Stanford



Diana Farid

Clinical Associate Professor, Medicine - Primary Care and Population Health

CLINICAL OFFICE (PRIMARY)

- **Vaden Health Center**

  866 Campus Dr 1st Fl

  MC 8580

  Stanford, CA 94305

  Tel (650) 498-2336 **Fax** (833) 296-3121

Bio

BIO

Diana Farid MD, MPH is a physician, filmmaker, an award-winning author and poet. She is a Clinical Associate Professor in the Department of Medicine and Faculty in the Medical Humanities and Arts Program at Stanford's School of Medicine. After earning a BA in Peace and Conflict Studies at UC Berkeley, MD at Northwestern University, and Family Medicine specialty training at UCLA, she was awarded a U.S. Department of Health and Human Services Child and Family Health Leadership Fellowship, during which she earned a Masters in Public Health focused on community health and storytelling.

Since then, Diana has continued to care for patients while creating and championing the vital role of story and the arts in medicine and health. After serving as a physician consultant for television shows like Grey's Anatomy, she produced the feature length documentary film, American Rhythms, exploring the positive impact of music on elementary school student health. At Stanford, she has integrated medicine and the mediums of film, creative writing, and poetry into student and community experiences while leading and presenting arts programs across Stanford. As Assistant Director of Stanford School of Medicine’s Program in Bioethics and Film, she produced film screenings and panel discussions exploring films with vital bioethical implications. She established the first Stanford Film and Medicine Interest group for medical students to study film as a health promotion tool and has mentored medical student film projects. She produced the Stanford Medicine and the Muse, Medical Humanities and the Arts' 2018 Frankenstein@200 year-long cross-campus film screening and panel series.

Her poetry has been featured in gallery exhibits, storytelling events, anthologies, and journals. Her multi-award-winning picture book, When You Breathe (Abrams), melds respiratory science with poetry. Her novel written in verse, Wave (Abrams), celebrating medicine, music and poetry and noted as “Raw and powerful…Rich, layered and heart-rending” — Kirkus, has won numerous awards including the Cybils Award for Novel in Verse, was named a Best Middle Grade Book of 2022 by the School Library Journal, and is on state education board reading lists across the United States. Her latest picture book, The Light of Home (Scholastic) is a lyrical story about painting and belonging. Her debut board book Already All the Love (Little Bee Books) is a poem for presence. She is an Editorial Board Member for poetry for the medical humanities journal, The Pharos. In 2025, she created a first-of-its-kind Women

in Medicine participatory poem for the Stanford School of Medicine. In 2026, she is co-teaching Peds 129: Little Libraries: Improving Children's Literacy through Service and Storytelling. For 2025-2026, she is one of the inaugural artsCatalyst Fellows of the Stanford Arts Institute.

CLINICAL FOCUS

- Family Medicine
- College Student Health
- Adolescent Health

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Medicine - Primary Care and Population Health

ADMINISTRATIVE APPOINTMENTS

- Medical Humanities & Arts Faculty Fellowship Mentor, Medical Humanities and the Arts (Medicine & the Muse), Stanford Center for Biomedical Ethics, (2025- present)
- Stanford Arts Prescribing Program Partner, Stanford Vice President for the Arts, (2024- present)
- Affiliated Faculty, Medical Humanities & the Arts (Medicine & the Muse), Stanford Center for Biomedical Ethics, (2016- present)
- Assistant Director of the Program in Bioethics and Film, Medical Humanities & the Arts (Medicine & the Muse), Stanford Center for Biomedical Ethics, (2017-2019)

