



## Brooke Gurland, MD, FACS

Clinical Professor, Surgery - General Surgery

 Curriculum Vitae available Online

### CLINICAL OFFICE (PRIMARY)

- **Stanford Digestive Health Center Redwood City**

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Redwood City, CA 94063

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### ACADEMIC CONTACT INFORMATION

- **Clinic Appts**

Pelvic Floor Clinic - Redwood City

Tel 650-724-0904

### Bio

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#### BIO

Pelvic floor and functional bowel disorders refer to a series of symptoms and anatomic findings that effect men and women of all ages. These may include: constipation, difficult evacuation, fecal incontinence, irritable bowel disorders, diarrhea, pelvic organ prolapse, urinary and sexual dysfunction and pain. Although not life threatening, these disorders can severely affect quality of life and individual performance.

Over the past two decades I have dedicated my career to working with other specialists for comprehensive care for individuals with pelvic floor disorders. In July 2017, I joined The Department of Surgery, Division of Colorectal Surgery at Stanford University as the Medical Director of the Pelvic Health Center. I previously spent the prior decade at Cleveland Clinic running a multidisciplinary clinic and performing over 200 combined procedures in conjunction with colleagues in urology and urogynecology. We developed a robotic surgical approach to woman with vaginal and rectal prolapse and performed many surgeries to repair intestinal and rectal fistula (abnormal communications between the intestine and vagina).

Prior to that I established a Pelvic Floor Center at Maimonides Medical Center received a Jahnigan Career Development Award looking at multicompartement prolapse in elderly women. In addition to performing surgery and teaching throughout my career, I have maintained a commitment to long-term follow up of patients after surgery.

Although my training and focus is around surgical techniques and solutions for anorectal disorders and pelvic health, I believe that prevention, non-surgical alternatives, diet, exercise, and behavior management are vitally important to patient success.

One of my many goals is to educate patients, health care providers, and trainees about pelvic floor disorders.

When I am not at work I enjoy quality time with my three teenagers, dog, friends and I practice yoga.

#### CLINICAL FOCUS

- General Surgery
- Rectal Prolapse
- Pelvic Floor Dysfunction

- Fecal incontinence
- Slow transit constipation
- Obstructed defecation syndrome
- Colovaginal fistula
- Rectal vaginal fistula
- Hemorrhoids
- Anal fistula
- Robotic Surgery

## ACADEMIC APPOINTMENTS

- Clinical Professor, Surgery - General Surgery
- Member, Maternal & Child Health Research Institute (MCHRI)

## ADMINISTRATIVE APPOINTMENTS

- Surgery Department Wellness Department, Stanford, (2020-2022)

## PROFESSIONAL EDUCATION

- Fellowship: Cleveland Clinic Foundation (2001) OH
- Residency: Icahn School of Medicine at Mount Sinai Department of Surgery (2000) NY
- Medical Education: Drexel University College of Medicine (1994) PA
- Board Certification: Colon and Rectal Surgery, American Board of Colon and Rectal Surgery (2003)
- Board Certification: General Surgery, American Board of Surgery (2001)

## Publications

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### PUBLICATIONS

- **Clinician and Patient Stakeholders Prioritize Rectal Prolapse Research Themes Through an International Delphi Process.** *Diseases of the colon and rectum*  
Gurland, B. H., Au Hoy, S., Bordeianou, L., Hainsworth, A., Thorsen, A. J., Ratto, C., Basilio, P., Oliveira, L., Murphy, M., Ding, S., King, J., Olson, C.  
2026
- **Distinct Phenotypes of Full-Thickness Rectal Prolapse in Women: A Comparison of Defecation-Only and Spontaneous Presentations.** *Neurogastroenterology and motility*  
Zhou, Z., Earley, M., Hoy, S. A., Sheth, V. R., Gurland, B., Neshatian, L.  
2026; 38 (2): e70265
- **Rectal Prolapse Repair Improves Bowel Symptoms in Women With Psychiatric Disorders: A Cohort Analysis of a Single-Center Registry.** *Diseases of the colon and rectum*  
Rajasingh, C. M., Earley, M., Akeel, N., Bungo, C., Au Hoy, S., Lamothe, D., Neshatian, L., Gurland, B. H.  
2025
- **Sarcopenia is an Independent Risk Factor for the Decline in Anal Sphincter Function and Increased Levator Laxity in Women.** *The American journal of gastroenterology*  
Neshatian, L., Liu, A., Gurland, B., Shen, S., Grant, G., Becker, L., Triadafilopoulos, G., Sheth, V.  
2025
- **Recurrent Rectal Prolapse** *CLINICS IN COLON AND RECTAL SURGERY*  
Naar, L., Sheth, V., Gurland, B.  
2025
- **Ventral Rectopexy: An International Expert Panel Consensus and Review of Contemporary Literature.** *Diseases of the colon and rectum*

