



## Christine E. Gould

Clinical Professor, Psychiatry and Behavioral Sciences

### CLINICAL OFFICE (PRIMARY)

- **Stanford University Psychiatry and Behavioral Sciences Clinic**

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### Bio

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#### BIO

Dr. Gould received her Ph.D in psychology from West Virginia University. She completed her internship at VA Palo Alto Health Care System and an Advanced Fellowship in Geriatrics at the GRECC. Dr. Gould is board certified in geropsychology. Her research program focuses on increasing older adults' access to mental health care. Her research has included development and testing of tailored, self-directed mental health interventions in older adults, including a video-delivered progressive muscle relaxation program with telephone coaching support in reducing anxiety and improving functioning and a digital mental health intervention for depression. She also works to help older adults learn how to use technology through qualitative research, development of educational materials, and coaching interventions. Her most recent work examines telehealth models of geriatric mental health care in older Veterans. Dr. Gould has an active interest in training future geriatric mental health clinicians and researchers. She provides mentorship in the following areas: geriatric mental health interventions, technology-delivered interventions for older adults, telehealth models of care, program evaluation/quality improvement, and mixed methods research approaches.

#### CLINICAL FOCUS

- Clinical Psychology

#### ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences

#### PROFESSIONAL EDUCATION

- PhD Training: West Virginia University Dept of Psychology (2011) WV
- Board Certification: Psychology, American Board of Professional Psychology (2018)
- Internship: VA Palo Alto Health Care Psychology Training (2011) CA

### Research & Scholarship

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#### CLINICAL TRIALS

- Anxiety in Older Veterans, Not Recruiting

- Meru Health Ascend Mobile Intervention for Depression in Middle Aged and Older Adults, Not Recruiting
- Relaxation Treatment for Anxiety in Adults Aged 60 or Older, Not Recruiting

## Teaching

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### GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Geriatric Medicine (Fellowship Program)
- Geriatric Psychiatry (Fellowship Program)

## Publications

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### PUBLICATIONS

- **A framework of digital biomarkers for neurodegenerative diseases** *NATURE REVIEWS BIOENGINEERING*  
Nerrise, F., Schutz, N., Zhao, Q., Gould, C., Milstein, A., Schulman, K., Henderson, V. W., Landay, J., Fei-Fei, L., Lin, F., Adeli, E.  
2026
- **Connecting Aging Rural Veterans with Tele-Geriatrics and Geriatric Mental Health Services: Referring Clinicians' Surveyed Perspectives** *TELEMEDICINE REPORTS*  
Carlson, C., Davis, C. H., Humber, M. B., Peeples, A., Lindsey, M., Paiko, L., Gould, C. E.  
2026; 7
- **Designing AI-Enabled Video Monitoring Clinician Dashboard for Neuropsychiatric Symptoms: A Survey of User Needs.** *The American journal of geriatric psychiatry. Open science, education, and practice*  
Gould, C. E., Davis, C. H., Schüz, N., Lin, F. V., Samus, Q. M., Terada, T., Daniel, M., Tee, S., Adeli, E.  
2026; 9: 46-51
- **'The loneliness on a daily basis is the toughest part': a qualitative exploration of older veteran men's social connection needs and barriers.** *Aging & mental health*  
Lutz, J., Davis, C. H., Gould, C. E., Beaudreau, S. A.  
2026: 1-10
- **How do geriatrics and generalist clinicians discuss brain health?** *International psychogeriatrics*  
Davis, C. H., Iyer, S., Walker, N. C., Shastri, V. G., Gould, C. E.  
2026: 100186
- **Geriatrics needs among rural older Veterans receiving virtual mental health services.** *The Journal of rural health : official journal of the American Rural Health Association and the National Rural Health Care Association*  
Davis, C. H., Peeples, A. D., Carlson, C., Lindsey, M. B., Humber, M. B., Lloyd, A. M., Trivedi, R. B., Gould, C. E.  
2026; 42 (1): e70124
- **Staff Perspectives on the VISN 20 Tele-Neuropsychology Program.** *Federal practitioner : for the health care professionals of the VA, DoD, and PHS*  
Messler, A. C., Hargrave, D. D., Gould, C. E., Carlson, C., Sordahl, J. A.  
2025; 42 (11): 1-6
- **OPTIMIZING THE DESIGN AND MEASUREMENT OF A MULTI-MODULE GROUP INTERVENTION TO IMPROVE WELL-BEING IN OLDER ADULTS**  
Yenko, I., Lin, F., Gould, C., Pate, R., Makowski, M., Li, O., Silva, V., Gallagher-Thompson, D., Cassidy-Eagle, E.  
ELSEVIER SCIENCE INC.2025: s11
- **VALUES AND PRIORITIES OF OLDER ADULTS: CREATING COLLABORATIVE GOALS IN PSYCHIATRIC CARE**  
Pate, R., Gould, C., Yenke, I., Makowski, M., Li, O., Silva, V., Lin, F., Gallagher-Thompson, D., Cassidy-Eagle, E.  
ELSEVIER SCIENCE INC.2025: S10-s11
- **Emotion-centered problem solving therapy for generalized anxiety disorder: a single-arm pilot study with middle-aged and older adults.** *Aging & mental health*  
Beaudreau, S. A., Otero, M. C., Lutz, J. A., Gould, C. E., Cassidy Eagle, E., Suresh, M., Kramer, A., Wetherell, J. L., Warren, S. L., Mashal, N. M.

