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Niki Menon

Soc Science Rsch Prof 2, Psych/General Psychiatry and Psychology (Adult)

Bio

LINKS

- Google Scholar | Citations: https://scholar.google.com/citations?user=pS2x2HMAAAAJ&hl=en
- Scopus | 57211073939: http://www.scopus.com/inward/authorDetails.url?authorID=57211073939&partnerID=MN8TOARS
- ResearchGate: https://www.researchgate.net/profile/Nikitha-Menon
- LinkedIn: https://www.linkedin.com/in/nikitha-m-a29715147/
- Our Team | WellMD & WellPhD: https://wellmd.stanford.edu/about/our-team.html
- Research | WellMD & WellPhD: https://wellmd.stanford.edu/knowledge-hub/research.html

Professional

PROFESSIONAL AFFILIATIONS AND ACTIVITIES

- Abstract Review Committee (ARC) for the 2022 International Conference on Physician Health™, American Medical Association, Mayo Clinic, Stanford University (2022 - 2022)

Publications

PUBLICATIONS

- **Actions Reported by Physicians With Large Improvements in Burnout and Professional Fulfillment.** *JAMA network open*
  Shanafelt, T. D., Makowski, M. S., Hale, B., Carlasare, L. E., Menon, N. K., Shapiro, A., Wang, H., Tutty, M., Trockel, M. T., Sinsky, C.
  2026; 9 (9): e2635986
- **Understanding Gender-Based Variation in Determinants of Academic Neurologist Well-Being** *NEUROLOGY-CLINICAL PRACTICE*
  Amano, A., Menon, N. K., Wang, H., Shanafelt, T. D., Trockel, M. T., Zhu, X.
  2025; 15 (6): e200562
- **Empirical Assessment of Well-Being: The Stanford Model of Occupational Well-Being** *ACADEMIC MEDICINE*
  Bohman, B. D., Makowski, M. S., Wang, H., Menon, N. K., Shanafelt, T. D., Trockel, M. T.
  2025; 100 (8): 960-967
- **Implementation of an Organization-Based Couples Health Promotion Program to Improve Physician Well-Being.** *JAMA network open*
  Gold, J. M., Shanafelt, T. D., Wang, H., Townson, J., Stolz, S., Menon, N., Trockel, M.
  2025; 8 (4): e253218
- **Characteristics and Habits of Psychiatrists and Neurologists With High Occupational Well-Being: A Mixed Methods Study.** *Mayo Clinic proceedings. Innovations, quality & outcomes*
  Amano, A., Menon, N. K., Bissonnette, S., Sullivan, A. B., Frost, N., Mekile, Z., Wang, H., Shanafelt, T. D., Trockel, M. T.
  2024; 8 (4): 329-342

- **A qualitative study of strategies to improve occupational well-being in physical medicine and rehabilitation physicians.** *American journal of physical medicine & rehabilitation*
  Amano, A., Makowski, M. S., Trockel, M. T., Menon, N. K., Wang, H., Sliwa, J., Weinstein, S., Kinney, C., Paganoni, S., Verduzco-Gutierrez, M., Kennedy, D. J., Knowlton, T., Stautzenbach, et al
  2024
- **A qualitative study of strategies to improve occupational well-being in physical medicine and rehabilitation physicians.** *PM & R : the journal of injury, function, and rehabilitation*
  Amano, A., Makowski, M. S., Trockel, M. T., Menon, N. K., Wang, H., Sliwa, J., Weinstein, S., Kinney, C., Paganoni, S., Verduzco-Gutierrez, M., Kennedy, D. J., Knowlton, T., Stautzenbach, et al
  2024
- **Assessment of Adverse Childhood Experiences, Adverse Professional Experiences, Depression, and Burnout in US Physicians.** *Mayo Clinic proceedings*
  Trockel, M. T., West, C. P., Dyrbye, L. N., Sinsky, C. A., Tutty, M., Wang, H., Carlasare, L. E., Menon, N. K., Shanafelt, T. D.
  2023; 98 (12): 1785-1796
- **IMPACT: Evaluation of a Controlled Organizational Intervention Using Influential Peers to Promote Professional Fulfillment.** *Mayo Clinic proceedings*
  Trockel, M. T., Menon, N. K., Makowski, M. S., Wen, L. Y., Roberts, R., Bohman, B. D., Shanafelt, T. D.
  2022
- **Performance Nutrition for Physician Trainees Working Overnight Shifts: A Randomized Controlled Trial.** *Academic medicine : journal of the Association of American Medical Colleges*
  Makowski, M. S., Trockel, M. T., Menon, N. K., Wang, H., Katznelson, L., Shanafelt, T. D.
  2021
- **Assessment of Physician Sleep and Wellness, Burnout, and Clinically Significant Medical Errors.** *JAMA network open*
  Trockel, M. T., Menon, N. K., Rowe, S. G., Stewart, M. T., Smith, R., Lu, M., Kim, P. K., Quinn, M. A., Lawrence, E., Marchalik, D., Farley, H., Normand, P., Felder, et al
  2020; 3 (12): e2028111
- **Association of Physician Burnout With Suicidal Ideation and Medical Errors.** *JAMA network open*
  Menon, N. K., Shanafelt, T. D., Sinsky, C. A., Linzer, M., Carlasare, L., Brady, K. J., Stillman, M. J., Trockel, M. T.
  2020; 3 (12): e2028780
- **Association of Occupational Distress and Sleep-Related Impairment in Physicians With Unsolicited Patient Complaints.** *Mayo Clinic proceedings*
  Welle, D., Trockel, M. T., Hamidi, M. S., Hickson, G. B., Menon, N. K., Shanafelt, T. D., Cooper, W. O.
  2020; 95 (4): 719–26
- **How to negotiate** *I Roberts Academic Medicine Handbook: A Guide to Achievement and Fulfillment for Academic Faculty*
  Trockel, MD, PhD, M. T., Menon, BA, N. K.
  Springer International Publishing.2020; 2: 411–419
- **Developing a Portfolio to Support Physicians' Efforts to Promote Well-being: One Piece of the Puzzle.** *Mayo Clinic proceedings*
  Menon, N. K., Trockel, M. T., Hamidi, M. S., Shanafelt, T. D.
  2019; 94 (11): 2171–77
- **In the Limelight: November 2019** *MAYO CLINIC PROCEEDINGS*
  Nath, K. A.
  2019; 94 (11): 2153-2155
- **Self-valuation: Attending to the Most Important Instrument in the Practice of Medicine.** *Mayo Clinic proceedings*
  Trockel, M. T., Hamidi, M. S., Menon, N. K., Rowe, S. G., Dudley, J. C., Stewart, M. T., Geisler, C. Z., Bohman, B. D., Shanafelt, T. D.
  2019
- **Creating a Culture of Wellness** *The Art and Science of Physician Wellbeing: A Handbook for Physicians and Trainees*
  Menon, BA, N. K., Trockel, MD, PhD, M. T.
  Springer International Publishing.2019; 1: 19-32

PRESENTATIONS

- Association of Physician Burnout With Suicidal Ideation and Medical Errors - American Medical Association (STEPS Forward™ Series)
- Do Burnout and Depression Increase Risk for Suicidal Ideation In Physicians? - 2021 International Conference on Physician Health, Oral Presentation and Panel Discussion.
- Physician Distress: Risk Factors and Prevention in Physician Suicide - Center for Continuing Medical Education at Stanford University School of Medicine (September 15, 2022)