- Perry, W. R., Christensen, P., Collinson, R. J., Cornish, J. A., D'Hoore, A., Gurland, B., Mellgren, A., Ratto, C., Ris, F., Stevenson, A. R., Bordeianou, L., Ventral Rectopexy Working Group  
2025
- **Development of a Consensus Derived Synoptic Operative Report for Rectal Prolapse: A Report From the Pelvic Floor Disorders Consortium.** *Diseases of the colon and rectum*  
Olson, C. H., Bordeianou, L., Perry, W., Mellgren, A., Wells, K., Ferrari, L., Oliveira, L., Spivak, A., Ratto, C., Gurland, B. H.  
2024
  - **Identifying Current Barriers in Patient Educational Content Surrounding Rectal Prolapse and Rectocele: Using Animation to Bridge the Gaps.** *Diseases of the colon and rectum*  
Bungo, C. P., Kimura, C., Adel, H., Au Hoy, S. L., Mishra, K., Gurland, B.  
2024
  - **Use of a footstool improves rectal balloon expulsion in some patients with defecatory disorders.** *Neurogastroenterology and motility*  
Ulsh, L., Halawi, H., Triadafilopoulos, G., Gurland, B., Nguyen, L., Garcia, P., Sonu, I., Fernandez-Becker, N., Becker, L., Sheth, V., Neshatian, L.  
2024: e14781
  - **Durable Approaches to Recurrent Rectal Prolapse Repair May Require Avoidance of Index Procedure.** *Diseases of the colon and rectum*  
Bordeianou, L., Ogilvie, J. W., Saraidaridis, J. T., Olortegui, K. S., Ratto, C., Ky, A. J., Oliveira, L., Vogler, S. A., Gurland, B. H., Steering Committee for the Pelvic Floor Disorders Consortium Quality Improvement in Rectal Prolapse Surgery Database Pilot  
2024
  - **Increased Grades of Rectal Intussusception: Role of Decline in Pelvic Floor Integrity and Association with Dyssynergic Defecation.** *The American journal of gastroenterology*  
Neshatian, L., Triadafilopoulos, G., Wallace, S., Jawahar, A., Sheth, V., Shen, S., Gurland, B.  
2023
  - **Management of full thickness rectal prolapse** *SEMINARS IN COLON AND RECTAL SURGERY*  
Rajasingh, C. M., Gurland, B. H.  
2023; 34 (1)
  - **Using AI and computer vision to analyze technical proficiency in robotic surgery.** *Surgical endoscopy*  
Yang, J. H., Goodman, E. D., Dawes, A. J., Gahagan, J. V., Esquivel, M. M., Liebert, C. A., Kin, C., Yeung, S., Gurland, B. H.  
2022
  - **Does Concomitant Pelvic Organ Prolapse Repair at the time of Rectopexy Impact Rectal Prolapse Recurrence Rates? A Retrospective Review of a Prospectively Collected Pelvic Floor Disorders Consortium Quality Improvement Database.** *Diseases of the colon and rectum*  
Bordeianou, L., Ogilvie, J., Murphy, M., Hyman, N., Vogler, S., Ky, A., Oliveira, L., Gurland, B.  
2022
  - **MRI biomarker of muscle composition is associated with severity of pelvic organ prolapse.** *Techniques in coloproctology*  
Neshatian, L., Lam, J. P., Gurland, B. H., Liang, T., Becker, L., Sheth, V. R.  
2022
  - **Does concomitant pelvic organ prolapse repair at the time of rectopexy impact rectal prolapse recurrence rates? A retrospective review of a prospectively collected pelvic floor disorders consortium quality improvement database**  
Bordeianou, L.  
SPRINGER LONDON LTD.2022: S73-S74
  - **Best approaches to rectal prolapse** *ANNALS OF LAPAROSCOPIC AND ENDOSCOPIC SURGERY*  
Rajasingh, C. M., Gurland, B. H.  
2022
  - **Consensus Definitions and Interpretation Templates for Magnetic Resonance Imaging of Defecatory Pelvic Floor Disorders: Proceedings of the Consensus Meeting of the Pelvic Floor Disorders Consortium of the American Society of Colon and Rectal Surgeons, the Society of Abdominal Radiology, the International Continence Society, the American Urogynecologic Society, the International Urogynecological Association, and the Society of Gynecologic Surgeons.** *AJR. American journal of roentgenology*  
Gurland, B. H., Khatri, G., Ram, R., Hull, T. L., Kocjancic, E., Quiroz, L. H., Sayed, R. F., Jambhekar, K. R., Chernyak, V., Paspulati, R. M., Sheth, V. R., Steiner, A. M., Kamath, et al  
2021: 1-13