2025: 1-10

- **The Geriatric Scholars Program: Expanding the Workforce Equipped to Care for the Mental Health Needs of Older Veterans.** *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*  
Rodriguez, R. L., van Zuilen, M. H., Gould, C. E., Fernandez, C., Hyduke, S., Kang, S., Gregg, J. J., Douglas, J., Kramer, B. J.  
2025
- **A Method for Enhancing Specialty Skills of Practicing Psychologists: Independent Learning Plan Experiences Among Psychologists Working in the Veterans Health Administration** *PROFESSIONAL PSYCHOLOGY-RESEARCH AND PRACTICE*  
Gould, C. E., Gregg, J. J., Rodriguez, R. L., Mehta, P. S., Kramer, B.  
2025
- **GERIATRICS NEEDS AMONG OLDER RURAL VETERANS RECEIVING VIRTUAL MENTAL HEALTH SERVICES**  
Gould, C. E., Carlson, C., Davis, C. H., Brodrick, M., Humber, M. B., Lloyd, A., Trivedi, R., Peeples, A.  
OXFORD UNIV PRESS INC.2025: S720
- **In their shoes: multimodal training using virtual reality to improve knowledge and confidence in caring for LGBTQ+ older adults.** *Gerontology & geriatrics education*  
Shastri, V., Carlson, C., Gia, D. H., Bhatia, R., Vallario, M., Healer, S., Iyer, S., Gould, C. E.  
2025: 1-14
- **IMPROVING WELL-BEING IN OLDER ADULTS: USING AN ITERATIVE PROCESS TO OPTIMIZE THE DESIGN OF A GROUP INTERVENTION**  
Cassidy-Eagle, E., Gould, C., Lin, F., Makowski, M., Gallagher-Thompson, D.  
OXFORD UNIV PRESS.2024: 44
- **Brief Video-Delivered Intervention to Reduce Anxiety and Improve Functioning in Older Veterans: Pilot Randomized Controlled Trial.** *JMIR aging*  
Gould, C. E., Carlson, C., Wetherell, J. L., Goldstein, M. K., Anker, L., Beaudreau, S. A.  
2024; 7: e56959
- **Telemental Health May Be Here to Stay, But Do We Like It?** *CLINICAL PSYCHOLOGY-SCIENCE AND PRACTICE*  
Hantke, N., Gould, C.  
2024; 31 (4): 504-505
- **Implementation of tele-geriatricmental healthcare for rural veterans: factors influencing care models.** *Frontiers in health services*  
Gould, C. E., Paiko, L., Carlson, C., Humber, M. B., Trivedi, R., Filips, J., Savell, A. D., Lloyd, A., Peeples, A. D.  
2024; 4: 1221899
- **A health-equity framework for tailoring digital non-pharmacological interventions in aging.** *Nature. Mental health*  
Turnbull, A., Odden, M. C., Gould, C. E., Adeli, E., Kaplan, R. M., Lin, F. V.  
2024; 2 (11): 1277-1284
- **A health-equity framework for tailoring digital non-pharmacological interventions in aging** *NATURE MENTAL HEALTH*  
Turnbull, A., Odden, M. C., Gould, C. E., Adeli, E., Kaplan, R. M., Lin, F.  
2024; 2 (11): 1277-1284
- **Age-Friendly Health Systems: The Medical and Mental Health Connection.** *The primary care companion for CNS disorders*  
Davis, C. H., Gould, C. E., Schultz, S. K.  
2024; 26 (5)
- **Caregiver Contributions to Older Veterans' Mental Health Utilization: New Opportunities for Exploring Caregiving Roles and Impacts.** *The American journal of geriatric psychiatry : official journal of the American Association for Geriatric Psychiatry*  
Gould, C. E., VanPutten, R., Root, E. Z.  
2024
- **Preparing Veterans Health Administration Psychologists to Meet the Complex Needs of Aging Veterans.** *Federal practitioner : for the health care professionals of the VA, DoD, and PHS*  
Gould, C. E., Rodriguez, R. L., Gregg, J. J., Page, K., Melendez, L., Douglas, J. R., Lewis, J., Kramer, B. J.  
2024; 41 (Suppl 1): S10-S15
- **Therapist-supported digital mental health intervention for depressive symptoms: A randomized clinical trial.** *Journal of affective disorders*

