Stanford



Ananta Addala

Associate Professor of Pediatrics (Endocrinology)

Pediatrics - Endocrinology

CLINICAL OFFICE (PRIMARY)

- **Pediatric Endocrinology**

  300 Pasteur Dr Rm G313

  MC 5208

  Stanford, CA 94305

  Tel (650) 723-5791 **Fax** (650) 725-8375

Bio

BIO

Dr. Ananta Addala is a pediatric endocrinologist and physician scientist at Stanford University addressing access in pediatric type 1 diabetes management and outcomes. As a physician with a background in pediatric endocrinology, epidemiology, and behavioral health, she aims to build an evidence-based approach to addressing T1D disparities by systematically evaluating youth-, family-, provider-, and system-level barriers to optimal diabetes care in youth who underutilize diabetes technology.

To date, her publications have demonstrated that the disparities in pediatric T1D by socioeconomic status are worsening in the US, provider bias against public insurance is common, and public insurance mediated interruptions to diabetes technology adversely impact glycemic outcomes. She has been leading efforts to recruit and retain individuals living with or at risk for a condition in clinical trials, through engagement initiatives, her leadership at Stanford Pediatrics, and her role as co-chair of TrialNet's Recruitment Engagement Committee.

CLINICAL FOCUS

- Pediatric Endocrinology

ACADEMIC APPOINTMENTS

- Associate Prof-Univ Med Line, Pediatrics - Endocrinology
- Member, Maternal & Child Health Research Institute (MCHRI)

HONORS AND AWARDS

- Inspiring Early Academic Career Award, Stanford University Faculty Women’s Forum (05/2025)
- Clinical Science Research Award, Stanford University Department of Pediatrics (06/2023)
- Young Investigator Award, International Society for Pediatric and Adolescent Diabetes (10/2022)
- Advocacy Award, Stanford University Department of Pediatrics (06/2021)

PROFESSIONAL EDUCATION

- Residency: LAC USC Pediatric Residency (2017) CA
- Board Certification: Pediatric Endocrinology, American Board of Pediatrics (2021)
- Fellowship: Stanford University Pediatric Endocrinology Fellowship (2020) CA
- Board Certification: Pediatrics, American Board of Pediatrics (2016)
- Medical Education: University of New England College of Osteopathic Medicine (2013) ME

LINKS

- Twitter: https://twitter.com/DrAAddala

Research & Scholarship

CLINICAL TRIALS

- BEAD-T1D: Building the Evidence to Address Disengagement in Type 1 Diabetes, Not Recruiting

Publications

PUBLICATIONS

- **Islet Autoantibody Patterns Vary by Race and Ethnicity and Area Deprivation Index for Individuals at Risk for Type 1 Diabetes.** *Diabetes care*
  Addala, A., Cabrera, S., Cuthbertson, D., Libman, I., Tosur, M., Siller, A. F., DiMeglio, L. A., Herold, K. C., Redondo, M. J., Ismail, H. M.
  2026
- **Mitigating Glycemic Disparities: Understanding Contributions of Sociodemographic Variables in the 4T Study.** *The Journal of pediatrics*
  Addala, A., Ritter, V., Shaw, B., Bishop, F. K., Zaharieva, D. P., Hood, K. K., Prahalad, P., Unaka, N., Desai, M., Maahs, D. M.
  2026: 115156
- **Building the evidence to address disparities in type 1 diabetes (BEAD-T1D): methods and design of a study examining barriers and promoters to diabetes device use in families with public insurance.** *Frontiers in endocrinology*
  Figg, L. E., Medina Peñaranda, R., Garfias Silva, D., Hanes, S., Shaw, G. M., Chamberlain, L. J., Naranjo, D., Raymond, J. K., Maahs, D. M., Hood, K. K., Addala, A.
  2026; 17: 1815131
- **THE ROLE OF PERCEIVED DISCRIMINATION IN DIABETES DISPARITIES: EXPERIENCE OF UNDERREPRESENTED INDIVIDUALS**
  Addala, A.
  SAGE PUBLICATIONS INC.2026: 45S
- **"The pump is one thing… but you should walk out of the hospital with a [sensor]": Perceptions on diabetes technology from minoritized caregivers in the US.** *Diabetic medicine : a journal of the British Diabetic Association*
  Peña, D., Medina Peñaranda, R., Figg, L. E., Hood, K. K., Addala, A.
  2025: e70189
- **Disparities in access to and use of diabetes technologies and therapeutics: a narrative review** *DIABETOLOGIA*
  Addala, A., Amedari, M. I., Figg, L. E., Ebekozien, O.
  2025
- **The experience of discrimination impacts technology readiness and psychosocial states of minoritized families living with type 1 diabetes: Findings from the BEAD-T1D Pilot study.** *Endocrine practice : official journal of the American College of Endocrinology and the American Association of Clinical Endocrinologists*
  Addala, A., Penaranda, R. M., Figg, L. E., Hanes, S., Silva, D. G., Ortega, H. I., Pena, D., Shaw, G. M., Chamberlain, L. J., Naranjo, D., Raymond, J. K., Maahs, D. M., Hood, et al
  2025
- **Psychosocial outcomes in a diverse sample of youth and their families who initiated continuous glucose monitoring within the first year of type 1 diabetes diagnosis.** *Diabetes, obesity & metabolism*