- **Approaching Combined Rectal and Vaginal Prolapse.** *Clinics in colon and rectal surgery*  
Wallace, S., Gurland, B.  
1800; 34 (5): 302-310
- **Rectal Prolapse: Age-Related Differences in Clinical Presentation and What Bothers Women Most.** *Diseases of the colon and rectum*  
Neshatian, L., Lee, A., Trickey, A., Arnow, K., Gurland, B.  
2021
- **Postoperative complications and recurrence rates after rectal prolapse surgery versus combined rectal prolapse and pelvic organ prolapse surgery.** *International urogynecology journal*  
Wallace, S. L., Enemchukwu, E. A., Mishra, K. n., Neshatian, L. n., Chen, B. n., Rogo-Gupta, L. n., Sokol, E. R., Gurland, B. H.  
2021
- **Resection Rectopexy Is Still an Acceptable Operation for Rectal Prolapse** *AMERICAN SURGEON*  
Carvalho e Carvalho, M., Hull, T., Zutshi, M., Gurland, B. H.  
2018; 84 (9): 1470–75
- **Levator ani syndrome: transperineal botox injections** *TECHNIQUES IN COLOPROCTOLOGY*  
Bolshinsky, V., Gurland, B., Hull, T. L., Zutshi, M.  
2018; 22 (6): 465–66
- **Should we offer ventral rectopexy to patients with recurrent external rectal prolapse?** *INTERNATIONAL JOURNAL OF COLORECTAL DISEASE*  
Gurland, B., Carvalho e Carvalho, M., Ridgeway, B., Paraiso, M. R., Hull, T., Zutshi, M.  
2017; 32 (11): 1561–67
- **Incorporating Pelvic Floor Physical Therapy in the Treatment of Obstructed Defecation Syndrome and Posterior Compartment Pelvic Organ and Rectal Prolapse: Proceedings of the Consensus Meeting of the Pelvic Floor Consortium of the American Society of Colon and Rectal Surgeons, the International Continence Society, the International Urogynecological Association, the American Urogynecologic Society, and the American Physical Therapy Association.** *Diseases of the colon and rectum*  
Traugott, A. L., Barten, J., Bordeianou, L., Carboni, C., Carver, D. J., Cucchiara, M. M., Gallo, G., Grimes, C. L., Knoepp, L. R., McClure, A. M., Mellgren, A., Olson, C. H., Paquette, et al  
2026; 69 (3): 346-359
- **Incorporating Pelvic Floor Physical Therapy in the Treatment of Obstructed Defecation Syndrome and Posterior Compartment Pelvic Organ and Rectal Prolapse : Proceedings of the Consensus Meeting of the Pelvic Floor Consortium of the American Society of Colon and Rectal Surgeons, the International Continence Society, the International Urogynecological Association, the American Urogynecologic Society, and the American Physical Therapy Association.** *International urogynecology journal*  
Traugott, A. L., Barten, J., Bordeianou, L., Carboni, C., Carver, D. J., Cucchiara, M. M., Gallo, G., Grimes, C. L., Knoepp, L. R., McClure, A. M., Mellgren, A., Olson, C. H., Paquette, et al  
2026
- **Perception of rectal prolapse symptoms in patients with psychiatric disorders** *WORLD JOURNAL OF GASTROINTESTINAL SURGERY*  
Akeel, N., Rajasingh, C., Earley, M., Hoy, S., Neshatian, L., Enemchukwu, E., Mishra, K., Gurland, B.  
2026; 18 (1)
- **Perception of rectal prolapse symptoms in patients with psychiatric disorders.** *World journal of gastrointestinal surgery*  
Akeel, N., Rajasingh, C. M., Earley, M., Au Hoy, S., Neshatian, L., Enemchukwu, E., Mishra, K., Gurland, B.  
2026; 18 (1): 114452
- **Can Large Language Models be a Viable Tool for Consensus Working Groups? Experience of the Ventral Rectopexy Expert Consensus Group.** *Diseases of the colon and rectum*  
Lee, F. G., Larson, E. L., Vermunt, J., Thiels, C. A., Christensen, P., Collinson, R. J., Cornish, J. A., D'Hoore, A., Gurland, B. H., Mellgren, A., Ratto, C., Ris, F., Stevenson, et al  
2026
- **REPLY.** *Diseases of the colon and rectum*  
Gurland, B.  
2026
- **Psychological Symptoms and Adverse Childhood Experiences Negatively Impact Coexisting Obstructed Defecation and Fecal Incontinence Symptoms.** *Neurogastroenterology and motility*