- Forman-Hoffman, V. L., Sihvonen, S., Wielgosz, J., Kuhn, E., Nelson, B. W., Peiper, N. C., Gould, C. E.  
2024
- **Addressing Access to Care in Diverse Older Adult Populations Using Information and Communication Technologies.** *Clinical gerontologist*  
Gould, C. E., Hicken, B. L., Freytag, J. J.  
2024; 47 (1): 1-3
  - **Determinants and outcome correlates of engagement with a mobile mental health intervention for depression and anxiety in middle-aged and older adults.** *Journal of clinical psychology*  
Alfaro, A. J., Wielgosz, J., Kuhn, E., Carlson, C., Gould, C. E.  
2023
  - **CONNECTING AGING RURAL VETERANS WITH TELE-GERIATRIC MENTAL HEALTH: REFERRING PROVIDERS' SURVEYED PERSPECTIVE**  
Carlson, C., Humber, M., Trivedi, R., Peeples, A., Lloyd, A., Gould, C.  
OXFORD UNIV PRESS.2023: 442
  - **Patterns and predictors of mental health service use among older veterans with alcohol use disorder who received a video-enabled tablet.** *Aging & mental health*  
Alfaro, A. J., Greene, L., Van Campen, J., Zulman, D. M., Gould, C. E., Blonigen, D. M.  
2023: 1-7
  - **Caregiver Experience of Tele-dementia Care for Older Veterans.** *Journal of general internal medicine*  
Iyer, S. S., Ngo, V., Humber, M. B., Chen, P., Pallaki, M., Dolinar, T., Brodrick, M. B., Gould, C. E., Trivedi, R. B.  
2023
  - **VIRTUAL CARE TECHNOLOGY EXPERIENCES OF VETERAN CAREGIVERS DURING THE COVID-19 PANDEMIC**  
Ngo, V., Iyer, S. S., Gould, C. E., Humber, M., Trivedi, R. B.  
OXFORD UNIV PRESS INC.2023: S610
  - **VIRTUAL CARE TECHNOLOGY EXPERIENCES OF VETERAN CAREGIVERS DURING THE COVID-19 PANDEMIC**  
Ngo, V., Iyer, S. S., Gould, C. E., Humber, M., Trivedi, R. B.  
OXFORD UNIV PRESS INC.2023: S610
  - **Beyond maintaining safety: Examining the benefit of emotion-centered problem solving therapy added to safety planning for reducing late life suicide risk.** *Contemporary clinical trials*  
Beaudreau, S. A., Lutz, J., Wetherell, J. L., Nezu, A. M., Nezu, C. M., O'Hara, R., Gould, C. E., Roelk, B., Jo, B., Hernandez, B., Samarina, V., Otero, M. C., Gallagher, et al  
2023: 107147
  - **WHAT MATTERS MOST: A NEEDS ASSESSMENT OF OLDER ADULTS**  
Pate, R., Cassidy-Eagle, E., Gould, C., Makowski, M., Herbst, S., Saxena, P., Kim, D., Wroolie, T., Therrien, S., Lin, F., Sommer, B., Thompson, D.  
ELSEVIER SCIENCE INC.2023: S93
  - **PSYCHOLOGICAL WELLNESS GROUP FOR OLDER ADULTS**  
Eagle, E., Gould, C., Makowski, M., Herbst, S., Pate, R., Saxena, P., Kim, D., Wroolie, T., Therrien, S., Lin, F. V., Sommer, B., Gallagher-Thompson, D.  
ELSEVIER SCIENCE INC.2023: S106-S107
  - **Dementia "e"-consults for Behavioral and Psychological Symptoms of Dementia: Improving access to specialty dementia care for rural Veterans.** *Clinical gerontologist*  
Iyer, S., Mehta, P., Gould, C. E., Gara, S., Brodrick, M. B., Tenover, J. L.  
2023: 1-8
  - **Supporting Veterans, Caregivers, and Providers in Rural Regions With Tele-Geriatric Psychiatry Consultation: A Mixed Methods Pilot Study.** *The American journal of geriatric psychiatry : official journal of the American Association for Geriatric Psychiatry*  
Gould, C. E., Carlson, C., Alfaro, A. J., Trivedi, R., Savell, A. D., Mehta, P. S., Burningham, Z., Peeples, A., Filips, J.  
2023
  - **Insights about personality traits and cognitive performance and decline in adults 51-59Years old from the Wisconsin longitudinal study.** *International journal of geriatric psychiatry*  
Beaudreau, S. A., Gould, C. E., Hantke, N. C., Kramer, A. O., Suresh, M., Jo, B., Fairchild, J. K.