Addala, A., Ritter, V., Schneider-Utaka, A. K., Alamarie, S. A., Pang, E., Balistreri, I., Shaw, B., Bishop, F. K., Zaharieva, D. P., Prahalad, P., Desai, M., Maahs, D. M., Hood, et al
2024

- **Strategies for Equitable Recruitment to Engage Underrepresented Youth and Their Families into Clinical Research: Findings from the BEAD-T1D Pilot Study.** *Hormone research in paediatrics*
  Medina Peñaranda, R., Figg, L. E., Hanes, S. J., Shaw, G. M., Chamberlain, L. J., Raymond, J., Naranjo, D., Maahs, D. M., Hood, K. K., Addala, A.
  2024: 1-9

- **Not all healthcare inequities in diabetes are equal: a comparison of two medically underserved cohorts.** *BMJ open diabetes research & care*
  Walker, A. F., Haller, M. J., Addala, A., Filipp, S. L., Lal, R., Gurka, M. J., Figg, L. E., Hechavarria, M., Zaharieva, D. P., Malden, K. G., Hood, K. K., Westen, S. C., Wong, et al
  2024; 12 (4)

- **Intersectional identities play a role in perceived discrimination for families living with type 1 diabetes.** *Diabetes research and clinical practice*
  Addala, A., Medina Penaranda, R., Naranjo, D., Maahs, D. M., Hood, K. K.
  2024: 111568

- **Making a Good Thing Even Better: Expanding Access and Applicability of Automated Insulin Delivery Systems to Benefit All Youth With Type 1 Diabetes.** *Diabetes care*
  Addala, A.
  2023; 46 (12): 2126-2128

- **Digital Technology for Diabetes.** *The New England journal of medicine*
  Hughes, M. S., Addala, A., Buckingham, B.
  2023; 389 (22): 2076-2086

- **Recruiting historically under-represented individuals into Project ECHO Diabetes: using barrier analysis to understand disparities in clinical research in the USA.** *BMJ open*
  Addala, A., Hechavarria, M., Figg, L., Roque, X., Filipp, S. L., Anez-Zabala, C., Lal, R., Gurka, M. J., Haller, M. J., Maahs, D. M., Walker, A. F.
  2023; 13 (8): e072546

- **Disparities in Hemoglobin A1c Levels in the First Year After Diagnosis Among Youths With Type 1 Diabetes Offered Continuous Glucose Monitoring.** *JAMA network open*
  Addala, A., Ding, V., Zaharieva, D. P., Bishop, F. K., Adams, A. S., King, A. C., Johari, R., Scheinker, D., Hood, K. K., Desai, M., Maahs, D. M., Prahalad, P.
  2023; 6 (4): e238881

- **Sparking a Movement, Not a Moment: Framework and Outcomes from a Pediatrics Department-Wide Coalition to Advance Anti-Racism: Running Title: Pediatrics Department Coalition to Advance Anti-Racism.** *Academic pediatrics*
  Yemane, L., Ramirez, M., Guerin, A., Floyd, B., Okorie, C. U., Ling, W., Addala, A., Figg, L., Talley, E. M., Chamberlain, L.
  2022

- **Implicit Racial-Ethnic and Insurance Mediated Bias to Recommending Diabetes Technology: Insights from T1D Exchange Multi-Center Pediatric and Adult Diabetes Provider Cohort.** *Diabetes technology & therapeutics*
  Odugbesan, O., Addala, A., Nelson, G., Hopkins, R., Cossen, K., Schmitt, J., Indyk, J., Jones, N. Y., Agarwal, S., Rompicherla, S., Ebekozien, O.
  2022

- **Provider Implicit Bias Impacts Pediatric Type 1 Diabetes Technology Recommendations in the United States: Findings from The Gatekeeper Study.** *Journal of diabetes science and technology*
  Addala, A., Hanes, S., Naranjo, D., Maahs, D. M., Hood, K. K.
  2021: 19322968211006476

- **Cost considerations for adoption of diabetes technology are pervasive: a qualitative study of persons living with type 1 diabetes and their families.** *Diabetic medicine : a journal of the British Diabetic Association*
  Addala, A., Suttiratana, S. C., Wong, J. J., Lanning, M. S., Barnard, K. D., Weissberg-Benchell, J., Laffel, L. M., Hood, K. K., Naranjo, D.
  2021: e14575

- **A Decade of Disparities in Diabetes Technology Use and HbA1c in Pediatric Type 1 Diabetes: A Transatlantic Comparison.** *Diabetes care*
  Addala, A., Auzanneau, M., Miller, K., Maier, W., Foster, N., Kapellen, T., Walker, A., Rosenbauer, J., Maahs, D. M., Holl, R. W.
  2020