- Karhu, E., Gurland, B., Craven, M. R., Lamothe, D., Neshatian, L.  
2026; 38 (1): e70243
- **Multidisciplinary conferences to enhance care for pelvic floor dysfunction: A descriptive study at a tertiary center** *CONTINENCE REPORTS*  
Akeel, N., Neshatian, L., Sheth, V., Enemchukwu, E., Hoy, S., Gurland, B. H., Atashroo, D., Chodakiewitz, Y., Dinh, J., Elisha, H., Garcia, P. A., Hah, J. M., Hicks, et al  
2025; 16
  - **Recurrent Rectal Prolapse.** *Clinics in colon and rectal surgery*  
Naar, L., Sheth, V., Gurland, B.  
2025; 38 (6): 384-391
  - **Assessing Pelvic Organ Prolapse Volume in Patients with Rectal Prolapse via MRI.** *International urogynecology journal*  
Khorsandi, S., Sheth, V. R., Chow, A., Liang, T., Gurland, B., Sokol, E. R.  
2025
  - **Cost-Effectiveness of Combined Robotic Rectal Prolapse and Pelvic Organ Prolapse Surgery: 12-Month Results of Multicenter Prospective Robotic Prolapse Surgery Cohort**  
Wallace, S., Ogilvie, J., Bordeianou, L., Earley, M., Platte, R., Weinstein, M., Sokol, E., Enemchukwu, E., Mishra, K., Gurland, B.  
SPRINGER LONDON LTD.2025: S81-S82
  - **The Songdo consensus: Development of minimum reporting standards for studies of intervention in idiopathic anal fistula using a modified nominal group technique.** *Colorectal disease : the official journal of the Association of Coloproctology of Great Britain and Ireland*  
Joshi, S., Hanna, L., Cho, D. H., Garg, P., Glyn, T., Gurland, B., Hwang, D. Y., Kim, K., Kotze, P. G., Lee, J. K., Lightner, A. L., Matzel, K. E., Sahnun, et al  
2025; 27 (1): e17300
  - **Association Between Frailty and Preoperative Decision-Making in Rectal Prolapse Repair.** *The Journal of surgical research*  
Rajasingh, C. M., McCarthy, M. S., Barreto, N. B., Trickey, A. W., Bungo, C., Neshatian, L., Gurland, B. H.  
2024; 305: 331-336
  - **Response to Vollebregt et al.** *The American journal of gastroenterology*  
Neshatian, L., Gurland, B., Triadafilopoulos, G.  
2024
  - **Telehealth is effective for pelvic health physical therapy.** *Neurogastroenterology and motility*  
Karhu, E., Gurland, B., Barten, J., Miller, L., Yi, G., Shen, S., Neshatian, L.  
2024: e14844
  - **The association between vitamin-D deficiency and fecal incontinence.** *Neurogastroenterology and motility*  
Neshatian, L., Grant, G., Fernandez-Becker, N., Yuan, Y., Garcia, P., Becker, L., Gurland, B., Triadafilopoulos, G.  
2024: e14753
  - **Core Descriptor Sets for Rectal Prolapse Outcomes Research Using a Modified Delphi Consensus.** *Diseases of the colon and rectum*  
Gurland, B. H., Olson, C. H., McCarthy, M. S., Bordeianou, L. G.  
2024
  - **The international variability of surgery for rectal prolapse** *BMJ SURGERY INTERVENTIONS & HEALTH TECHNOLOGIES*  
Kelley, J. K., Hagen, E. R., Gurland, B., Stevenson, A. R. L., Ogilvie, J. W.  
2023; 5 (1): e000198
  - **Telehealth Is Effective in Delivering Pelvic Floor Physical Therapy in Patients with Pelvic Floor Disorders**  
Karhu, E., Barten, J., Yi, G., Rajwana, Y. R., Gurland, B., Neshatian, L.  
LIPPINCOTT WILLIAMS & WILKINS.2023: S491-S492
  - **Age-dependent Microglial Disease Phenotype Results in Functional Decline in Gut Macrophages.** *Gastro hep advances*  
Bishop, E. S., Namkoong, H., Aurelian, L., McCarthy, M., Nallagatla, P., Zhou, W., Neshatian, L., Gurland, B., Habtezion, A., Becker, L.  
2023; 2 (2): 261-276
  - **Differential Findings on Anorectal Manometry in Patients with Parkinson's Disease and Defecatory Dysfunction.** *Movement disorders clinical practice*