2023; 38 (1): e5852

- **Delivering Virtual Care to Patients with Cognitive Impairment within the Veterans Health Administration: Multi-level Barriers and Solutions.** *Journal of technology in behavioral science*  
Gould, C. E., Iyer, S., Filips, J., Alfaro, A. J., Carlson, C., Trivedi, R.  
2022: 1-9
- **DEMENTIA CAREGIVER PERCEPTIONS OF TELEDEMENTIA CARE FOR VETERANS DURING THE COVID-19 PANDEMIC**  
Iyer, S., Ngo, V., Humber, M., Brodrick, M., Gould, C., Trivedi, R.  
OXFORD UNIV PRESS.2022: 554
- **Advances in Psychotherapy for Older Adults Using Video-to-Home Treatment.** *Advances in psychiatry and behavioral health*  
Freytag, J., Touchett, H. N., Bryan, J. L., Lindsay, J. A., Gould, C. E.  
2022; 2 (1): 71-78
- **Geri-Mobile Health: Feasibility of a VA Mental Health Mobile Apps Coaching Program for Older Veterans.** *Clinical gerontologist*  
Alfaro, A. J., Sakai, E., Carlson, C., Mehta, P. S., Anderson, J., Wynn, M., Gould, C. E.  
2022: 1-12
- **Older Veterans' Treatment Preferences: Psychotherapy and Self-Management Treatment Modalities.** *Clinical gerontologist*  
Ma, F., Carlson, C., Gomez, R., Gould, C. E.  
2022: 1-11
- **Enhancing specialty training in geropsychology competencies: an evaluation of a VA Geriatric Scholars Program advanced topics workshop.** *Gerontology & geriatrics education*  
Gregg, J. J., Rodriguez, R. L., Mehta, P. S., Kramer, B. J., Gould, C. E.  
2022: 1-10
- **Barriers to Telemedicine Video Visits for Older Adults in Independent Living Facilities: Mixed Methods Cross-sectional Needs Assessment.** *JMIR aging*  
Mao, A., Tam, L., Xu, A., Osborn, K., Sheffrin, M., Gould, C., Schillinger, E., Martin, M., Mesias, M.  
2022; 5 (2): e34326
- **Connecting Older Veterans with Mental Health Mobile Apps: a Survey of Provider and Staff Use of Apps and Patient Education Materials.** *Journal of technology in behavioral science*  
Gould, C. E., Mehta, P. S., Carlson, C., Anderson, J. R., Alfaro, A. J., Sakai, E. Y.  
2021: 1-6
- **Distinctions between depression and anxiety with fear of being a burden in late life.** *Aging & mental health*  
Alfaro, A. J., Carlson, C., Segal, D. L., Gould, C. E.  
2021: 1-6
- **Problem Solving Training for Veterans with Complex Comorbidities: Treatment Delivery Adaptations during COVID-19.** *Clinical gerontologist*  
Beaudreau, S. A., Otero, M. C., Walker, J. A., Gould, C. E., Sisco, S., White, P., Pella, K., Wiley, E., Voorhees, K., Wetherell, J. L.  
2021: 1-14
- **Effects of Mobile App-Based Intervention for Depression in Middle-Aged and Older Adults: Mixed Methods Feasibility Study.** *JMIR formative research*  
Gould, C. E., Carlson, C., Ma, F., Forman-Hoffman, V., Ranta, K., Kuhn, E.  
2021; 5 (6): e25808
- **A school-based health and mindfulness curriculum improves children's objectively measured sleep: a prospective observational cohort study.** *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*  
Chick, C. F., Singh, A., Anker, L. A., Buck, C., Kawai, M., Gould, C., Cotto, I., Schneider, L., Linkovski, O., Karna, R., Pirog, S., Parker-Fong, K., Nolan, et al  
2021
- **A SCHOOL-BASED HEALTH AND MINDFULNESS CURRICULUM IMPROVES CHILDREN'S OBJECTIVELY MEASURED SLEEP**  
Chick, C., Anker, L., Singh, A., Buck, C., Kawai, M., Gould, C., Cotto, I., Schneider, L., Linkovski, O., Matlow, R., Bradley, T., Carrion, V., O'Hara, et al  
OXFORD UNIV PRESS INC.2021: A251