- **Uninterrupted Continuous Glucose Monitoring Access is Associated with a Decrease in HbA1c in Youth with Type 1 Diabetes and Public Insurance.** *Pediatric diabetes*
  Addala, A., Maahs, D. M., Scheinker, D., Chertow, S., Leverenz, B., Prahalad, P.
  2020
- **Cost-Effectiveness of Continuous Glucose Monitoring With Remote Patient Monitoring in Pediatric Patients With Newly Diagnosed Type 1 Diabetes in the U.S.** *Diabetes care*
  Dupenloup, P., Chen, Y., Prahalad, P., Johari, R., Addala, A., Zaharieva, D. P., Lee, M. Y., Maahs, D. M., Scheinker, D., Brandeau, M. L.
  2026
- **A Quantitative Framework for Evaluating the Performance of Algorithm-Directed Whole-Population Remote Patient Monitoring: Tutorial for Type 1 Diabetes Care.** *JMIR diabetes*
  Kurtzig, J., Addala, A., Bishop, F. K., Dupenloup, P., Ferstad, J. O., Johari, R., Maahs, D. M., Prahalad, P., Zaharieva, D. P., Scheinker, D.
  2026; 11: e72676
- **COST-EFFECTIVENESS OF A PRECISION DIGITAL HEALTH PROGRAM FOR GLUCOSE MANAGEMENT IN PEDIATRIC PATIENTS WITH NEWLY DIAGNOSED TYPE 1 DIABETES**
  Dupenloup, P., Chen, Y., Prahalad, P., Johari, R., Addala, A., Zaharieva, D., Lee, M., Maahs, D., Scheinker, D., Brandeau, M.
  SAGE PUBLICATIONS INC.2026: 132S
- **The Real "Real World": Overcoming Practical Barriers and Disparities in Diabetes Technology.** *Diabetes technology & therapeutics*
  Addala, A., Weinzimer, S. A.
  2026; 28 (2_suppl): 180S-194S
- **Functional Characterization of Glucokinase Variants to Aid Clinical Interpretation of Monogenic Diabetes** *INTERNATIONAL JOURNAL OF MOLECULAR SCIENCES*
  Rajesh, V., Ibarra, D., Yang, J., Zhang, H., Barrett, A., Kaplan, E. G., Kumthekar, A., Sunden, F., Sun, H., Addala, A., Misakian, A., Letourneau-Freiberg, L. R., Jodarski, et al
  2025; 27 (1)
- **Application of continuous glucose monitoring and automated insulin delivery technologies for pregnant women with type 1, type 2, or gestational diabetes: an international consensus statement.** *The lancet. Diabetes & endocrinology*
  Benhalima, K., Durnwald, C., Sweeting, A., Adams, D., Addala, A., Battelino, T., Bergenstal, R. M., Carlson, A., Donovan, L. E., Reis Franco, D., Heverly, J., Isaacs, D., Khunti, et al
  2025
- **Sustained HbA1c Improvements Over 36 Months in Youth in the Teamwork, Targets, Technology, and Tight Control (4T) Study.** *The Journal of clinical endocrinology and metabolism*
  Prahalad, P., Ding, V. Y., Zaharieva, D. P., Addala, A., Johari, R., Scheinker, D., Hood, K. K., Desai, M., Maahs, D. M.
  2025
- **Peer Mentoring Improves Diabetes Technology Use and Reduces Diabetes Distress Among Underserved Communities: Outcomes of a Pilot Diabetes Support Coach Intervention.** *Journal of diabetes research*
  Maizel, J., Haller, M. J., Maahs, D. M., Addala, A., Filipp, S. L., Lal, R. A., Gurka, M. J., Figg, L., Hechavarria, M., Zaharieva, D. P., Malden, K. G., Westen, S., Dixon, et al
  2025; 2025: 1970247
- **Physical Activity Is Associated With Improved Glycemic Outcomes in Newly Diagnosed Youth With Type 1 Diabetes: 4T Exercise Program.** *Diabetes care*
  Zaharieva, D. P., Ritter, V., Bishop, F. K., Desai, M., Addala, A., Prahalad, P., Riddell, M. C., Maahs, D. M.
  2025
- **Factors Considered Important by Diabetes Providers Before Recommending Automated Insulin Delivery Systems: Observations From the T1D Exchange Quality Improvement Collaborative.** *Diabetes spectrum : a publication of the American Diabetes Association*
  Ebekozien, O., Amedari, M., Ospelt, E., Thapa, S., Odugbesan, O., Addala, A.
  2025; 38 (5): 628-629
- **Diabetes Technology in the "Real World": Employing New Paradigms to Improve Outcomes and Address Disparities.** *Diabetes technology & therapeutics*
  Weinzimer, S. A., Addala, A.
  2025; 27 (S1): S173-S182

- **THE ROLE OF CLINICIANS IN THE ADOPTION OF DIABETES TECHNOLOGY: A REAL-WORLD SURVEY OF A REPRESENTATIVE POPULATION**
  Kurtzig, J., Keely, C., Scheinker, D., Prahalad, P., Addala, A.
  MARY ANN LIEBERT, INC.2025: E301-E302

- **A QUANTITATIVE FRAMEWORK FOR EVALUATING THE PERFORMANCE OF ALGORITHM-DIRECTED WHOLE-POPULATION REMOTE PATIENT MONITORING FOR TYPE 1 DIABETES CARE**
  Kurtzig, J., Ferstad, J., Dupenloup, P., Zaharieva, D., Maahs, D., Prahalad, P., Johari, R., Bishop, F., Addala, A., Scheinker, D.
  MARY ANN LIEBERT, INC.2025: E248

- **DIVERSITY IN TYPE 1 DIABETES (T1D) CLINICAL TRIALS: A SIGNIFICANT GAP IN REPRESENTATION**
  Addala, A., Von Zabern, L., Figg, L., Espinoza, W., Pillai, D., Penaranda, R., Cabrera, S.
  MARY ANN LIEBERT, INC.2025: E128-E129

- **Considerations for more actionable consensus guidance for monitoring individuals with islet autoantibody-positive pre-stage 3 type 1 diabetes. Reply to Mallone R [letter].** *Diabetologia*
  Phillip, M., Achenbach, P., Addala, A., Albanese-O'Neill, A., Battelino, T., Bell, K. J., Besser, R. E., Bonifacio, E., Colhoun, H. M., Couper, J. J., Craig, M. E., Danne, T., de Beaufort, et al
  2025