- Zhou, W., Triadafilopoulos, G., Gurland, B., Halawi, H., Becker, L., Garcia, P., Nguyen, L., Miglis, M., Muppidi, S., Sinn, D. I., Jaradeh, S., Neshatian, L.  
2023; 10 (7): 1074-1081
- **Differential Findings on Anorectal Manometry in Patients with Parkinson's Disease and Defecatory Dysfunction** *MOVEMENT DISORDERS CLINICAL PRACTICE*  
Zhou, W., Triadafilopoulos, G., Gurland, B., Halawi, H., Becker, L., Garcia, P., Nguyen, L., Miglis, M., Muppidi, S., Sinn, D., Jaradeh, S., Neshatian, L.  
2023
  - **Robot-assisted pelvic floor reconstructive surgery: an international Delphi study of expert users.** *Surgical endoscopy*  
Simoncini, T., Panattoni, A., Aktas, M., Ampe, J., Betschart, C., Bloemendaal, A. L., Buse, S., Campagna, G., Caretto, M., Cervigni, M., Consten, E. C., Davila, H. H., Dubuisson, et al  
2023
  - **Anorectal manometry for the diagnosis of pelvic floor disorders in patients with hypermobility spectrum disorders and hypermobile Ehlers-Danlos syndrome.** *BMC gastroenterology*  
Zhou, W., Zikos, T. A., Halawi, H., Sheth, V. R., Gurland, B., Nguyen, L. A., Neshatian, L.  
2022; 22 (1): 538
  - **Association of an Online Home-Based Prehabilitation Program With Outcomes After Colorectal Surgery.** *JAMA surgery*  
Kimura, C. S., Bidwell, S., Gurland, B., Morris, A., Shelton, A., Kin, C.  
2022
  - **Mitigating the impact of the year end spike in elective surgery on surgeon and staff well-being: A surgical perspective.** *Annals of medicine and surgery (2012)*  
Shukla, D., Gilliland, T., Gurland, B., Patel, S., Shanafelt, T.  
2022; 75: 103370
  - **Utilizing Anorectal Manometry to Predict the Phenotype of Patients Who Will Benefit From a Squatting Assist Stool**  
Ulsh, L., Nguyen, L., Gurland, B., Neshatian, L.  
LIPPINCOTT WILLIAMS & WILKINS.2021: S218
  - **Sarcopenia Is a Risk Factor for Pelvic Organ Prolapse Independent of Age**  
Sheth, V., Becker, L., Liang, T., Gurland, B., Neshatian, L.  
LIPPINCOTT WILLIAMS & WILKINS.2021: S243
  - **Adult residual rectourethral fistula and diverticulum presenting decades after imperforate anus repair: a case report.** *Journal of medical case reports*  
McShane, E. K., Gurland, B., Sheth, V. R., Bruzoni, M., Enemchukwu, E.  
2021; 15 (1): 370
  - **Preliminary Report from the Pelvic Floor Disorders Consortium: Large Scale Data Collection through Quality Improvement Initiatives to Provide Data on Functional Outcomes Following Rectal Prolapse Repair.** *Diseases of the colon and rectum*  
Cavallaro, P. M., Vogler, S. A., Hyman, N. H., Ky, A. J., Savitt, L. R., Tyler, K. M., Gurland, B. H., Bordeianou, L., New England Society of Colorectal Surgery and the Pelvic Floor Disorders Consortium Rectal Prolapse Quality Incentive Workgroup Participants  
2021
  - **Does the Length of the Prolapsed Rectum Impact Outcome of Surgical Repair?** *Diseases of the colon and rectum*  
Nugent, E., Spivak, A., Gurland, B., Shawki, S., Hull, T., Zutshi, M.  
2021
  - **A Collaborative Approach to Multicompartment Pelvic Organ Prolapse.** *Clinics in colon and rectal surgery*  
Gurland, B., Mishra, K.  
2021; 34 (1): 69-76
  - **Consensus Definitions and Interpretation Templates for Magnetic Resonance Imaging of Defecatory Pelvic Floor Disorders: Proceedings of the Consensus Meeting of the Pelvic Floor Disorders Consortium of the American Society of Colon and Rectal Surgeons, the Society of Abdominal Radiology, the International Continence Society, the American Urogynecologic Society, the International Urogynecological Association, and the Society of Gynecologic Surgeons.** *Diseases of the colon and rectum*  
Gurland, B. H., Khatri, G., Ram, R., Hull, T. L., Kocjancic, E., Quiroz, L. H., El Sayed, R. F., Jambhekar, K. R., Chernyak, V., Mohan Paspulati, R., Sheth, V. R., Steiner, A. M., Kamath, et al

