Stanford



Peter Aston, PsyD

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICE (PRIMARY)

- **Stanford Dept of Psychiatry and Behavioral Sciences**

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Bio

CLINICAL FOCUS

- Clinical Psychology
- Obsessive-Compulsive Disorder
- Anxiety disorders
- High performance athletes
- Health Anxiety
- Somatic Symptoms

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

PROFESSIONAL EDUCATION

- Professional Education: Palo Alto University PGSP Stanford PsyD Consortium (2020) CA
- Internship: Mary A Rackham Institute at University of Michigan (2019) MI
- Fellowship: Stanford University Child Psychology Postdoctoral Fellowship (2020) CA

Publications

PUBLICATIONS

- **Self-Reported Depressive Symptoms in Active and Retired Professional Hockey Players** *CANADIAN JOURNAL OF BEHAVIOURAL SCIENCE-REVUE CANADIENNE DES SCIENCES DU COMPORTEMENT*

  Aston, P., Filippou-Frye, M., Blasey, C., van Roessel, P., Rodriguez, C.

  2020; 52 (2): 97–106

- **Embracing Uncertainty as a First-Year Therapist Treating a Patient Who Has Obsessive-Compulsive Disorder.** *Psychiatric services*

  Aston, P., Rodriguez, C.

  2017; 68 (5): 433-434