- **Converting a Geriatrics Clinic to Virtual Visits during COVID-19: A Case Study** *JOURNAL OF PRIMARY CARE AND COMMUNITY HEALTH*  
Iyer, S., Mehta, P., Weith, J., Hoang-Gia, D., Moore, J., Carlson, C., Choe, P., Sakai, E., Gould, C.  
2021; 12: 21501327211000235
- **Improving Geropsychology Competencies of Veterans Affairs Psychologists** *JOURNAL OF THE AMERICAN GERIATRICS SOCIETY*  
Huh, J., Rodriguez, R. L., Gregg, J. J., Scales, A. N., Kramer, B., Gould, C. E.  
2021; 69 (3): 798–805
- **Depression, health comorbidities, cognitive symptoms and their functional impact: Not just a geriatric problem.** *Journal of psychiatric research*  
Schüssler-Fiorenza Rose, S. M., Bott, N. T., Heinemeyer, E. E., Hantke, N. C., Gould, C. E., Hirst, R. B., Jordan, J. T., Beaudreau, S. A., O'Hara, R.  
2021; 139: 185-192
- **VA PROBLEM-SOLVING TRAINING DURING COVID-19 FOR CLINICIANS OF PATIENTS WITH COMPLEX COMORBIDITIES**  
Beaudreau, S., Otero, M., Walker, J., Gould, C., Wetherell, J.  
OXFORD UNIV PRESS.2021: 30
- **MOBILE INTERVENTION OUTCOMES COMPARED PRE AND POST-SHELTER-IN-PLACE FOR MIDDLE AGED AND OLDER ADULTS**  
Carlson, C., Alfaro, A., Chick, C., Bruce, M., Hoffman, V., Gould, C.  
OXFORD UNIV PRESS.2021: 854
- **BRIEF VIDEO-DELIVERED INTERVENTIONS TO REDUCE ANXIETY IN OLDER VETERANS: A PILOT RCT**  
Gould, C., Carlson, C., Anker, L., O'Hara, R., Wetherell, J., Goldstein, M., Beaudreau, S.  
OXFORD UNIV PRESS.2021: 567
- **Changes in Quality of Life and Loneliness Among Middle-Aged and Older Adults Participating in Therapist-Guided Digital Mental Health Intervention.** *Frontiers in public health*  
Gould, C. E., Carlson, C., Alfaro, A. J., Chick, C. F., Bruce, M. L., Forman-Hoffman, V. L.  
1800; 9: 746904
- **Neurocognitive markers of passive suicidal ideation in late-life depression.** *International psychogeriatrics*  
Jordan, J. T., Chick, C. F., Rolle, C. E., Hantke, N., Gould, C. E., Lutz, J., Kawai, M., Cotto, I., Karna, R., Pirog, S., Berk, M., Sudheimer, K., O'Hara, et al  
2020: 1–11
- **Satisfaction with a Vacuum Constriction Device for Erectile Dysfunction among Middle-Aged and Older Veterans** *CLINICAL GERONTOLOGIST*  
Beaudreau, S. A., Van Moorlehem, K., Dodd, S. M., Liou-Johnson, V., Suresh, M., Gould, C. E.  
2020: 1–9
- **Developing a program to increase geropsychology competencies of Veterans Health Administration (VHA) psychologists** *GERONTOLOGY & GERIATRICS EDUCATION*  
Huh, J., Rodriguez, R., Gould, C. E., R. Brunskill, S., Melendez, L., Kramer, B.  
2020; 41 (4): 463–79
- **Neurocognitive markers of passive suicidal ideation in late life depression**  
Jordan, J. T., Chick, C. F., Rolle, C. E., Hantke, N., Gould, C. E., Lutz, J., Kawai, M., Cotto, I., Karna, R., Pirog, S., Berk, M., Sudheimer, K., O'Hara, et al  
CAMBRIDGE UNIV PRESS.2020: 160
- **Feasibility, Acceptance, and Initial Evaluation of a Telephone-Based Program Designed to Increase Socialization in Older Veterans.** *Journal of geriatric psychiatry and neurology*  
Juang, C., Huh, J. W., Iyer, S., Beaudreau, S. A., Gould, C. E.  
2020: 891988720944242
- **Development and Refinement of Educational Materials to Help Older Veterans Use VA Mental Health Mobile Apps** *PROFESSIONAL PSYCHOLOGY-RESEARCH AND PRACTICE*  
Gould, C. E., Loup, J. R., Scales, A. N., Juang, C., Carlson, C., Ma, F., Sakai, E. Y.  
2020; 51 (4): 414–23