2021; 64 (10): 1184-1197

- **Consensus definitions and interpretation templates for magnetic resonance imaging of Defecatory pelvic floor disorders : Proceedings of the consensus meeting of the pelvic floor disorders consortium of the American Society of Colon and Rectal Surgeons, the Society of Abdominal Radiology, the international continence society, the American Urogynecologic Society, the international Urogynecological association, and the Society of Gynecologic Surgeons.** *International urogynecology journal*  
Gurland, B. H., Khatri, G., Ram, R., Hull, T. L., Kocjancic, E., Quiroz, L. H., El Sayed, R. F., Jambhekar, K. R., Chernyak, V., Paspulati, R. M., Sheth, V. R., Steiner, A. M., Kamath, et al  
2021
- **Consensus Definitions and Interpretation Templates for Magnetic Resonance Imaging of Defecatory Pelvic Floor Disorders: Proceedings of the Consensus Meeting of the Pelvic Floor Disorders Consortium of the American Society of Colon and Rectal Surgeons, the Society of Abdominal Radiology, the International Continence Society, the American Urogynecologic Society, the International Urogynecological Association, and the Society of Gynecologic Surgeons.** *Female pelvic medicine & reconstructive surgery*  
Gurland, B. H., Khatri, G., Ram, R., Hull, T. L., Kocjancic, E., Quiroz, L. H., El Sayed, R. F., Jambhekar, K. R., Chernyak, V., Paspulati, R. M., Sheth, V. R., Steiner, A. M., Kamath, et al  
2021
- **A Collaborative Approach to Multicompartment Pelvic Organ Prolapse** *CLINICS IN COLON AND RECTAL SURGERY*  
Gurland, B., Mishra, K.  
2020
- **RECTAL PROLAPSE REPAIR IN MALES: IS ROBOTIC VENTRAL MESH RETROPEXY THE RIGHT CHOICE?**  
Gurland, B., Sceats, L.  
WILEY.2020: S182–S183
- **IMMUNE PROFILING TO PREDICT RECOVERY OUTCOMES AFTER SURGERY**  
Tsai, E. S., Rumer, K., Wong, K., Warrington, B., Shelton, E., Ganio, E., Verdonk, F., Ando, K., Tingle, M., Folk-Tolbert, M., Shankar, K., Shelton, A., Morris, et al  
LIPPINCOTT WILLIAMS & WILKINS.2020: 66–67
- **Crohn's disease: failure of a proprietary fluorescent in situ hybridization assay to detect M. avium subspecies paratuberculosis in archived frozen intestine from patients with Crohn's disease.** *BMC research notes*  
Greenstein, R. J., Su, L., Fam, P. S., Gurland, B., Endres, P., Brown, S. T.  
2020; 13 (1): 96
- **Trends in management of combined rectal and vaginal pelvic organ prolapse**  
Speed, J., Zhang, C., Gurland, B., Enemchukwu, E.  
WILEY.2020: S83–S84
- **Do preoperative demographics or symptoms predict recurrence in patients following combined surgical repair for pelvic organ prolapse and rectal prolapse?**  
Syan, R., Wallace, S., Gurland, B., Enemchukwu, E.  
WILEY.2020: S174–S175
- **Patient satisfaction improved when patients seen by multiple providers at a multidisciplinary pelvic health center**  
Speed, J., Montalvo, C., Cuevas, J., Gurland, B., Enemchukwu, E.  
WILEY.2020: S179–S180
- **Measuring Pelvic Floor Disorder Symptoms Using Patient-Reported Instruments: Proceedings of the Consensus Meeting of the Pelvic Floor Consortium of the American Society of Colon and Rectal Surgeons, the International Continence Society, the American Urogynecologic Society, and the Society of Urodynamics, Female Pelvic Medicine and Urogenital Reconstruction**  
Bordeianou, L. G., Anger, J. T., Boutros, M., Birnbaum, E., Carmichael, J. C., Connell, K. A., De, E. J. B., Mellgren, A., Staller, K., Vogler, S. A., Weinstein, M. M., Yafi, F. A., Hull, et al  
LIPPINCOTT WILLIAMS & WILKINS.2020: 1–15
- **Surgical approach, complications, and reoperation rates of combined rectal and pelvic organ prolapse surgery.** *International urogynecology journal*  
Wallace, S. L., Syan, R. n., Enemchukwu, E. A., Mishra, K. n., Sokol, E. R., Gurland, B. n.  
2020
- **Trends in the Diagnosis and Management of Combined Rectal and Vaginal Pelvic Organ Prolapse.** *Urology*

