Randomized Trial.** *Contraception*
Liu, S. M., Henkel, A., Meza, P., Shorter, J. M., Cahill, E., Blumenthal, P. D., Shaw, K. A.
2024: 110550
- **Changes in male permanent contraception as partner access to long-acting reversible contraception (LARC) increases: an analysis of the National Survey for Family Growth, 2006-2010 versus 2017-2019.** *BMJ sexual & reproductive health*
Beshar, I., So, J. Y., Shaw, K. A., Cahill, E. P., Shaw, J. G.
2024
- **Adding a COX-2 inhibitor improves efficacy of emergency contraception.** *Lancet (London, England)*
Cahill, E. P.
2023

- **Lactational Amenorrhea Method for Postpartum Contraception: a content analysis of YouTube videos.** *American journal of obstetrics & gynecology MFM*
Henkel, A., Rice, K. P., Parameshwar, P. S., Cahill, E. P.
2023: 101122
- **The cost of loss: a secret shopper survey of mortuary disposition of fetal remains** *AMERICAN JOURNAL OF OBSTETRICS & GYNECOLOGY MFM*
Henkel, A., Burns, R. M., Spach, N. C., Cahill, E. P.
2023; 5 (7)
- **The cost of loss: a secret shopper survey of mortuary disposition of fetal remains.** *American journal of obstetrics & gynecology MFM*
Henkel, A., Burns, R. M., Spach, N. C., Cahill, E. P.
2023; 5 (7): 100986
- **Cabergoline for Lactation Inhibition After Second-Trimester Abortion or Pregnancy Loss: A Randomized Controlled Trial.** *Obstetrics and gynecology*
Henkel, A., Johnson, S. A., Reeves, M. F., Cahill, E. P., Blumenthal, P. D., Shaw, K. A.
2023; 141 (6): 1115-1123
- **New Gaps and Urgent Needs in Graduate Medical Education and Training in Abortion.** *Academic medicine : journal of the Association of American Medical Colleges*
Beasley, A. D., Olatunde, A., Cahill, E. P., Shaw, K. A.
2023
- **The ongoing crisis of abortion care education and training in the United States.** *Current opinion in obstetrics & gynecology*
Cahill, E. P., Meza, P. K.
2022; 34 (6): 373-378
- **Impact of a Potential 20-Week Abortion Ban on Likelihood of Completing Required Views in Second-Trimester Fetal Anatomy Ultrasound.** *American journal of perinatology*
Henkel, A., Beshar, I., Cahill, E. P., Blumenfeld, Y. J., Chueh, J., Shaw, K. A.
2022
- **The Cost of Loss: A Secret-Shopper Survey of Mortuary Disposition of Fetal Remains**
Burns, R., Henkel, A., Cahill, E.
LIPPINCOTT WILLIAMS & WILKINS.2022: 53S
- **The Cost of Loss: A Secret-Shopper Survey of Mortuary Disposition of Fetal Remains**
Burns, R., Henkel, A., Cahill, E.
LIPPINCOTT WILLIAMS & WILKINS.2022: 54S
- **Potential candidate for oral pericoital contraception: evaluating ulipristal acetate plus cyclo-oxygenase-2 inhibitor for ovulation disruption.** *BMJ sexual & reproductive health*
Cahill, E. P., Lerma, K., Shaw, K. A., Blumenthal, P. D.
2022
- **Trauma-informed abortion care.** *Current opinion in obstetrics & gynecology*
Cahill, E. P., Doyle, A.
2021; 33 (6): 453-457
- **Socioeconomic Differences Persist in Use of Permanent versus Long-Acting Reversible Contraception: An Analysis of the National Survey for Family Growth, 2006-2010 versus 2015-2017.** *Contraception*
Beshar, I., So, J., Chelvakumar, M., Cahill, E. P., Shaw, K. A., Shaw, J. G.
2020
- **Advances in contraception research and development.** *Current opinion in obstetrics & gynecology*
Cahill, E. P., Kaur, S.
2020
- **Sociodemographic Trends in Long Acting Reversible Contraception vs. Female Sterilization, 2006-2017**
Beshar, I. B., Chelvakumar, M., So, J., Cahill, E. P., Shaw, K. A., Shaw, J. G.

LIPPINCOTT WILLIAMS & WILKINS.2020: 100S

- **Self-managed abortion.** *Current opinion in obstetrics & gynecology*
Conti, J., Cahill, E. P.
2019; 31 (6): 435–40
- **Barriers to Completing Second-trimester Antenatal Screening: A Retrospective Cohort Study**
Beshar, I., Henkel, A., Cahill, E., Josh, Y., Shaw, K.
LIPPINCOTT WILLIAMS & WILKINS.2019: 25S
- **Misoprostol as an Adjunct to Overnight Osmotic Dilators Prior to Second Trimester Dilation and Evacuation: A Systematic Review and Meta-Analysis.** *Contraception*
Cahill, E. P., Henkel, A. n., Shaw, J. G., Shaw, K. A.
2019
- **Pericoital contraception.** *Current opinion in obstetrics & gynecology*
Cahill, E. P., Blumenthal, P. D.
2018; 30 (6): 400–406
- **Pericoital contraception** *CURRENT OPINION IN OBSTETRICS & GYNECOLOGY*
Cahill, E. P., Blumenthal, P. D.
2018; 30 (6): 400-406
- **Postpartum intrauterine devices: clinical and programmatic review** *AMERICAN JOURNAL OF OBSTETRICS AND GYNECOLOGY*
Goldthwaite, L. M., Cahill, E. P., Voedisch, A. J., Blumenthal, P. D.
2018; 219 (3): 235–41
- **Postpartum intrauterine devices: Clinical and programmatic review.** *American journal of obstetrics and gynecology*
Goldthwaite, L. M., Cahill, E. P., Voedisch, A. J., Blumenthal, P. D.
2018
- **Abortion in the media.** *Current opinion in obstetrics & gynecology*
Conti, J. A., Cahill, E. n.
2017; 29 (6): 427–30