HONORS AND AWARDS

- CSMCL Best Books of 2024, THE LIGHT OF HOME, Center for the Study of Multicultural Children's Literature (CSMCL) (2025)
- artsCatalyst Fellowship, Stanford Arts Institute (2025-2026)
- Louisiana Young Readers Choice Award Nominee, WAVE, Louisiana State Library (2025)
- Top 10 Diverse Children's Books of 2024, ALREADY ALL THE LOVE, Biracial Bookworms | Kid Lit TV (2024)
- Best of 2024, ALREADY ALL THE LOVE, Bookstagang (2024)
- Hot Off the Press List, ALREADY ALL THE LOVE, Children's Book Council (2024)
- Editors' Pick and #1 New Release, ALREADY ALL THE LOVE, Amazon (2024)
- Best New Books Grade 1, THE LIGHT OF HOME, Scholastic Education (2024)
- Children's Book Committee's Best Children's Books of the Year, WAVE, Children's Book Committee (2023)
- California Department of Education Recommended Reading List, WAVE, CA Department of Education (2023)
- A Bank Street Best Children's Book of the Year, 2022, WAVE, Bank Street College of Education (2023)
- Middle East Book Award Honoree, WAVE, Middle East Outreach Council (2023)
- Northern California Book Award Nominee, Best Middle Grade Book, WAVE, Northern California Book Reviewers (2023)
- MISelf in Books Selection, WAVE, Michigan Association of Media in Education (2022)
- SLJ Best Middle Grade Books Honor, WAVE, School Library Journal (2022)
- Cybils Award for Poetry Novel, WAVE, Children's and Young Adult Book Lovers' Literary Awards (2022)
- Golden Poppy Award Finalist, Middle Grade, WAVE, California Independent Booksellers Alliance (2022)
- Golden Poppy Award Finalist, Mirrors and Windows, WAVE, California Independent Booksellers Alliance (2022)
- JLG Gold Standard Selection, WAVE, Junior Library Guild (2022)
- EUREKA! Nonfiction Children's Book Gold Award, WHEN YOU BREATHE, California Reading Association (2021)
- Illustration Awards Shortlist, WHEN YOU BREATHE, Communication Arts (2021)
- Notable Poetry Book, WHEN YOU BREATHE, National Council of Teachers of English (2021)
- Maternal and Child Health Leadership Fellowship, U.S. Department of Health and Human Services (2003-2005)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Editorial Board, The Pharos, Medical Humanities Journal (2023 - present)
- Member, Women In Medicine Working Group, Stanford Department of Medicine (2021 - 2021)
- Member, Diversity and Inclusion Committee, Stanford Department of Medicine (2020 - present)
- Member, Clinician Educator Advisory Committee, Stanford Department of Medicine (2020 - 2023)
- Member, Finance Strategy Committee, Medicine & the Muse, Stanford Center for Biomedical Ethics (2018 - 2019)
- Member, Steering Committee, Medicine & the Muse, Stanford Center for Biomedical Ethics (2017 - 2020)
- Member, The Pegasus Physician Writers at Stanford (2016 - present)
- Film Series Producer and Steering Committee Member, Frankenstein@200 Steering Committee, Medical Humanities & Arts (Medicine & the Muse), Stanford Center for Biomedical Ethics (2016 - 2018)
- Associate Member, Society of Children's Book Writers and Illustrators (2013 - present)

PROFESSIONAL EDUCATION

- Fellowship: UCLA-Child and Family Health Leadership Training Program (2005) CA
- Residency: UCLA-Santa Monica (2003) CA
- Internship: University of California San Diego (2001) CA
- Medical Education: Northwestern University Feinberg School of Medicine (2000) IL
- Masters in Public Health, UCLA , Public Health, Community Health, Health Communications (2005)
- Board Certification: Family Medicine, American Board of Family Medicine (2003)

LINKS

- Author Website: https://dianafarid.com/
- Podcast Interview: Redefining Healing Through Art and Storytelling on Stanford Medicine's Where Art Meets Medicine Podcast: https://podcasts.apple.com/us/podcast/where-arts-meets-medicine/id1846952940?i=1000744164435
- SCOPE article on When You Breathe: https://scopeblog.stanford.edu/2020/09/30/stanford-physician-pens-childrens-book-on-breathing/
- Quoted in: National Academy of Medicine's 2019 Consensus Study Report: Taking Action Against Clinician Burnout: https://www.nap.edu/booksearch.php?booksearch=1&record_id=25521&term=Diana+farid&chapter=199-234
- SCOPE article on recommended movies with health themes: https://scopeblog.stanford.edu/2019/01/09/watch-list-10-recommended-films-about-medicine/
- SCOPE article on 2018 Stanford Medical School, Movies and Medicine Course: https://scopeblog.stanford.edu/2019/01/03/watching-movies-and-learning-about-medicine/
- National Academy of Medicine Online Gallery: http://nam.edu/expressclinicianwellbeing/#/artwork/132. 2018
- Watch AMERICAN RHYTHMS (2008), feature length documentary film, co-produced by Diana Farid: https://youtu.be/YeDGQ_HX_Nw?si=3ArPKR7qCrmgO3Xk