Speed, J. M., Zhang, C. A., Gurland, B. n., Enemchukwu, E. n.  
2020

- **Measuring pelvic floor disorder symptoms using patient-reported instruments: proceedings of the consensus meeting of the pelvic floor consortium of the American Society of Colon and Rectal Surgeons, the International Continence Society, the American Urogynecologic Society, and the Society of Urodynamics, Female Pelvic Medicine and Urogenital Reconstruction**  
Bordeianou, L. G., Anger, J., Boutros, M., Birnbaum, E., Carmichael, J. C., Connell, K., De, E. B., Mellgren, A., Staller, K., Vogler, S. A., Weinstein, M. M., Yafi, F. A., Hull, et al  
SPRINGER-VERLAG ITALIA SRL.2020: 5–22
- **Effect of a Multimodal Prehabilitation Program Prior to Colorectal Surgery on Postoperative Pain and Pain Medication Use**  
Lee, A., Shelton, E., Bidwell, S., Shelton, A., Gurland, B., Morris, A. M., Kin, C. J.  
ELSEVIER SCIENCE INC.2019: S58–S59
- **Surgical Decision-Making for Rectal Prolapse: One Size Does Not Fit All. *Postgraduate medicine***  
Lee, A., Kin, C., Syan, R., Morris, A., Gurland, B.  
2019
- **SURGICAL APPROACH, COMPLICATIONS AND RECURRENCE AFTER COMBINED RECTAL PROLAPSE AND PELVIC ORGAN PROLAPSE SURGERY AT A SINGLE TERTIARY CARE CENTER FROM 2008 TO 2019**  
Wallace, S. L., Syan, R., Tran, A., Mishra, K., Sokol, E. R., Gurland, B. H.  
SPRINGER LONDON LTD.2019: S262
- **TRENDS IN THE SURGICAL MANAGEMENT OF COMBINED VAGINAL AND RECTAL PROLAPSE FOLLOWING THE INITIATION OF A MULTI-DISCIPLINARY PELVIC FLOOR CENTER**  
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## PRESENTATIONS

- Contribution of Internal Rectal Prolapse and When to Consider Repair - American Society of Colon and Rectal Surgery, 2018 Annual Meeting Nashville (5/23/2018)
- Take Me To Your OR: Sacral Nerve Stimulation - American Society of Colon and Rectal Surgeons, Annual Meeting (5/4/2016)
- Pelvic Health Center Dinner Slides - Physicians (5/3/2018)