- **A Quantitative Framework for Evaluating the Performance of Algorithm-Directed Whole-Population Remote Patient Monitoring for Type 1 Diabetes Care.** *medRxiv : the preprint server for health sciences*
  Kurtzig, J., Ferstad, J. O., Dupenloup, P., Zaharieva, D. P., Maahs, D. M., Prahalad, P., Johari, R., Bishop, F. K., Addala, A., Scheinker, D.
  2025

- **Peer Mentoring Improves Diabetes Technology Use and Reduces Diabetes Distress Among Underserved Communities: Outcomes of a Pilot Diabetes Support Coach Intervention** *JOURNAL OF DIABETES RESEARCH*
  Maizel, J., Haller, M. J., Maahs, D. M., Addala, A., Filipp, S. L., Lal, R. A., Gurka, M. J., Figg, L., Hechavarria, M., Zaharieva, D. P., Malden, K. G., Westen, S., Dixon, et al
  2025; 2025 (1)

- **Project ECHO Diabetes Trial Improves Outcomes for Medically Underserved People.** *Diabetes care*
  Walker, A. F., Haller, M. J., Addala, A., Filipp, S. L., Lal, R. A., Gurka, M. J., Figg, L. E., Hechavarria, M., Zaharieva, D. P., Malden, K. G., Hood, K. K., Westen, S. C., Wong, et al
  2024

- **The Impact of Public Policy on Equitable Access to Technology for Children and Youth Living with Type 1 Diabetes in British Columbia, Canada.** *Diabetes technology & therapeutics*
  Bone, J., Leach, C., Addala, A., Amed, S.
  2024

- **The Role of Whole Food Plant-Based Food Intake on Postprandial Glycemia in Type 1 Diabetes.** *The Journal of clinical endocrinology and metabolism*
  Johnson, R. J., Bergford, S., Gal, R. L., Calhoun, P., Neubig, K., Martin, C. K., Riddell, M. C., Addala, A.
  2024

- **Discordance Between Clinician and Person-With-Diabetes Perceptions Regarding Technology Barriers and Benefits.** *Journal of diabetes science and technology*
  Addala, A., Howard, K. R., Hosseinipour, Y., Ekhlaspour, L.
  2024: 19322968241285045

- **Correction to: Consensus guidance for monitoring individuals with islet autoantibody#positive pre#stage 3 type 1 diabetes.** *Diabetologia*
  Phillip, M., Achenbach, P., Addala, A., Albanese-O'Neill, A., Battelino, T., Bell, K. J., Besser, R. E., Bonifacio, E., Colhoun, H. M., Couper, J. J., Craig, M. E., Danne, T., de Beaufort, et al
  2024

- **"THE PUMP IS ONE THING... BUT YOU SHOULD WALK OUT OF THE HOSPITAL WITH A [SENSOR]": QUALITATIVE DATA ON PARENTAL PERCEPTIONS OF DIABETES TECHNOLOGY**
  Pena, D., Penaranda, R., Figg, L., Addala, A.
  KARGER.2024: 222-223

- **FROM RISK TO RESILIENCE: POSITIVE DEVIANCE IN TYPE 1 DIABETES**
  Seeley, K., Penaranda, R., Figg, L. E., Addala, A.
  KARGER.2024: 202-203

- **Project Extension for Community Healthcare Outcomes Intervention Evaluations: A Scoping Review of Research Methods.** *The Journal of continuing education in the health professions*
  Maizel, J., Filipp, S. L., Zori, G., Yadav, S., Avaiya, K., Figg, L., Hechavarria, M., Roque, X., Anez-Zabala, C., Lal, R., Addala, A., Haller, M. J., Maahs, et al
  2024

- **'We're taught green is good': Perspectives on time in range and time in tight range from youth with type 1 diabetes, and parents of youth with type 1 diabetes.** *Diabetic medicine : a journal of the British Diabetic Association*
  Tanenbaum, M. L., Pang, E., Tam, R., Bishop, F. K., Prahalad, P., Zaharieva, D. P., Addala, A., Wong, J. J., Naranjo, D., Hood, K. K., Maahs, D. M.
  2024: e15423

- **Consensus Guidance for Monitoring Individuals With Islet Autoantibody-Positive Pre-Stage 3 Type 1 Diabetes.** *Diabetes care*
  Phillip, M., Achenbach, P., Addala, A., Albanese-O'Neill, A., Battelino, T., Bell, K. J., Besser, R. E., Bonifacio, E., Colhoun, H. M., Couper, J. J., Craig, M. E., Danne, T., de Beaufort, et al
  2024

- **Consensus guidance for monitoring individuals with islet autoantibody-positive pre-stage 3 type 1 diabetes.** *Diabetologia*
  Phillip, M., Achenbach, P., Addala, A., Albanese-O'Neill, A., Battelino, T., Bell, K. J., Besser, R. E., Bonifacio, E., Colhoun, H. M., Couper, J. J., Craig, M. E., Danne, T., de Beaufort, et al
  2024

- **COVID-19 impacts and inequities among underserved communities with diabetes.** *Journal of clinical & translational endocrinology*
  Maizel, J. L., Haller, M. J., Maahs, D. M., Addala, A., Lal, R. A., Filipp, S. L., Gurka, M. J., Westen, S., Dixon, B. N., Figg, L., Hechavarria, M., Malden, K. G., Walker, et al
  2024; 36: 100337