Publications

PUBLICATIONS

- **The Light of Home**
  Farid, D.
  Scholastic.2024
- **Already All the Love**
  Farid, D.
  Little Bee Books.2024
- **Wave**
  Farid, D.

Abrams.2022

- **When You Breathe**
  Farid, D.
  Abrams.2020
- **Opinion: COVID-19 reveals grade school science education flaws**
  Farid, D.
  The Mercury News.
  2020
- **A Walk In The City**
  Farid, D.
  The Pegasus Review. http://thepegasusreview.com/a-walk-in-the-city/.
  2019
- **How To Biopsy A Star**
  Farid, D.
  SCOPE Stanford. https://scopeblog.stanford.edu/2019/10/08/how-to-biopsy-a-star-scope10000/.
  2019
- **Dear Medicine**
  Farid, D.
  National Academy of Medicine. Permanent Online Gallery. http://nam.edu/expressclinicianwellbeing/#/artwork/132.
  2018
- **How Could I Help This Patient?**
  Farid, D.
  MD Magazine. http://www.mdmag.com/medical-news/how-could-i-help-this-patient.
  2017
- **Sand and Waves**
  Farid, D.
  Scope, Stanford University School of Medicine. http://scopeblog.stanford.edu/2017/05/16/sand-and-waves-a-stanford-physician-reflects-on-her-heritage/.
  2017

PRESENTATIONS

- Poetry reading of Diana Farid’s poem: STERILE FIELD - Stanford University and the public. (July 14, 2016)
- Poetry reading of Diana Farid’s poem: OFFLINE - Stanford University and the public. (11/9/2016)
- Storytelling and Poetry reading of Diana Farid’s poem OFFLINE at The Nocturnists Live Storytelling event - Public (March 1, 2017)
- Poetry reading of Diana Farid’s poem: A WALK IN THE CITY - Stanford University and the public. (July 13, 2017)
- Curator and Moderator, Stanford Med Writers Forum: The Body as a Temple - Stanford University/Pegasus Physician Writers (October 5, 2017)
- Poetry reading of Diana Farid’s poem: WHILE DRIVING TO PRESCHOOL PICKUP - Stanford University/Pegasus Physician Writers (11/8/2017)
- Poetry reading of Diana Farid’s poem: I’LL TEACH YOU - Public (11/7/2018)
- Poetry reading of Diana Farid’s poem: THE BIOPSY SUITE - Stanford community and general public. (6/20/2019)
- Poetry reading of Diana Farid’s poem: AT THE SHORE - Stanford University and the public (11/13/2019)
- WHEN YOU BREATHE Bookstore and School Presentations - Books Inc., An Unlikely Story, The Center for Fiction, Multiple Elementary Schools including The Brooklyn School of Inquiry and Philips Brooks
- Poetry as Medicine (12/15/2020)
- The Power of Story as a Physician and Advocate - Stanford University and the general public (4/24/2021)
- Maintaining Creativity - Society of Children’s Book Writers and Illustrators (7/24/2021)

- Poetry reading of Diana Farid’s poem: THE TROWEL (11/3/2021)
- Poetry reading of Diana Farid’s poem: MOVING DAY - Stanford University and General Public
- Guest Lecturer in Stanford Sing & Be Well Class 183G - Stanford University (4/19/2024 - 4/19/2024)
- Stanford Women in Medicine Professional Development Panel Speaker - Stanford University students (1/17/2024 - 1/17/2024)