



## Rachel Goldstein

Clinical Professor, Pediatrics - Adolescent Medicine

### CLINICAL OFFICE (PRIMARY)

- **Center for Adolescent Health**

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### Bio

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### CLINICAL FOCUS

- Adolescent Medicine

### ACADEMIC APPOINTMENTS

- Clinical Professor, Pediatrics - Adolescent Medicine
- Member, Maternal & Child Health Research Institute (MCHRI)

### BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Electronic Health Record Committee, member, Society for Adolescent Health and Medicine (2017 - 2020)
- Advocacy Committee, member, North American Society for Pediatric and Adolescent Gynecology (2023 - present)
- Member, Academic Pediatric Association (2014 - present)
- Member, American Academy of Pediatrics (2012 - present)
- Member, Society for Adolescent Health and Medicine (2015 - present)

### PROFESSIONAL EDUCATION

- Board Certification: Adolescent Medicine, American Board of Pediatrics (2026)
- Board Certification: Clinical Informatics, American Board of Preventive Medicine (2023)
- Residency: Stanford Health Care at Lucile Packard Children's Hospital (2015) CA
- Fellowship: Stanford University Adolescent Medicine Fellowship (2018) CA
- Medical Education: University of California at San Francisco School of Medicine (2012) CA
- MD, University of California, San Francisco (2012)
- Residency, Stanford University Medical Center , Pediatrics (2015)

## Publications

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### PUBLICATIONS

- **A Natural Language Processing Model to Identify Confidential Content in Adolescent Clinical Notes.** *Applied clinical informatics*  
Rabbani, N., Bedgood, M., Brown, C., Steinberg, E., Goldstein, R., Carlson, J., Pageler, N., Morse, K.  
2023
- **EATING DISORDER CARE VIA TELEHEALTH: TELEHEALTH ACCESS AND QUALITY OF CARE AMONG YOUNG ADULTS AND ADOLESCENTS, 2018-2022**  
Meza, B. A., Wozniak, L., Goldstein, R., Saynina, O., Wise, P., Carlson, J., Chamberlain, L.  
ELSEVIER SCIENCE INC.2023: S55
- **The Prevalence of Confidential Content in Adolescent Progress Notes Prior to the 21st Century Cures Act Information Blocking Mandate.** *Applied clinical informatics*  
Bedgood, M., Rabbani, N., Brown, C., Goldstein, R., Carlson, J. L., Steinberg, E., Powell, A., Pageler, N. M., Morse, K.  
2023; 14 (2): 337-344
- **MANAGING ADOLESCENT CONFIDENTIALITY IN THE ELECTRONIC HEALTH RECORD POST IMPLEMENTATION OF THE 21ST CENTURY CURES ACT FINAL RULE: A SURVEY OF PROVIDERS**  
Goldstein, R. L., Mermelstein, S. J., Sisk, B. A., Carlson, J. L.  
ELSEVIER SCIENCE INC.2023: S86
- **Dobbs v. Jackson Decision: It's Time to Get Uncomfortable.** *Hospital pediatrics*  
Goldstein, R. L., Carlson, J. L., Tyson, N. A.  
2022
- **Implementation of an Inpatient Reproductive Health Screening Consult Service.** *Hospital pediatrics*  
Goldstein, R. L., Keppler, H., Pineda, N., Weng, Y., Carlson, J. L.  
2022
- **Low-Energy Availability and the Electronic Preparticipation Examination in College Athletes: Is There a Better Way to Screen?** *Current sports medicine reports*  
Goldstein, R., Carlson, J., Tenforde, A., Golden, N., Fredericson, M.  
2021; 20 (9): 489-493
- **Improving Inpatient Consult Communication Through a Standardized Tool.** *Pediatrics*  
Pavitt, S., McHugh, A., Chi, K., Hoang, K., Lippner, E., Tsai, J., Goldstein, R., Bassett, H., Srinivas, N. S.  
2021
- **NASPAG/SAHM Statement: The 21st Century Cures Act and Adolescent Confidentiality.** *Journal of pediatric and adolescent gynecology*  
Carlson, J., Goldstein, R., Hoover, K., Tyson, N.  
2021; 34 (1): 3-5
- **NASPAG/SAHM Statement: The 21st Century Cures Act and Adolescent Confidentiality.** *The Journal of adolescent health : official publication of the Society for Adolescent Medicine*  
Carlson, J., Goldstein, R., Hoover, K., Tyson, N.  
2021; 68 (2): 426-28
- **Using the Electronic Health Record to Conduct Adolescent Telehealth Visits in the Time of COVID-19.** *The Journal of adolescent health : official publication of the Society for Adolescent Medicine*  
Carlson, J. L., Goldstein, R.  
2020
- **IMPLEMENTATION OF AN INPATIENT REPRODUCTIVE HEALTH SCREENING CONSULT SERVICE**  
Goldstein, R. L., Keppler, H., Pineda, N., Carlson, J. L.  
ELSEVIER SCIENCE INC.2020: S56
- **Teenager, Parent, and Clinician Perspectives on the Electronic Health Record.** *Pediatrics*  
Carlson, J. L., Goldstein, R. n., Buhr, T. n., Buhr, N. n.

2020

- **Providers' Perspectives on Adolescent Confidentiality and the Electronic Health Record: A State of Transition.** *The Journal of adolescent health : official publication of the Society for Adolescent Medicine*  
Goldstein, R. L., Anoshiravani, A., Svetaz, M. V., Carlson, J. L.  
2019
- **EFFECTS OF PARTICIPATION IN AN INPATIENT REPRODUCTIVE HEALTH CONSULT SERVICE ON PEDIATRIC RESIDENTS' COMPETENCE IN PROVIDING REPRODUCTIVE CARE FOR ADOLESCENTS AND YOUNG ADULTS**  
Hill, K., Goldstein, R.  
ELSEVIER SCIENCE INC.2019: S86
- **Contraception for Adolescents and Young Adults in the Inpatient Setting: The Providers' Perspective.** *Hospital pediatrics*  
Goldstein, R. L., Carlson, J. L., Halpern-Felsher, B. n.  
2018
- **Adolescent Oral Sex and Condom Use: How Much Should We Worry and What Can We Do?** *The Journal of adolescent health : official publication of the Society for Adolescent Medicine*  
Goldstein, R. n., Halpern-Felsher, B. n.  
2018; 62 (4): 363–64
- **PROVIDERS' ATTITUDES, BELIEFS, AND BARRIERS REGARDING INITIATION OF HORMONAL CONTRACEPTION FOR ADOLESCENT AND YOUNG ADULTS IN THE INPATIENT SETTING**  
Goldstein, R. L., Carlson, J., Halpern-Felsher, B.  
ELSEVIER SCIENCE INC.2017: S114–S115
- **With Pills, Patches, Rings, and Shots: Who Still Uses Condoms? A Longitudinal Cohort Study** *JOURNAL OF ADOLESCENT HEALTH*  
Goldstein, R. L., Upadhyay, U. D., Raine, T. R.  
2013; 52 (1): 77-82