



Alicia Mirza

Clinical Assistant Professor, Medicine - Pulmonary, Allergy & Critical Care Medicine

CLINICAL OFFICE (PRIMARY)

- **Pulmonary and Critical Care**

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Bio

BIO

Dr. Alicia Mirza is quadruple board-certified in Internal Medicine, Pediatrics, Pulmonary Medicine, and Critical Care Medicine. She is now an Assistant Professor in the Division of Pulmonary, Allergy, and Critical Care Medicine (PACCM) at Stanford, where she serves as Associate Director of the Adult Cystic Fibrosis (CF) Program.

She has expertise across a breadth of pulmonary and intensive care domains, with her clinical and research interests centering on CF and bronchiectasis. She is a CF Foundation (CFF) Program for Adult Care Excellence grant awardee. She has worked on quality improvement projects in adult CF care, including initiatives in advanced care planning, pediatric to adult transitions, primary care utilization, and remote monitoring. She is involved in clinical trials as well as registry-based research in both CF and non-CF bronchiectasis.

Nationally, Dr. Mirza was elected to the CHEST Bronchiectasis Network, where she collaborates with experts across the country to expand education in bronchiectasis through podcasts, training modules, and lectures. An active educator, Dr. Mirza teaches Stanford medical students, residents, and fellows. She is engaged both locally and internationally through conference presentations at CHEST, California Thoracic Society, and the North American CF Conference.

She also serves as Co-director of Wellbeing for Stanford PACCM, where she is committed to advancing faculty wellness and fostering a culture of professional fulfillment. In both her clinical and academic work, she emphasizes a holistic approach to supporting patients and colleagues alike, with attention to the whole person and the systems that sustain their health and wellbeing.

CLINICAL FOCUS

- Cystic Fibrosis
- Bronchiectasis
- Asthma

- Critical Care
- Critical Care Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Pulmonary, Allergy & Critical Care Medicine
- Member, Maternal & Child Health Research Institute (MCHRI)

PROFESSIONAL EDUCATION

- Board Certification: Critical Care Medicine, American Board of Internal Medicine (2020)
- Fellowship: Stanford University Pulmonary and Critical Care Fellowship (2020) CA
- Board Certification: Pediatrics, American Academy of Pediatrics (2018)
- Board Certification: Internal Medicine, American Board of Internal Medicine (2017)
- Residency: UCLA Medical Center Internal Medicine (2017) CA
- Medical Education: Loyola University Stritch School of Medicine (2013) IL
- Residency, University of California, Los Angeles , Internal Medicine and Pediatrics (2017)
- M.D., Loyola Stritch School of Medicine (2013)
- B.S., University of Michigan (2008)

Publications

PUBLICATIONS

- **Respiratory rate measured by high-adherence wearable correlates with clinical predictors of pulmonary exacerbation in cystic fibrosis patients**
Milla, C., Spano, J., Demchak, L., Conti, T., Mirza, A., Teresi, R.
EUROPEAN RESPIRATORY SOC JOURNALS LTD.2025
- **The impact of pregnancy on mortality and lung function in cystic fibrosis patients.** *Journal of cystic fibrosis : official journal of the European Cystic Fibrosis Society*
Mohabir, P. K., Gunturkun, F., Cannon, J., Deng, Y., Garcia, A., Shahriary, E., Mirza, A.
2025
- **Primary care use in cystic fibrosis: comparative analysis of patient and provider perceptions** *North American Cystic Fibrosis Conference*
Mirza, A., Wiltsie, M., Deng, W., Gunturkun, F., Mohabir, P.
2023
- **Cystic fibrosis telemedicine in the era of COVID-19.** *JAMIA open*
Rad, E. J., Mirza, A. A., Chhatwani, L., Purington, N., Mohabir, P. K.
2022; 5 (1): ooac005
- **3D Printing and the Cystic Fibrosis Lung** *JOURNAL OF CYSTIC FIBROSIS*
Mirza, A. A., Robinson, T. E., Gifford, K., Guo, H.
2019; 18 (2): 278–79
- **Opportunities to Improve Utilization of Palliative Care among Adults with Cystic Fibrosis: A Systematic Review.** *Journal of pain and symptom management*
Marmor, M. n., Jonas, A. n., Mirza, A. n., Rad, E. n., Wong, H. n., Aslakson, R. A.
2019
- **3D Printing and the Cystic Fibrosis Lung.** *Journal of cystic fibrosis : official journal of the European Cystic Fibrosis Society*
Mirza, A. A., Robinson, T. E., Gifford, K., Guo, H. H.
2018