- **Development and Refinement of Educational Materials to Help Older Veterans Use VA Mental Health Mobile Apps.** *Professional psychology, research and practice*  
Gould, C. E., Loup, J., Scales, A. N., Juang, C., Carlson, C., Ma, F., Sakai, E. Y.  
2020; 51 (4): 414-423
- **Promoting Technology and Virtual Visits to Improve Older Adult Mental Health in the Face of COVID-19** *AMERICAN JOURNAL OF GERIATRIC PSYCHIATRY*  
Gould, C. E., Hantke, N. C.  
2020; 28 (8): 889-90
- **The 5-HTTLPR Long, not Short, Allele Predicts Two-year Longitudinal Increases in Cortisol and Declines in Verbal Memory in Older Adults.** *International journal of geriatric psychiatry*  
Hirst, R. B., Jordan, J. T., Miryam Schussler-Fiorenza Rose, S., Schneider, L., Kawai, M., Gould, C., Anker, L., Chick, C. F., Beaudreau, S., Hallmayer, J., O'Hara, R.  
2020
- **Guided self-management targeting anxiety and activity participation in older Veterans.** *Aging & mental health*  
Gould, C. E., Carlson, C., Wetherell, J. L., O'Hara, R., Goldstein, M. K., Loup, J. R., Ma, F., Beaudreau, S. A.  
2020: 1-10
- **Examining Older Adult Cognitive Status in the Time of COVID-19** *JOURNAL OF THE AMERICAN GERIATRICS SOCIETY*  
Hantke, N. C., Gould, C.  
2020; 68 (7): 1387-89
- **Patient Satisfaction With Geriatric Psychiatry Services via Video Teleconference** *AMERICAN JOURNAL OF GERIATRIC PSYCHIATRY*  
Hantke, N., Lajoy, M., Gould, C. E., Magwene, E. M., Sordahl, J., Hirst, R., O'Hara, R.  
2020; 28 (4): 491-94
- **Improvements in Functional Disability After Psychotherapy for Depression Are Associated With Reduced Suicide Ideation Among Older Adults.** *The American journal of geriatric psychiatry : official journal of the American Association for Geriatric Psychiatry*  
Lutz, J. n., Mackin, R. S., Otero, M. C., Morin, R. n., Bickford, D. n., Tosun, D. n., Satre, D. D., Gould, C. E., Nelson, J. C., Beaudreau, S. A.  
2020
- **Technology Use and Preferences for Mental Health Self-Management Interventions among Older Veterans.** *International journal of geriatric psychiatry*  
Gould, C. E., Loup, J., Kuhn, E., Beaudreau, S. A., Ma, F., Goldstein, M. K., Wetherell, J. L., Zapata, A. M., Choe, P., O'Hara, R.  
