Stanford



Francesco Nandkumar Dandekar

Clinical Associate Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICE (PRIMARY)

- **Behavior Analysis Clinic**

  401 Quarry Rd

  Dept of Psychiatry

  Stanford, CA 94305-5795

  Tel (650) 498-9111 **Fax** (650) 724-9900

Bio

BIO

Dr. Dandekar is a Clinical Associate Professor and Associate Director of Sports Psychiatry at Stanford University. After graduating summa cum laude from the University of Southern California with a B.S. in Biomedical Engineering, he earned a Regents Scholarship to complete his M.D. at UC San Diego, where he received the American Academy of Neurology's Prize for Excellence. During his residency and fellowship at Stanford, Dr. Dandekar provided care to a variety of patients utilizing a combination of medication management, psychotherapy, and lifestyle changes (sleep, nutrition, exercise, recovery). Teamed with Clinical Professor Dr. Douglas Noordsy, he helped to incorporate psychiatric services into Stanford's sports psychology program, and continues to see elite athletes as part of the Stanford Sports Psychiatry Clinic. He also specializes in treating physicians, and sees many residents, fellows, and attendings in his private practice. In his free time, he enjoys playing tennis, chess, and guitar.

CLINICAL FOCUS

- Psychiatry

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Psychiatry and Behavioral Sciences
- Member, Wu Tsai Human Performance Alliance

HONORS AND AWARDS

- Annual Chairman's Award for Clinical Innovation and Service, Stanford Department of Psychiatry (April 1, 2020)

PROFESSIONAL EDUCATION

- Residency: Stanford University Psychiatry Residency (2018) CA
- Medical Education: University of California San Diego School of Medicine (2014) CA
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2018)
- Fellowship, Stanford University Department of Psychiatry , Student Mental Health and Sports Psychiatry (2019)

LINKS

- Stanford Sports Psychiatry and Psychology: https://med.stanford.edu/psychiatry/patient_care/sports.html
- "Mental Health in the Sports World" Podcast, December 2021: https://soundcloud.com/stanfordpsy/mental-health-in-sports-with-dr-noordsy-and-dr-dandekar

Publications

PUBLICATIONS

- **Supervising Scholarship** *Supervision in psychiatric practice: practical approaches across venues and providers*
  Dandekar, F., Bandstra, B., Corcoran, K., DeGolia, S.
  American Psychiatric Association Publishing.2019: 259–262
- **Periorbital edema secondary to positive airway pressure therapy.** *Case reports in ophthalmological medicine*
  Dandekar, F., Camacho, M., Valerio, J., Ruoff, C.
  2015; 2015: 126501-?
- **Exploring the neural correlates of visual creativity** *SOCIAL COGNITIVE AND AFFECTIVE NEUROSCIENCE*
  Aziz-Zadeh, L., Liew, S., Dandekar, F.
  2013; 8 (4): 475–80