- **Equitable implementation of a precision digital health program for glucose management in individuals with newly diagnosed type 1 diabetes.** *Nature medicine*
  Prahalad, P., Scheinker, D., Desai, M., Ding, V. Y., Bishop, F. K., Lee, M. Y., Ferstad, J., Zaharieva, D. P., Addala, A., Johari, R., Hood, K., Maahs, D. M.
  2024

- **Equity in type 1 diabetes technology and beyond: where are we in 2022?** *FRONTIERS IN ENDOCRINOLOGY*
  Burckhardt, M., Addala, A., de Bock, M.
  2024; 15: 1400240

- **Digital Technology for Diabetes. Reply.** *The New England journal of medicine*
  Hughes, M. S., Addala, A., Buckingham, B.
  2024; 390 (10): 963-964

- **Diabetes Technology in the "Real World": Expanding Access and Addressing Disparities.** *Diabetes technology & therapeutics*
  Addala, A., Weinzimer, S. A.
  2024; 26 (S1): S187-S200

- **"It changed everything we do": A mixed methods study of youth and parent experiences with a pilot exercise education intervention following new diagnosis of type 1 diabetes.** *Journal of diabetes and its complications*
  Tanenbaum, M. L., Addala, A., Hanes, S., Ritter, V., Bishop, F. K., Cortes, A. L., Pang, E., Hood, K. K., Maahs, D. M., Zaharieva, D. P.
  2023; 38 (1): 108651

- **Following in Banting's footsteps or straying from the path? Observations from contemporary diabetes innovation.** *Frontiers in endocrinology*
  Leadley, C., Addala, A., Berkeley, J., Crocket, H., Davis, E. A., Hewapathirana, N., Hussain, S., Lal, R., Lomax, K., Wilkinson, T., de Bock, M., Burckhardt, M. A.
  2023; 14: 1270517

- **Diabetic ketoacidosis (DKA) at diagnosis in youth with type 1 diabetes (T1D) is associated with a higher hemoglobin A1c even with intensive insulin management.** *Diabetes technology & therapeutics*

Zaharieva, D. P., Ding, V., Addala, A., Prahalad, P., Bishop, F., Hood, K., Desai, M., Wilson, D. M., Buckingham, B. A., Maahs, D. M.
2023

- **Current Practices in Operationalizing and Addressing Racial Equity in the Provision of Type 1 Diabetes Care: Insights from the T1DX-QI Health Equity Advancement Lab.** *Endocrine practice : official journal of the American College of Endocrinology and the American Association of Clinical Endocrinologists*
  Addala, A., Mungmode, A., Ospelt, E., Sanchez, J., Malik, F., Demeterco-Berggren, C., Butler, A., Edwards, C., Manukyan, M., Ochoa-Maya, M., Zupa, M., Ebekozien, O.
  2023
- **Safe use of the ketogenic diet in an infant with microcephaly, epilepsy, and diabetes syndrome: a case report.** *BMC pediatrics*
  Zegarra, W. A., Gallentine, W. B., Ruzhnikov, M. R., McAndrews, C. A., Gloyn, A. L., Addala, A.
  2023; 23 (1): 453
- **Multisite Quality Improvement Program Within the Project ECHO Diabetes Remote Network.** *Joint Commission journal on quality and patient safety*
  Wang, C. J., Lewit, E. M., Clark, C. L., Lee, F. W., Maahs, D. M., Haller, M. J., Addala, A., Lal, R. A., Cuttriss, N., Baer, L. G., Figg, L. E., Anez-Zabala, C., Sheehan, et al
  2023
- **The Promising Success of Project Extension for Community Healthcare Outcomes (ECHO) Diabetes: Case Series.** *JMIR diabetes*
  Figg, L., Addala, A., Jain, I., Anez, C., Midney, P., DeChirico, C., Symanski, C., Fitzgerald, B. C., Colbert, K., Raymer, T., Stockton-Joreteg, C., Murphy, E., Collins, et al
  2023; 8: e46050
- **Sparking a Movement, Not a Moment: Framework and Outcomes From a Pediatrics Department-Wide Coalition to Advance Anti-Racism** *ACADEMIC PEDIATRICS*
  Yemane, L., Ramirez, M., Guerin, A., Floyd, B., Okorie, C. U. A., Ling, W., Addala, A., Figg, L., Talley, E. M., Chamberlain, L.
  2023; 23 (5): 886-892
- **An Overview of Diet and Physical Activity for Healthy Weight in Adolescents and Young Adults with Type 1 Diabetes: Lessons Learned from the ACT1ON Consortium.** *Nutrients*
  Bishop, F. K., Addala, A., Corbin, K. D., Muntis, F. R., Pratley, R. E., Riddell, M. C., Mayer-Davis, E. J., Maahs, D. M., Zaharieva, D. P.
  2023; 15 (11)
- **Expanding the use of patient-reported outcomes (PROs): Screening youth with type 1 diabetes from underrepresented populations.** *Journal of diabetes and its complications*
  Addala, A., Wong, J. J., Penaranda, R. M., Hanes, S. J., Abujaradeh, H., Adams, R. N., Barley, R. C., Iturralde, E., Lanning, M. S., Tanenbaum, M. L., Naranjo, D., Hood, K. K.
  2023; 37 (7): 108514
- **DiabetesWise: An innovative approach to promoting diabetes device awareness.** *Journal of diabetes*
  Wong, J. J., Addala, A., Hanes, S. J., Krugman, S., Naranjo, D., Nelmes, S., Rose, K. J., Tanenbaum, M. L., Hood, K. K.
  2023
- **Perceived Knowledge and Confidence for Providing Youth-Specific Type 1 Diabetes Exercise Recommendations amongst Pediatric Diabetes Healthcare Professionals: An International, Cross-Sectional, Online Survey** *PEDIATRIC DIABETES*
  Chinchilla, P., Dovc, K., Braune, K., Addala, A., Riddell, M. C. C., Dos Santos, T., Zaharieva, D. P. P.
  2023; 2023
- **Perceived Knowledge and Confidence for Providing Youth-Specific Type 1 Diabetes Exercise Recommendations amongst Pediatric Diabetes Healthcare Professionals: An International, Cross-Sectional, Online Survey.** *Pediatric diabetes*
  Chinchilla, P., Dovc, K., Braune, K., Addala, A., Riddell, M. C., Jeronimo Dos Santos, T., Zaharieva, D. P.
  2023; 2023: 8462291
- **Real-World Diabetes Technology: Overcoming Barriers and Disparities.** *Diabetes technology & therapeutics*
  Messer, L. H., Addala, A., Weinzimer, S. A.
  2023; 25 (S1): S176-S190
- **Project ECHO Diabetes Cost Modeling to Support the Replication and Expansion of Tele-mentoring Programs in Non-research Settings.** *Diabetes therapy : research, treatment and education of diabetes and related disorders*
  Lewit, E. M., Figg, L. E., Addala, A., Filipp, S. L., Lal, R., Gurka, M. J., Herndon, J. B., Haller, M. J., Maahs, D. M., Walker, A. F.

