Stanford



Mehak Chopra

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICE (PRIMARY)

- **General Psychiatry Clinic**

  401 Quarry Rd

  MC 5717

  Stanford, CA 94305

  Tel (650) 498-9111 **Fax** (650) 724-9900

Bio

BIO

Her expertise lies in treating special populations such as athletes and students. She has also had training in dealing with cultural psychiatry issues. She has been trained to treat students with a variety of mental health issues – ADHD, Bipolar disorder, schizophrenia, eating disorders, insomnia, mood disorder and personality disorders.

CLINICAL FOCUS

- Psychiatry
- Student Population
- Athletes

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

PROFESSIONAL EDUCATION

- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2023)
- Board Certification: Psychiatry, American Osteopathic Board of Neurology and Psychiatry (2023)
- Fellowship: Stanford University Psychiatry and Behavioral Sciences (2018) CA
- Residency: Stony Brook University School of Medicine (2017) NY
- Medical Education: Lake Erie College of Osteopathic Medicine (2013) PA

Publications

PUBLICATIONS

- **National Trends in College Mental Health** *College Psychiary: Strategies to Improve Access to Mental Health*
  Alexander, A., Siegel, S., Chopra, M.
  2021

- **Special Populations: College and University Students** *INTERVENING EARLY IN PSYCHOSIS: A TEAM APPROACH*
  Hardy, K. V., Ballon, J. S., Chopra, M., Noordsy, D. L.
  edited by Hardy, K. V., Ballon, J. S., Noordsy, D. L., Adelsheim, S.
  2019: 403–15