2019
- **A Case Report of Problem Solving Therapy for Reducing Suicide Risk in Older Adults with Anxiety Disorders.** *Clinical gerontologist*  
Lutz, J., Mashal, N., Kramer, A., Suresh, M., Gould, C., Jordan, J. T., Wetherell, J. L., Beaudreau, S. A.  
2019: 1-8
- **Application of Problem Solving Therapy for Late-Life Anxiety** *COGNITIVE AND BEHAVIORAL PRACTICE*  
Beaudreau, S. A., Gould, C. E., Mashal, N. M., Huh, J., Fairchild, J.  
2019; 26 (2): 381-94
- **Veterans Affairs and the Department of Defense Mental Health Apps: A Systematic Literature Review** *PSYCHOLOGICAL SERVICES*  
Gould, C. E., Kok, B. C., Ma, V. K., Zapata, A. L., Owen, J. E., Kuhn, E.  
2019; 16 (2): 196-207
- **Video-Delivered Relaxation Intervention Reduces Late-Life Anxiety: A Pilot Randomized Controlled Trial** *AMERICAN JOURNAL OF GERIATRIC PSYCHIATRY*  
Gould, C. E., Kok, B. C., Ma, V. K., Wetherell, J., Sudheimer, K., Beaudreau, S. A.  
2019; 27 (5): 514-25
- **Factors Associated with Supportive Care Service Use Among California Alzheimer's Disease Patients and Their Caregivers.** *Journal of Alzheimer's disease : JAD*  
Newkirk, L. A., Dao, V. L., Jordan, J. T., Alving, L. I., Davies, H. D., Hewett, L. n., Beaudreau, S. A., Schneider, L. D., Gould, C. E., Chick, C. F., Hirst, R. B., Rose, S. M., Anker, et al  
2019

- **Video-Delivered Relaxation Intervention Reduces Late-Life Anxiety: A Pilot Randomized Controlled Trial.** *The American journal of geriatric psychiatry : official journal of the American Association for Geriatric Psychiatry*  
Gould, C. E., Kok, B. C., Ma, V. K., Wetherell, J. L., Sudheimer, K., Beaudreau, S. A.  
2018
- **Validation of the Older Adult Social Evaluative Scale (OASES) as a measure of social anxiety** *INTERNATIONAL PSYCHOGERIATRICS*  
Kok, B. C., Ma, V. K., Gould, C. E.  
2018; 30 (9): 1323–32
- **Subjective but Not Objective Sleep is Associated with Subsyndromal Anxiety and Depression in Community-Dwelling Older Adults** *AMERICAN JOURNAL OF GERIATRIC PSYCHIATRY*  
Gould, C. E., Karna, R., Jordan, J., Kawai, M., Hirst, R., Hantke, N., Pirog, S., Cotto, I., Rose, S., Beaudreau, S. A., O'Hara, R.  
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