2023

- **Associations of disordered eating with the intestinal microbiota and short-chain fatty acids among young adults with type 1 diabetes.** *Nutrition, metabolism, and cardiovascular diseases : NMCD*
  Igudesman, D., Crandell, J., Corbin, K. D., Zaharieva, D. P., Addala, A., Thomas, J. M., Bulik, C. M., Pence, B. W., Pratley, R. E., Kosorok, M. R., Maahs, D. M., Carroll, I. M., Mayer-Davis, et al
  2022

- **A model to design financially sustainable algorithm-enabled remote patient monitoring for pediatric type 1 diabetes care.** *Frontiers in endocrinology*
  Dupenloup, P., Pei, R. L., Chang, A., Gao, M. Z., Prahalad, P., Johari, R., Schulman, K., Addala, A., Zaharieva, D. P., Maahs, D. M., Scheinker, D.
  2022; 13: 1021982

- **The Impact of Telehealth Adoption During COVID-19 Pandemic on Patterns of Pediatric Subspecialty Care Utilization** *ACADEMIC PEDIATRICS*
  Cahan, E. M., Maturi, J., Bailey, P., Fernandes, S., Addala, A., Kibrom, S., Krissberg, J. R., Smith, S. M., Shah, S., Wang, E., Saynina, O., Wise, P. H., Chamberlain, et al
  2022; 22 (8): 1375-1383

- **Weight Management in Young Adults with Type 1 Diabetes: The Advancing Care for Type 1 Diabetes and Obesity Network Sequential Multiple Assignment Randomized Trial Pilot Results.** *Diabetes, obesity & metabolism*
  Igudesman, D., Crandell, J., Corbin, K. D., Zaharieva, D. P., Addala, A., Thomas, J. M., Casu, A., Kirkman, M. S., Pokaprakarn, T., Riddell, M. C., Burger, K., Pratley, R. E., Kosorok, et al
  2022

- **An Evaluation of Point-of-Care HbA1c, HbA1c Home Kits, and Glucose Management Indicator: Potential Solutions for Telehealth Glycemic Assessments.** *Diabetology*
  Zaharieva, D. P., Addala, A., Prahalad, P., Leverenz, B., Arrizon-Ruiz, N., Ding, V. Y., Desai, M., Karger, A. B., Maahs, D. M.
  2022; 3 (3): 494-501

- **Relationship Between Moderate-to-Vigorous Physical Activity and Glycemia Among Young Adults with Type 1 Diabetes and Overweight or Obesity: Results from the Advancing Care for Type 1 Diabetes and Obesity Network (ACT1ON) Study.** *Diabetes technology & therapeutics*
  Muntis, F. R., Igudesman, D., Cristello Sarteau, A., Thomas, J., Arrizon-Ruiz, N., Hooper, J., Addala, A., Crandell, J. L., Riddell, M. C., Maahs, D. M., Pratley, R. E., Corbin, K., Mayer-Davis, et al
  2022

- **"Much more convenient, just as effective:" Experiences of starting continuous glucose monitoring remotely following Type 1 diabetes diagnosis.** *Diabetic medicine : a journal of the British Diabetic Association*
  Tanenbaum, M. L., Zaharieva, D. P., Addala, A., Prahalad, P., Hooper, J. A., Leverenz, B., Cortes, A. L., Arrizon-Ruiz, N., Pang, E., Bishop, F., Maahs, D. M.
  2022: e14923

- **Design of the advancing care for type 1 diabetes and obesity network energy metabolism and sequential multiple assignment randomized trial nutrition pilot studies: An integrated approach to develop weight management solutions for individuals with type 1 diabetes.** *Contemporary clinical trials*
  Corbin, K. D., Igudesman, D., Addala, A., Casu, A., Crandell, J., Kosorok, M. R., Maahs, D. M., Pokaprakarn, T., Pratley, R. E., Souris, K. J., Thomas, J., Zaharieva, D. P., Mayer-Davis, et al
  2022: 106765

