Stanford

Sanaa Suharwardy

Clinical Assistant Professor, Obstetrics & Gynecology - Maternal Fetal Medicine

CLINICAL OFFICE (PRIMARY)

- **Center for Academic Medicine Obstetrics and Gynecology**

  453 Quarry Rd

  MC 5317

  Palo Alto, CA 94304

  Tel (650) 723-5533 **Fax** (650) 723-7737

Bio

CLINICAL FOCUS

- Maternal and Fetal Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Obstetrics & Gynecology - Maternal Fetal Medicine

PROFESSIONAL EDUCATION

- Medical Education: Washington University in St Louis School of Medicine (2013) MO
- Board Certification: Maternal and Fetal Medicine, American Board of Obstetrics and Gynecology (2023)
- Board Certification, American Board of Preventative Medicine , Clinical Informatics (2022)
- Fellowship: Stanford University Clinical Informatics Fellowship (2021) CA
- Fellowship: Stanford University Maternal Fetal Medicine Fellowship (2021) CA
- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (2019)
- Residency: Stanford University Medical Center (2017) CA

Publications

PUBLICATIONS

- **Practice patterns and telehealth usage of maternal fetal medicine providers by US region and urbanicity**
  Waldrop, A. R., Cruz, G., Trepman, P., Suharwardy, S.
  MOSBY-ELSEVIER.2022: S175-S176

- **Telehealth barriers in maternal fetal medicine providers by patient insurance status**
  Waldrop, A. R., Cruz, G., Trepman, P., Suharwardy, S.
  MOSBY-ELSEVIER.2022: S735

- **Barriers to telehealth usage by maternal fetal medicine providers by US region and urbanicity**
  Waldrop, A. R., Cruz, G., Trepman, P., Suharwardy, S.
  MOSBY-ELSEVIER.2022: S88-S89

- **Enhanced recovery after surgery for cesarean delivery.** *Current opinion in obstetrics & gynecology*

Suharwardy, S., Carvalho, B.
2020

- **Acceptability of postnatal mood management through a smartphone-based automated conversational agent**
  Ramachandran, M., Suharwardy, S., Leonard, S. A., Gunaseelan, A., Robinson, A., Darcy, A., Lyell, D. J., Judy, A.
  MOSBY-ELSEVIER.2020: S62

- **Effect of an automated conversational agent on postpartum mental health: A randomized, controlled trial**
  Suharwardy, S., Ramachandran, M., Leonard, S. A., Gunaseelan, A., Robinson, A., Darcy, A., Lyell, D. J., Judy, A.
  MOSBY-ELSEVIER.2020: S91

- **Abnormal uterine bleeding patterns determined through menstrual tracking among participants in the Apple Women's Health Study.** *American journal of obstetrics and gynecology*
  Zhang, C. Y., Li, H., Zhang, S., Suharwardy, S., Chaturvedi, U., Fischer-Colbrie, T., Maratta, L. A., Onnela, J., Coull, B. A., Hauser, R., Williams, M. A., Baird, D. D., Jukic, et al
  2022

- **Use of Telehealth During the COVID-19 Pandemic Among Practicing Maternal-Fetal Medicine Clinicians.** *Telemedicine journal and e-health : the official journal of the American Telemedicine Association*
  Guendelman, S., Krueger, G. N., Cruz, G. I., Trepman, P. C., Suharwardy, S. H.
  2022

- **Design and methods of the Apple Women's Health Study: a digital longitudinal cohort study** *AMERICAN JOURNAL OF OBSTETRICS AND GYNECOLOGY*
  Mahalingaiah, S., Fruh, V., Rodriguez, E., Konanki, S., Onnela, J., Veiga, A., Lyons, G., Ahmed, R., Li, H., Gallagher, N., Jukic, A. Z., Ferguson, K. K., Baird, et al
  2022; 226 (4)

- **Management of brain tumors presenting in pregnancy: a case series and systematic review.** *American journal of obstetrics & gynecology MFM*
  Rodrigues, A. J., Waldrop, A. R., Suharwardy, S., Druzin, M. L., Iv, M., Ansari, J. R., Stone, S. A., Jaffe, R. A., Jin, M. C., Li, G., Hayden-Gephart, M.
  2021; 3 (1): 100256

- **Postpartum Depression Among Women with Cardiac Disease: Considerations During the Delivery Admission**
  Panelli, D., Sherwin, E. B., Lee, C. J., Suharwardy, S., Miller, H. E., Tolani, A. T., Girsen, A. I., Leonard, S. A., Warshawsky, S., Judy, A., Khandel-Wal, A., Bianco, Y. K.
  SPRINGER HEIDELBERG.2020: 246A

- **Comparing insulin, metformin, and glyburide in treating diabetes in pregnancy and analyzing obstetric outcomes**
  Sperling, M., Bentley, J., Girsen, A., Leonard, S. A., Sherwin, E. B., Panelli, D. M., Suharwardy, S., El Sayed, Y., Herrero, T.
  MOSBY-ELSEVIER.2020: S481

- **Cervical insufficiency, cerclage, and early preterm birth: differences among racial/ethnic subgroups**
  Miller, H. E., Suharwardy, S., Leonard, S. A., Girsen, A., Lyell, D. J.
  MOSBY-ELSEVIER.2020: S540

- **Obstetric outcomes for women receiving newer generation antiepileptic drugs: retrospective cohort study using claims database**
  Herrero, T., Bentley, J. P., Girsen, A. I., Do, S., Suharwardy, S., Panelli, D. M., Lyell, D. J., El-Sayed, Y., Druzin, M. L.
  MOSBY-ELSEVIER.2019: S344–S345

- **Readmission following discharge on labetalol or nifedipine for management of hypertensive disorders of pregnancy**
  Do, S. C., Panelli, D. M., Girsen, A. I., Suharwardy, S., Estes, J., Gibbs, R. S., El-Sayed, Y., Lyell, D. J., Druzin, M. L., Bentley, J.
  MOSBY-ELSEVIER.2019: S341

- **Adverse Pregnancy Outcomes Among Women With Urinary Tract Infections: Comparing Sensitive and Resistant Organisms**
  O'Malley, K., Suharwardy, S., Sie, L., Lee, H. C., Gibbs, R. S., Aziz, N.
  LIPPINCOTT WILLIAMS & WILKINS.2017: 37S

- **Glomus Tumor Excision With Clitoral Preservation** *JOURNAL OF LOWER GENITAL TRACT DISEASE*
  Suharwardy, S., Mahal, A. S., Wieskopf, K., Rogo-Gupta, L.
  2016; 20 (2): e20-e21

- **Uropathogens and antibiotic resistance temporal trends among pregnant women: updated assessment and comparison from 2005-2014**
  Suharwardy, S., O'Malley, K., Lee, H., Banaei, N., Aziz, N.
  MOSBY-ELSEVIER.2016: S338–S339
- **Improving cervical cancer screening rates in an urban HIV clinic.** *AIDS care*
  Cross, S. L., Suharwardy, S. H., Bodavula, P., Schechtman, K., Overton, E. T., Onen, N. F., Lane, M. A.
  2014; 26 (9): 1186-93