

# Stanford

---



## Peter Aston, PsyD

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

### CLINICAL OFFICE (PRIMARY)

- **Stanford Dept of Psychiatry and Behavioral Sciences**

401 Quarry Rd

MC 5718

Stanford, CA 94305

Tel (650) 498-9111

Fax (650) 724-9900

### Bio

---

#### CLINICAL FOCUS

- Clinical Psychology
- Obsessive-Compulsive Disorder
- Anxiety disorders
- High performance athletes
- Health Anxiety
- Somatic Symptoms

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

#### PROFESSIONAL EDUCATION

- Professional Education: Palo Alto University PGSP Stanford PsyD Consortium (2020) CA
- Internship: Mary A Rackham Institute at University of Michigan (2019) MI
- Fellowship: Stanford University Child Psychology Postdoctoral Fellowship (2020) CA

### Publications

---

#### PUBLICATIONS

- **Self-Reported Depressive Symptoms in Active and Retired Professional Hockey Players** *CANADIAN JOURNAL OF BEHAVIOURAL SCIENCE-REVUE CANADIENNE DES SCIENCES DU COMPORTEMENT*  
Aston, P., Filippou-Frye, M., Blasey, C., van Roessel, P., Rodriguez, C.  
2020; 52 (2): 97–106
- **Embracing Uncertainty as a First-Year Therapist Treating a Patient Who Has Obsessive-Compulsive Disorder.** *Psychiatric services*  
Aston, P., Rodriguez, C.  
2017; 68 (5): 433-434