- **The Impact of Telehealth Adoption During COVID-19 Pandemic on Patterns of Pediatric Subspecialty Care Utilization.** *Academic pediatrics*
  Cahan, E. M., Maturi, J., Bailey, P., Fernandes, S., Addala, A., Kibrom, S., Krissberg, J. R., Smith, S. M., Shah, S., Wang, E., Saynina, O., Wise, P. H., Chamberlain, et al
  2022

- **Mindfulness, disordered eating, and impulsivity in relation to glycemia among adolescents with type 1 diabetes and suboptimal glycemia from the Flexible Lifestyles Empowering Change (FLEX) Intervention Trial.** *Pediatric diabetes*
  Irwin, A., Igudesman, D., Crandell, J., Kichler, J. C., Kahkoska, A. R., Burger, K., Zaharieva, D. P., Addala, A., Mayer-Davis, E. J.
  2022

- **Diabetes Technology and Therapy in the Pediatric Age Group.** *Diabetes technology & therapeutics*
  Maahs, D. M., Addala, A., Shalitin, S.
  2022; 24 (S1): S107-S128

- **Current and Novel Strategies to Reduce Fear of Hypoglycemia as a Barrier to Physical Activity in Adults and Youth With Type 1 Diabetes.** *Canadian journal of diabetes*
  Zaharieva, D. P., Addala, A.
  2022; 46 (1): 1-2

- **Tele-education model for primary care providers to advance diabetes equity: Findings from Project ECHO Diabetes.** *Frontiers in endocrinology*
  Addala, A., Filipp, S. L., Figg, L. E., Anez-Zabala, C., Lal, R. A., Gurka, M. J., Haller, M. J., Maahs, D. M., Walker, A. F., Project ECHO Diabetes Research Team, Haller, M., Sheehan, E., Bernier, A., et al
  2022; 13: 1066521

- **Using Peer Power to Reduce Health Disparities: Implementation of a Diabetes Support Coach Program in Federally Qualified Health Centers.** *Diabetes spectrum : a publication of the American Diabetes Association*
  Walker, A. F., Addala, A., Sheehan, E., Lal, R., Haller, M., Cuttriss, N., Filipp, S., Baer, L., Gurka, M., Bernier, A., Figg, L., Westen, S., Hood, et al
  2022; 35 (3): 295-303

- **Teamwork, Targets, Technology, and Tight Control in Newly Diagnosed Type 1 Diabetes: Pilot 4T Study.** *The Journal of clinical endocrinology and metabolism*
  Prahalad, P., Ding, V. Y., Zaharieva, D. P., Addala, A., Johari, R., Scheinker, D., Desai, M., Hood, K., Maahs, D. M.
  2021

- **Heterogeneity in the Impact of the COVID-19 Pandemic on Disparities in Pediatric Endocrine Care**
  Addala, A., Shah, S., Saynina, O., Wise, P., Chamberlain, L.
  KARGER.2021: 51-52

- **Global Well-Being Is Associated With A1C and Frequency of Self-Monitoring of Blood Glucose in Predominately Latinx Youth and Young Adults With Type 1 Diabetes.** *Diabetes spectrum : a publication of the American Diabetes Association*
  Addala, A., Chan, R. Y., Vargas, J., Weigensberg, M. J.
  2021; 34 (2): 202-208

- **Changes to Care Delivery at Nine International Pediatric Diabetes Clinics in Response to the COVID-19 Global Pandemic.** *Pediatric diabetes*
  Cristello Sarteau, A. n., Souris, K. J., Wang, J. n., Ramadan, A. A., Addala, A. n., Bowlby, D. n., Corathers, S. n., Forsander, G. n., King, B. n., Law, J. R., Liu, W. n., Malik, F. n., Pihoker, et al
  2021

- **Barriers to Technology Use and Endocrinology Care for Underserved Communities With Type 1 Diabetes.** *Diabetes care*
  Walker, A. F., Hood, K. K., Gurka, M. J., Filipp, S. L., Anez-Zabala, C. n., Cuttriss, N. n., Haller, M. J., Roque, X. n., Naranjo, D. n., Aulisio, G. n., Addala, A. n., Konopack, J. n., Westen, et al
  2021

- **Clinically serious hypoglycemia is rare and not associated with time-in-range in youth with new-onset type 1 diabetes.** *The Journal of clinical endocrinology and metabolism*
  Addala, A., Zaharieva, D. P., Gu, A. J., Prahalad, P., Scheinker, D., Buckingham, B., Hood, K. K., Maahs, D. M.
  2021

- **"I was ready for it at the beginning": Parent experiences with early introduction of continuous glucose monitoring following their child's Type 1 diabetes diagnosis.** *Diabetic medicine : a journal of the British Diabetic Association*
  Tanenbaum, M. L., Zaharieva, D. P., Addala, A. n., Ngo, J. n., Prahalad, P. n., Leverenz, B. n., New, C. n., Maahs, D. M., Hood, K. K.
  2021: e14567

- **Weight Management in Youth with Type 1 Diabetes and Obesity: Challenges and Possible Solutions.** *Current obesity reports*
  Zaharieva, D. P., Addala, A., Simmons, K. M., Maahs, D. M.
  2020

