Stanford



Kristin Raj

Clinical Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICE (PRIMARY)

- **Psychiatry Clinic**
  401 Quarry Rd Rm 2303
  Stanford, CA 94305
  Tel (650) 498-9111 **Fax** (650) 724-9900

Bio

BIO

Dr. Raj specializes in the treatment of mood disorders with an expertise in neuromodulation and in the psychopharmacological management of bipolar disorder. She is chief of interventional psychiatry, including transcranial magnetic stimulation and electroconvulsive therapy, co-chief of mood disorders and chief of the bipolar clinic. She is the director of education for interventional psychiatry where she manages resident education in ECT and TMS and development of didactics. She serves on the Committee on Performance, Professionalism and Promotion in the School of Medicine. She has served on the Board of Directors and the Education Committee of the Clinical TMS Society (CTMSS). She currently serves on the Board of Directors for the Foundation for the Advancement of Clinical TMS (FACTMS) and the Board of Directors for the National Network of Depression Centers (NNDC).

CLINICAL FOCUS

- Psychiatry
- Interventional psychiatry
- transcranial magnetic stimulation
- ECT
- bipolar disorder
- major depression
- physician well-being
- young adult relational distress

ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences

ADMINISTRATIVE APPOINTMENTS

- Chief, Interventional Psychiatry Section, Department of Psychiatry and Behavioral Sciences, (2022- present)
- Co-chief, Mood Disorders Section, Department of Psychiatry and Behavioral Sciences, (2021- present)
- Chief, Bipolar Clinic, Department of Psychiatry and Behavioral Sciences, (2021- present)

- Director of Education for Interventional Psychiatry, Department of Psychiatry and Behavioral Sciences, (2017- present)

HONORS AND AWARDS

- Chairman's Award in Educational Excellence, Stanford Department of Psychiatry (May 2019)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Board of Directors, Clinical TMS Society (2021 - present)
- Education committee member, Clinical TMS Society (2019 - present)

PROFESSIONAL EDUCATION

- Residency: Stanford University Psychiatry Residency (2015) CA
- Medical Education: Stanford University School of Medicine (2011) CA
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2015)
- Bachelor of Science, Case Western Reserve University , Biomedical engineering (2007)

Publications

PUBLICATIONS

- **Collaboratively Designed Neuroscience Curriculum for Psychiatry Residents.** *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*
  Tucciarone, J., Willard, D., Kleinman, R., Bentzley, B. S., Hayward, C., Raj, K. S.
  2023
- **Stanford Accelerated Intelligent Neuromodulation Therapy for Treatment-Resistant Depression.** *The American journal of psychiatry*
  Cole, E. J., Stimpson, K. H., Bentzley, B. S., Gulser, M. n., Cherian, K. n., Tischler, C. n., Nejad, R. n., Pankow, H. n., Choi, E. n., Aaron, H. n., Espil, F. M., Pannu, J. n., Xiao, et al
  2020: appiajp201919070720
- **Teaching Practice-Based Learning on Inpatient Psychiatric Services.** *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*
  Kalinowski, A., Raj, K. S., Bandstra, B. S.
  2019
- **What Do We Mean by Physician Wellness? A Systematic Review of Its Definition and Measurement** *ACADEMIC PSYCHIATRY*
  Brady, K. J. S., Trockel, M. T., Khan, C. T., Raj, K. S., Murphy, M., Bohman, B., Frank, E., Louie, A. K., Roberts, L.
  2018; 42 (1): 94–108
- **High-dose spaced theta-burst TMS as a rapid-acting antidepressant in highly refractory depression.** *Brain : a journal of neurology*
  Williams, N. R., Sudheimer, K. D., Bentzley, B. S., Pannu, J. n., Stimpson, K. H., Duvio, D. n., Cherian, K. n., Hawkins, J. n., Scherrer, K. H., Vyssoki, B. n., DeSouza, D. n., Raj, K. S., Keller, et al
  2018
- **Well-Being in Residency: A Systematic Review.** *Journal of graduate medical education*
  Raj, K. S.
  2016; 8 (5): 674-684
- **Hypomagnesemia in Adolescents With Eating Disorders Hospitalized for Medical Instability** *NUTRITION IN CLINICAL PRACTICE*
  Raj, K. S., Keane-Miller, C., Golden, N. H.
  2012; 27 (5): 689-694

PRESENTATIONS

- Training the Next Generation of Psychiatrists: Models for Incorporating "Interventional Psychiatry" Into Residency Training - APA; cancelled due to COVID-19 (May 2020)