- **Clinically Significant Hypoglycemia Is Rare in Youth with T1D during Partial Clinical Remission**
  Addala, A., Gu, A., Zaharieva, D., Prahalad, P., Buckingham, B. A., Scheinker, D., Maahs, D. M.
  AMER DIABETES ASSOC.2020

- **The Association between Time-in-Range, Mean Glucose, and Incidence of Hypoglycemia in Youth with Newly Diagnosed T1D**
  Gu, A., Prahalad, P., Maahs, D. M., Addala, A., Scheinker, D.
  AMER DIABETES ASSOC.2020

- **Early Introduction of Continuous Glucose Monitoring Is Well Accepted by Youth and Parents**
  Addala, A., Hanes, S., Zaharieva, D., New, C., Prahalad, P., Maahs, D. M., Hood, K. K., Tanenbaum, M. L.
  AMER DIABETES ASSOC.2020
- **Newly Diagnosed Pediatric Patients with Type 1 Diabetes Show Steady Decline in Glucose Time-in-Range (TIR) over 1 Year: Pilot Study**
  Zaharieva, D., Prahalad, P., Addala, A., Scheinker, D., Desai, M., Hood, K. K., Leverenz, B., Maahs, D. M.
  AMER DIABETES ASSOC.2020
- **Early CGM Initiation Improves HbA1c in T1D Youth over the First 15 Months**
  Prahalad, P., Ding, V., Addala, A., New, C., Conrad, B. P., Chmielewski, A., Geels, E., Leverenz, J., Martinez-Singh, A., Sagan, P., Senaldi, J., Freeman, A., Scheinker, et al
  AMER DIABETES ASSOC.2020
- **ISPAD Annual Conference 2019 Highlights.** *Pediatric diabetes*
  Addala, A., March, C., Marks, B., Tommerdahl, K., Shapiro, J., Oyenusi, E., Yauch, L. M., Goethals, E. R., Ahmad, P. O., Adhami, S., Ng, M., Ehtisham, S., Agwu, et al
  2020; 21 (2): 152–57
- **Improving Clinical Outcomes in Newly Diagnosed Pediatric Type 1 Diabetes: Teamwork, Targets, Technology, and Tight Control-The 4T Study.** *Frontiers in endocrinology*
  Prahalad, P. n., Zaharieva, D. P., Addala, A. n., New, C. n., Scheinker, D. n., Desai, M. n., Hood, K. K., Maahs, D. M.
  2020; 11: 360
- **Unintended Consequences of COVID-19: Remember General Pediatrics.** *The Journal of pediatrics*
  Cherubini, V. n., Gohil, A. n., Addala, A. n., Zanfardino, A. n., Iafusco, D. n., Hannon, T. n., Maahs, D. M.
  2020
- **50 Years Ago in The Journal of Pediatrics: Gluconeogenesis and Insulin in the Ketotic Variety of Childhood Hypoglycemia and in Control Children.** *The Journal of pediatrics*
  Addala, A., Maahs, D. M.
  2019; 207: 122
- **Gluconeogenesis and Insulin in the Ketotic Variety of Childhood Hypoglycemia and in Control Children** *JOURNAL OF PEDIATRICS*
  Addala, A., Maahs, D. M.
  2019; 207: 122
- **Depression in Context: Important Considerations for Youth with Type 1 vs Type 2 Diabetes.** *Pediatric diabetes*
  Wong, J. J., Addala, A. n., Abujaradeh, H. n., Adams, R. N., Barley, R. C., Hanes, S. J., Iturralde, E. n., Lanning, M. S., Naranjo, D. n., Tanenbaum, M. L., Hood, K. K.
  2019
- **CGM Initiation Soon After Type 1 Diabetes Diagnosis Results in Sustained CGM Use and Wear Time.** *Diabetes care*
  Prahalad, P. n., Addala, A. n., Scheinker, D. n., Hood, K. K., Maahs, D. M.
  2019
- **The Interplay of Type 1 Diabetes and Weight Management: A Qualitative Study Exploring Thematic Progression from Adolescence to Young Adulthood.** *Pediatric diabetes*
  Addala, A. n., Igudesman, D. n., Kahkoska, A. R., Muntis, F. R., Souris, K. J., Whitaker, K. J., Pratley, R. E., Mayer-Davis, E. n.
  2019
- **Can Real World Evidence on Body Mass Index Trajectories Inform Clinical Practice?** *JOURNAL OF PEDIATRICS*
  Addala, A., Maahs, D. M.
  2018; 201: 10–11
- **Sustained Continuous Glucose Monitor Use in Low-Income Youth with Type 1 Diabetes Following Insurance Coverage Supports Expansion of Continuous Glucose Monitor Coverage for All.** *Diabetes technology & therapeutics*
  Prahalad, P., Addala, A., Buckingham, B., Wilson, D. M., Maahs, D. M.
  2018
- **Sustained Continuous Glucose Monitor Use in Low-Income Youth with Type 1 Diabetes Following Insurance Coverage Supports Expansion of Continuous Glucose Monitor Coverage for All** *DIABETES TECHNOLOGY & THERAPEUTICS*

Prahalad, P., Addala, A., Buckingham, B., Wilson, D. M., Maahs, D. M.
2018; 20 (9): 632–34

- **Can Real World Evidence on Body Mass Index Trajectories Inform Clinical Practice?** *The Journal of pediatrics*
  Addala, A., Maahs, D. M.
  2018